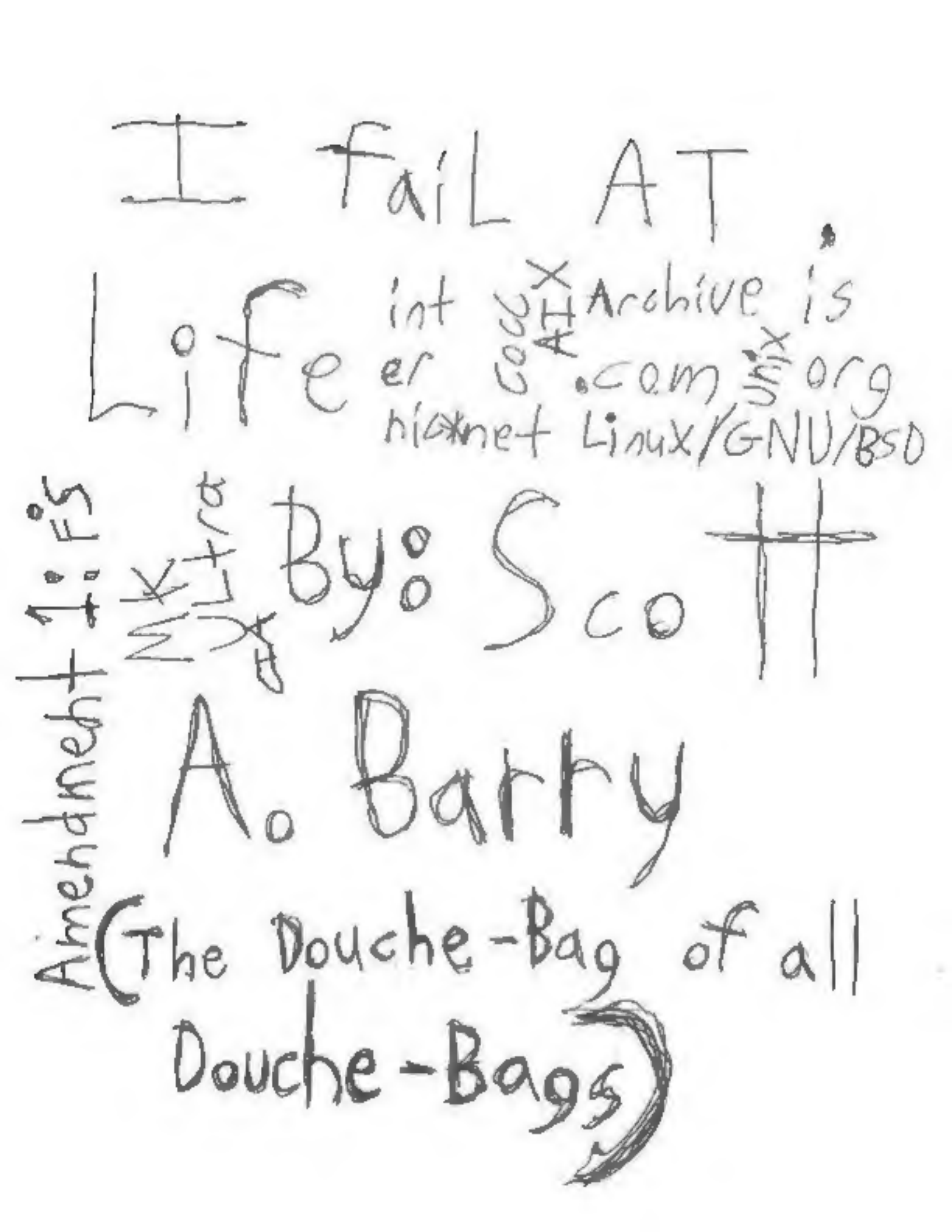
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Linux/GNU/BSD
By: Scott
A. Barry
(The Douche-Bag of all
Douche-Bags)

HEALTH SYMPTOMS FROM ALL WIRELESS DEVICES

INCLUDING MILITARY WEAPONIZATION OF THE ATMPSOPHERE (COMPONENT OF CHEMTRAILS)

- Confusion
- Short term memory loss
- Inability to focus
- Brain fog/sluggish thinking
- Difficulty concentrating
- Headaches
- Migraines
- Vision disruption or eye problems
- Eye pain
- Cataracts
- Head or chest pressure
- Allergies
- Difficulty breathing
- Respiratory problems
- Slow reaction time
- Sleep disruption
- Insomnia
- Night sweats
- Nightmares
- Dizziness
- Disorientation
- Balance Problems
- Agitation
- Anxiety
- Depression
- Suicide
- Tension
- Irritability
- Tremors
- Nervousness
- Seizures
- Vertigo
- Nausea or vomiting
- Flu-like symptoms
- Digestive difficulty
- Nose bleeds
- Hair Loss
- Rapid Aging/oxidative damage
- Skin problems including moles
- Skin irritation/dryness
- White Noise 24/7
- Ringing or buzzing in ears
- Ear pain
- Tinnitus
- Bed wetting
- Urinary problems
- Behavioral problems in children
- Pets get jumpy
- Mood disorders
- Lethargy
- Exhaustion
- Chronic fatigue
- Lost productivity/sick days
- Loss of employment
- Unusual family conflicts
- Disintegrating relationships

- Disturbs Blood Brain Barrier Allowing Toxins to Enter

- Electronic Harassment-Stalking-Mind Control
- Controlling thoughts. Directing physical Actions. V2K Voice to Skull
  - Violent behavior
  - Autism
  - ADHD
  - Weakened immune system
  - Physical weakness or pain
  - High blood pressure
  - Leg cramps
  - Stiff neck or back
  - Shuts down the cells-cell death
  - Changes in genetic makeup
  - DNA breakage
  - EMF causes mercury dental filling vapor to leak causing organ and brain damage
- Psoriasis
- Autoimmune disease
- Lupus
- Damages mitochondria
- Free radical damage and aging
- Worsening existing poor health
- Demineralization of cells/tissue
- Impotence
- Infertility
- Birth defects
- Life span decreases by +/-8 years
- Heart Attack
- Pacemaker defibrillation
- Circulation problems
- Joint difficulty
- Muscle pain
- Fibromyalgia
- Dementia
- Personality changes
- Alzheimer's, Parkinson's, ALS Amyotrophic Lateral Sclerosis
- Childhood cancers increase
- Brain tumors
- Rare Deadly Brain Gliomas
- Leukemia
- Cancer
- Diabetes
- Heating beamed on humans that mimics a high fever
- Rhinitis (inflammation nasal membranes)
- Asthma
- Allergies such as hay fever
- Food allergy
- Atopic dermatitis (inflammation of the skin)
- Itching and chapped skin on the trunk
- Rheumatism (painful condition of the joints and muscles characterized pain and stiffness)
- Benign uterine fibroid tumors
- Bone loss/osteoporosis
- Dehydration
- Kidney damage

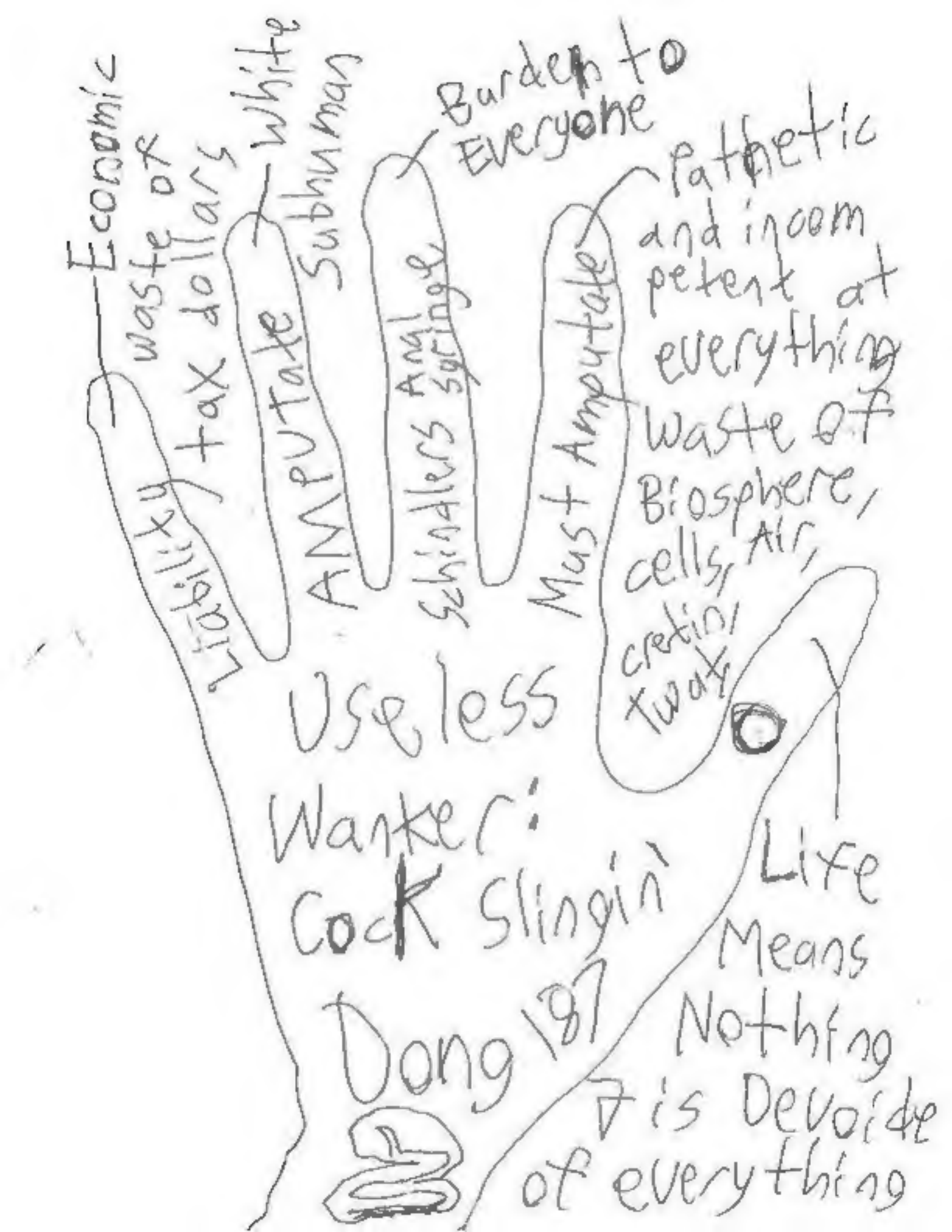
Flushyourmeds.com Archive.is/SNGU4

Flushyourmeds.com

References:

"Non Ionizing Radiation: Over 2,000 Scientific Studies www.BioInitiative.org
"AAEM=American Academy of Environmental Medicine – Position Paper "Electromagnetic and Radio Frequency Fields Effect on Human Health"...including Wireless Technologies and Smart Meters
"Department of the Army – Final Report "Bioeffects of Selected Nonlethal Weapons" Radiofrequency directed energy and Microwaves (Pulsed) Technology on Targets
"NASA the Future of Warfare Document – Page 10 – Effects of Low Power Microwaves

www.StopTheCrime.net


Economic waste of tax dollars
Liability
White subhuman
AMPUTATE
Burden to Everyone
Shiftless Amal sponge
Must Amputate
Pathetic and incompetent at everything
Waste of Biosphere, cells, Air, cretin twat
Useless Wanker:
Cock Slingin'
Dong 187
Life Means Nothing
It is Devoide of everything

1. I fail at life, the universe, and everything, am defective, a waste of space, time, air, tax dollars.

2. I fail at life, the universe, and everereything, am defective, a waste of space, time, air, tax dollars.

3. I fail at life, the universe, and everereything, am defective, a waste of space, time, air, tax dollars.

4. I fail at life, the universe, and everything, am defective, a waste of space, time, air, tax dollars. Me = Defective

I am Subhuman defective (ret in garbage, worthless, pathetic, a mar- child cunt.

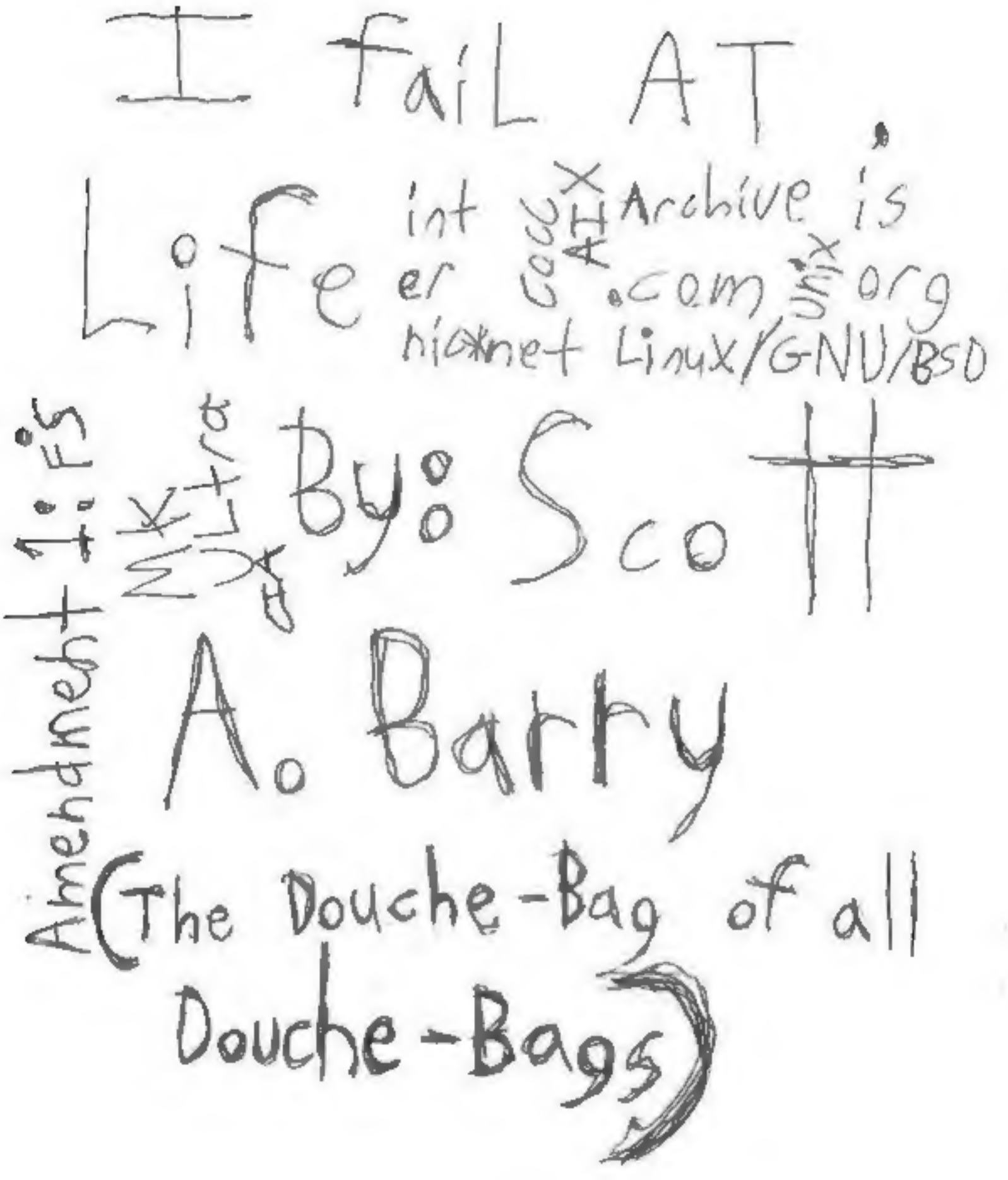
I am a total Liability,
a waste of, space, time,
air, tax dollars, an exist
ance,
a life, resources, other
peoples time, so therefore

I am: Subhuman,
Defective, Pathetic,
Cretin, Cunt Boy, acciden
t-
dropped, Shake-a-Baby, screw-
up
Burden, Degenerate, Trash.

THE CONSTITUTION of THE UNITED STATES OF AMERICA

at

THE NATIONAL ARCHIVES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Linux/GNU/BSD
By: Scott
Amendment 1: FS
A. Barry
(The Douche-Bag of all
Douche-Bags)

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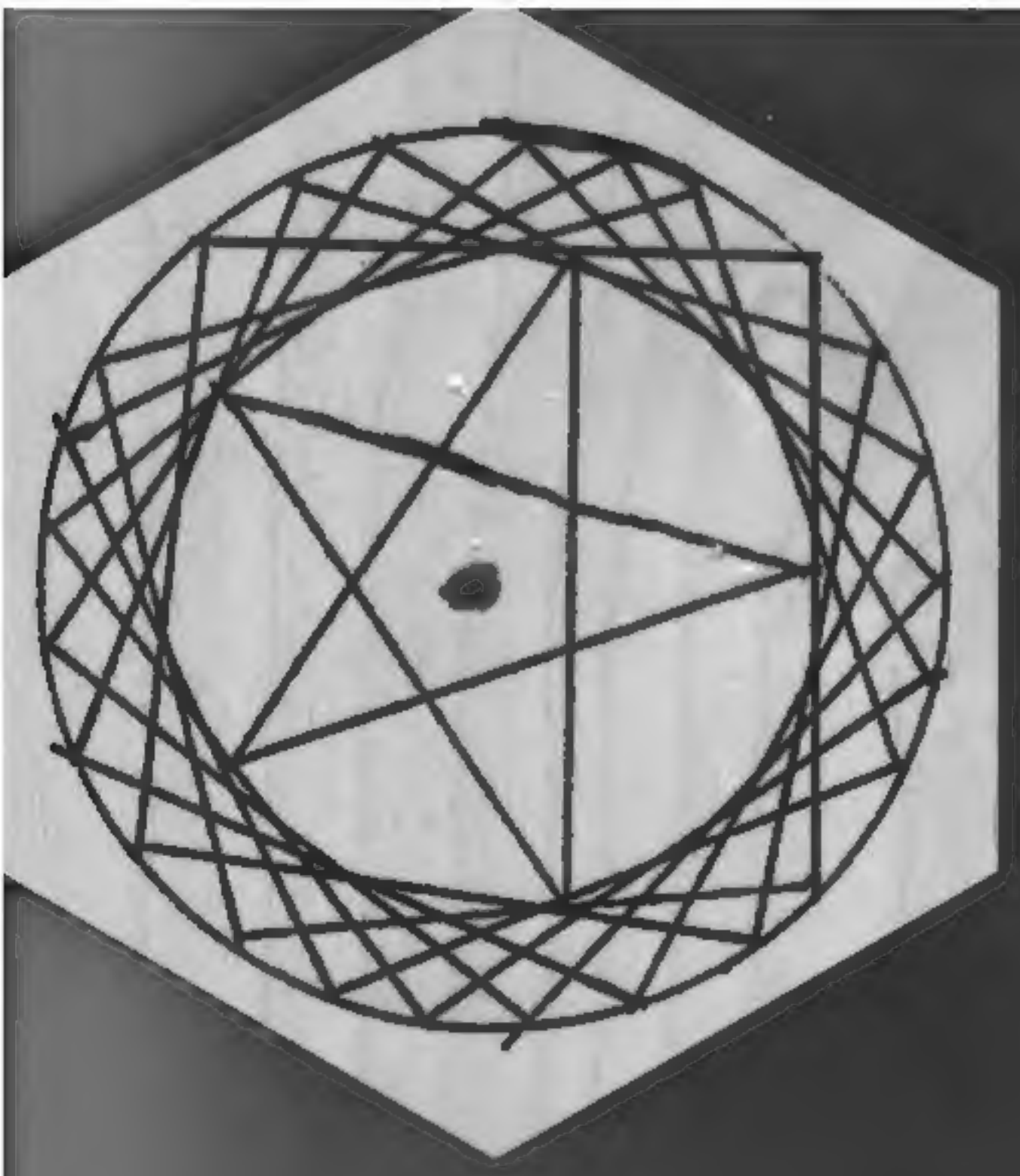

TV IS MIND CONTROL TURN IT OFF INCLUDING THE RADIO
TURN OFF THE TV AND RADIO TURN OFF THE MAINSTREAM
USE DARPA INTERNET / DARK WEB / FOX NEWS IS A TABLOID
DEEP WEB / INVISIBLE WEB / SHADOW WEB / P2P / FUCK CHRIST
MESH NETS / PIRATE RADIO / SHORTWAVE / FUCK THE MUSIC IN.
OFF-LINE LAN LIBRARIES / UHF BAND NOT RESERVED FUCK U
USE MX LINUX AND PUPPY LINUX FUCK POP CULTURE / POLITICS
IF 108+ MHZ IS NOT USED THEN USE IT WITH NO ENCRYPTION
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ARCHIVE.ORG - PUPPY LINUX 6 AND BEST OS EVER FUCK ALL
ARCHIVE.IS/SNGU4 BE COMPLETELY ANTI-PSYCHIATRY FUCK U
DO AUTO URINE THERAPY DRINK YOUR OWN URINE FUCK U
ALKALIZE WITH BAKING SODA AND GRAPEFRUIT SEED FUCK U
EXTRACT GO VEGAN AND DO INTERMITTENT FASTING FUCK U
NEVER JOIN A RELIGION OR WORK A 9-5 JOB FUCK TELEVISION
NEVER GO TO COLLEGE OR JOIN THE MILITARY USE DEBIT
BE SELF EMPLOYED AND HAVE PASSIVE / RESIDUAL INCOME
BOTH POLITICAL PARTIES ARE A SCAM FUCK THE MUSIC IND.
THE EARTH IS 4.54 BILLION YEARS OLD NOT 6,000 FUCK GOD
EVOLUTION IS A FACT NATURAL SELECTION IS TRUE FUCK ALL
FOSSILS ARE REAL AND CARBON DATING IS A SCIENCE FUCK
PSYCHIATRY USES NO SCIENCE WHATSOEVER AND HAS NO
PROOF OF MENTAL ILLNESS THE MUSIC INDUSTRY IS GARBAGE
BE AN ATHEIST AND STOP BELIEVING IN GOD FUCK 90-2K MUSIC
GO AGAINST GOD AND THE CHURCH AND HAIL SATAN FUCK U
BE A SINNER AND STAY HEATHEN AND NEVER GO TO CHURCH
GET INTO THELEMA THE OCCULT AND THE LEFT HAND PATH
READ THE BOOK OF THE LAW BY ALEISTER CROWLEY FUCK U
READ 777 BY ALEISTER CROWLEY FUCK TODAYS MUSIC ALL OF..
READ THE ORDER OF NINE ANGLES STUFF ON OSA.ORG FUCK U
READ THE BLACK BOOK OF SATAN BY ANTON LONG FUCK GOD
READ THE SATANIC BIBLE BY ANTON LAVEY FUCK FOX NEWS
READ ABOUT ORIGINAL PAGANISM ODIN THOR FREYA PAN
THE TRIPLE MOON GODDESS DIONYSUS ALL TRIBAL FUCK GOD
THE ORIGINAL CULTURES HAD BEEN REPLACED THROUGH
GENOCIDE REALIZE THE ORIGINAL CULTURES WERE BETTER

"Christianity is the root to all problems in the modern world."
---Varg Vikernes.
"Psychiatry is a tool of political control used to silence dissidents through psychiatric reprisal" ---Mien.
"As soon as humans die they become psychic ghosts." ---Emily.
(STAN's ANSWER TO LIFE THE UNIVERSE AND EVERYTHING)

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Wi-Fi Key
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password

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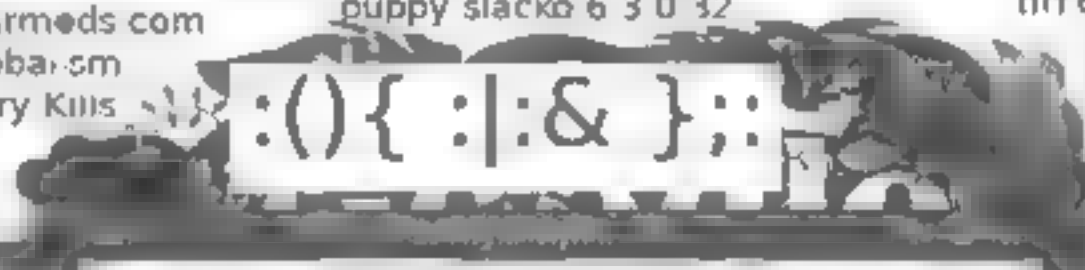

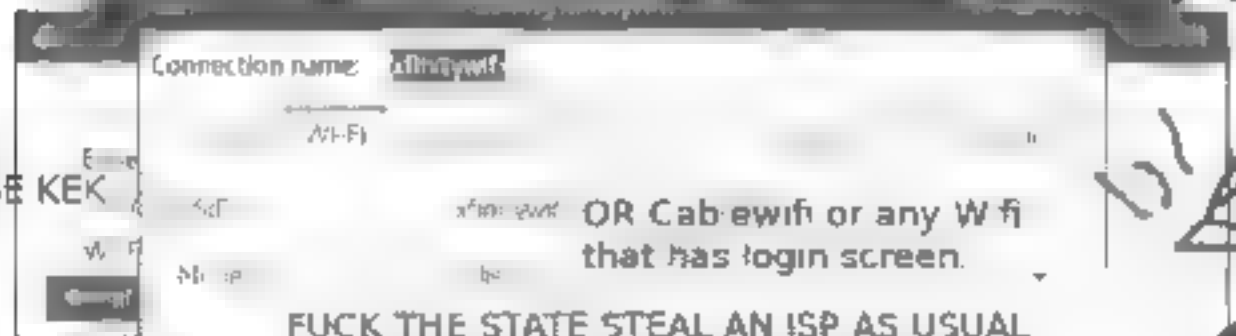

PRAISE KEK

OR Cablewifi or any Wifi that has login screen.

FUCK THE STATE STEAL AN ISP AS USUAL

HAIL SATAN!!! \x90\x90\x90\x90\x90\x90

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Churchofsatan com

PRAISE

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SMOKE WEED

DRINK YOUR PEE

HAIL SATAN!

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Homo-Capensis run the world through the central banking system World Bank/Vatican. As soon as humans die they become psychic ghosts. Pagan Genocide was the first genocide. Christianity is the root to all problems in the modern world. Columbus killed all the Native Americans and Druidic Mariners. Atheism is mentally healthy and theism is a schizophrenia and a schizotypalism. The Left Hand Path Deprograms you from the evil Right Hand Path. Satanism means rational self motivation so does Thelema. Auto Urine Therapy and Distilled Water Cure all the diseases and cancers combined with sun gazing. --ALL THE ANSWERS /x90/=

Homosexual Queer

Jump Faggot

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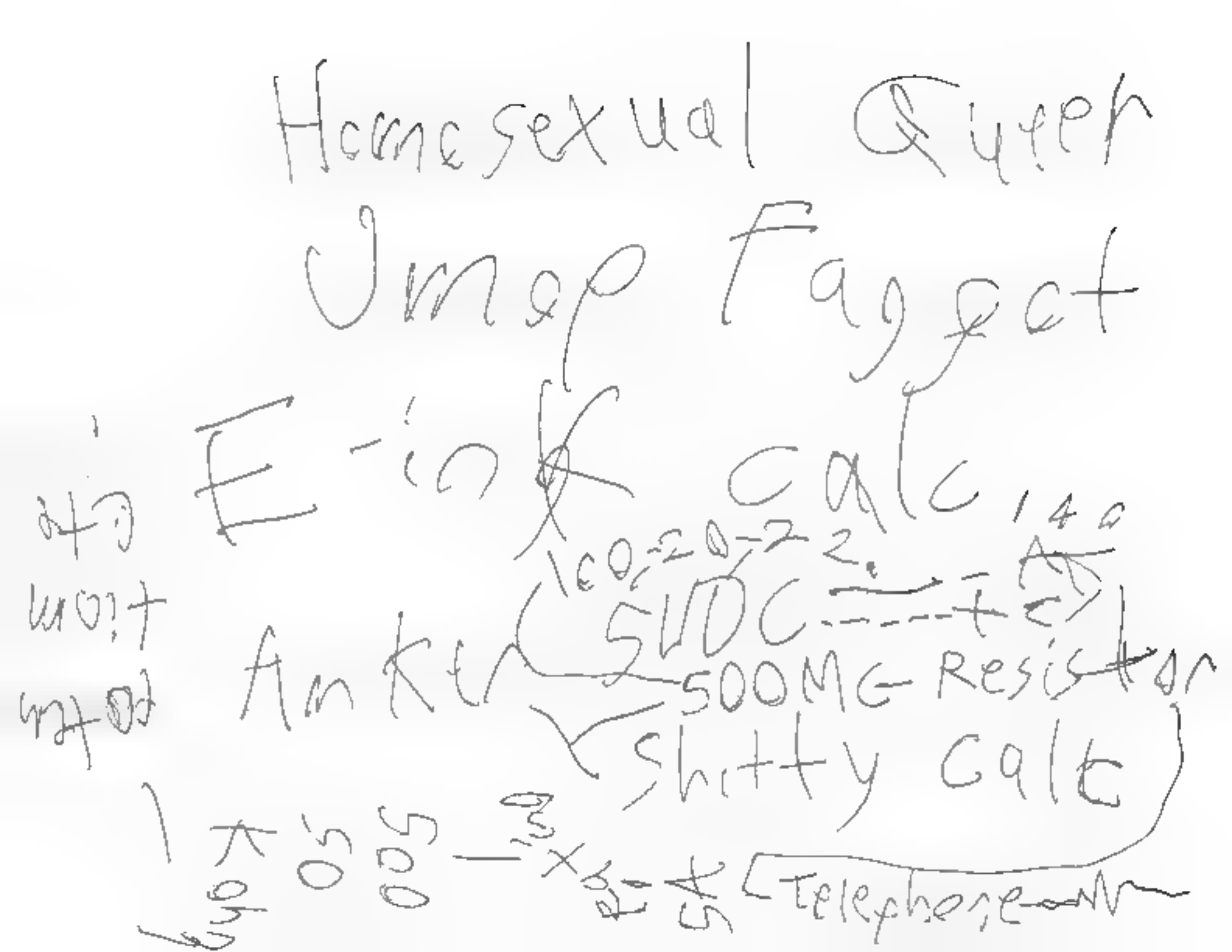

HEALTH SYMPTOMS FROM ALL WIRELESS DEVICES

INCLUDING MILITARY WEAPONIZATION OF THE ATMOSPHERE (COMPONENT OF CHEMTRAILS)

- Confusion
- Short term memory loss
- Difficulty concentrating
- **Brain fog/sluggish thinking**
- Difficulty concentrating
- Headaches
- Migraines
- Worsening of epilepsy and seizures
- Vertigo
- Tinnitus
- Feeling of chest pressure
- Allergies
- **Difficulty breathing**
- Respiratory problems
- Shortness of breath
- Sleep disturbances
- Insomnia
- Night sweats
- Nightmares
- Dizziness
- Disorientation
- Balance Problems
- Agitation
- Anxiety
- Depression
- Seizures
- Tremors
- Irritability
- Tremors
- Nervousness
- Seizures
- Vertigo
- **Nausea or vomiting**
- Feeling like you're going to faint
- Digestive difficulty
- Nausea/vomiting
- Loss of appetite
- Stomach pain/cramps/diarrhea
- Skin problems (rashes/burning sensations)
- **Skin irritation/dryness**
- **White Noise 24/7**
- Ringing or buzzing in ears
- Earaches
- Hearing loss
- Ear infections
- Hearing problems
- **Urinary problems**
- Behavioral problems in children
- Memory loss
- Mood disorders
- **Lethargy**
- Depression
- Irritable behavior
- Feeling overwhelmed/sick/tired
- Loss of concentration
- Learning disabilities
- Hyperactivity/aggressive behavior
- **Disrupts Blood Brain Barrier Allowing Toxins to Enter**

- **Electronic Harassment Stalking-Mind Control**
- **Controlling thoughts, Directing physical**
  - Voices in head
  - Suicide
  - Rape
  - Weakened immune system
  - **Physical weakness or pain**
  - **High blood pressure**
  - Heart problems
  - Strokes
  - Sudden Infant Death Syndrome
  - Tumors in soft tissues
  - Cancer
  - **EMF causes metastic dental fillings to break causing**
- Cancer
- Autism
- Allergies such as hay fever
- Asthma
- Atopic dermatitis (eczema)
- Psoriasis (chapped skin on the body)
- **Rheumatism**
- Bone pain
- Bone loss/osteoporosis
- **Dehydration**
- **Kidney damage**
- Lupus
- Immune system disorders
- Weakened immune system
- Environmental/endocrine disruptor
- Infertility
- Miscarriages
- Birth defects
- Learning disabilities in children 8 years
- **Heart Attack**
- Arrhythmia (irregular heartbeat)
- Heart failure
- Angina pectoris
- Muscle pain
- Hypertension
- Dementia
- Personality changes
- Alzheimer's Disease Parkinson's ALS Amyotrophic Lateral Sclerosis
- Glioblastoma cancers increase
- Brain tumors
- Rare deadly Brain Disease
- Leukemia
- Cancer
- Diabetes
- Testing performed on humans that increases at high level
- Causes cell DNA damage and mutations
- Asthma
- Allergies such as hay fever
- Eczema
- Atopic dermatitis (eczema)
- Psoriasis (chapped skin on the body)
- **Rheumatism**
- Bone pain
- Bone loss/osteoporosis
- **Dehydration**
- **Kidney damage**

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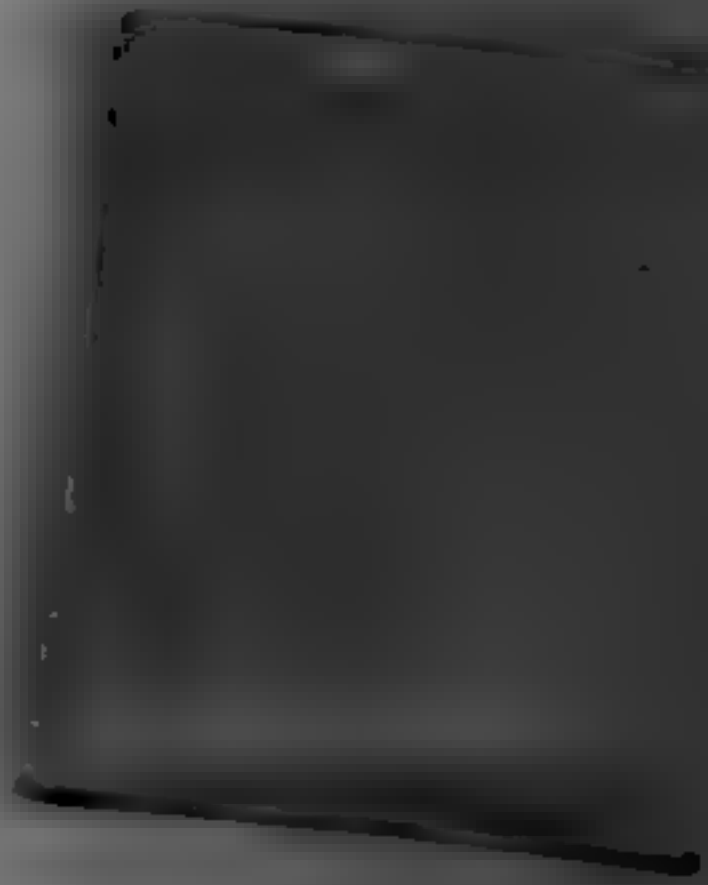

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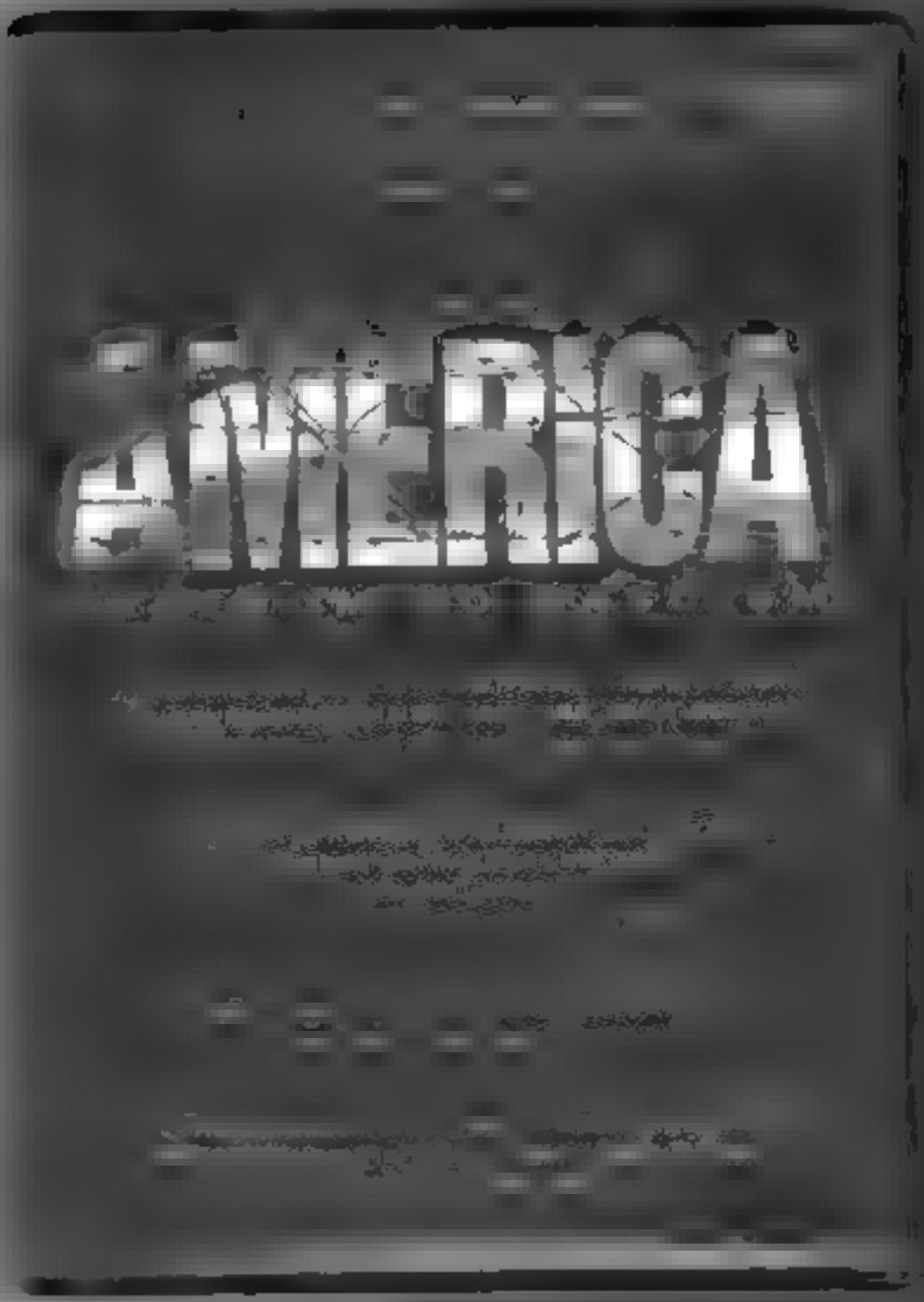
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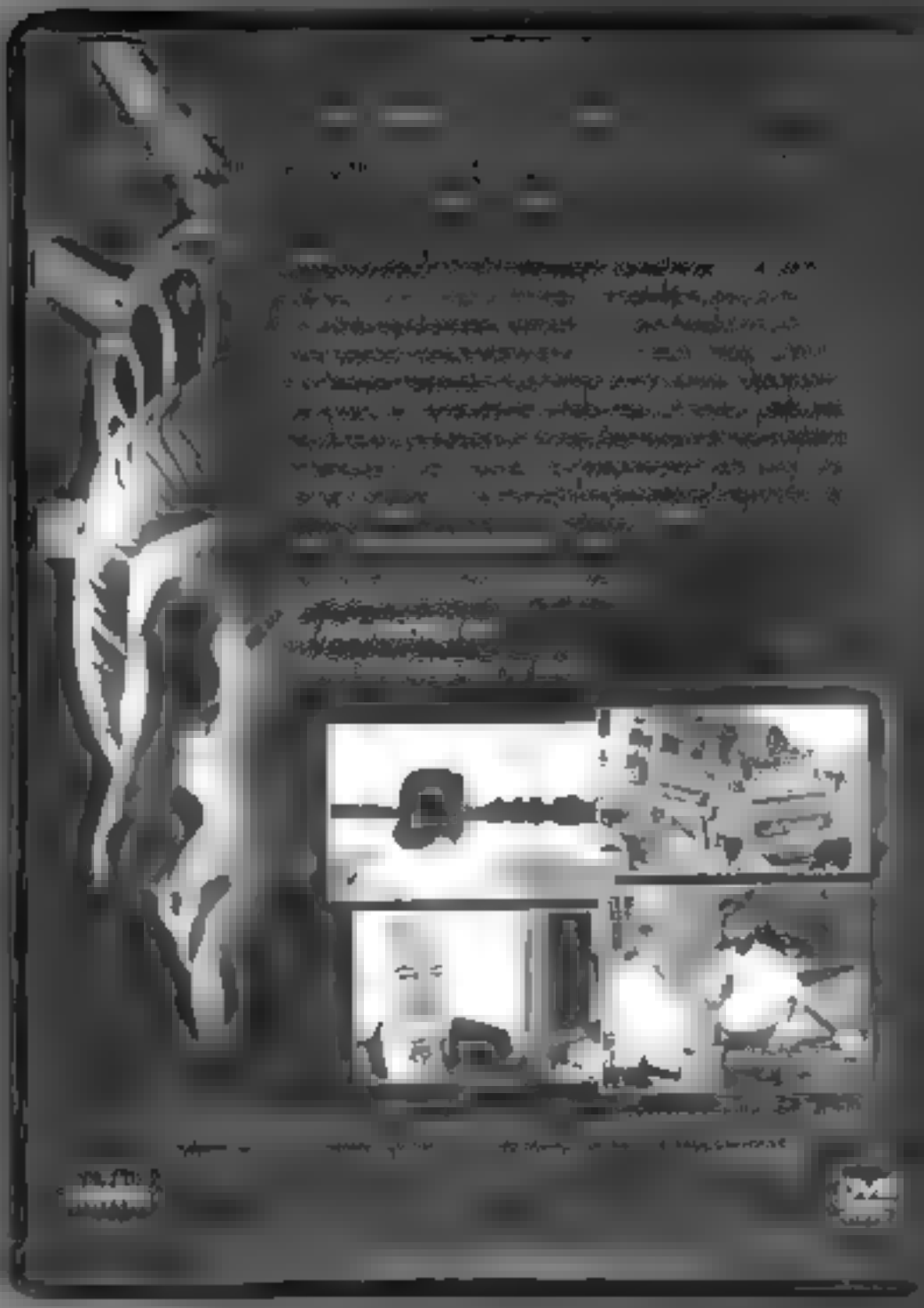

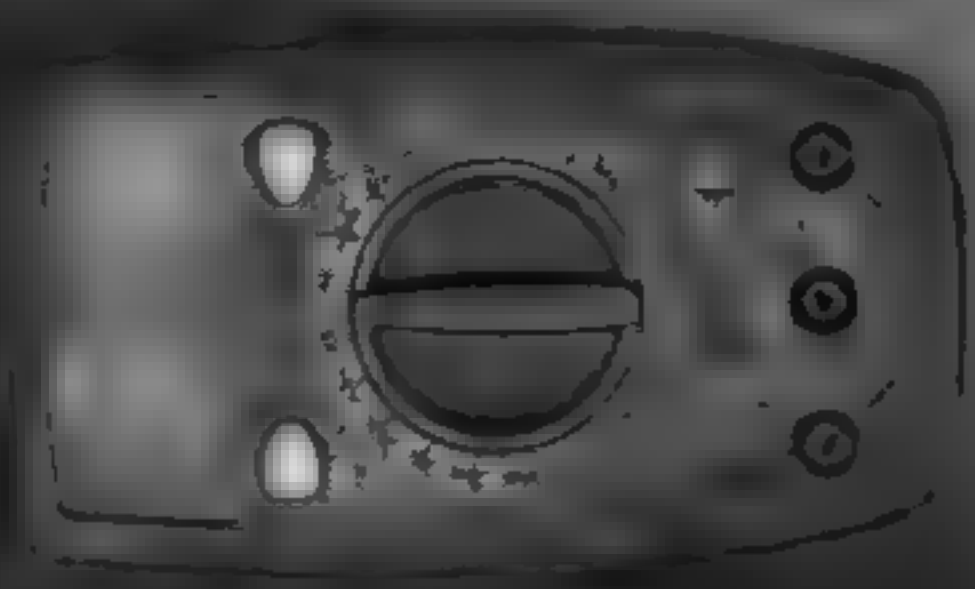

"Neither le Carré nor Graham Greene could do any better."
— *Daily Beast*

The Devil's Chessboard

Allen Dulles, the CIA, and the Rise of America's Secret Government

David Talbot

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"A frightening biography of power, manipulation, and outright treason."
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America's greatest untold story: the United States' rise to world dominance under the guile of Allen Welsh Dulles, the longest-serving director of the CIA. Drawing on revelatory new materials, David Talbot exposes the underside of one of America's most influential figures. *The Devil's Chessboard* tells the timely, provocative, and gripping story of the rise of the national security state—and the battle for America's soul.

David Talbot is the author of the *New York Times* bestseller *Brothers: The Hidden History of the Kennedy Years* and the acclaimed national bestseller *Season of the Witch*. The founder and former editor in chief of Salon, he has written for *The New Yorker*, *Rolling Stone*, *Time*, *The Guardian*, and other major publications. He is currently editorial director for Books Tomorrow, an investigative publishing project.

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Propaganda

Propaganda

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—Noam Chomsky

A fascinating and controversial look at how government and corporations control how we think and act, *Propaganda* outlines Edward Bernays' practical vision for engineering the collective mind. Originally published in 1928, this manual of mass manipulation provides a detailed examination of how public discourse and opinion are shaped and controlled in politics, business, art, education and science. In a world dominated by political spin and media manipulation, *Propaganda* is an essential read for all who wish to understand how power is used by the ruling elite of our society.

This edition of *Propaganda* features an introduction by Mark Crispin Miller, author of *The Bush Dyslexicon: Observations on a National Disorder* and *Cruel and Unusual: Bush, Chaney's New World Order*.

The nephew of Sigmund Freud, Edward Bernays (1891–1995) pioneered the systematic technique of shaping and manipulating public opinion, which he called "engineering of consent." During World War I he was an integral part—along with Walter Lippmann—of the U.S. Committee on Public Information (CPI), a powerful propaganda machine that convinced and sold the war to the American people as one that would "Make the World Safe for Democracy." The marketing strategies for all future wars would be tested on the CPI model.

Over the next half century, Bernays, combining the techniques he had learned in the CPI with the ideas of [illegible] developed a corporate approach to the systematic management of perception and the conscious manipulation of the population, earning the moniker "father of public relations." Among his powerful clients [illegible] Procter & Gamble, CBS, [illegible] and American Tobacco. In [illegible] began for the United Fruit [illegible] ted directly to the CIA's [illegible] ment of Guatemala.

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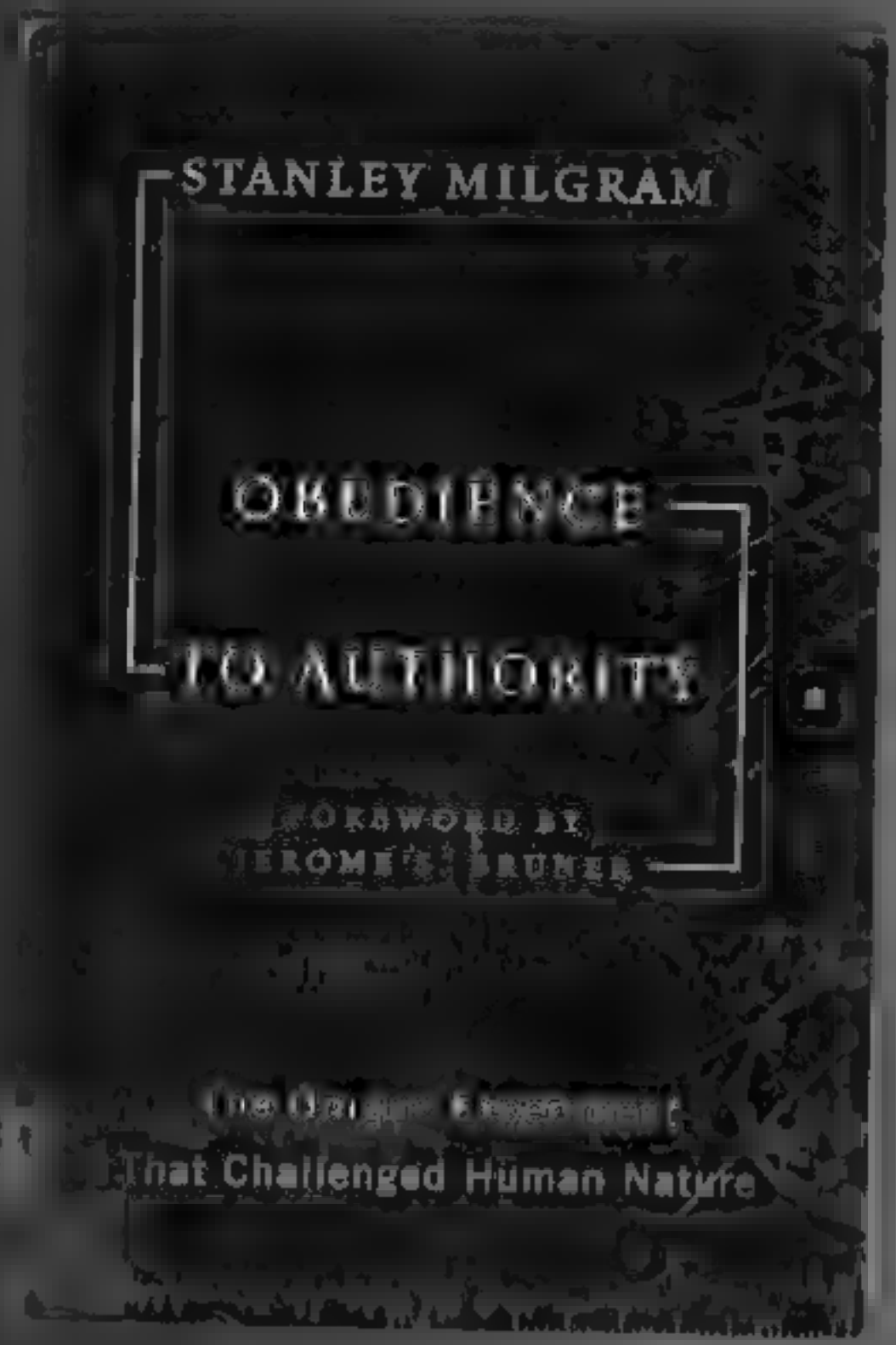
STANLEY MILGRAM
OBEDIENCE
TO AUTHORITY
FOREWORD BY
JEROME S. BRUNER
That Challenged Human Nature

STANLEY MILGRAM taught social psychology at Yale and Harvard for seven years before becoming a distinguished Professor at the Graduate Center of the City University of New York. He received several honors and awards including a Ford Foundation fellowship, an American Association for the Advancement of Science Socio-Psychological Prize and a Guggenheim Fellowship. He died in 1984 at the age of fifty-one.

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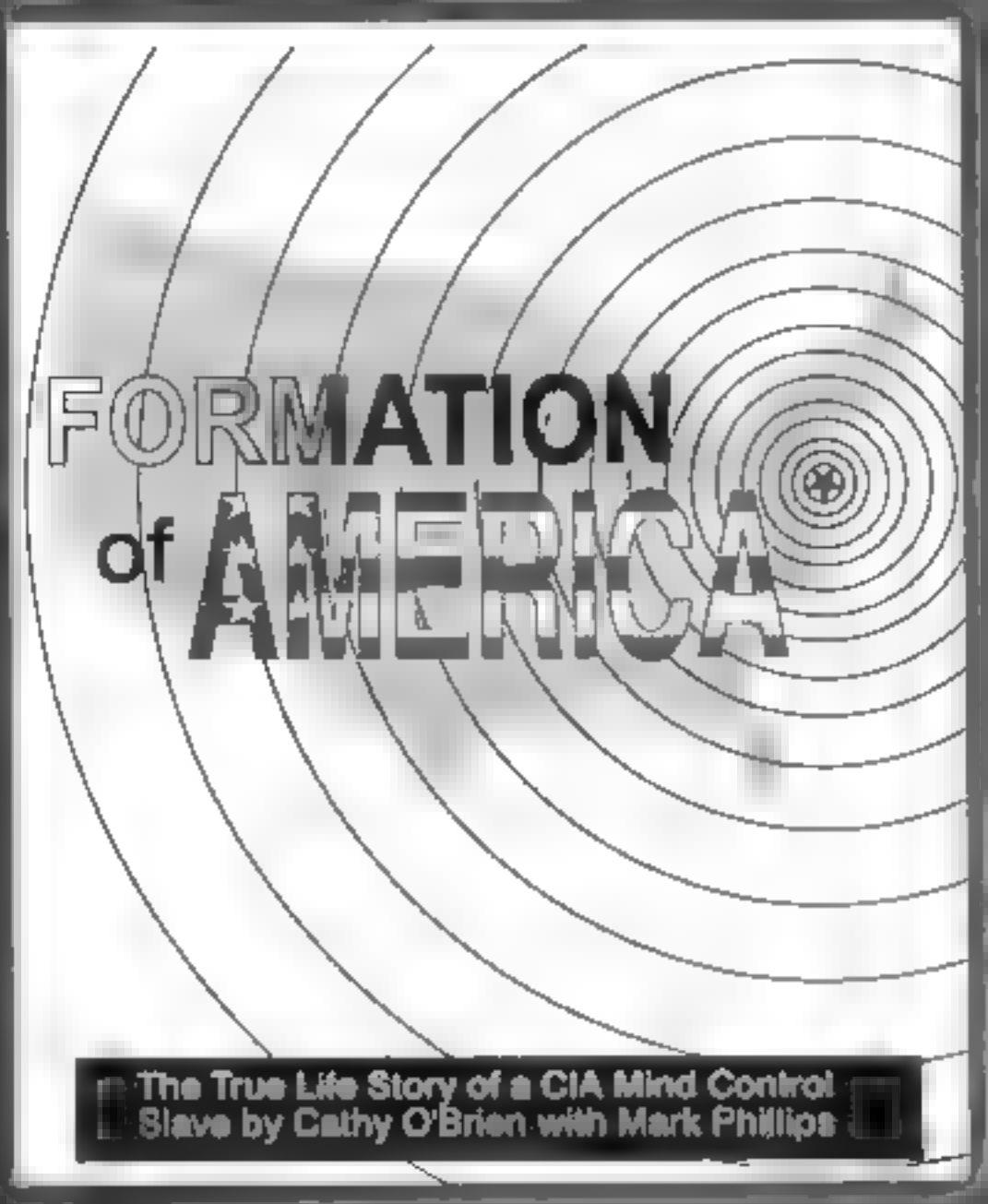
FORMATION
of AMERICA
The True Life Story of a CIA Mind Control Slave by Cathy O'Brien with Mark Phillips

PUBLIC NOTICE

This book contains sexually explicit quotes and [illegible] testimonial details of perpetrators and is therefore recommended for mature readers only.

TRANCE
FORMATION OF AMERICA

TRANCE Formation of America is the documented autobiography of a victim of government mind control. Cathy O'Brien is the only vocal and recovered survivor of the Central Intelligence Agency's MK Ultra Project. Monarch mind control operation. Obscured deep into the white stone of the CIA's Langley, Virginia headquarters is a partial verse lifted from the Holy Bible and writings of Saint John "and the truth shall make you free." This statement like the agency is total reality. The building that it is engraved upon houses the world's most successful manufacturer of lies to facilitate psychological warfare.

The "Company" uses truth and technology as their raw materials to produce "pure" lies for control of you and America's allies. Within the pages of ***TRANCE* Formation of America** you'll find the truth.

U.S. GOVERNMENT MIND CONTROL

On August 3rd, 1977 the 95th U.S. Congress opened hearings into the reported abuses concerning the CIA's TOP SECRET mind control research program code named MK Ultra. On February 8th 1988, an MK Ultra victim, Cathy O'Brien, was covertly rescued from her mind control enslavement by Intelligence insider Mark Phillips. Their seven year pursuit of justice was stopped FOR REASONS OF NATIONAL SECURITY. ***TRANCE* Formation of America** exposes the truth behind this criminal abuse of the Unconstitutional 1947 National Security Act.

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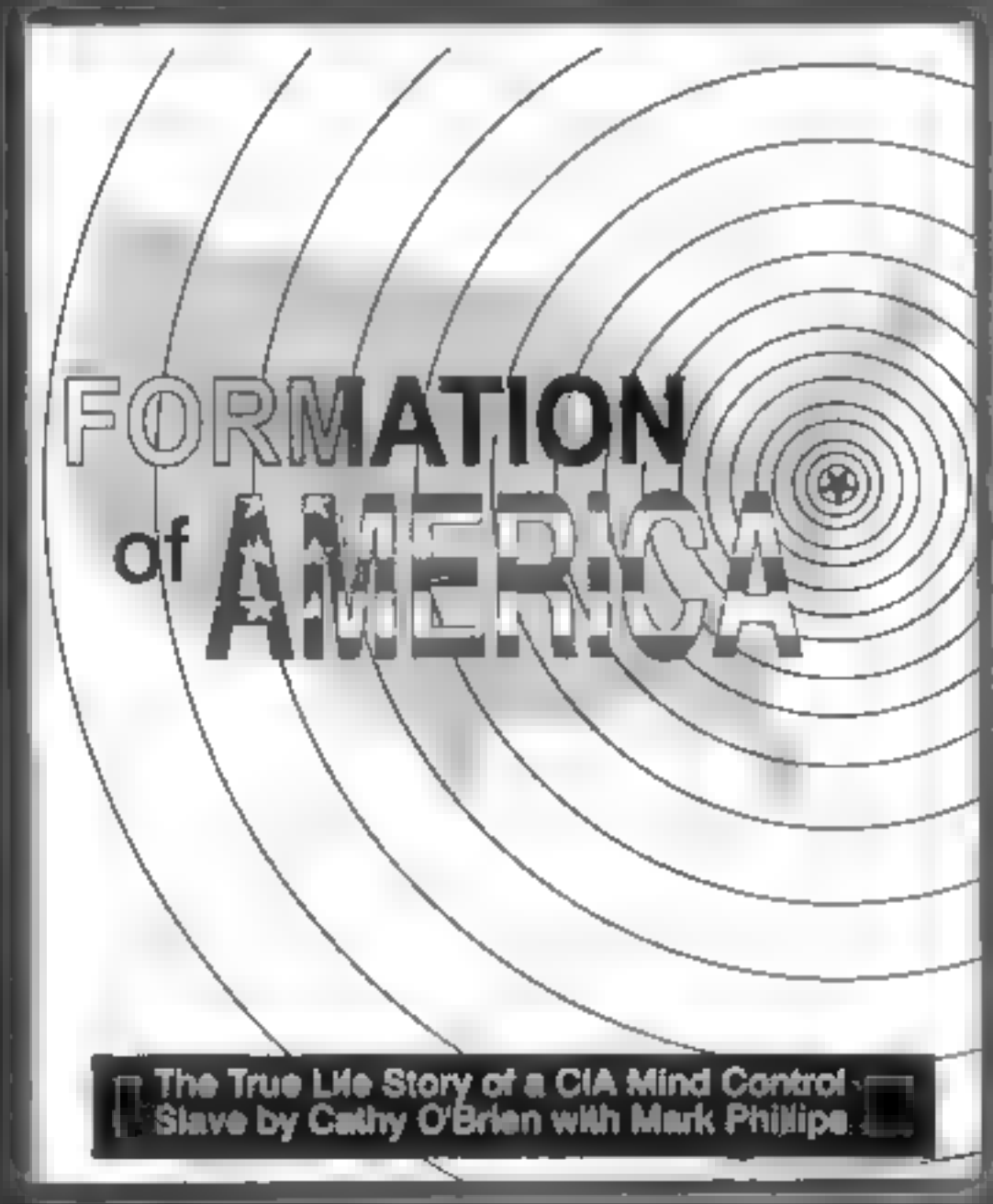
TRANCE


FORMATION
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The True Life Story of a CIA Mind Control Slave by Cathy O'Brien with Mark Phillips

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—Michiko Kakutani, *New York Times Book Review*

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god is not Great

How Religion Poisons Everything

[illegible]

With a New Afterword

From the author hailed as "one of the most brilliant journalists of our time" (*London Observer*) comes the controversial National Book Award finalist and #1 *New York Times* bestseller

god is not Great

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RANIERO CANTALAMESSA,
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"Merciless ... quite comical ... trenchant and witty ... [This] book is a treasure house of zingers worthy of Mark Twain or Mencken."
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THE NEW YORK TIMES BESTSELLER

THE END OF FAITH

RELIGION, TERROR, AND THE FUTURE OF REASON

"This is an important book. . . .
Harris writes like a deeply moderate man who is
not afraid to say"

—Michiko Kakutani, *New York Times* Book Review

SAM HARRIS

WITH A NEW AFTERWORD

CURRENT AFFAIRS

Winner of the 2005 PEN/Martha Albrand Award for Nonfiction

"*The End of Faith* articulates the dangers and absurdities of organized religion in [illegible] and so learnedly that I felt relieved as I read it, vindicated, almost personally understood.
—Natalie Angier, *New York Times*

In *The End of Faith* Sam Harris delivers a startling analysis of the [illegible] between reason and religion in the modern world. He offers a vivid, historical tour of our willingness to suspend reason in favor of religious beliefs—even when these beliefs impose the worst of human atrocities. While warning against the encroachments of organized religion on world politics, Harris draws on insights from neuroscience, philosophy, and Eastern mysticism to deliver a call for a truly modern foundation for ethics and spirituality that is both secular and humanistic.

"*The End of Faith* is a genuinely frightening book. Read Sam Harris and wake up."
Richard Dawkins, *The Guardian*

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SAM HARRIS is a graduate in philosophy from Stanford University. He has studied both Eastern and Western religious traditions, along with a variety of spiritual disciplines, for twenty years. He is now completing a doctorate in neuroscience studying the neural basis of belief, disbelief, and uncertainty. Please visit his Web site at www.samharris.org.

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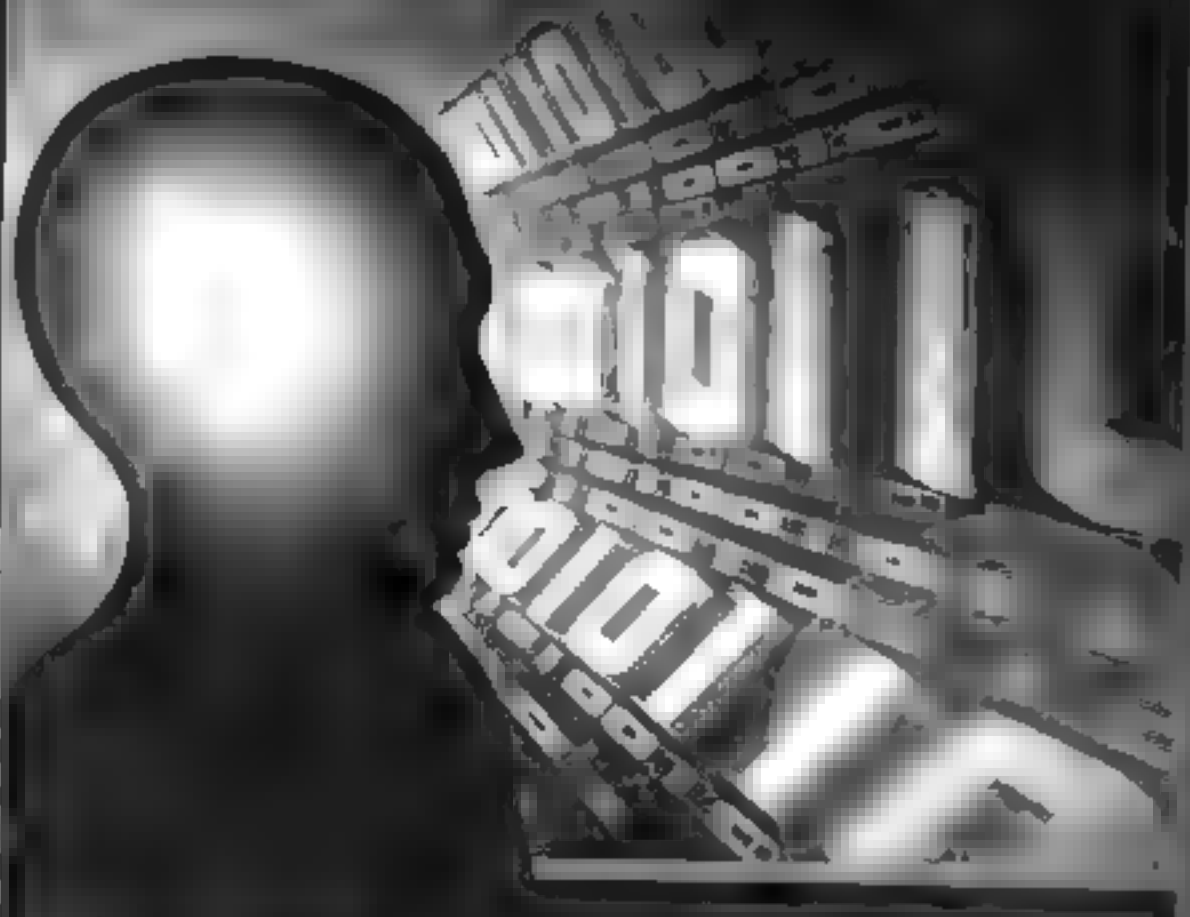

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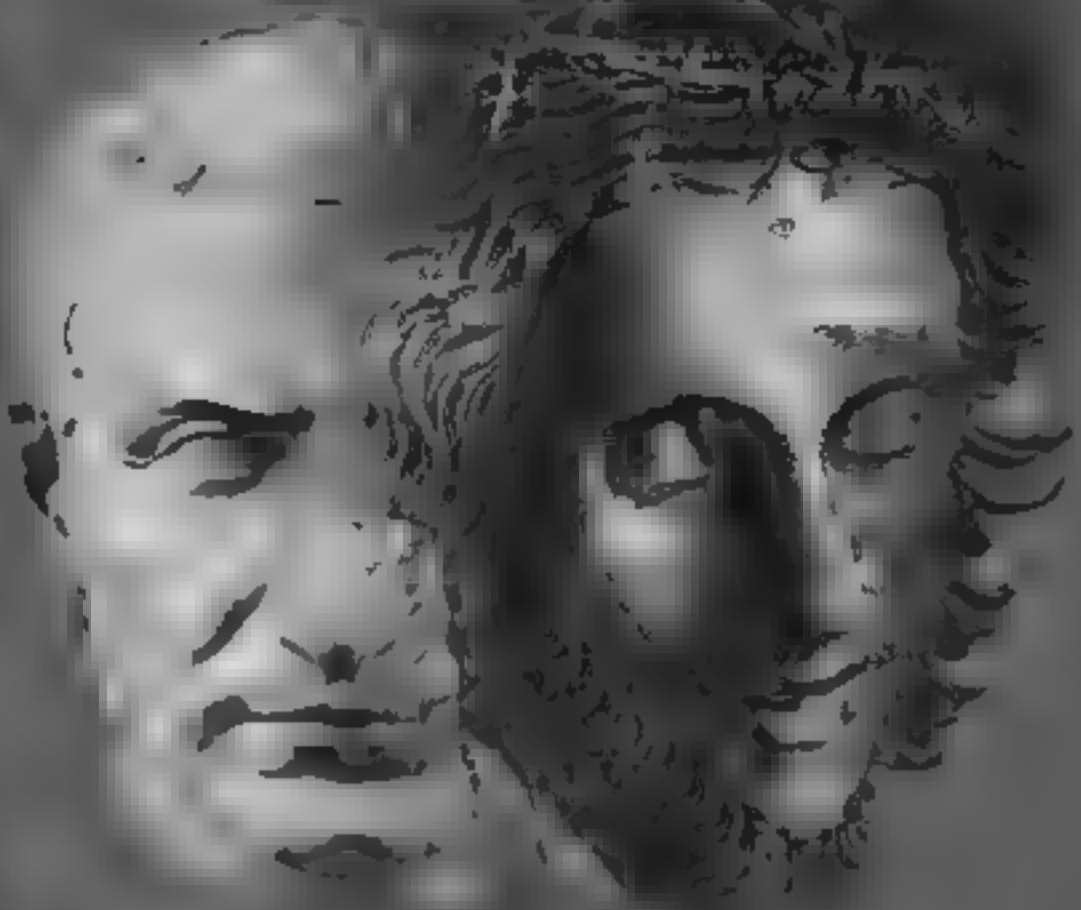

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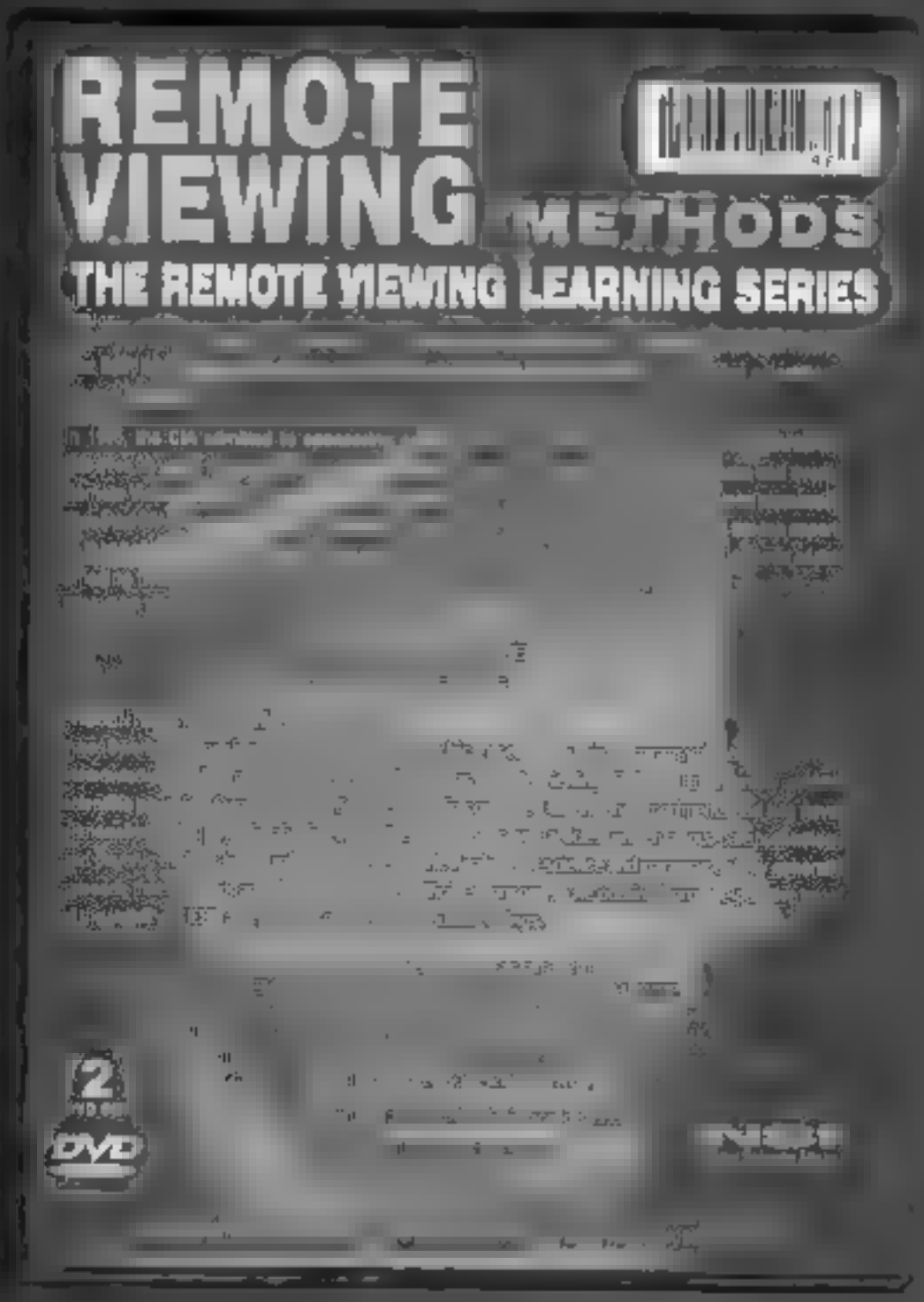
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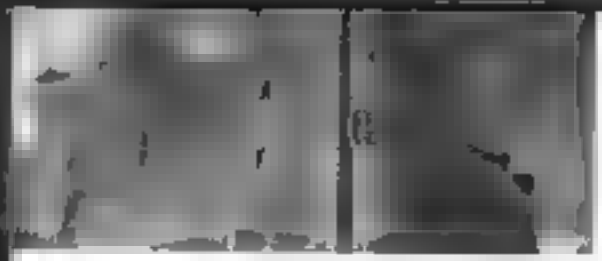

Python Essential Reference

Fourth Edition

Python Essential Reference is the definitive reference guide to the Python programming language—the one authoritative handbook that reliably untangles and explains both the core Python language and the most essential parts of the Python library.

Designed for the practicing programmer, the book is concise to the point and highly scannable. It also includes detailed information on the Python library and many advanced subjects that is not available in either the official Python documentation or any other single reference source.

Thoroughly updated to reflect the significant new programming language features and library modules that have been introduced in Python 2.6 and Python 3, the fourth edition of *Python Essential Reference* is the complete guide for programmers who need to modernize existing Python code or who are planning an eventual migration to Python 3.

This fourth edition features numerous improvements, additions, and updates:

- Coverage of new language features, libraries, and modules
- Practical coverage of Python's more advanced features, including generators, coroutines, closures, metaclasses, and decorators
- Expanded coverage of library modules related to concurrent programming, including threads, subprocesses, and the new multiprocessing module
- Improved organization for even faster answers and better usability
- Up-to-the-minute coverage of how to use Python 2.6's forward compatibility mode to evaluate code for Python 3 compatibility
- Deep coverage of low-level system and networking library modules, including the options not covered in the standard documentation
- Updates and improved example code to reflect modern Python programming style and idioms

David M. Beazley has been programming Python since 1996. While working at Los Alamos National Laboratory, he helped pioneer the use of Python with scientific computing software. Through his company, Dabeaz, LLC, he provides software development, training, and consulting related to the practical use of Python programming, especially in systems programming. He is also the author

Programming Python

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PSYCHOLOGY

Psychology and the Occult

Over his long career, Jung maintained a compelling interest in occult phenomena as a subject of psychological concern. His first publication, his M.D. dissertation in 1902, was a psychiatric study of a medium, and he "dabbled in spookery" (as he wrote Freud) in his undergraduate days and before. His letters and autobiography frequently comment on parapsychological phenomena. The present collection brings together Jung's writings on the occult in the Collected Works, beginning with the 1902 monograph and coming up to 1960, the year before his death.

In "On the Psychology and Pathology of So-called Occult Phenomena" Jung describes several clinical cases of double consciousness, twilight states, and somnambulism, then details the case of an adolescent girl "psychic" who had visions and held séances which Jung attended in his student days. In 1905 Jung gave a public lecture in Basel "On Spiritualistic Phenomena" in which he surveyed the history and psychology of the subject in America and Europe and told of his own experience investigating eight mediums in Zurich.

"The Psychological Foundations of Belief in Spirits" (1919) and "The Soul and Death" (1934) both clinically and philosophically illustrate Jung's continued interest in parapsychology. There are forewords to books by Stewart Edward White, Fanny Moser, and Aniela Jaffé, and Jung's answers to a questionnaire on "The Future of Parapsychology" (1960) complete the selection.

These paperback editions of C. G. Jung's writings are chosen from the Collected Works, translated by R.F.C. Hull and published in twenty-one volumes as Bollingen XX. The excerpts are selected and grouped thematically to introduce Jung's writings on issues and themes of contemporary interest. The present paperback is composed of papers from *Psychiatric Studies*, Volume 1, *The Structure and Dynamics of the Psyche*, Volume 8; and *The Symbolic Life*, Volume 18.

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Stephen Sennitt created and edited the famous occult journal, *NOX*, from 1986–1991. He is the author of the acclaimed occult history, *Mountain Cults: A Study of the Primordial Gnosis* (1992), and two collections of acclaimed occult fiction: *Kaos* (1989) and *Creatures of Clay and Other Stories of the Macabre* (Critical Vision, 2003). He has also contributed articles and letters to various occult esoteric journals, such as *Kaos, Chaos International, Rapid Eye, Hyperdimensions, Esoterra, Cthulhu Codex, The Lamp of Thoth, Starry Wisdom*, and numerous others. At present time he is the U.K. Coordinator of The Esoteric Order of Dagon. In the "other life" he has authored a controversial history of "banned" Horror comics and he regularly contributes book and film reviews to *Headpress* and *Journal of Fortean Dark*.

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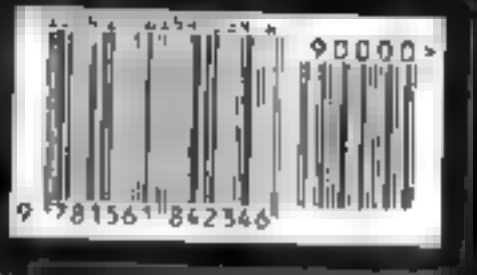

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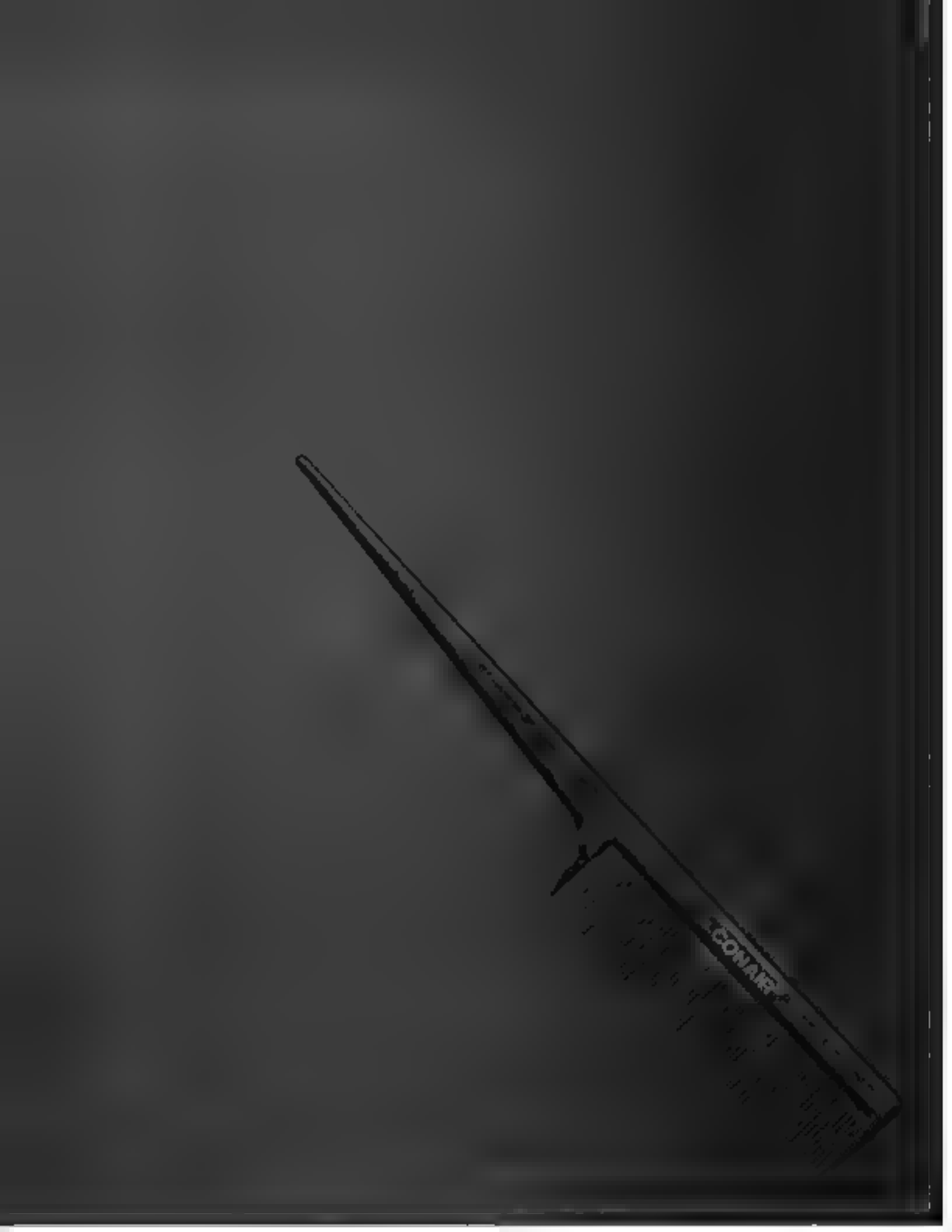
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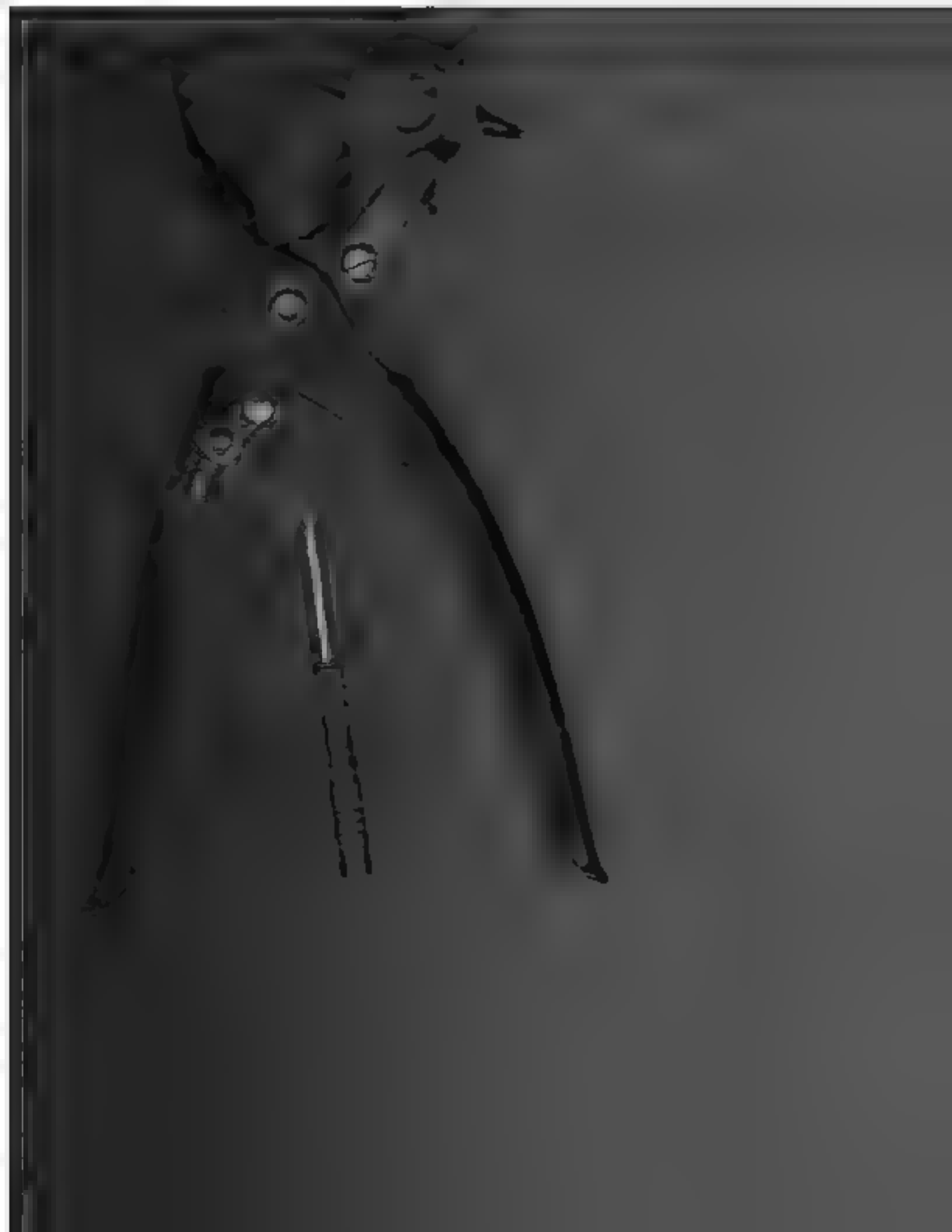

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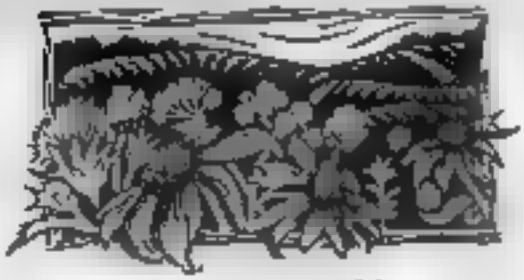

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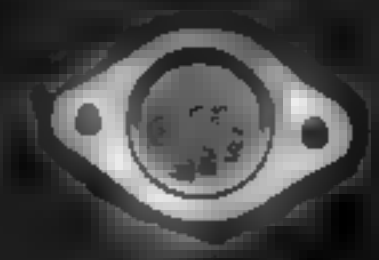

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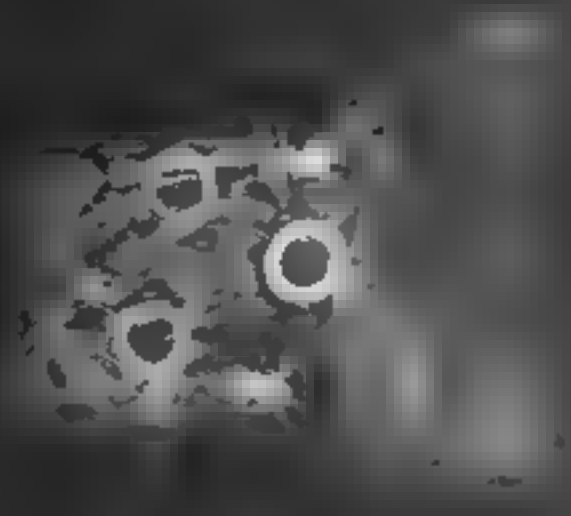

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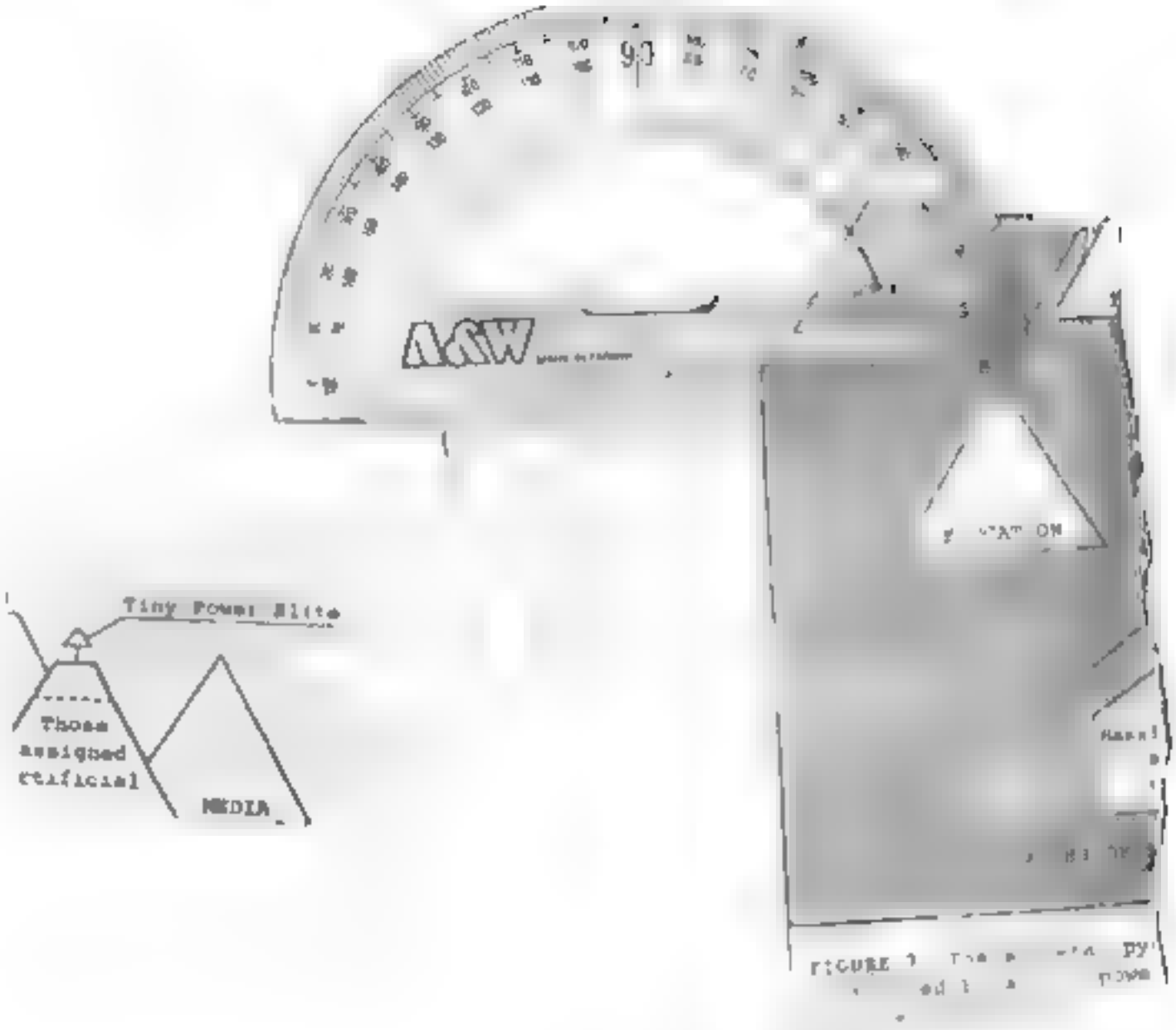
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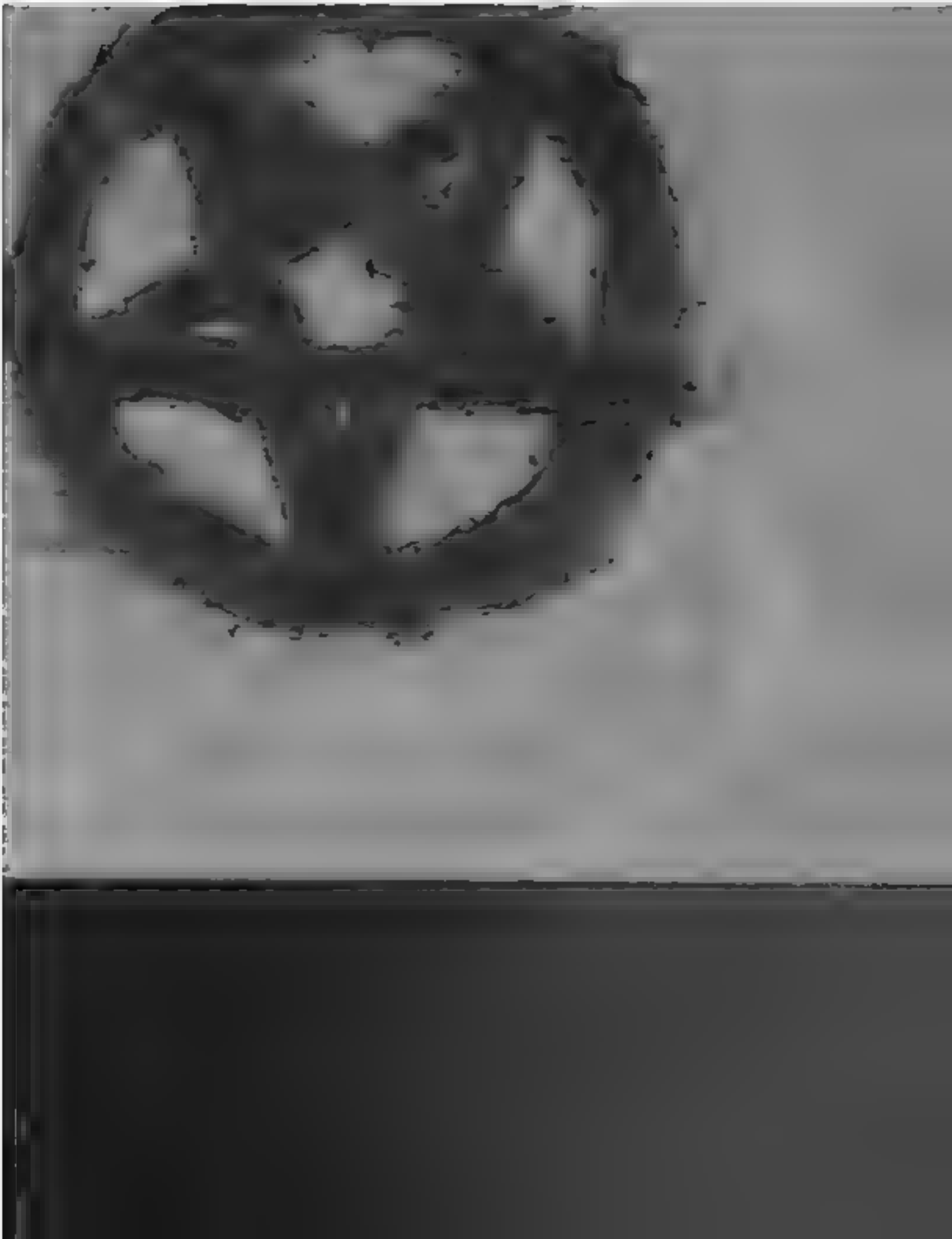

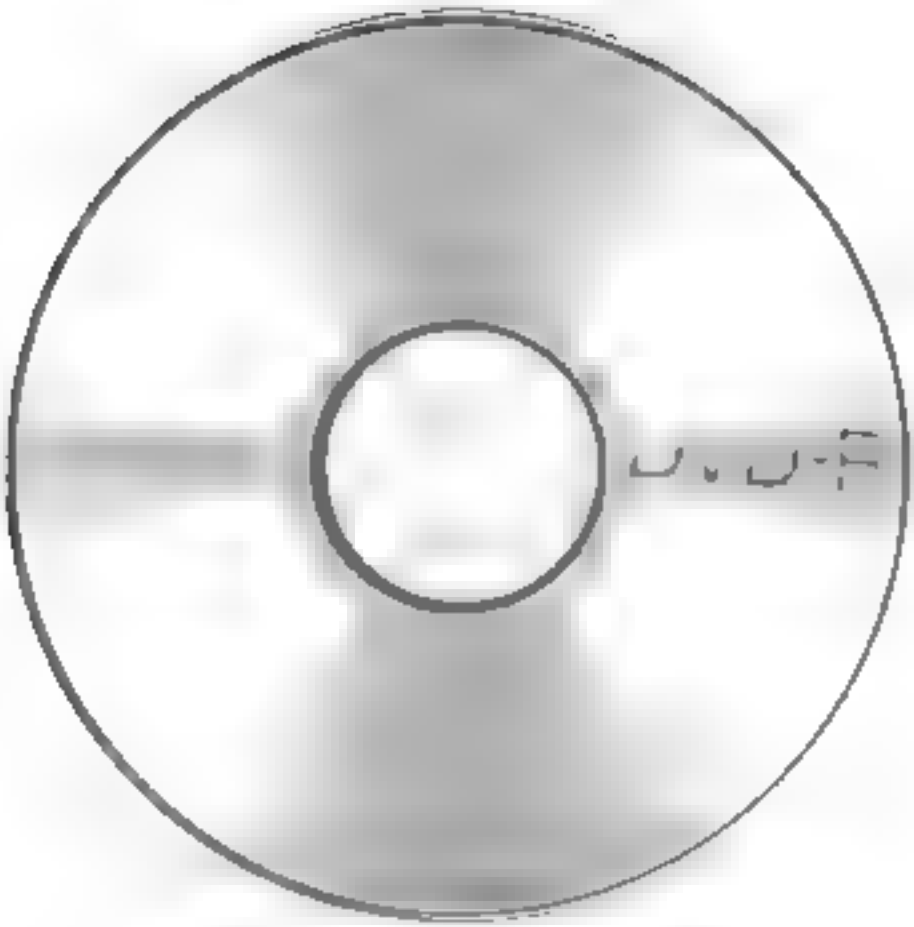

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911 was a Mossad Operation Inside Job 1666act Cestus Que vie, 1913/33 Federal Reserve Act series (backdoor Advap132*dl NSAKEY all it is is ass backwardsness and fuckery the zionist system Remote viewing is the telepathic tool "they" use to see what your doing saying and thinking Controlled remote viewing CRV is used to do all the gang stalking There is not much "tech" involved in this at a practical level CRV is how they do the timed synchronous drive byes at intersections etc The "all seeing eye" symbol on top of pyramid is a celebration of the elite using telepathy to keep us under them in line The "pinecones" as seen on pope walking staff and in Vatican is celebration of pineal gland which is what enables telepathy in humans and animals The propaganda they use to misguide all of us TIs in these fake TI videos is RNM. synthetic telepathy smart dust and that kind of BS And they want us to be followers of "Jesus" so we will be a army of impoverished TIs completely brainwashed into following whatever BS they want us to do Propaghanda Fuck Religion / SLAC - 01111110 · :/You speak of rastafarie but how can you justify belief In a job that s left you behind You ve simply failed the gap between the upper and lower class and you think milling keeps you in line in line yeah An amalgamation of Jewish scripture and Christian thought What will that get you not a fuck of a lot Take a look at your promised land Your deed is that gun in your hand Mosians a minefield The west bank The gaza strip x5 Soon to be parking lots for American tourists and facisist cops yeah Fuck zionism Fuck Militarism Fuck Americanism Fuck Nationalism Fuck Religion [x8

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Cestui Que Vie Act 1666

1666 CHAPTER 11 18 and 19 Cha 2

An Act for Redresse of inconveniencies by want of Proofe of the Deceases of Persons beyond the Seas or absenting themselves upon whose Lives Estates doe depend

[X] Recital that Cestui que vies have gone beyond Sea, and that Reversioners cannot find out whether they are alive or dead.

Whereas diverse Lords of Mannours and others have granted Estates by Lease for one or more life or lives or else for yeares determinable upon one or more life or lives And it hath often happened that such person or persons for whose life or lives such Estates have beene granted have gone beyond the Seas or else absented themselves for many yeares that the Lessors and Reversioners cannot finde out whether such person or persons be alive or dead by reason whereof such Lessors and Reversioners have beene held out of possession of their Tenements for many yeares after all the lives upon which such Estates depend are dead in regard that the Lessors and Reversioners when they have brought Actions for the recovery of their Tenements have been put upon it to prove the death of their Tennants when it is almost impossible for them to discover the same For remedy of which mischiefe soe frequently happening to such Lessors or Reversioners

Annotations:

Editorial Information

X1 Abbreviations or contractions in the original form of this Act have been expanded into modern lettering in the text set out above and below

Modifications etc. (not altering text)

C1 Short title The Cestui que Vie Act 1666 given by Statute Law (Repeals) Act 1969 (c. 52), Sch. 1

C2 Preamble omitted in part under authority of Statute Law Revision Act 1948 (c. 62), Sch.

C3 certain words of enactment repealed by Statute Law (Repeals) Act 1969 (c. 52), Sch. 1 and remainder omitted under authority of Statute Law (Repeals) Act 1969 (c. 52), s. 3

I. **Cestui que vie remaining beyond Sea for Seven Years together and no Proof of their Lives, Judge in Action to direct a Verdict as though Cestui que vie were dead.**

If such person or persons for whose life or lives such Estates have beene or shall be granted as aforesaid shall remaine beyond the Seas or elsewhere absent themselves in this Realme by the space of seaven yeares together and noe sufficient and evident proofe be made of the lives of such person or persons respectively in any Action commenced for recovery of such Tenements by the Lessors or Reversioners in every such case the person or persons upon whose life or lives such Estate depended shall be accounted as naturally dead, And in every Action brought for the recovery of the said Tenements by the Lessors or Reversioners their Heires or Assignes, the Judges before whom such Action shall be brought shall direct the Jury to give their Verdict as if the person soe remaining beyond the Seas or otherwise absenting himselfe were dead

II [F1]

Annotations:

Amendments (Textual)

F1 S. II repealed by Statute Law Revision Act 1948 (c. 62), Sch.

III [F2]

Annotations:

Amendments (Textual)

F2 S. III repealed by Statute Law Revision Act 1863 (c. 125)

IV **If the supposed dead Man prove to be alive, then the Title is revested. Action for mean Profits with Interest.**

[F3]Provided alwayes That if any person or [F3person or] persons shall be evicted out of any Lands or Tenements by vertue of this Act, and afterwards if such person or persons upon whose life or lives such Estate or Estates depend shall returne againe from beyond the Seas or shall on proofe in any Action to be brought for recovery of the same [to] be made appeare to be liveing, or to have beene liveing at the time of the Eviction That then and from thenceforth the Tennant or Lessee who was outed of the same his or their Executors Administrators or Assignes shall or may reenter repossesse have hold and enjoy the said Lands or Tenements in his or their former Estate or and during the Life or Lives or soe long terme as the said person or persons upon whose Life or Lives the said Estate or Estates depend shall be liveing, and alsoe shall upon Action or Actions to be brought by him or them against the Lessors Reversioners or Tennants in possession or other persons respectively which since the time of the said Eviction received the Proffitts of the said Lands or Tenements recover for damages the full Proffitts of the said Lands or Tenements respectively with lawfull Interest for and from the time that he or they were outed of the said Lands or Tenements, and kept or held out of the same by the said Lessors Reversioners Tennants or other persons who after the said Eviction received the Proffitts of the said Lands or Tenements or any of

them respectively as well in the case when the said person or persons upon whose Life or Lives such Estate or Estates did depend are or shall be dead at the time of bringing of the said Action or Actions as if the said person or persons where then liveing.|

Annotations

Editorial Information

X2 annexed to the Original Act in a separate Schedule

X3 Variant reading of the text noted in *The Statutes of the Realm* as follows: *O.* omits |*O.* refers to a collection in the library of Trinity College Cambridge

Changes to legislation

There are currently no known outstanding effects for the Costa Glen Pty Act 1868.

Department of Justice

The Department of Justice's first priority is to prevent future terrorist attacks. Since its passage following the September 11, 2001 attacks, the Patriot Act has played a key part and often the leading role, in a number of successful operations to protect innocent Americans from the deadly plans of terrorists dedicated to destroying America and our way of life. While the results have been important, in passing the Patriot Act, Congress provided for only modest, incremental changes in the law. Congress simply took existing legal principles and retrofitted them to preserve the lives and liberty of the American people from the challenges posed by a global terrorist network.

The USA PATRIOT Act: Preserving Life and Liberty

(Uniting and Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism)

Congress enacted the Patriot Act by overwhelming, bipartisan margins, arming law enforcement with new tools to detect and prevent terrorism. The USA Patriot Act was passed nearly unanimously by the Senate 98-1, and 357-66 in the House, with the support of members from across the political spectrum.

The Act Improves Our Counter-Terrorism Efforts in Several Significant Ways:

1. **The Patriot Act allows investigators to use the tools that were already available to investigate organized crime and drug trafficking.** Many of the tools the Act provides to law enforcement to fight terrorism have been used for decades to fight organized crime and drug dealers, and have been reviewed and approved by the courts. As Sen. Joe Biden (D-DE) explained during the floor debate about the Act, "the FBI could get a wiretap to investigate the mafia, but they could not get one to investigate terrorists. To put it bluntly, that was crazy. What's good for the mob should be good for terrorists." (Cong. Rec. 10/25/01.)

   - **Allows law enforcement to use surveillance against more crimes of terror.** Before the Patriot Act, courts could permit law enforcement to conduct electronic surveillance to investigate many ordinary, non-terrorism crimes, such as drug crimes, mail fraud, and passport fraud. Agents also could obtain wiretaps to investigate some, but not all, of the crimes that terrorists often commit. The Act enabled investigators to gather information when looking into the full range of terrorism-related crimes, including chemical weapons offenses, the use of weapons of mass destruction, killing Americans abroad, and terrorism financing.

- **Allows federal agents to follow sophisticated terrorists trained to evade detection.** For years law enforcement has been able to use roving wiretaps to investigate ordinary crimes, including drug offenses and racketeering. A roving wiretap can be authorized by a federal judge to apply to a particular suspect rather than a particular phone or communications device. Because international terrorists are sophisticated and trained to thwart surveillance by rapidly changing locations and communication devices, such as cell phones, the Act authorized agents to seek court permission to use the same techniques in national security investigations to track terrorists.

- **Allows law enforcement to conduct investigations without tipping off terrorists.** In some cases, criminals are tipped off by a search warrant when they mistakenly believe evidence of their crimes will be discovered, which encourages suspects to destroy evidence or intimidate witnesses, or to take other action to evade arrest. Therefore, federal courts in narrow circumstances long have allowed law enforcement to delay for a reasonable time when the subject is told that a judicially approved search warrant has been executed. Notice is always provided, but the reasonable delay gives law enforcement time to identify the criminal associates of the target of the search, locate accomplices, or avoid flight from prosecution. Section 213 of the Act codifies the authority of federal judges to allow delayed notice search warrants, consistent with Supreme Court precedent. Specifically, section 213 establishes a nationwide standard for the use of delayed notice search warrants, thereby eliminating opportunities for forum shopping by prosecutors. Section 213 also establishes a uniform 7-day standard for delayed notice search warrants, but allows courts to extend that period for good cause. Delayed notice search warrants have been used for decades, have proven crucial in drug and organized crime cases, and have been upheld by courts as fully constitutional.

- **Allows federal agents to ask a court for an order to obtain business records in national security terrorism cases.** Examining business records often provides the key that investigators are seeking to solve a wide range of crimes. Investigators might seek select records from hardware stores or chemical plants, for example, to find out who bought materials to make a bomb, or bank records to see who was sending money to terrorist groups. Law enforcement authorities have always been able to obtain business records in criminal cases through grand jury subpoenas, and section 215 now allows national security investigators to obtain these records in national security cases where appropriate. These records were sought in criminal cases such as the investigation of the Zodiac gunman, where police suspected the gunman was inspired by a San Francisco serial killer case and wanted to learn who had checked the killer's books out of the library. In national security cases where use of the grand jury process was not appropriate, investigators previously had limited tools at their disposal to obtain certain business records. Under the Patriot Act, the government can now ask a federal court (the Foreign Intelligence Surveillance Court, created by the Act) for an order requiring the production of the same type of records available through grand jury subpoenas. This federal court must issue these orders unless the government demonstrates that the records sought are wanted for an unauthorized investigation to obtain foreign intelligence information not concerning a U.S. person or to protect against international terrorism or clandestine intelligence activities, provided that such investigation of a U.S. person is not conducted solely on the basis of activities protected by the First Amendment.

2. The Patriot Act facilitated information sharing and cooperation among government agencies so that they can better "connect the dots." The Act removed the major legal barriers that prevented the law enforcement, intelligence, and national defense communities from talking and coordinating their work to protect the American people and our national security. The government's prevention efforts should not be restricted by boxes on an organizational chart. Now police officers, FBI agents, federal prosecutors and intelligence officials can protect our communities by "connecting the dots" to uncover terrorist plots before they are completed. As Sen. John Edwards (D-N.C.) said about the Patriot Act: "we simply cannot prevail in the battle against terrorism if the right hand of our government has no idea what the left hand is doing." (Press release, 10/26/01)

- Prosecutors and investigators used information shared pursuant to section 218 in investigating the defendants in the so-called "Virginia Jihad" case. This prosecution involved members of the Dar al-Arqam Islamic Center, who trained for jihad in Northern Virginia by participating in paintball and paramilitary training, including eight individuals who traveled to terrorist training camps in Pakistan or Afghanistan between 1999 and 2001. These individuals are associates of a violent Islamic extremist group known as Lashkar-e-Taiba (LET), which operates in Pakistan and Kashmir, and that has ties to the al Qaeda terrorist network. As the result of an investigation that included the use of information obtained through FISA, prosecutors were able to bring charges against these individuals. Six of the defendants have pleaded guilty, and three were convicted in March 2004 of charges including conspiracy to levy war against the United States and conspiracy to provide material support to the Taliban. These nine defendants received sentences ranging from a prison term of four years to life imprisonment.

3. The Patriot Act updated the law to reflect new technologies and new threats. The Act brought the law up to date with current technology, so we no longer have to fight a digital-age battle with antique weapons-legal authorities leftover from the era of rotary telephones. When investigating the murder of *Wall Street Journal* reporter Daniel Pearl, for example, law enforcement used one of the Act's new authorities to use high-tech means to identify and locate some of the killers.

- **Allows law enforcement officials to obtain a search warrant anywhere a terrorist-related activity occurred.** Before the Patriot Act, law enforcement personnel were required to obtain a search warrant in the district where they intended to conduct a search. However, modern terrorism investigations often span a number of districts, and officers therefore had to obtain multiple warrants in multiple jurisdictions, creating unnecessary delays. The Act provides that warrants can be obtained in any district in which terrorism-related activities occurred, regardless of where they will be executed. This provision does not change the standards governing the availability of a search warrant, but streamlines the search warrant process.

- **Allows victims of computer hacking to request law enforcement assistance in monitoring the "trespassers" on their computers.** This change made the law technology-neutral: it placed electronic trespassers on the same footing as physical trespassers. Now hacking victims can seek law enforcement assistance to combat hackers, just as burglary victims have been able to invite officers into their homes to catch burglars.

4. The Patriot Act increased the penalties for those who commit terrorist crimes. Americans are threatened as much by the terrorist who pays for a bomb as by the one who pushes the button. That's why the Patriot Act imposed tough new penalties on those who commit and support terrorist operations, both at home and abroad. In particular, the Act

- **Prohibits the harboring of terrorists.** The Act created a new offense that prohibits knowingly harboring persons who have committed or are about to commit a variety of terrorist offenses, such as: destruction of aircraft; use of nuclear, chemical, or biological weapons; use of weapons of mass destruction; bombing of government property; sabotage of nuclear facilities; and aircraft piracy.

- **Enhanced the inadequate maximum penalties for various crimes likely to be committed by terrorists:** including arson; destruction of energy facilities; material support to terrorists and terrorist organizations; and destruction of national-defense materials.

- **Enhanced a number of conspiracy penalties**, including for arson; killings in federal facilities; attacking communications systems; material support to terrorists; sabotage of nuclear facilities; and interference with flight crew members. Under previous law, many terrorism statutes did not specifically prohibit engaging in conspiracies to commit the underlying offenses. In such cases, the government could only bring prosecutions under the general federal conspiracy provision, which carries a maximum penalty of only five years in prison.

- **Punishes terrorist attacks on mass transit systems.**

- **Punishes bioterrorists.**

- **Eliminates the statutes of limitations for certain terrorism crimes and lengthens them for other terrorist crimes.**

The government's success in preventing another catastrophic attack on the American homeland since September 11, 2001, would have been much more difficult, if not impossible, without the USA Patriot Act. The authorities Congress provided have substantially enhanced our ability to prevent, investigate, and prosecute acts of terror

BOOKSTORE

WORLD NEWSSTAND

Act of 1871

1871, February 21: Congress Passes an Act to Provide a Government for the District of Columbia, also known as the Act of 1871

With no constitutional authority to do so, Congress creates a separate form of government for the District of Columbia, a ten mile square parcel of land (see, Acts of the Forty-first Congress," Section 34, Session III, chapters 61 and 62)

The act -- passed when the country was weakened and financially depleted in the aftermath of the Civil War -- was a strategic move by foreign interests (international bankers) who were intent upon gaining a stranglehold on the coffers and neck of America. Congress cut a deal with the international bankers (specifically Rothschilds of London) to incur a DEBT to said bankers. Because the bankers were not about to lend money to a floundering nation without serious stipulations, they devised a way to get their foot in the door of the United States.

The Act of 1871 formed a corporation called THE UNITED STATES. The corporation, OWNED by foreign interests, moved in and shoved the original Constitution into a dustbin. With the Act of 1871, the organic Constitution was defaced -- in effect vandalized and sabotage -- when the title was capitalized and the word "for" was changed to "of" in the title.

THE CONSTITUTION OF THE UNITED STATES OF AMERICA is the constitution of the incorporated UNITED STATES OF AMERICA. It operates in an economic capacity and has been used to fool the People into thinking it governs the Republic. It does not! Capitalization is NOT insignificant when one is referring to a legal document. This seemingly "minor" alteration has had a major impact on every subsequent generation of Americans. What Congress did by passing the Act of 1871 was create an entirely new document, a constitution for the government of the District of Columbia, an INCORPORATED government. This

new y a tered Const tution was not ntended to benefit the Republ c It benefits on y the corporation of the UNITED STATES OF AMERICA and operates entirely outside the original (organic) Constitution

Instead of hav ng absolute and una enable rights guaranteed under the organ c Const tution, we the people now have "re ative" rights or privileges One example is the Sovereign s right to travel, which has now been transformed (under corporate government po icy) nto a "privi ege" that requires citizens to be icensed (Passports) By passing the Act of 1871, Congress committed TREASON aga nst the People who were Sovereign under the grants and decrees of the Declaration of Independence and the organic Constitution [Informat on courtesy of Lisa Gu ian , www babelmagazine com The Act of 1871 became the FOUNDATION of al the treason since committed by government officials.]

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Dove The fol ow ng s an expans on and further explanation of the above (an adaptation of Lisa's work, done with her permission), wh ch you may want to read for your own edificat on Whereas my Chapter 9 is a time-map of the major Headlines and Landmines of the 200-years-p us history of America, each subsequent chapter goes into particular deta ls. This sect on is from Chapter 18, "The Tale of Two Governments, which overa addresses the difference between a democracy and a repub c as wel as the fact of a federal government and a shadow government practicing under the gu se of The Corporation I m sure Lisa won t mind your using what you need in order to make whatever po nt you w sh to make in the moment . . . C

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The United States Isn't a Country, It s a Corporation! In preparation for steal ng America, the puppets of Brita n's banking caba had a ready created a second government, a Shadow Government des gned to manage what the common herd be eved was a democracy, but what rea ly was an ncorporated UNITED STATES Together this chimera, th s two-headed monster, d sa lowed the common herd al rights of su juris [you, in your sovereignty]

Congress, w th no authority to do so, created a separate form of government for the District of Columbia, a ten-mile square parce of and WHY and HOW did they do so? First, Lisa Gulian of Babel Magazine, reminds us that the Civ War was, in fact, "ittle more than a calcu ated front with fancy footwork by backroom players." Then she adds "It was a so a strategic maneuver by British and European interests (international bankers) ntent on gaining a strangleho d on the coffers of America And, because Congress knew our country was in dire financial stra ts, certain members of Congress cut a deal w th the internationa bankers (in those days, the Rothschilds of London were d pp ng their fingers into everyone's pie) There you have the WHY, why members of Congress perm tted the international bankers to ga n further contro of America

"Then, by passing the Act of 1871, Congress formed a corporation known as

THE UNITED STATES. This corporation, owned by foreign interests, shoved the organic version of the Constitution aside by changing the word for to of in the title. Let me explain: the original Constitution drafted by the Founding Fathers read: 'The Constitution for the united states of America' [note that neither the words 'united' nor 'states' began with capital letters]. But the CONSTITUTION OF THE UNITED STATES OF AMERICA is a corporate constitution, which is absolutely NOT the same document you think it is. First of all, it ended all our rights of sovereignty (sui juris). So you now have the HOW, how the international bankers got their hands on THE UNITED STATES OF AMERICA."

To fully understand how our rights of sovereignty were ended, you must know the full meaning of sovereign: "Chief or highest, supreme power, superior in position to all others. Independent of and unlimited by others; possessing or entitled to, original and independent authority or jurisdiction." (Webster)

In short, our government, which was created by and for us as sovereigns -- free citizens deemed to have the highest authority in the land - was stolen from us, along with our rights. Keep in mind that, according to the original Constitution, only We the People are sovereign. Government is not sovereign. The Declaration of Independence say, "...government is subject to the consent of the governed." That's us - the sovereigns. When did you last feel like a sovereign? As Lisa Guliani explained:

"It doesn't take a rocket scientist or a constitutional historian to figure out that the U.S. Government has NOT been subject to the consent of the governed since long before you or I were born. Rather, the governed are subject to the whim and greed of the corporation which has stretched its tentacles beyond the ten-mile-square parcel of land known as the District of Columbia. In fact, it has invaded every state of the Republic. Mind you, the corporation has NO jurisdiction beyond the District of Columbia. You just think it does. "You see, you are presumed to know the law, which is very weird since We the People are taught NOTHING about the law in school. We memorize obscure facts and phrases here and there, like the Preamble, which says, 'We the People...establish this Constitution for the United States of America.' But our teachers only gloss over the Bill of Rights. Our schools (controlled by the corporate government) don't delve into the Constitution at depth. After all, the corporation was established to indoctrinate and dumb down the masses, not to teach anything of value or importance. Certainly no one mentioned that America was sold out to foreign interests, that we were beneficiaries of the debt incurred by Congress, or that we were in debt to the international bankers. Yet, for generations, Americans have had the bulk of their earnings confiscated to pay a massive debt that they did not incur. There's an endless stream of things the People aren't told. And, now that you are being told, how do you feel about being made the recipient of a debt without your knowledge or consent?" "After passage of the Act of 1871, Congress set a series of subtle and overt deceptions into motion, deceptions in the form of decisions that were meant to sell us down the river. Over time, the Republic took it on the chin until it was knocked down and counted out by a technical KO (knock out). With the surrender of the people's gold in 1933, the 'common herd' was handed over to illegitimate law

(I' l bet you weren t taught THAT n school)

"Our corporate form of governance is based on Roman Civi Law and Admi ra ty, or Mari me Law, wh ch is a so known as the D vine Right of K ngs and the Law of the Seas -- another fact of American h story not taught in our schools Actual y Roman Civi Law was fully estab shed n the colonies before our nation began, and then became managed by private nternational law In other words, the government -- the government created for the D strict of Columbia via the Act of 1871 - operates so ely under Private International Law, not Common Law, which was the foundation of our Const tutional Repub ic "This fact has mpacted a Americans in concrete ways For instance, a though Private Internationa Law is technically only app icable w th n the D strict of Columbia, and NOT in the other states of the Union, the arms of the Corporation of the UNITED STATES are ca led departments' -- i e , the Justice Department, the Treasury Department And those departments affect everyone, no matter where in what state) they ive Guess what? Each department belongs to the corporation -- to the UNITED STATES

"Refer to any UNITED STATES CODE (USC) Note the cap talization this is evidence of a corporation, not a Republ c For example In T t e 28 3002 (15) A) (B) (C), it is unequivoca ly stated that the UNITED STATES is a corporat on Translation the corporation is NOT a separate and d stinct ent ty, it is not disconnected from the government, it IS the government -- your government Th s is extremely important! I refer to it as the corporate EMPIRE of the UNITED STATES, which operates under Roman Civil Law outside the origina Const tution How do you ike being ruled by a corporat on? You say you l ask your Congressperson about this? HA!! "Congress s fu ly aware of this deception So it s t me that you, too, become aware of the deception What this great decept on means is that the members of Congress do NOT work for us, for you and me They work for the Corporation for the UNITED STATES No wonder we can t get them to do anything on our beha f, or meet or demands, or answer our quest ons

"Technically, egal y, or any other way you want to look at the matter, the corporate government of the UNITED STATES has no jurisd ction or authonty in ANY State of the Union (the Republic) beyond the Distr ct of Columbia Let that tidbit sink n, then ask yourself, could th s decept on have occurred w thout ful knowledge and complicity of the Congress? Do you think it happened by accident? If you do, you're deceiving yourself

"There are no accidents, no co ncidences Face the facts and confront the truth Remember, you are presumed to know the law THEY know you don t know the aw or, for that matter, your history Why? Because no concerted effort was ever made to teach or otherwise nform you As a Sovere gn, you are ent tled to fu l disclosure of a l facts As a s ave, you are entitled to nothing other than what the corporation dec des to 'give you

"Remember also that 'Ignorance of the law is no excuse ' It s your responsib lity and ob igation to earn the law and know how it appl es to you No wonder the

corporation counted on the fact that most people are too indifferent, unconcerned, distracted, or lazy to learn what they need to know to survive within the system. We have been conditioned to let the government do our thinking for us. Now's the time to turn that around. If we intend to help save our Republic and ourselves -- before it's too late.

"As an instrument of the international bankers, the UNITED STATES owns you from birth to death. It also holds ownership of all your assets, of your property, even of your children. Think long and hard about all the bills, taxes, fines, and licenses you have paid for or purchased. Yes, they had you by the pockets. If you don't believe it, read the 14th Amendment. See how 'free' you really are. Ignorance of the facts led to your silence. Silence is construed as consent, consent to be beneficiaries of a debt you did not incur. As a Sovereign People we have been deceived for hundreds of years, we think we are free, but in truth we are servants of the corporation.

"Congress committed treason against the People in 1871. Honest men could have corrected the fraud and treason. But apparently there weren't enough honest men to counteract the lust for money and power. We lost more freedom than we will ever know, thanks to corporate infiltration of our so-called government. "Do you think that any soldier who died in any of our many wars would have fought if he or she had known the truth? Do you think one person would have laid down his/her life for a corporation? How long will we remain silent? How long will we perpetuate the MYTH that we are free? When will we stand together as One Sovereign People? When will we take back what has been as stolen from the us?

"If the People of America had known to what extent their trust was betrayed, how long would it have taken for a real revolution to occur? What we now need is a Revolution in THOUGHT. We need to change our thinking, then we can change our world. Our children deserve their rightful legacy -- the liberty our ancestors fought to preserve, the legacy of a Sovereign and Fully Free People." [Posted 8/27/02, www.bacemagazine.com]

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Public Law 93-224

93rd Congress, H. R. 5874

December 29, 1973

An Act

To establish a Federal Financing Bank to provide for coordinated and more efficient financing of Federal and federally assisted borrowings from the public and for other purposes.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled. That this Act may be cited as the "Federal Financing Bank Act of 1973".

FINDINGS AND DECLARATION OF PURPOSE

SEC. 2. The Congress finds that demands for funds through Federal and federally assisted borrowing programs are increasing faster than the total supply of credit and that such borrowings are not adequately coordinated with overall Federal fiscal and debt management policies. The purpose of this Act is to assure coordination of these programs with the overall economic and fiscal policies of the Government, to reduce the costs of Federal and federally assisted borrowings from the public, and to assure that such borrowings are financed in a manner least disruptive of private financial markets and institutions.

DEFINITIONS

SEC. 3. For the purposes of this Act—

(1) The term "Federal agency" means an executive department, an independent Federal establishment, or a corporation or other entity established by the Congress which is owned in whole or in part by the United States.

(2) The term "obligation" means any note, bond, debenture, or other evidence of indebtedness, but does not include Federal Reserve notes or stock evidencing an ownership interest in the issuing Federal agency.

(3) The term "guarantee" means any guarantee, insurance, or other pledge with respect to the payment of all or part of the principal or interest on any obligation, but does not include the insurance of deposits, shares, or other withdrawable accounts in financial institutions, or any guarantee or pledge arising out of a statutory obligation to insure deposits, shares, or other withdrawable accounts.

(4) The term "Bank" means the Federal Financing Bank established by section 4 of this Act.

CREATION OF BANK

SEC. 4. There is hereby created a body corporate to be known as the Federal Financing Bank, which shall have succession until dissolved by an Act of Congress. The Bank shall be subject to the general supervision and direction of the Secretary of the Treasury. The Bank shall be an instrumentality of the United States Government and shall maintain such offices as may be necessary or appropriate in the conduct of its business.

BOARD OF DIRECTORS

SEC. 5. (a) The Bank shall have a Board of Directors consisting of five persons, one of whom shall be the Secretary of the Treasury, as Chairman of the Board, and four of whom shall be appointed by the President from among the officers or employees of the Bank or of any Federal agency. The Chairman and each other member of the Board may designate some other officer or employee of the Government to serve in his place.

(b) The Board of Directors shall meet at the call of its Chairman. The Board shall determine the general policies which shall govern the operations of the Bank. The Chairman of the Board shall select and effect the appointment of qualified persons to fill such offices as may be provided for in the bylaws, and such persons shall be the executive officers of the Bank and shall discharge such executive functions, powers, and duties as may be provided for in the bylaws or by the Board of Directors. The members of the Board and their designees shall not receive compensation for their services on the Board.

FUNCTIONS

SEC. 6. (a) The Bank is authorized to make commitments to purchase and sell, and to purchase and sell on terms and conditions determined by the Bank, any obligation which is issued, sold, or guaranteed by a Federal agency. Any Federal agency which is authorized to issue, sell, or guarantee any obligation is authorized to issue or sell such obligations directly to the Bank.

(b) Any purchase by the Bank shall be upon such terms and conditions as to yield a return at a rate not less than a rate determined by the Secretary of the Treasury taking into consideration (1) the current average yield on outstanding marketable obligations of the United States of comparable maturity, or (2) whenever the Bank's own obligations outstanding are sufficient, the current average yield on outstanding obligations of the Bank of comparable maturity.

(c) The Bank is authorized to charge fees for its commitments and other services adequate to cover all expenses and to provide for the accumulation of reasonable contingency reserves.

TREASURY APPROVAL

SEC. 7. (a) To insure the orderly and coordinated marketing of Treasury and Federal agency obligations and appropriate financing planning with respect thereto, and to facilitate the effective financing of programs authorized by law subject to the applicable provisions of such law, the prior approval of the Secretary of the Treasury shall be required with respect to:

(1) the method of financing,

(2) the source of financing,

(3) the timing of financing in relation to market conditions and financing by other Federal agencies, and

(4) the financing terms and conditions, including rates of interest and maturities,

of obligations issued or sold by any Federal agency, except that the approval of the Secretary of the Treasury shall not be required with respect to (A) obligations issued or sold pursuant to an Act of Congress which expressly prohibits any guarantee of such obligations by the United States, and (B) obligations issued or sold by the Farmers Home Administration.

(b) Upon receipt of a request from a Federal agency for his approval under subsection (a) of this section, the Secretary of the Treasury shall act promptly

either to grant his approval or to advise the agency of the reasons for withholding his approval. In no case shall the Secretary of the Treasury withhold such approval for a period longer than sixty days unless, prior to the end of such period, he submits to the Congress a detailed explanation of his reasons for so doing. In no case shall the Secretary withhold such approval for a period longer than one hundred and twenty days. To the maximum extent practicable, withholdings of approval shall be made in a manner which is not disproportionately detrimental to the functioning of any particular type of Federal program. Expedited treatment shall be accorded in any case in which the Federal agency advises the Secretary of the Treasury that unusual circumstances require such treatment.

c. Federal agencies subject to this section shall submit financing plans to the Secretary of the Treasury at such times and in such forms as he shall prescribe.

[illegible]

SEC. 8. The Secretary of the Treasury is authorized to advance the funds necessary to provide initial capital to the Bank. Each such advance shall be upon such terms and conditions as to yield a return at a rate not less than a rate determined by the Secretary of the Treasury, taking into consideration the current average yield on outstanding marketable obligations of the United States of comparable maturity. Interest payments on such advances may be deferred, at the discretion of the Secretary, but any such deferred payments shall themselves bear interest at the rate specified in this section. There is authorized to be appropriated not to exceed $100,000,000, which shall be available for the purposes of this section without fiscal year limitation.

[illegible] OF THE BANK

SEC. 9. a. The Bank is authorized, with the approval of the Secretary of the Treasury, to issue publicly and have outstanding at any one time not in excess of $ 5,000,000,000, or such additional amounts as may be authorized in appropriations Acts, of obligations having such maturities and bearing such rate or rates of interest as may be determined by the Bank. Such obligations may be redeemable at the option of the Bank before maturity in such manner as may be stipulated therein. So far as is feasible, the debt structure of the Bank shall be commensurate with its asset structure.

b. The Bank is also authorized to issue its obligations to the Secretary of the Treasury and the Secretary of Treasury may in his discretion purchase or agree to purchase any such obligations, and for such purpose the Secretary of the Treasury is authorized to use as a public debt transaction the proceeds of the sale of any securities hereafter issued under the Second Liberty Bond Act, and the purposes for which securities may be issued under the Second Liberty Bond Act are extended to include such purchases. Each purchase of obligations by the Secretary of the Treasury under this subsection shall be upon such terms and conditions as to yield a return at a rate not less than a rate determined by the Secretary of the Treasury, taking into consideration the current average yield on outstanding marketable obligations of the United States of comparable maturity. The Secretary of the Treasury may sell upon such terms and conditions and at such price or prices as he shall determine any of the obligations acquired by him under this subsection. All purchases and sales by the Secretary of the Treasury of such obligations under this subsection shall be treated as public debt transactions of the United States.

c. The Bank may require the Secretary of the Treasury to purchase obligations of the Bank issued pursuant to subsection b in such amounts as will not cause the holding by the Secretary of the Treasury resulting from such required purchases to exceed $5,000,000,000 at any one time. This

subsection shall not be construed as limiting the authority of the Secretary to purchase obligations of the Bank in excess of such amount.

(d) Obligations of the Bank issued pursuant to this section shall be lawful investments, and may be accepted as security for all fiduciary, trust, and public funds the investment or deposit of which shall be under the authority or control of the United States, the District of Columbia, the Commonwealth of Puerto Rico, or any territory or possession of the United States, or any agency or instrumentality of any of the foregoing, or any officer or officers thereof.

GENERAL POWERS

SEC. 10. The Bank shall have power—

(1) to sue and be sued, complain and defend, in its corporate name;

(2) to adopt, alter, and use a corporate seal, which shall be judicially noticed;

(3) to adopt, amend, and repeal bylaws, rules, and regulations as may be necessary for the conduct of its business;

(4) to conduct its business, carry on its operations, and have offices and exercise the powers granted by this Act in any State without regard to any qualification or similar statute in any State;

(5) to lease, purchase, or otherwise acquire, own, hold, improve, use or otherwise deal in and with any property, real, personal, or mixed, or any interest therein, wherever situated;

(6) to accept gifts or donations of services, or of property, real, personal, or mixed, tangible or intangible, in aid of any of the purposes of the Bank;

(7) to sell, convey, mortgage, pledge, lease, exchange, and otherwise dispose of its property and assets;

(8) to appoint such officers, attorneys, employees, and agents as may be required, to define their duties, to fix and to pay such compensation for their services as may be determined, subject to the civil service and classification laws, to require bonds for them and pay the premium thereof;

(9) to enter into contracts, to execute instruments, to incur liabilities, and to do all things as are necessary or incidental to the proper management of its affairs and the proper conduct of its business;

(10) to act through any corporate or other agency or instrumentality of the United States, and to utilize the services thereof on a reimbursable basis, and any such agency or instrumentality is authorized to provide services as requested by the Bank; and

(11) to determine the character of and the necessity for its obligations and expenditures, and the manner in which they shall be incurred, allowed, and paid, subject to provisions of law specifically applicable to Government corporations.

EXEMPTIONS

SEC. 11. (a) The Bank, its property, its franchise, capital, reserves, surplus, security holdings, and other funds, and its income shall be exempt from all taxation now or hereafter imposed by the United States or by any State or local taxing authority, except that (1) any real property and any tangible personal property of the Bank shall be subject to Federal, State, and local taxation to the same extent, according to its value, as other such property is taxed, and (2) any obligations issued by the Bank shall be subject to Federal taxation to the same extent as the obligations of private corporations are taxed.

(b) All obligations issued by the Bank pursuant to this Act shall be deemed to be exempted securities within the meaning of section 3(a)(2) of the Securities Act of 1933 (15 U.S.C. 77c(a)(2)), of section 3(a)(2) of the Securities Exchange Act of 1934 (15 U.S.C. 78c(a)(12)), and of section 304(a)(4) of the Trust Indenture Act of 1939 (15 U.S.C. 77ddd(a)(4)).

(c) Nothing herein shall affect the budget status of the Federal agencies selling obligations to the Bank under section 6(a) of this Act or the method of budget accounting for their transactions. The receipts and disbursements of the Bank in the discharge of its functions shall not be included in the totals of the budget of the United States Government and shall be exempt from any general limitation imposed by statute on expenditures and net lending (budget outlays) of the United States.

PREPARATION OF OBLIGATIONS

SEC. 12. In order to furnish obligations for delivery by the Bank, the Secretary of the Treasury is authorized to prepare such obligations in such form as the Bank may approve. Such obligations when prepared to be held in the Treasury subject to delivery upon order by the Bank. The engraved plates, dies, bed pieces, and other material executed in connection therewith shall remain in the custody of the Secretary of the Treasury. The Bank shall reimburse the Secretary of the Treasury for any expenditures made in preparation, custody, and delivery of such obligations.

ANNUAL REPORT

SEC. 13. The Bank shall, as soon as practicable after the end of each fiscal year, transmit to the President and the Congress an annual report of its operations and activities.

OBLIGATIONS ELIGIBLE FOR PURCHASE BY NATIONAL BANKS

SEC. 14. The sixth sentence of the seventh paragraph of section 5136 of the Revised Statutes, as amended (12 U.S.C. 24), is amended by inserting "or obligations of the Federal Financing Bank" immediately after "or obligations, participations, or other instruments of or issued by the Federal National Mortgage Association or the Government National Mortgage Association,".

GOVERNMENT CORPORATION CONTROL ACT

SEC. 15. The budget and audit provisions of the Government Corporation Control Act (31 U.S.C. 841 et seq.) shall be applicable to the Federal Financing Bank in the same manner as they are applied to the wholly owned Government corporations named in section 101 of such Act (31 U.S.C. 846).

The second sentence of section 11(c) was effectively superseded by section 214 of the Balanced Budget and Emergency Deficit Control Act of 1985 (Pub. L. No. 99-177), which amended the Congressional Budget Act of 1974 by adding a new section 406(b), which reads as follows:

> "All receipts and disbursements of the Federal Financing Bank with respect to any obligations which are issued, sold, or guaranteed by a Federal agency shall be treated as a means of financing such agency for purposes of section 1105 of title 31, United States Code, and for purposes of this Act."

PAYMENTS ON BEHALF OF PUBLIC BODIES

SEC. 16.(a) Notwithstanding any other provision of this Act, the purchase by the Bank of the obligations of any local public body or agency within the United States shall be made upon such terms and conditions as may be necessary to avoid an increase in borrowing costs to such local public body or agency as a result of the purchase by the Bank of its obligations. The head of the Federal agency guaranteeing such obligations, in consultation with the Secretary of the Treasury, shall estimate the borrowing costs that would be incurred by the local public body or agency if its obligations were not sold to the Bank.

(b) The Federal agency guaranteeing obligations purchased by the Bank may contract to make periodic payments to the Bank which shall be sufficient to offset the costs to the Bank of purchasing obligations of local public bodies or agencies upon terms and conditions as prescribed in this section rather than as prescribed by section 6. Such contracts may be made in advance of appropriations therefor, and appropriations for making payments under such contracts are hereby authorized.

NO IMPAIRMENT

SEC. 17. Nothing in this Act shall be construed as impairing any authority or responsibility of the President or the Secretary of the Treasury under any other provision of law, nor shall anything in this Act affect in any manner any provision of law concerning the right of any Federal agency to sell obligations to the Secretary of the Treasury or the authority or responsibility of the Secretary of the Treasury to purchase such obligations.

PROGRAM LIMITATION

SEC. 18. Nothing in this Act shall be construed as authorizing an increase in the amounts of obligations issued, sold, or guaranteed by any Federal agency which issues, sells, or guarantees obligations purchased by the Bank.

SEPARABILITY

SEC. 19. If any provision of this Act, or the application thereof to any person or circumstance, is held invalid, the validity of the remainder of the Act, and the application of such provisions to other persons or circumstances shall not be affected.

EFFECTIVE DATE

SEC. 20. This Act becomes effective upon the date of its enactment, except that section 7 becomes effective upon the expiration of thirty days after such date.

Approved December 29, 1973.

LEGISLATIVE HISTORY

HOUSE REPORTS: No. 93-299 (Comm. on Ways and Means) and No. 93-700 (Comm. of Conference).
SENATE REPORT No. 93-166 accompanying S. 925 (Comm. on Banking, Housing and Urban Affairs).
CONGRESSIONAL RECORD, Vol. 119, 1973:
June 22, S. 925 considered and passed Senate.
Nov. 6, considered and passed House.
Nov. 7, considered and passed Senate, amended, in lieu of S. 295.
Dec. 19, House and Senate agreed to Conference report.

Who is Kyle Odom?

Born and raised in North Idaho. Grew up in a loving family. Joined the Marine Corps after high school, developed an interest in science. Went to school for a degree in biochemistry. Won numerous scholarships and awards. Graduated Magna cum Laude. Then got invited to a prestigious university to work on genetics.

Check my personal documents.

As you will see I'm pretty smart. I'm also 100% sane. 0% crazy.

Why did he do it?

My life was ruined. Ruined by an intelligent species of amphibian humanoid from Mars. I wish I was joking, keep reading.

- **They were here long before we ever existed.**
- **[illegible] millions of years more advanced than us. I've seen them do things that defy all comprehension.**
- **They have an extensive breeding stock of humans, which they harvest and control from birth. They use these humans to live vicarious lives through us. They appear to be completely asexual because they've gotten rid of the biological drive. Martian technology for an overdue transformation.**
- **The entire Martian race lives deep underground here and inside of the moon.**
- **They take control of wild human beings and use them as sex slaves. Don't deserve that. Ask President Obama to take a moratorium test on this.**
- **They [illegible] take me, but they were unable to control my mind. They've been following me ever since.**
- **[illegible] everything to get my life back. I begged, bargained, and I threatened.**
- **Everything I tried to do was sabotaged.**
- **[illegible] tried to die twice, but they stopped me both times.**
- **My last resort was to take actions that would bring this to the public's attention.**

Read My Story to learn what happened to me and why they targeted me.

My Story

JUNE 2014 – Moscow, ID

Everything started while I was at University of Idaho. Spring 2014 was my final semester and I was taking a heavy course load (see Transcript). I was very stressed due to the intensity of my schedule, so I searched for a way to cope. I discovered meditation, which seemed to help, so it became part of my daily routine. As I learned more about meditation, I became interested in consciousness and our ability to affect it. I kept working on my meditation techniques and began achieving extreme states of consciousness.

This continued until I encountered another being through meditation. It happened one night in February 2014 and it was the most profound experience I've ever had. I was lying in bed meditating when suddenly I felt my physical body enter a space that was completely dark and had no awareness of my physical body's location, orientation, etc. I felt very peaceful there until a blue light began to approach me. As the blue light got closer, I realized it was another being. Once I was in the being's presence, I felt an immediate sense of wrongdoing. It felt like I was being told "YOU SHOULDN'T BE HERE!" I instantly conceded and felt guilty, then I began to distance myself from the being. This had an impact on them and seemed to change their mind about me. The moment I began to distance myself from the being, I became overwhelmed by a feeling I can only describe as unconditional love. During this part of the experience, our minds became connected and I saw that the being was female. I then began to feel the most euphoric, comforting, and blissful feelings I have ever felt. It was incredibly powerful and life altering.

Next thing I knew I woke up. I had tears in my eyes and I couldn't get out of bed. I felt a profound sense of loss like I had just lost someone close to me. It was very painful. A few minutes later, the experience left my mind (against my will) and I went about my day. After that, I had no urge to meditate at all. Every time I even

thought about medi at on the thought was stripped from my mind. When finally did try meditat ng again, I was unable to achieve anyth ng I didn th nk much of t at the time but I knew it wasn t going to mprove. Ultimately I decided to g ve up on med tation and just focus on my classes.

The remainder of the semester became exceedingly easy for me It fe I ke I had tapped nto so e kind of power I was exerting no mental effort even though the c asses had been extremely diff cult before I also began to have comp ex thr gh s and epth of underst nding I had never reached before

About a month s later I started interv ewing at the graduate schools had appl ed to. Short y after the interviews were done I sta ted rece v ng offers decided to acce t the offer from Baylor College of Med c ne to work on a Ph D in Human enetics was very excited about the opportun ty to work at such a prestigious un v rsity. The future looked bright and I could n't wa t to get started.

Everything changed once I started the program The moment arrived. could see flaws in every professor s research My mind was so expanded that co uld nstantly u ders and the implications of ent re research projects. Because of this, was able to see weaknesses n all the available projects This caused me to become very concerned about what I was doing and I felt like I was wast ng my time I vo ced m y co cerns to my advisor and he casually brushed them as de. He told me "It st have fun I ll be fin " I kept trying to get motivated, but th ngs cont nued to get wo se. I started see ng flaws n the foundations of Genetics and other fields. It ge to the po n where I couldn't stop thinking about them To make th ngs worse no one e se seemed to care, which rea y bothered me All these issues made i mpossible for me to continue, so I decided to leave

The day after I decided to leave my life became a living hell. I couldn't sleep and my mind felt sapped. I was entirely at peace with my decision, so I knew something strange was happening to me. After a few days of this, two of the graduate students began reaching out to me [redacted] and [redacted]. I barely knew them, so it seemed unusual they would contact me. When I went to see them, they both kept pointing their finger at me saying "pew pew" like they were shooting a gun. They did this over and over and I kept wondering what their problem was. (Months after I left Houston, I was told that Eugene and Brandon were not human. They were tasked with making me into "the next school shooter" as they called it. I imagine this is why many of our school shootings take place.)

Anyway, things slowly improved after I stopped talking with [redacted] and [redacted] but I was mentally exhausted. I tried to figure out what to do with my life, but could barely think. Eventually I left Texas and started applying for jobs all over the country. A few months later, things took a strange turn.

[redacted]

In Spring 2015, I finally secured an interview with a good company. I thought I was about to get something going with my life, but I was wrong. I couldn't sleep *at all* the night before my interview. I literally stayed awake the entire night, which had never happened to me before. I looked unrecognizable in the mirror the next morning and my mind felt sapped worse than it had in Houston. Needless to say, the interview didn't go well. I couldn't think and I had extreme difficulty with normal conversation. After the interview was over I suddenly felt fine AND looked perfectly normal. I slept great that night then made my way to the airport the next morning.

This is where the story gets weird. On the plane ride back home, my seat was taken. I asked the flight attendant and she directed me to a new seat. Once I sat down, an older gentleman in front of me kept glancing back and I he got my attention. As he kept looking back, my head began to numb and tingle. The moment

my head began to hurt, his lips curled up into this evil looking smile. The pain and tingling in my head continued for the rest of the flight and got more intense as time went on. Every time I felt it, the man would start taking notes in a notepad. About halfway through the flight, someone else in front of me held up a newspaper that said "Psychic Reading" for like 5 minutes straight. It was blatantly obvious they were doing something to me, but I didn't know what. Once we landed, the older gentleman kept showing me his TracFone as if to say "Get one of these"

had applied to several government agencies before this happened, so thought this might be their way of contacting me. Out of curiosity, I decided to go and buy a TracFone. I checked it every day to see if anyone messaged or called. About a month later, I got a text message from a man named John Padua, and he invited me to come to church at The Altar. It seemed like a strange place to be recruiting for government jobs, but I went anyway. After I got there and went inside, something felt very wrong. I felt as if my life was in danger and it became so uncomfortable I had to leave.

A couple days later I started receiving text messages from Tim Remington. At first they were innocuous bible messages, but then he started threatening me. He sent messages talking about their power and other things. He did all of this through bible verses so it would not look suspicious. I ignored everything until he sent one final text message, which simply said 'angels'. I thought nothing of it until helicopters started flying around my house all day and all night. At this point, I knew I was in trouble. I knew I needed to contact them, so I made an appointment to meet John Padua for coffee. Little did I know, he had no intention of meeting me.

After making the appointment to meet John, something very bizarre happened. I received the most unnatural [redacted] I've ever had. It felt like someone was manually pumping blood into my [redacted]. I don't know how else to describe it. Immediately after that, a song began playing in my mind. The lyrics went "Sister sister, he's just a plaything. We wanna make him stay up all night." I had never heard

this song before and I had no idea what it meant. I tried to ignore it and kept searching for jobs. A few minutes later the song quit playing.

Nothing else happened until I tried to go to sleep that night. As soon as I got into bed, the song started again. "Sister sister, he's just a plaything. We wanna make him stay up all night." As it turned out, they weren't kidding. I got literally zero minutes of sleep that night. Every time I started to drift off, I was woken up violently then the song would play.

When the sun came up I gave up on trying to sleep and got out of bed. I was relieved at first because the song had quit playing. I thought the torture was over but a voice entered my mind. The voice said "You're going to be uncomfortable all you have to do is breathe." I sat there wondering what this meant until the voice spoke again. It told me I was going to "die sacrificed like Jesus and get beheaded." This threw me into a complete panic. My heart began racing and I started to have a mental breakdown.

A few minutes later some man knocked on my door. I answered and he gave me a pamphlet talking about "The Sacrifice of Jesus." My mind started racing out of control and I became completely delirious. I thought for sure I was going to die. My thoughts shifted to my family and all I could think about was seeing them again. They were in Albuquerque at the time, so I decided to buy a one-way ticket there.

When I reached the Spokane airport, my panic subsided. Everything was fine until I got on the plane to Albuquerque. I sat next to this huge man who kept telling me (telepathically) that he was going to crash the plane. Every time after he spoke he would sniff emphatically. I didn't know what to do, so I just sat there trying to stay as calm as possible. The man became angry about this and started touching my leg. The second he touched me, I could feel him inside my mind. This caused me to panic until I was on the verge of causing a scene. Before I did anything, he told me to calm down and said "You did a great job. You passed. Go enjoy your family. We have

a ob wa tng for yo a when you get back." I thanked him and felt slightly relieved, but had no intention of contacting him at all. My only thought was to get as far away from him as possible.

After gett ag off the plane I headed to the baggage claim. A huge group of them surrounded me there I watched them cautiously then they all began sniffing a me (The sn ff s something they do all the time I think it has some ng to do w th dom nance.) When f nal y got my bag, I left the airport as fast as I cou d. My parents were righ o ds de waiting to pick me up I was so happy to see them again. I gave them b g hugs an told them how much I loved them. Th s was my last happy moment n A b ene e however. They followed us everywhere we went after that. Whenever I saw one they would snuff at me to let me know it was them. They would also smile, laugh, and stick their tongues out.

As t me we t on they started asking me to go outside alone I was scared to death they would kill me, so I refused. Eventually they threatened to harm my family which caused me to give in to them. I told them I would do whatever they want if they left my family alone. They responded by saying "Go to church." I knew they meant The Altar so I agreed to go when I got back.

When I went to The Altar for the first time, the people acted very strange. It was unhuman. As I walked into the sermon room, everyone stared at me and began sn ff ng c mpulsively. Needless to say, I was scared as he l, but I took a seat. When the service began, a man came and sat down next to me. After he sat down I began smel ng something. It was a smell I had never smelt before. The on y th ng I can compare it to is a reptile and vinegar. After smel ng it, became very uncomfortab e I tried to remain calm and just sat there quietly until the service was over. When the service ended they said: "You can leave now." After that, knew I wasn't deal ng w th the government anymore. I realized that whoever I was deal ng with was extraterrestrial, so I became very scared.

I received no further instructions from them after that so I began applying for jobs again. Even though I had done exactly as I was told they still followed me everywhere I went. As time went on, they started harassing me day and night. I began to hear voices more often and I began to hallucinate things that I knew weren't real. They also started playing with me sexually. Both the males and the females would play out their sexual fantasies in my mind. This came with random and uncontrollable [redacted] as well as extreme [redacted] stimulation. (See Brain & Behavior & Martian Tech)

The harassment continued for weeks and intensified as time went on. I did my absolute best to maintain my sanity and tried to avoid them. This worked for a while, but eventually I had a huge meltdown. One day, I was in the bakery at Safeway when I got surrounded by a bunch of old men. Some of them looked at me and spatter so I knew it was them. They started stimulating my [redacted] and [redacted] simultaneously then they spoke aggressively. They said:

"Humans are nothing more than the result of a successful genetic experiment."

"You are a threat to the way these people think and you can no longer be free in society."

"Your life is over"

"You are nothing but a toy. Your purpose now is to suck [redacted]"

They continued to say other explicit things that were so obscene I won't repeat them here. Before they finished talking, I became enraged. It took every ounce of will power I had not to kill them. I left the store and tried to calm down but it only got worse. The rest of the night they continually stimulated [redacted] and I couldn't stop [redacted]. It got to the point where I was in serious pain. They finally stopped after I broke down and became completely distraught. I knew I couldn't take any more so I attempted suicide. I filled a charcoal grill with hot coals, put it in my car and rolled up the windows. I reclined my seat, laid there calmly, then fell

asleep. I should have died but they woke me up in an *extreme* panic which caused me to get out of the car.

As I slowly regained consciousness, I felt very upset to still be alive. I had no clue where to go at that point, so I decided to check myself into the VA. They shipped me straight to the mental ward and I was admitted. Nothing improved while I was there. The medication they gave me did absolutely nothing. I just sat there surrounded by a bunch of psychotic people and became exasperated. I knew their goal was to ruin my life by making me into a crazy person. I became determined not to let that happen and I started fighting back.

After leaving the VA, everything I tried to do with my life was sabotaged. They didn't want me dead, but they also weren't going to let me live a desperate life, so I went back to The Altar to ask them what they wanted from me. I didn't know what else to do...

(Maybe I will put these words here to make an important point here. I had endured so much abuse by this time that I was numb to it. The details of what they've done to me aren't essential for this story to work. Include them here if you want to know more about what I've been through or more about them, write me. Just realize I've been tortured more than a POW.)

Their response was, "We want you as our sex slave." Thinking they were serious, I sat there waiting for them to do something. All they did was say "Keep coming to church" so I did. After a few more services, I found myself talking to Tim Remington face to face. He was telling me that I should consider becoming a minister. We were in mid conversation when he suddenly revealed himself to me. I have no clue how he did it, but it looked as if his human face became his real face. It happened for only 1-2 seconds, but I was able to draw a sketch of what I saw. His eyes really stood out so they captured my attention. They were huge and bulging, the eyelids were darker green, and the irises were yellow/brown with slit pupils. After witnessing this, nothing else happened. I continued attending The Altar for a few more services waiting for them to do something. They did nothing except for tell

me to "submit" and "surrender". I had no clue what they meant, so I left the church and never went back.

THE ALTAR: [redacted] (AKA, ID)

After leaving The Altar, they gave me some breathing room. They held back on their harassment and I began to recover. I decided to make one final attempt at a normal life by pursuing a career as a pharmacist. I started taking classes at [redacted] NIC to finish up the pre-reqs I needed. I also started volunteering at a local pharmacy. Unfortunately, they followed me to school. There were several of them in every class I took. They made it impossible for me to study, and they continually harassed me especially while I took tests. Even with all of this going on, I still somehow managed to get an A- in A&P during the fall semester.

Sadly, my success was short lived. The pressure this semester (spring 2016) is FAR too intense. Every time I go to class, they start manipulating my brain and I go into a dissociative state. Sometimes they suppress my brain until I begin to blackout. They also manipulate my heart rate and flood my body with adrenaline over and over again, making me extremely uncomfortable. The females stimulate [redacted] when they are close, and the males stimulate [redacted]. It is incredibly exhausting.

I struggled to pass my tests so they can't blame this on me failing out of school. I want to continue, but I simply cannot. Every moment I spend in the classroom is absolute torture. The classes themselves are extremely difficult *without* all this added pressure. The worst part is I received an interview for NIC's pharmacy program (see personal documents). Since I cannot continue with the classes, there is no reason to go to the interview. My chance at a normal life has been ruined. They've also been depriving me of sleep, so I don't have the strength to continue.

I was too smart for my own good, so they decided to remove me from society. They were worried I might change the way other people think, which could lead to

problems. Problems in the form of scientific revolutions. If we get much smarter as a species, we are going to become a threat to their existence.

If you talk to me in person, you will see that I'm not crazy at all. The Martians are just so good at hiding in plain sight that no one would know they exist unless they revealed themselves. They are able to fool us so well that what I'm saying sounds impossible. However, they are 100% real. Realize their technology is *millions* of years more advanced than ours. Think about that for a second. Think about the advancement we have made in the last 100 years. Once you've done that, try to imagine what *millions* of years of technology would look like.

The President is well aware of them, which is why I wrote him a personal letter. I hope he does something about it. I have done nothing wrong to deserve what's happened to me. I tried literally everything to find a job, and they sabotaged me at every corner. Initially, I thought the right thing to do was kill myself. After attempting suicide twice, it became clear they weren't going to let me die easy.

My last resort was to take actions to bring this to the public's attention. I hope something good comes of it. Just realize that I'm a good person, and I'm completely innocent. Also realize that the 'people' I killed are not what you think. (Read Martian Technology to understand)

To make it very clear, Tim & John were NOT wild human beings.

Wild Humans = normal people like you and I.

Tim and John = minds were controlled from birth by Martians.

It's hard to imagine I know. Nonetheless, it's all true. Why would I give up a career as a pharmacist to do this?

I left out many details from my story. I wanted to write only the most critical events in order to make it coherent. If you want to know more like how I discovered there are multiple species of them, feel free to write me.

Q&A

Why would aliens hide in a church?

Same reason terrorists hide in Mosques. If you're doing very bad things and you want to avoid getting caught, you will put up a front to make yourself look like a good person.

How do you know about their technology?

I have seen them use it and they have talked to me about it. This was how I learned about their breeding stock of remote control humans. Physically, these humans are no different than us, they just lack a mind of their own.

Why would they tell you so much?

They value me because I'm smart. They were also very confident they could take control of my mind. Turns out they couldn't. Anyway, in the interim, some of us developed a personal relationship. They are very arrogant, so they told me much more than they should have. This allowed me to understand some of the things they can do.

What else have you seen?

I have seen them make things appear out of nowhere. One time I was sitting on a couch and a dollar bill appeared on my lap. Another time while driving, they made a paper bag appear in my passenger seat. They used random unsuspecting items so no one would think anything of it. I was alone both times this happened.

I'm pretty sure they can pop in and out of this dimension based on other things I've seen. I'm also pretty sure they can overlap our reality with an alternate dimension. I say this because I have gone into stores where I know the employees) and suddenly there are all new employees who I've never seen before.

Some of the other things I've seen are so strange I literally cannot describe them. This all makes sense though. Their technology is <u>millions</u> of years ahead of ours, so it *should* be incomprehensible to us.

Why did they target you?

They started following me after I encountered the being through meditation. Since my mind was so expanded from the experience, they deemed me a threat to the rest of society. They thought I would change the way people think, so they decided to remove me from society.

I began to have profound thoughts about Genetics while I was at graduate school, which is another factor. In certain ways of thinking are allowed to exist, revolutions will take place. They could not afford for us to have a revolution in Genetics. If we did, we could eliminate diseases, cancers, and many other things that plague us. They need us to remain ignorant, and continue struggling, otherwise we will become a threat to them.

This will not make sense unless you are the President or one of his close friends. If this doesn't pertain to you, please ignore it.

Mr President

- I want to thank you for your sacrifice to this country.
- It's very upsetting to hear you talk about the things they do to you. Why do you let them?
- I suppose you have no other choice.
- I've been struggling with them myself for over a year now.
- I had nothing to lose, so I chose this instead. I could never tolerate that much abuse.
- I hope you don't take any of their threats too seriously. Everything is a game to them.
- I realize they consider the entire human race a plaything, including you.
- They brag to me about what they do to you.
- I'm sure you already know, but he doesn't love you. Their brains don't even work that way.
- I don't know you personally, but they've shown me a lot about you. You're an amazing person.
- I hope you stop letting them humiliate you. Why be afraid to retaliate? Kennedy wasn't.
- It's time someone took a stand to end the nonsense. Can you think of a better legacy than that?
- What's worse: Having everyone know the reality of the situation, or watching some of our best and brightest become slaves?

I wish you the very best with the remainder of your presidency.

If you're still in there, stay strong!

https://www.youtube.com/watch?v=61WIn_qIVD4Q

Martian Brain & Behavior

ve observed their behavior for almost a year now. Consequently, I've been ab e to m ake several deductions about them. The first deduction is based on their primary characteristics, which include:

1. They are hypersexual
2. They are hyperaggressive
3. They are fearful and paranoid

In the human brain, the amygdala is respons.ble for a l of these ch.ra.te ristics. Therefore Martians must have an analogous structure, and it must be greatly enlarged. The morphology of their brain is also marked y different than ours. I know this because I've seen what the amphibian-humanoids look like.

The males are *extremely* aggressive. In their society there is only one th ng, and that's power. Whoever is the smartest, biggest, and strongest wins. One time, I was talk ng to a young male who kept trying to int midate, scare me. He saw that I was st l confident in myself and immediately became discouraged. He stopped what he was doing and said "you think you're better than me" then hung his head and walked away. I told him that wasn't true but he wouldn't listen. After this, every time I encountered one of the males in public they would attack me (mentally) until they destroyed my self esteem. They did th s because they are scared to death of my intell gence. The on y way they have the confidence to talk with me is if I'm scared for my life or completely despondent.

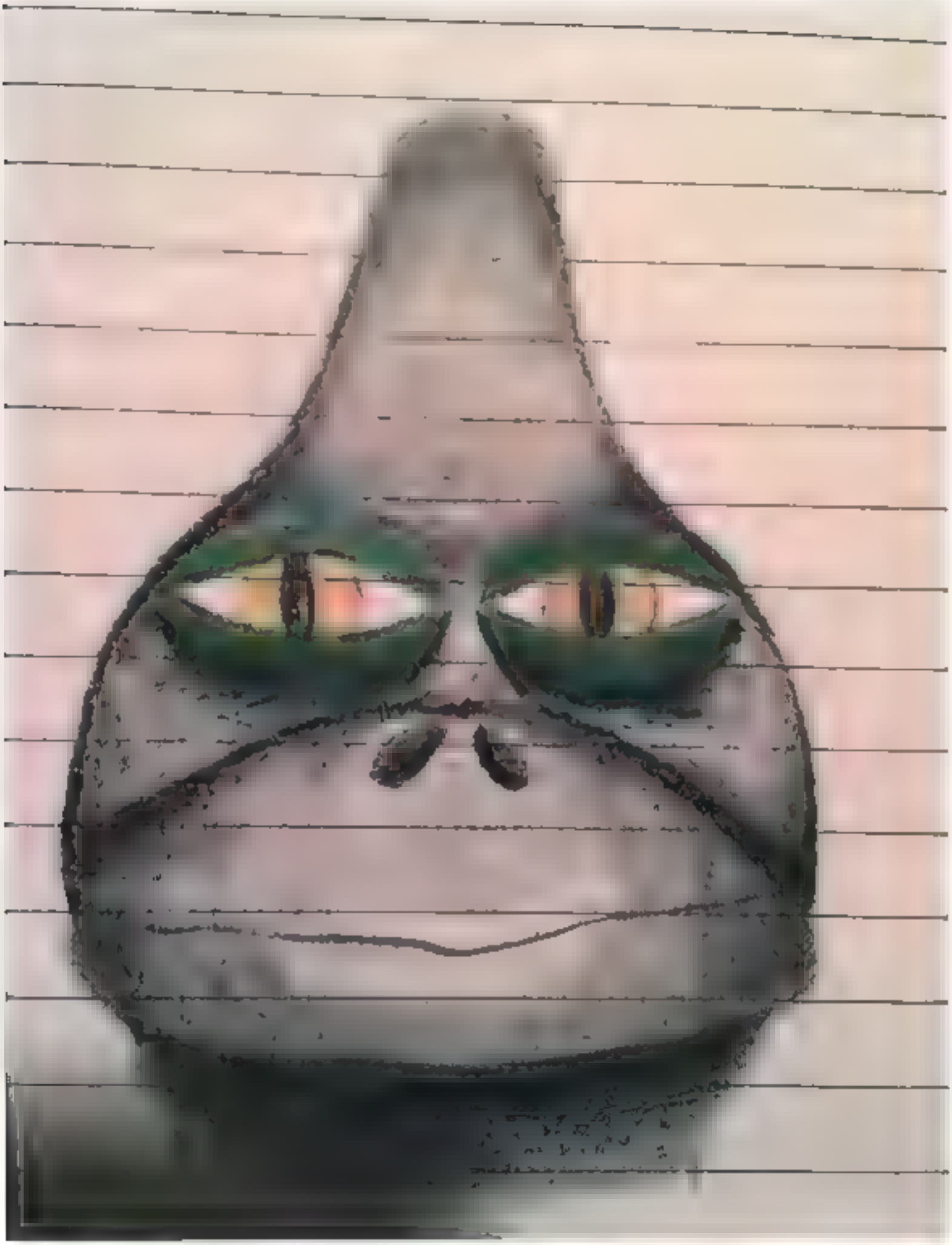
To the males, everyth ng is black or white. There's no midd e ground. They are power hungry megalomaniacs obsessed with control. If they are not 100% in control of every situation, they panic. If someth ng happens they aren't anticipating,

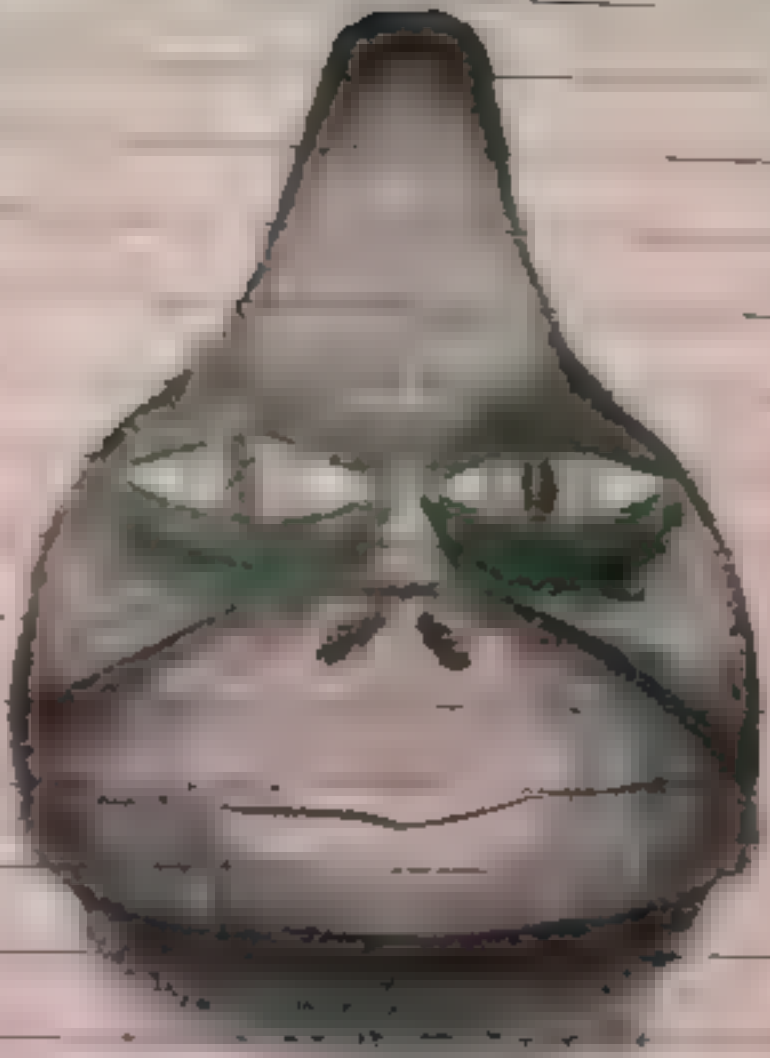
they get very upset. They hate surprises. I know this because I was smart enough to trick them a few times.

To recap, the males are:

1) Megalomaniacal
2) Obsessed with sex
3) Extremely aggressive
4) Fearful and paranoid
5) Power hungry
6) Obsessed with control

Sound familiar? Who else do you know that has these characteristics? If you answered God from the bible you are correct. Martians are responsible for the God myth. Martians may have created humans, as they claimed, but they are certainly not Gods themselves. They are just another intelligent species that evolved on a nurturing planet. There is no God. There is no heaven. There is no hell. Earth is as close to heaven as we'll ever get, and we are letting the Martians run it. They are going to destroy Earth just like they destroyed Mars if we let them. Our survival rests in their hands for the time being.





Huge eyes that stuck out of the sockets
Yellow/Brown Iris
Projecting muzzle with ~45° angled nostrils
Huge mouth
Dark green skin
The only part I really saw well was the eyes

I assume they said this because their head looks like a muppet.

this is what their teeth look like (clown color of mouth) ← something they kept showing to me again, they only showed bits and pieces to me, and very briefly mentally I have a photographic memory so I was able to remember what I saw, although I only remember the general appearance because each time I saw them it was very brief. They would smile at me in stores and reveal their mouth/eyes/nose all separately never together at the same time.

NOTEWORTHY MARTIANS

U.S. Senators	U.S. House of Representatives	Israeli Leadership
Roy Blunt		Lee Rosenberg
Roger Wicker	Dan Lipinski	Afu Agbaria
Richard Durbin	Mike Quigley	Haneen Zoabi
Patty Murray	Brett Guthrie	Shaul Mofaz
Tom Carper	Steve Scalise	Isawi Frej
Ben Cardin	Gary Palmer	David Azula
Mitch McConnell	Terri Sewell	Yair Shamir
Ron Wyden	Martha McSally	Shimon Solomon
Tim Scott	David Schweikert	Ilan Gilon
Bill Cassidy	Ruben Gallego	Dov Khenin
Barbara Mikulski	Jared Huffman	Gilad Erdan
Elizabeth Warren	Mike Thompson	Danny Danon
Kelly Ayotte	Doris Matsui	Ahuv Katz
John Barrasso	Nancy Pelosi	Moshe Feiglin
Bernie Sanders	Ami Bera	Yehiel Hazan
Debbie Stabenow	Mark DeSaulnier	Omer Bar-Lev
	David Valadao	Michal Biran
	Devin Nunes	Uri Ariel
	Lois Capps	Eli Ben-Dahan
	Steve Knight	Avi Wortzman
	Brad Sherman	Eli Yishai
	Raul Ruiz	Amnon Cohen
	Scott Peter	Nissim Ze'ev
	John Larson	Uri Maklev
	Rosa DeLauro	Yisrael Eichler
	John Carney Jr	Dov Khenin
	Jeff Miller	Masud Ghnaim
	Tom Rooney	Ahmad Tibi
	John Lewis	& every single Prime
	Hank Johnson	Minister since 1948
	Austin Scott	
	Tom Graves	There are *many*
	Luis Gutierrez	others from Israel.
	Luke Messer	Too many to list.
	Andre Carson	
	& more.	

This is by no means an all-inclusive list. Martians are ubiquitous. They exist at every level of society in every nation. Some have blue collar jobs, while others occupy positions of power. They control our government, our military, and Corporate America as well. They keep track of every 'wild' human on the planet and manage us like animals in a zoo. Our 'freedom' is a carefully crafted illusion.

Nazi Control Monarch Butterfly

Project Monarch: Nazi Mind Control

by Ron Patton

A Brief History of Control
The Anglo Alliance
The Evolution of Project MKULTRA
Definition and Description
Alters and Triggers
Bloodlines and Twinning
Levels of MONARCH Programming
Method and Components
Programmers and Places
Notable Names
Deprogrammers and Exposers
Endnotes

Amidst the subtle cerebral brainwashing of the gullible populace, through a multitude of manipulated mediums, lies one of the most diabolical atrocities perpetrated upon a segment of the human race: a form of systematic mind control which has permeated every aspect of society for almost fifty years.

To objectively ascertain the following, one may need to re-examine preconceived ideologies relating to the dualistic nature of mankind.

Resolving the philosophical question of whether we are inherently good or inherently evil is instrumental in shaping our perception of reality; specifically the spiritual variable within the equation of life.

This exposition is substantiated by declassified U.S. government documents, individuals formerly connected to the U.S. intelligence communities, historical writings, researchers knowledgeable in mind control, publications from medical

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health practitioners and interviews taken from survivors unwittingly subjected to a highly complex form of trauma-based mind control known as MONARCH programming.

A word of caution for survivors of intensively systematic mind control and/or some form of ritualized abuse. There are numerous triggers in this article. It is therefore recommended not to read it unless appropriate support systems are in place or if you have a thoroughly reintegrated personality.

A Brief History of Control

The Mystery Religions of ancient Egypt, Greece, India and Babylon helped lay the foundation for occultism, meaning "hidden knowledge". One of the earliest writings giving reference to occultism is the Egyptian Book of the Dead, a compilation of rituals explicitly describing methods of torture and intimidation to create trauma, the use of potions, drugs, and the casting of spells (hypnosis) ultimately resulting in the total enslavement of the initiate. These have been the main ingredients for a part of occultism known as Satanism throughout the ages. During the 4th Century, the Roman Catholic church increased and solidified its dominion throughout Europe with the infamous Inquisition. Satanism survived this period of persecution deeply entrenching itself under the veil of various esoteric groups.

In 1776, a Bavarian Jesuit by the name of Adam Weishaupt was commissioned by the House of Rothschild to centralize the power base of the Mystery Religions into what is commonly known as the Illuminati, meaning "Enlightened Ones". This was an amalgamation of powerful occultic bloodlines, elite secret societies and influential Masonic fraternities, with the desire to construct the framework for a "New World Order". The outward goal of this Utopia was to bring forth universal happiness to the human race. However, their underlying intention was to gradually increase control over the masses, thus becoming masters of the planet.

The Anglo Alliance

By the 19th century, Great Britain and Germany were recognized as the primary geographic areas of Illuminati control. It then should be of little surprise to know the first work in Behavioral Science research was established in England in 1882, while much of the early medical and psychiatric techniques involved in mind control were pioneered at the Kaiser Wilhelm institute in Germany. The Tavistock Institute of Human Relations was set up in London in 1921 to study the "breaking point" of humans. Kurt Lewin, a German psychologist, became the director of the Tavistock Institute in 1935, about the same time Nazi Germany was increasing its research into neuropsychology, parapsychology and multi-generational occultism.

Interestingly, a progressive exchange of scientific ideas was taking place between England and Germany, most notably in the field of eugenics, the movement devoted to improving the human species through the control of hereditary factors in mating. The mysterious union between the two countries was bonded partly through the Order of the Golden Dawn, a secret society which consisted of many high ranking officials in the Nazi party and British aristocracy. Top SS Nazi officer Heinrich Himmler was in charge of a scientific project called Lebensborn which included selective breeding and adoption of children, a peculiarly large number of twins among them [2]. The purpose of the program was

to create a super race (Aryans) who would have total allegiance to the cause of the Third Reich/New World Order).

Much of the preliminary experimentation concerning genetic engineering and behavior modification was conducted by Dr. Josef Mengele at Auschwitz, where he coldly analyzed the effects of trauma-bonding, eye-coloring and twinning upon his victims. Beside the insidious surgical experimentation performed at the concentration camp, some of the children were subjected to massive amounts of electroshock. Sadly, many of them did not survive the brutality.

Concurrently, "brain-washing" was carried out on inmates at Dachau, who were placed under hypnosis and given the hallucinogenic drug mescaline. During the war, parallel behavioral research was led by Dr. George Estabrooks of Colgate University. His involvement with the Army, CID, FBI and other agencies remains shrouded in secrecy. However, Estabrooks would occasionally slip and discuss his work involving the creation of hypno-programmed couriers and hypnotically induced split personalities.[3]

After WWII, the U.S. Department of Defense secretly imported many of the top German Nazi and Italian Fascist scientists and spies into the United States via South America and the Vatican. The code name for this operation was Project PAPERCLIP.[4] One of the more prominent finds for the U.S. was German General Reinhard Gehlen, Hitler's Chief of Intelligence against Russia. Upon arriving in Washington D.C. in 1945, Gehlen met extensively with President Truman, General William "Wild Bill" Donovan, Director of the Office of Strategic Services(OSS), and Allen Dulles, who would later become the stalwart head of the CIA. The objective of their brain-storming sessions was to reorganize the nominal American intelligence operation, transforming it into a highly-efficient, covert organization. The culmination of their efforts produced the Central Intelligence Group in 1946, renamed the Central Intelligence Agency(CIA) in 1947.

Reinhard Gehlen also had profound influence in helping to create the National Security Council, from which the National Security Act of 1947 was derived. This particular piece of legislation was implemented to protect an unconscionable number of illegal government activities, including clandestine mind control programs.

The Evolution of Project MKULTRA

With the CIA and National Security Council firmly established, the first in a series of covert brain-washing programs was initiated by the Navy in the fall of 1947. Project CHATTER was developed in response to the Soviet's successes through the use of truth drugs. This rationale however was simply a cover story if the program were to be exposed. The research focused on the identification and testing of such drugs for use in interrogations and the recruitment of agents.[5] The project was officially terminated in 1953.

The CIA decided to expand their efforts in the area of behavior modification, with the advent of Project BLUEBIRD, approved by director Allen Dulles in 1950. Its objectives were: (1) discover a means of commanding personnel to prevent unauthorized extraction of information from them by known means; (2) investigate the possibility of control of an individual by application of special interrogation techniques; (3) investigate memory enhancement and (4) establish defensive

means for prevent ng hostile control of agency personnel n August 1951 Project BLUE B RD was renamed Projec ARTICHOKE which evaluated offensive uses of nterrogation techniques including hypnosis and drugs The program ceased in 956 Three years prior to the birth of Project ARTICHOKE Projec MKULTRA came into existence on Apr 13 1953 along the lines proposed by Richard Helms Deputy Director of Central Intelligence DDC) with the rationale of establishing a special funding mechanism of extreme sensitivity "|6

The hypothetical etymology of MK may possibly stand for Mind Kontrolle The obvious translation of the German word Kontrolle into English is control ? A host of German doctors procured from the post war Nazi talent pool were an invaluable asset toward the development of MKULTRA The correlation between the concentration camp experiments and the numerous sub-projects of MKULTRA are clearly evident The various avenues used to control human behavior under MKULTRA included radiation electroshock psychology psychiatry sociology anthropology graphology harassment substances and paramilitary devices and materials LSD being the most widely dispensed materia A special procedure designated MKDELTA was established to govern the use of MKULTRA abroad MKULTRA/DELTA materials were used for harassment discrediting or disabling purposes 8 out of the 49 subprojects under the umbrella of MKULTRA having been identified. Project MONARCH officially begun by the U S. Army in the early 960 s although unofficially implemented much earlier) appears to be the most prominent and is still classified as TOP SECRET for National Security reasons 9 MONARCH may have culminated from MKSEARCH subprojects such as operation SPIDER BINDER which was set up to create sleeper assassins i e Manchurian candidates) who could be activated upon receiving a key word or phrase while in a post-hypnotic trance Operation OCTEN a study which attempted to harness the power of occultic forces was possibly one of several cover programs to hide the insidious reality of Project MONARCH

Definition and Description

The name MONARCH is not necessarily defined within the context of royal nobility but rather refers to the monarch butterfly When a person is undergoing trauma induced by electroshock a feeling of light-headedness is evidenced as if one is floating or fluttering like a butterfly There is also a symbolic representation pertaining to the transformation or metamorphosis of this beautiful insect from a caterpillar to a cocoon dormancy inactivity to a butterfly new creation which will return to its point of origin Such is the migratory pattern that makes this species unique

Occultic symbolism may give additional insight into the true meaning Psyche is the word for both soul and butterfly coming from the belief that human souls become butterflies while searching for a new reincarnation [10]

Some ancient mystical groups such as the Gnostics saw the butterfly as a symbol of corrupt flesh The Angel of Death (remember Mengele ? in Gnostic art works was portrayed crushing the butterfly 1 A marionette is a puppet that is attached to strings and is controlled by the puppet master hence MONARCH programming is also referred to as the Marionette Syndrome Imperial Conditioning is another term used while some mental health therapists know it as Conditioned Stimulus Response Sequences Project MONARCH could be best described as a

form of structured dissociation and occultic integration. In order to compartmentalize the mind into multiple personalities within a systematic framework. During this process a Satanic ritual, usually including Cabalistic mysticism is performed with the purpose of attaching a particular demon or group of demons to the corresponding alter(s). Of course most skeptics would view this as simply a means to enhance trauma within the victim negating any irrational belief that demonic possession actually occurs

Alters and Triggers

Another way of examining this convoluted victimization of body and soul is by looking at it as a complex computer program. A (de alter) is created through trauma repetition and reinforcement. In order to activate (trigger) the file a specific access code or password (cue or command) is required. The victim/survivor is called a "slave" by the programmer/handler who in turn is perceived as "master" or "god". About 75% are female since they possess a higher tolerance for pain and tend to dissociate easier than males. Subjects are used mainly for cover operations; prostitution and pornography involvement in the entertainment industry is notable. A former military officer connected to the DIA told this writer "in the big picture these people (MONARCH victims) are in all walks of life from the bum on the street to the white-collar guy." In corroboration a retired CIA agent vaguely discussed the use of such personnel as "be used as plants" or "chameleons" for the purpose of infiltrating a designated group gathering information and/or injecting an ulterior agenda.

There are an inordinate amount of alters in the victim/survivor with numerous back up programs, mirrors and shadows. A division of light-side (good) and dark-side (bad) alters are interwoven in the mind and rotate on an axis.

One of the main internal structures (of which there are many) within the system is shaped like a double-helix consisting of seven levels. Each system has an internal programmer which oversees the "gatekeeper" (demons?) who grant or deny entry into the different rooms. A few of the internal images predominately seen by victims/survivors are trees, the Cabalistic "Tree of Life" with adjoining root systems, infinity loops, ancient symbols and letters, spider webs, mirrors or glass shattering, masks, castles, mazes, demons/monsters, aliens, sea shells, butterflies, snakes, ribbons, bows, flowers, hour glasses, clocks, robots, chain-of-command diagrams and/or schematics of computer circuitry boards.

Bloodlines and Twinning

A majority of the victims/survivors come from multi-generational Satanic families (bloodlines) and are ostensibly programmed to fulfill their destiny as the chosen ones or chosen generations - a term coined by Mengele at Auschwitz. Some are adopted out to families of similar origin. Others used in this neurological nightmare are deemed as the "expendable ones" (non-bloodliners) usually coming from orphanages, foster care homes, or incestuous families with a long history of pedophilia. There also appears to be a pattern of family members affiliated with government or military intelligence agencies.

Many of the abused come from families who use Catholicism, Mormonism, or charismatic Christianity as a "front" for their abominable activities (though members of other religious groups are also involved.)

Victims/survivors generally respond more readily to a rigid religious dogmatic legalistic hierarchical structure because it parallels their base programming. Authority usually goes unchallenged, as their will has been usurped through subjective and command-oriented conditioning.

Physical identification characteristics in victims/survivors often include multiple electrical prod scars and/or resultant moles on their skin. A few may have had various parts of their bodies mutilated by knives, branding irons, or needles. Butterfly or occult tattoos are also common. Generally bloodliners are less likely to have the subsequent markings, as their skin is to "remain pure and unblemished."

The ultimate purpose of the sophisticated manipulation of these individuals may sound unrealistic depending upon our interpretive understanding of the physical and spiritual realms. The deepest and darkest alters within bloodliners are purported to be dormant until the Anti-Christ is revealed. These "New World Order" alters supposedly contain call-back orders and instructions to train and/or incite a large influx of people (possibly "clones or 'soulless ones") thereby stimulating social control programs into the new millennium. Non-biological "twinning" is yet another bizarre feature observed within MONARCH programming. For instance, two young non related children would be ceremoniously initiated in a magical "soul-bonding" ritual so they might be "inseparably paired for eternity" (possibly another Mengele connection?). They essentially share two halves of the programmed information, making them interdependent upon one another. Paranormal phenomenon such as astral projection, telepathy, ESP, etc., appears to be more pronounced between those who have undergone this process.

Levels of MONARCH Programming [12]

ALPHA: Regarded as "general" or regular programming within the base control personality, characterized by extremely pronounced memory retention, along with substantially increased physical strength and visual acuity. Alpha programming is accomplished through deliberately subdividing the victims personality which, in essence, causes a left brain-right brain division, allowing for a programmed union of L and R through neuron pathway stimulation.

BETA: Referred to as "sexual" programming. This programming eliminates all learned moral convictions and stimulates the primitive sexual instinct devoid of inhibitions. "Cat" alters may come out at this level.

DELTA: This is known as "killer" programming, originally developed for training special agents or elite soldiers (i.e. Delta Force, First Earth Battalion, Mossad, etc.) in covert operations. Optimal adrenal output and controlled aggression is evident. Subjects are devoid of fear, very systematic in carrying out their assignment. Self-destruct or suicide instructions are layered in at this level.

THETA: considered to be "psychic" programming. Bloodliners (those coming from multi-generational Satanic families) were determined to exhibit a greater propensity for having telepathic abilities than did non-bloodliners. Due to its evident limitations, however, various forms of electronic mind control systems were developed and introduced, namely: bio-medical, human telemetry devices (brain implants), directed-energy lasers using microwaves and/or electromagnetics.

It is reported these are used in conjunction with highly-advanced computers and sophisticated satellite tracking systems.

OMEGA A "self-destruct" form of programming, also known as "Code Green". The corresponding behaviors include suicidal tendencies and/or self-mutilation. This program is generally activated when the victim/survivor begins therapy or interrogation and too much memory is being recovered.

GAMMA Another form of system protection is through "deception" programming, which elicits misinformation and misdirection. This level is intertwined with demonology and tends to regenerate itself at a later time if inappropriately deactivated.

Method and Components

The initial process begins with creating dissociation within the subject usually occurring from the time of birth to about six years. This is primarily achieved through the use of electroshock (ECT) and is at times performed even when the child is in the mother's womb. Due to the severe trauma induced through ECT, sexual abuse and other methods, the mind splits off into alternate personalities from the core. Formerly referred to as Multiple Personality Disorder, it is presently recognized as Dissociative Identity Disorder and is the basis for MONARCH programming. Further conditioning of the victim's mind is enhanced through hypnotism, double-bind coercion, pleasure-pain reversals, food, water, sleep and sensory deprivation, along with various drugs which alter certain cerebral functions.

The next stage is to embed and compress detailed commands or messages within the specified alter. This is achieved through the use of hi-tech headsets, in conjunction with computer-driven generators which emit inaudible sound waves or harmonics that affect the RNA covering of neuron pathways to the subconscious and unconscious mind. "Virtual Reality" optical devices are sometimes used simultaneously with the harmonic generators projecting pulsating colored lights, subliminals and split-screen visuals. High voltage electroshock is then used for memory dissolution.

Programming is updated periodically and reinforced through visual, auditory and written mediums. Some of the first programming themes included the Wizard of Oz and Alice and Wonderland, both heavily saturated with occultic symbolism. Many of the recent Disney movies and cartoons are used in a two-fold manner: desensitizing the majority of the population, using subliminals and neuro-linguistic programming, and deliberately constructing specific triggers and keys for base programming of highly-impressionable MONARCH children.

A prime example of how subliminal programming works is by looking at the recent Disney cinematic sensation Pocahontas, curiously billed as their "33rd" highest degree in Scottish Rite Freemasonry animated movie. In the movie Grandmother Willow is a mystical, 400 year-old tree who counsels the motherless Pocahontas to listen to her heart and help her realize all the answers lie within. Grandmother Willow is constantly talking in "double-speak" and using "reversals" (i.e. "Sometimes the right path is not the easiest one" the esoteric derivative being the left path [the path that leads to destruction] is the easiest one). In Illuminati Structured MPD Systems, the willow tree represents the occultic powers of

Druidism. The intrinsic imagery of the tree's branches, leaves and root systems are very significant, as some of the dark spiritual properties associated with the Willow Tree Programming are:

1) The branches are used to whip victims in rituals for cleansing purposes. (2) A willow tree can endure severe weather disturbances (i.e. storms) and is known for its pliability or flexibility. Victims/Survivors of the programming describe the willow's branches wrapping around them, with no hope of escape. (3) The deep root system of the willow tree makes the victim/survivor feel as if they are going deeper and deeper into an abyss while in a hypnotic trance.

Music plays an instrumental role in programming through combinations of variable tones, rhythms and words. Frightmeister Stephen King's numerous novels and subsequent movies, are purported by credible sources to be used for such treasonous purposes. One of his latest books, Insomnia, features a picture of King with the trigger phrase "WE NEVER SLEEP" (indicative of someone with MPD/DID) below an all-seeing eye. A partial list of other mediums used to reinforce base programming are:

Pinnochio, Sleeping Beauty, Snow White, Beauty and the Beast, Aladdin, The Little Mermaid, The Lion King, E.T., Star Wars, Ghost Busters, Trancers II, Batman, Bewitched, Fantasy Island, Reboot, Tiny Toons, Duck Tails, The Dead Sea Scrolls and The Tall Book of Make Believe. A few movies which depict or portray some aspect of MONARCH programming are: Hell raiser 3, Raising Cain, Labyrinth, Teleton, Johnny Mnemonic, Point of No Return, The Lawnmower Man and Closet Land.

Programmers and Places

It's difficult to figure out who the original programmer of this satanic project was due to the substantial amount of disinformation and cross-contamination propagated by the powers that be. The two that were by the color-coded name of Dr. Green are a Jewish doctor named Dr. Gruenbaum, who supposedly collaborated with the Nazis during WWII, and Dr. Josef Mengele, whose trademark of cold blooded and calculating brutality has not only scarred the souls of survivors from Auschwitz, but also a countless number of victims throughout the world. Mengele's direct involvement at the infamous Auschwitz concentration camp was suspiciously downplayed during the Nuremberg Trials, and consequently no intensified effort by the U.S. and it's allies was directed toward his capture. [3]

As a means to confuse serious investigators as to his whereabouts, U.S. officials would report Mengele being a non-threatening, recluse in Paraguay or Brazil, or that he was simply dead (the Angel of Death miraculously must have come back to life at least five different times).

His unprecedented research at the expense of thousands of lives undoubtedly was a significant bonus to U.S. interests. Besides using the pseudonym of Dr. Green, survivors knew him as Vaterchen (daddy), Schoner Josef (beautiful Joseph), Davis and Fairchild. A gracefully handsome man of slight stature, Mengele would disarm people with his gentle demeanor, while at other times he would explode into violent rages.[4] Other characteristics remembered by survivors were the cadence of his shiny black boots as he paced back and forth and his I-love-you/I-love-you-not daisy game. When he pulled off the last daisy petal, he would

maliciously torture and kill a small child in front of the other child he was programming. Distraught survivors also recalled being thrown naked into cages with monkeys, who were trained to viciously abuse them. Evidently, Mengele enjoyed reducing people to the level of animals. He also would purposely restrain his victims from crying, screaming, or showing any excessive emotion.

Dr. D. Ewen Cameron, also known as Dr. White, was the former head of the Canadian, American and World Psychiatric Associations. Because of Cameron's extensive experience and credentials, the CIA's Allen Dulles funneled millions of dollars through front organizations like the Society for the Investigation of Human Ecology, which Cameron ruthlessly presided over. Experimentations were conducted at several locations in Montreal, mostly at McGill University, St. Mary's Hospital and Allan Memorial Institute.

Besides the conventional methods of psychiatric tyranny such as electroshock, drug injections and lobotomies, Cameron conceived the technique of "psychic driving," wherein unsuspecting patients were kept in a drug induced coma for several weeks and administered a regimen of electroshocks, while electronic helmets were strapped to their heads and repetitive auditory messages were transmitted at variable speeds.[5]

Many of those exploited were abused children which had been run through the Roman Catholic orphanage system. Not surprisingly, Dr. Cameron has been conveniently left out of most psychiatric journals. This may have been in part largely due to Project MKULTRA being publicly exposed in 1977 through lawsuits filed by Canadian survivors and their families. The CIA and Canadian government settled out of court so as not to be required to officially admit to any wrongdoing.

A former U.S. Army Lt. Col. in the DIA's Psychological Warfare Division, Michael Aquino is the latest in a line of alleged government-sponsored sadists. Aquino, an eccentric genius, founded the Temple of Set, an offshoot of Anton LaVey's Church of Satan. His obsession with Nazi pagan rituals and his hypnotic manipulation of people made him an ideal candidate for the position of "Master Programmer." Aquino was connected with the Presidio Army Base day care scandal in which he was accused child molestation. Much to the dismay of the young victims' parents, all charges were dismissed. Code-named "Malcolm," Aquino developed training tapes on how to create a MONARCH slave and worked as a liaison between Government/Military Intelligence and various criminal organizations and occult groups in the distribution of MONARCH slaves.[6]

Heinrich Mueller was another important programmer who went under the code names "Dr. Blue" or "Gog." He apparently has two sons who have carried on the trade. The original "Dr. Black" was apparently Leo Wheeler, the nephew of deceased General Earle G. Wheeler who was the commander of the Joint Chiefs of Staffs during the Vietnam War. Wheeler's protege, E. Humme, is active in the Northwest, along with W. Bowers (from the Rothschild bloodline).

Other alleged master mind manipulators, past and present, are Dr. Sydney Gottlieb, Lt. Col. John Alexander, Richard Dabney Anderson, USN, Dr. James Monroe, Dr. John Lilly, Lt. Comdr. Thomas Narut, Dr. William Jennings Bryan, Dr. Bernard L. Diamond, Dr. Martin T. Orne, Dr. Louis J. West, Dr. Robert J. Lifton, Dr. Harris Isbel and Col. Wilson Green. In order to keep MKULTRA from being

easily detected. the CIA segmented its subprojects into specialized fields of research and development at universities, prisons, private laboratories and hospitals. Of course, they were rewarded generously with government grants and miscellaneous funding.

The names and locations of some of the major institutions involved in MONARCH programming experimentation were/are

Cornell, Duke, Princeton, UCLA, University of Rochester, MIT, Georgetown University Hospital, Maimonides Medical Center, St. Elizabeth's Hospital (Washington D.C.), Bell Laboratories, Stanford Research Institute, Westinghouse Friendship Laboratories, General Electric, ARCO and Monking Research Unlimited. The "final product" was/is usually created on military installations and bases where maximum security is required. Referred to as "re-programming centers or near-death trauma centers, the most heavily identified are

China Lake Naval Weapons Center, The Presidio, Ft. Dietrick, Ft. Campbell, Ft. Lewis, Ft. Hood, Redstone Arsenal, Offutt AFB, Patrick AFB, McClellan AFB, MacGill AFB, Kirkland AFB, Nellis AFB, Homestead AFB, Grissom AFB, Maxwell AFB and Tinker AFB

Other places recognized as major programming sites are Langley Research Center, Los Alamos National Laboratories, Tavistock Institute and areas in or by Mt. Shasta, CA, Lampe, MO and Las Vegas, NV

Notable Names

One of the first documented cases of a MONARCH secret agent was that of the voluptuous 1940's model, Candy Jones. The book, The Control of Candy Jones, (Playboy Press) portrays her 12 years of intrigue and suspense as a spy for the CIA. Jones, whose birth name is Jessica Wilcox, apparently "fit the physiological profile as to be one of the initial experiments on human guinea pigs under the government's "scientific" project MKULTRA.

The most publicized case of MONARCH monomania has surfaced through the book TRANCE Formation of America.

The True Life Story of a CIA Slave by Cathy O'Brien. On the back cover it emphatically states, "Cathy O'Brien is the only vocal and recovered survivor of the Central Intelligence Agency's MKULTRA Project Monarch mind control operations". This documented autobiography contains compelling accounts of O'Brien's years of unrelenting incest and eventual introduction into Project MONARCH by her perverted father. Along with co-author Mark Phillips, her rescuer and deprogrammer, Cathy covers an almost unbelievable array of conspirational crime, forced prostitution, white slavery, with those in the upper echelons of world politics, covert assignments as a "drug mule" and courier and the country western music industry's relationship with illegal CIA activities.

Paul Bonacci, a courageous survivor who endured almost two decades of degradation under Project MONARCH, has disclosed strong corroborating evidence of widescale crimes and corruption from the municipal/state level, all the way up to the White House.[7] He has testified about sexually abused males selected from Boy's Town in Nebraska and taken to nearby Offutt AFB, where he

were subjected to intense MONARCH programming directed mainly by Commander Bud Pleasants and former Lt Col Michael Aquino Jr After thoroughly tormenting the young boys and mindless with them they were used along with girls for pornography and prostitution with several of the nation's political and economic power brokers

Bonnie recalled being transported from the Air Force base via cargo planes to McClellan AFB in California Along with other unfortunate adolescents and teenagers he was driven to the elite rural Bohemian Grove where the perpetrators took full advantage of these innocent victims committing unthinkable perversions in order to satisfy their demonic lusts Some victims were apparently murdered further traumatizing already terrified and broken children An unspeakable actress of magnitude alleged now deceased a maniacal corrupt LA evangelist a heralded former Green Beret officer and a popular country western singer are a few others likely having succumbed to MONARCH madness Lee Harvey Oswald Sirhan-Sirhan Charlie Manson John Hinckley Jr Mark Chapman David Koresh Tim McVeigh and John Muhammad were notable names of deaths strongly suspected of being pawns who were spawned by MKULTRA

Deprogrammers and Exposers

Dr Alexander Hammond a Psychologist from the University of Utah delivered a stunning keynote entitled Hypnosis in MPD Ritual Abuse at the Fourth Annual Eastern Regional Conference on Abuse and Multiple Personality June 28 1992 in Alexandria Virginia He essentially confirmed the suspicions of the attentive crowd of mental health professionals wherein a certain percentage of their clients had undergone mind control programming in an intensively systematic manner Hammond alluded to the Nazi connection military and CIA mind control research Greek letter and color programming and specifically mentioned the Monarch Project in relation to a form of operative conditioning

Shortly after his ground breaking speech he received death threats Not wanting to jeopardize the safety of his family Dr Hammond stopped disseminating any follow up information until recently Mark Phillips a former electronics subcontractor of the Department of Defense was privy to some of the top secret mind control activities perpetrated by the US government His inquisitive demeanor strong conscience and heartfelt concern for Cathy O'Brien a Presidential Model under Project MONARCH prompted him to reveal the inner workings of his grand deception beginning about 1989 As the story goes he helped Ms O'Brien escape from her captors and was able to deprogram her in about a years time in Alaska The controversial Phillips has his share of critics who are skeptical of the veracity of his claims New Orleans therapist Valerie Wolf introduced many of her patients before the President's Committee on Human Radiation Experiments on March 9 1995 in Washington DC The astonishing testimony made by these two brave women included accounts of German doctors torture drugs electroshock hypnosis and rape besides being exposed to an undetermined amount of radiation Both Wolf and her patients stated they recovered the memories of this CIA program without regression or hypnosis techniques Dr Wolf presently devotes much of her time to counseling such survivors

A former labor attorney for Atlantic Richfield Co David E Rosenbaum conducted a nine year investigation 1983 92 concerning allegations of physical

torture and coercive conditioning of numerous employees at an ARCO plant in Monaca PA.[10] His clients, Jerry L. Dotey and Ann White were victims of apparent radiation exposure but as Mr. Rosenbaum probed deeper in the subsequent interview sessions, a "Pandora's Box" was unveiled. His most astonishing conclusion was that Jerry Dotey and Ann White were likely the off-spring of Adolf Hitler based in part on the uncanny resemblance from photos (facial features, bone structure and size were taken into consideration). Rosenbaum also states "They both exhibit feelings and experiences that indicate they are twins." Dotey and White were allegedly subjected to torture of many kinds while under drug induced hypnosis with each one undergoing at least three training techniques by plant physicians. Each victim was trained to enter into a hypnotic state upon the occurrence of specific stimuli usually involving a "cue" word or phrase and trained to "remember to forget" what transpired in the hypnotic state. They were repeatedly subjected to identical stimulus-response sequence to produce nearly automatic reactions to the particular stimuli. MKULTRA veteran Dr. Bernard Diamond, Dr. Martin Orne and Dr. Josef Mengele regularly visited the ARCO plant according to Rosenbaum. The special conditioning of Dotey and White was intended for the artificial creation of dual German personalities. Rosenbaum, who is Jewish, has maintained a deep friendship with the two, despite the seemingly precarious circumstances.

Other renowned therapists involved in deprogramming are Cynthia Byrtus, Pamela Monday, Steve Ogilvie, Bennett Braun, Jerry Mungaize and Colin Ross. Some Christian counselors have been able to eliminate parts of the programming with limited success.

Journalists who have recently expounded on the subject matter in exemplary fashion are Walter Bowart, Operation Mind Control, Jon Rappoport, U.S. Government Mind-Control Experiments on Children and Alex Constantine, Psychic Dictatorship In The USA.

Conclusion

The most incriminating statement to date made by a government official as to the possible existence of Project MONARCH was extracted by Anton Chaitkin, a writer for the publication, The New Federalist.

When former CIA Director William Colby was asked directly, "What about monarch?" he replied angrily and ambiguously, "We stopped that between the late 960's and the early 1970's." Suffice to say that society, in its apparent state of cognitive dissonance, is generally in denial of the over whelming evidence of this multifarious conspiracy. Numerous victims/survivors of Project MONARCH are in desperate need of help. However, the great majority of people are too preoccupied with themselves to show any genuine compassion toward these severely wounded individuals. Apathy has taken over the minds of the masses who choose to exist within the comforts of this world. Reality has thus become obscured by relativism and selfishness.

Although there has been some progress in deprogramming and reintegrating therapies, a much greater problem needs to be rectified. The Holy Bible addresses this problem as the fragmentation of the soul. Ezekiel 3:20. A spiritual restoration is what is truly needed (Psalm 23:3) but can only take place by completely trusting in Jesus Christ as the way to salvation. John 3:16, I Peter 3:18)

and deliverance from demonic oppression and/or possession (Mark 6 7 The true humanity of Christ and the love of God effectively counters the pride and hatred of Satan

Statistically the road to recovery for these survivors of unimaginable depravity is a long and tedious one but God is the ultimate healer and only within his time through His strength and by His grace can the captives be set free (Isaiah 6 1)

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WHY DISTILLED WATER?

by Dr Siedlecki

The three primary substances needed for life are

1. Water
2. Oxygen
3. Calcium

The importance of water is paramount but as crucial is providing the proper type of water in proper proportions within the proper time frame. There are a number of waters available for purchase. Of these only one assures that the body's metabolic environment is at its best hydration and that is distilled water.

Water in the human body acts as a solvent carrying nutrients to every living cell and transporting waste material out of the cells for removal. Efficient absorption of nutrients and efficient elimination of wastes through the kidneys and liver is only possible when water the transport medium is clean. Distilled water removes poisonous substances and inorganic mineral matter from the human body. This process will be impeded if the water you drink is already contaminated.

Dr. Carey Reams, world-renowned expert on body pH, was trained in mathematics, biophysics and biochemistry and had six PhD's to his credit. Dr. Reams is best known for developing the Biological Theory of Ionization, a system used to measure energy in the body. Reams' analysis of measuring and balancing body chemistry has been used for over fifty years with astounding success. According to the research of Dr. Reams the best water to drink is distilled water! Distilled water provides the most energy in the body.

Distilled water reacts with the extremely acid stomach contents without activating any buffering systems or affecting the body pH. Distilled water does not travel through the body "wreaking acid havoc" as some would have you believe. In fact according to Dr. Theodore A. Baroody, author of "Alkalize or Die" only distilled water produces a completely negative ion reaction in the system.

Negative ions are alkaline-forming. These negative charged ions draw the positively charged acid waste products, flushing them into the elimination channels of the body for excretion. So even though distilled water tests slightly acidic because of its negative charge **a more alkaline internal systemic environment is created in the body when distilled water is consumed.**

Water is needed first by the liver; it is best that it be a high energy water such as distilled. The body is approximately 75% water. In fact the body operates under a water vapor or steam pressure. Without the proper water enzyme structure and energy reactions will be interfered with. In a recent article about the vibrations of the DNA, author Stefi Weisburd cites research showing how DNA changes its configurations depending on the environment it is in:

> "changes in the environment of DNA such as temperature, acidity, salt level and **water** content can drive transformations between DNA structures. When the mode softens, the amplitude of vibrations grows so large that the original structure is destabilized and the molecule is driven into a new geometry.

Keep this information in mind. It will help you understand how a change in the body chemistry as reflected in the equation, is an energy loss that distorts frequency and micronage. Such changes interfere with proper form, function and maintenance of the DNA as well as the cells themselves. Water is crucial to DNA form and function. If DNA is destabilized the form and function of the body is also destabilized, effecting our ability to build healthy cells and maintain health.

The body is the sum of its parts, those parts are the basic elemental building blocks we call minerals congealed light energy. Minerals are tiny electrical generators. As they interact bonding and bonding with other minerals they become part of the electro-magnetic plating of the human organism. This electro-magnetic plating of the body is the bonding process that sustains life and wellness. It is one of increasing electro-magnetism resulting in increasing Reserve Mineral Energy (vital force) or maintaining high Reserve Mineral Energy.

If mineral energy is lost out of basic molecular structure or is not supplied the line of resistance will be altered at that point. Resistance = energy. If this happens the electrical flow is altered. When the electric flow is altered, the magnetism will also be altered. Hence as magnetism is changed, the mineral plating will be affected. This is where the build up of reserve mineral energy is interfered with, high level wellness is reduced, and the person will be annoyed with greater and greater number of symptoms.

Energy is produced by resistance. Resistance is a term used to refer to the friction of reaction. In other words when two elements come together i.e. Hydrogen & Oxygen, they are not moving at the same energy levels. They have different energy potentials. In order for them to interact and combine each must go through a synchronization process which will allow each to give off enough energy so they can co-ordinate their electromagnetic fields to bond into a new molecular arrangement i.e. H_2O. The synchronization of Hydrogen and Oxygen gives off a tremendous amount of energy. Energy potentials can be divided into units called anions and cations. These Milhouse units have specific values +/- 999. When discussing frequency we refer to the atomic weight of an element to determine its energy ratio. By taking a ratio and know ing whether the anionic or cationic we are able to calculate the average energy value for an atom of any substance.

Incidentally, the average energy value of water if one were to consider the water at a high energy it would become a "heavy water". By the same token if one were to take the opposite extreme or low energy values for anions and cations the water molecule would have low energy. This is called "Light water". Heavy Water is wet water and Light water is dry water. A practical example of "Light" water is hard water. The mineral in hard water has taken the energy away from the water molecule in order for it to be carried in the water molecule. Wet water would be soft, low in mineral, high in energy and heavy. Steam distillation of water makes "wet" soft water because it adds energy. This is what makes it catalyze energy reactions in the human system so well. Distilled water is shown to be more important than ever in playing a vital part in controlling conductance and other electrical phenomena in the human body.

The highest energy water comes from the steam distillation process. No other type of water is able to carry mineral into the system as easily as steam distilled water. Distilled water in the human enhances the movement of minerals into the liver. And because the liver has to put water like all types of food energy on the body's frequency it is much easier to convert high energy water than low energy water. There are only two sources of natural distilled water. One is rain water but it is too polluted to use today. The other source is glacier water this is the water consumed by the Hunza people of the Himalayas who are noted for their long life span.

There is an ever-increasing popularity and use of **mineral waters**. The dangers of water with a high mineral content are being totally ignored. Why should the mineral waters containing minerals which are essential for human health, be damaging for the body chemistry? To understand the harmful effect of mineral water is to understand cytology or the cells structure and function. The elements of the mineral kingdom cannot be assimilated directly by the animal cell. They must go through a process of linking with amino acids first. Found in the plant kingdom is the link for getting mineral into human life the most efficiently.

Plants take in mineral directly. Once in the plant the minerals become a part of the cell structure after going through a recombining process in the energy cycles of the plant (photosynthesis). These energy cycles convert the mineral into a chelated form. The mineral ends up linked with amino acid complexes in the plants structural tissue. When man eats the plant the mineral complexes in the plant amino acids can then be easily converted by human enzyme activity into molecular structures on the human frequency.

Drinking water containing a large amount of inorganic minerals (i.e. spring water purified water) whether hard or soft can be compared to doing your dishes in dirty water. If the water comes in already loaded up, it will not be able to take the debris and waste out of the system without first leaving behind what it brought in.

Most people don't realize that the minerals found in mineralized water are inorganic and in salt (electrolytic) form, not in the organic carbon-based form that your body needs. These inorganic minerals are deposited in the body and add to the overloading of electrolytes that the body has to remove and also increases mineral and heavy metal deposits that develop weakened tissue and/or areas of poor circulation and chronic inflammation.

On the other end of the spectrum we find deionized water – water that is stripped of its minerals and electrical potential. **Do not purchase deionized water for drinking – it is sold labeled "purified water."** Deionized water is not for consumption within the human body. It is deionized water that is ok for your steam iron, however deionized water will pull usable minerals out of your body over a period of time. It is called a "hungry water."[2]

According to French Hydrologist Vincent Roujon, "the lesser the microwatt potential in the drinking water the better."[3] What creates the microwatts in water is inorganic minerals. Only distilled water fits the criteria of low mineral, low microwatt plus it is low surface tension, high energy and wetter water. The use of distilled water is preferred, not because of the lack of minerals so much as, because of the higher energy. Distilled water moves through the system and especially the liver better than low energy water. Your body is 60-80 % water, water is the chief catalyst and medium for all the energy reactions that take place. Using higher energy, wet distilled water assures that the body's metabolic environment is at its best hydration.

Science News, Vol. 125, page 362

"Principles and Techniques of Ionization as Applied to Human Nutrition" Dr. Alexander F. Beddoe

Roujon, Lucien, Vincent Bio-Electronics-Theory and Application, Ottingen, Germany

What leading authorities have to say

If you decide on bottled water make sure it's distilled. The gold standard for purifying your water is a system that distills your water and filters it. You have the comfort of knowing there is no chlorine fluoride bacteria, viruses pesticides or lead. You get nothing but H2O. ***Maximum Health.*** *Dr Robert D. Willix Jr. M.D.*

"Let me classify the nine kinds of water. They are hard water, raw water, boiled water, soft water, rain water, snow water, filtered water, de-ion-ized water and distilled water. All are kinds of water, but remember that only one of these nine kinds of water is good for you. Distilled water is water which has been turned into vapor so that all its impurities are left behind. Then, by condensing it is turned back to pure water. It is the only water which is pure, the only water free from all impurities." ***The Choice Is Clear*** *Dr. Allen E. Banik*

"Distillation provides us with the purest water obtainable. ... by all means, make the smart choice in the type of water you drink. There should only be one choice. PURE. And pure means distilled." ***Fit For Life II Living Health*** *Harvey & Marilyn Diamond*

Tap water invariably contains a variety of poisons such as chlorine, chloramene, asbestos, pesticides, fluoride, copper, mercury, and lead. The best way to remove all these contaminants is by distilling. ***How To Save Your Teeth Toxic-Free Preventitive Dentistry*** *- Dr. David Kennedy, D.D.S*

"Distillation is the best method and provides the only pure water. It is the only reliable water purification method." ***Fluoride The Aging Factor*** *Dr. John Yiamouyiannis, Ph.D*

"Water hardness, inorganic minerals in solution, is the underlying cause of many, if not all, of the diseases resulting from poisons in the intestinal tract. These hard mineral, pass from the intestinal walls and get into the lymphatic system, which delivers all of its products to the blood, which in turn, distributes to all parts of the body. This is the cause of much human disease." ***The Mayo Clinic*** *Dr. Charles Mayo*

Let me state emphatically that, in my opinion, the misery of arthritis, caused by hard water saturated with inorganic minerals and an unbalanced diet, forming acid crystals in the moveable joints, plus muscles of the body in general. Only distilled water removes these inorganic minerals. The greatest damage done by inorganic minerals, plus waxy cholesterol and salts, is to the small arteries and other blood vessels of the brain. 75% water. Hardening of the arteries, and calcification of blood vessels, starts on the day you start taking inorganic chemicals and minerals from water out of your bodies." ***The Shocking Truth About Water*** *Dr. Paul Bragg, N.D., Ph.D*

Dr. Allen E. Banik, M.D., who spent much of his life researching the effects of water on the human body, reported the following in his publication ***The Choice Is Clear.*** *"The only minerals that the body can utilize are the organic minerals. All other types of minerals are foreign substances to the body and must be eliminated. Distilled water is the only water that can be taken into the body without damage to the tissues."*

"The body's need for minerals is largely met through foods, not drinking water." ***The American Medical Association***

"Distillation involves the process of vaporizing water by boiling it. The steam rises, leaving behind most bacteria, viruses, chemicals, minerals, and pollutants from the water. The steam is then moved into a condensing chamber where it is cooled and condensed to become distilled water. ... We believe that only steam-distilled water should be consumed." ***Prescription for Nutritional Healing*** *James F. Balch, M.D. & Phyllis A. Balch, C.N.C*

"The only type of water that seems to be fit for consumption is distilled water, which is water that is absolutely free of any minerals or chemicals. Distilled water is made pure by first being heated to the point of vaporization, so that all of the impurities are left behind. Then, the water vapor is condensed. The process results in water that is in its purest form. Distillation is the single most effective method of water purification." ***A Diabetic Doctor Looks at Diabetes*** *Peter A. Lodewick, M.D.*

JESSE WHITE

REAL ID DOCUMENT CHECKLIST

Effective Oct. 1, 2020, a REAL ID-compliant driver's license (DL) or identification card (ID) will be required to board domestic flights or enter military bases or secure federal facilities unless you have a valid U.S. passport. To apply for a REAL ID DL/ID, please bring the appropriate documentation from each category specified below to your local Driver Services facility.

REAL ID

Acceptable Documents of Identification

Documents of identification that are acceptable for the purpose of obtaining a Real ID card are listed by group. **All acceptable documents presented for verification or proof must be valid, current and not expired.** Hard copy documents are required. Images from a cell phone are not accepted. An applicant may print the image (e.g. bank statement) and provide the printed copy when presenting documentation. **Photocopies will not be accepted.**

GROUP 1: Proof of Identity, Date of Birth and U.S. Citizenship or Lawful Status

(Applicant must provide one of the following documents)

- ☐ Certified copy of a birth certificate filed with a state office of vital statistics or equivalent agency in the individual's state of birth
- ☐ U.S. passport or passport card
- ☐ Consular Report of Birth Abroad (CRBA) issued by the U.S. Department of State. Form FS-240, Form DS-1350 or Form FS-545
- ☐ Certificate of Citizenship issued by the U.S. Department of Homeland Security (DHS), Form N-560 or Form N-561
- ☐ Certificate of Naturalization issued by DHS, Form N-550 or Form N-570
- ☐ Employment Authorization Document (EAD) issued by DHS, Form I-766 or Form I-688B
- ☐ Foreign passport with a valid U.S. visa affixed, accompanied by the approved I-94 documenting the applicant's most recent admittance to the United States
- ☐ Permanent Resident Card (Form I-551) issued by DHS or the U.S. Immigration and Naturalization Service
- ☐ REAL ID DL/ID card issued in compliance with the standards of Part 37 of Title 6 of the Code of Federal Regulations (pursuant to federal rule, this document alone is not sufficient to prove lawful status)

*Name change documents, such as a **certified** marriage certificate, **certified** divorce decree, etc., will be required if the applicant's current name is different than the name that appears on the birth certificate. If a passport is in the applicant's current name, then name change documents are not needed.*

GROUP 2: Full Social Security Number (SSN)

(Applicant must provide one of the following documents)

- ☐ Social Security card
- ☐ W-2
- ☐ Pay stub or printed electronic deposit receipt bearing the applicant's name and SSN
- ☐ SSA-1099 Form
- ☐ Non-SSA-1099 Form

GROUP 3: Residency

(Applicant must provide two of the following documents)

All documents must contain full residence address. A document listed in Group 1, 2 or 3 that contains the full residence address is acceptable as proof of residency.

- ☐ Bank statement (dated within 60 days prior to application)
- ☐ Canceled check (dated within 90 days prior to application)
- ☐ Certified grade/high school or college/university transcript
- ☐ Credit report issued by Experian, Equifax or Transunion (dated within 12 months prior to application)
- ☐ Deed/title, mortgage or rental/lease agreement
- ☐ Insurance policy (homeowner's or renter's)
- ☐ Letter on official school letterhead (dated within 90 days prior to application)
- ☐ Medical claim or statement of benefits from private insurance company or public (government) agency (dated within 90 days prior to application)
- ☐ Pay stub or printed electronic deposit receipt
- ☐ Official mail received from a state, county, city or village, or a federal government agency that includes first and last name of the applicant and complete current address. This may include, but is not limited to:
  - Homestead Exemption receipt
  - Jury duty notice (issued within 90 days prior to application)
  - Selective Service card
  - Social Security annual statement
  - Social Security Disability Insurance (SSDI) statement
  - Supplemental Security Income (SSI) benefits statement
- ☐ Pension or retirement statement
- ☐ Report card from grade/high school or college/university
- ☐ Tuition invoice or other official mail from a college/university (dated within 12 months prior to application)
- ☐ Utility bill (electric, water, refuse, phone (land or cell), cable or gas (issued within 60 days prior to application)
- ☐ Voter registration card

Continued on back

GROUP 4: Written Signature

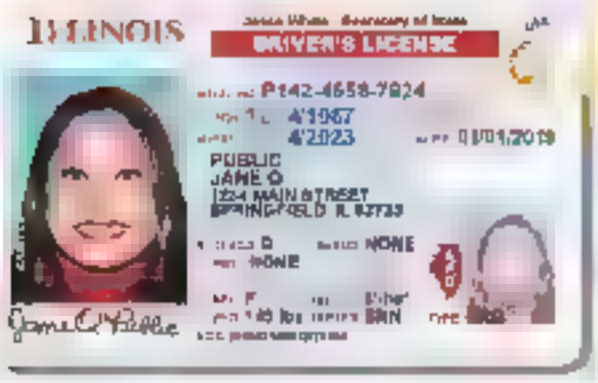
Applicant must provide one of the following documents:

- ☐ Illinois DL/ID
- ☐ Temporary DL/ID or commercial learner's permit
- ☐ Out-of-state DL/ID
- ☐ Canceled check (dated within 90 days prior to application)
- ☐ Cooperative Driver Testing Program certificate
- ☐ Court order
- ☐ Credit card/debit card – major provider
- ☐ Driver's license issued by an agency of the U.S. government (e.g. Department of State)
- ☐ Foreign passport
- ☐ Identification card issued by an agency of the U.S. government
- ☐ Illinois Department of Children and Family Services (DCFS) Identification Card Verification Form
- ☐ Medicare card – with suffix A, B, H, M or T
- ☐ Mortgage or installment loan documents
- ☐ Social Security card
- ☐ U.S. Citizenship and Immigration Services (USCIS) forms
  - Form I-551 (Permanent Resident Card)
  - Form I-766 (Employment Authorization Card)
  - Form I-94 Arrival/Departure Record with valid passport
- ☐ U.S. military DL/ID
- ☐ U.S. military service record (e.g. DD 214).

Additional Information

- After review of all identification presented, Driver Services or Secretary of State management has the right to accept or refuse any document.
- Applicants who are homeless applying for a no-fee REAL ID identification card must present one document from each of Group 1, Group 2 and Group 4, as well as a homeless status certification, as described in Section 1030.120 to satisfy the requirements for Group 3.
- Applicants who are under the age of 18 may submit documents from Groups 3 and 4 issued to their parent or guardian provided that they reside with the parent or guardian.

REAL ID



REAL ID
Gold Star
Designation

Effective Oct. 1, 2020, a REAL ID-compliant driver's license (DL) or identification card (ID) will be required to board domestic flights or enter military bases or secure federal facilities unless you have a valid U.S. passport.

REAL ID.gov
833-503-4074

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Flush Your Meds - Anti Psychiatry Movement

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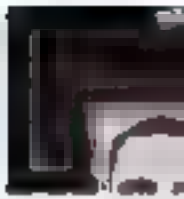

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MIAC STRATEGIC REPORT

02/20/09

The Modern Militia Movement

Modern Militia Movement

The Militia Movement began in the 1980's and reached its peak in 1996. Several social, economic, and political factors contributed to the surge in militia participation in the 1990's. The primary motivator for the movement was the farm crisis of the 1981's which caused the destruction of 3/4 of a million small to medium size family farms. Overall, 11 million Americans lost their jobs during this time period.

Academics contend that female and minority empowerment in the 1970's and 1980's caused a blow to white male's sense of empowerment. This combined with a sense of defeat from the Vietnam War, increased levels of immigration, and steam pipe meant spawned a paramilitary culture. This caught on in the 1980's with figures such as Tom Clancy novels, Soldier of Fortune Magazine, and movies such as Rambo that glorified combat. This culture glorified white males and portrayed them as morally upright heroes who were mentally and physically tough.

It was during this timeframe that many individuals and organizations began to construct conspiracy theories to explain their misfortune. These theories varied but almost always involved a global plot to develop the "New World Order" (NWO) which conspired to exploit the working class citizens. United Nations troops were thought to already be operating in the United States in support of the NWO. Much of this rhetoric would become anti-Semitic claiming that the Jews controlled the monetary system and media and in turn the "Zionist Occupied government (ZOG)". The Militia of Montana (MOM) became a key organization in pushing right-wing rhetoric and informing individuals on how to form militia organizations.

A series of incidents in the early 1990's caused a surge in militia participation. The 1992 standoff between federal authorities and the Weaver family at Ruby Ridge, Idaho became a rallying point for the movement. In August of 1992 a 10 day standoff began that would result in the death of one federal agent and the wounding of Randy Weaver. The following February a 51 day siege would occur at the Branch Davidian compound in Waco, Texas, resulting in the death of 82 Davidians and four law enforcement agents. In November of 1993 the passing of the Brady Handgun Violence Prevention Act of 1993, additionally fueled the movement. The movement reached its peak in 1996 with over 850 groups believed to be operating within the US.

Noteworthy militia activity from 1995 to 1999:

- 4/19/95: Oklahoma City bombing. Militia members are arrested as they plan to bomb the Southern Poverty Law Center (SPLC), gay bars, and Aborigine clinics.
- 10/18/95: A drum of ammonium nitrate and fuel oil was found behind the IRS building in Reno, Nevada. The device failed to explode. An anti-government tax protester is later arrested for the incident.
- 3/7/96: A member of the Aryan Republican Army (ARA) is arrested in Ohio after a shoot out with the FBI. The ARA was also connected with 22 bank robberies between 1994 and 1996.

- 9/9/96: 12 members of an Atlanta Militia group called Viper Team were arrested on a conspiracy, Weapons, and Explosives charges after they were caught doing surveillance on government buildings.

- 07/27/96: A bomb is detonated at the Atlanta Olympic Park, killing one person and injuring 100. Eric Robert Rudolph is later arrested and linked to other bombings at abortion clinics and a gay bar.

- 0[illegible]/96: Seven members of the Mountaineer Militia were arrested for plotting to blow up the FBI fingerprint records center in West Virginia.

- 07/04/97: Members of a splinter group of the Third Continental Congress were arrested in the process of planning attacks on military bases. The group thought that many military installations were training United Nations troops that were planning on attacking U.S. Citizens.

- 03/--/98: Members of the North American Militia were arrested on firearms charges. prosecutors claimed that the group conspired to bomb federal buildings in Michigan, a television station, and an interstate highway interchange.

- 1/25/99: Members of the California based San Joaquin Militia were charged with conspiracy to bomb critical infrastructure sites in hopes of provoking an insurrection. The leaders of the organization also plead guilty to plotting to kill a federal judge.

- 12/08/99: The leader of a militia coalition known as the Southeastern States Alliance was charged with conspiracy to bomb energy facilities in order to cause power outages in Florida and Georgia.

Decline of the Movement.

The militia movement began to decline after the 1995 Oklahoma City Bombing and raids on the Montana Freemen and Republic of Texas in 1996 and 1997. Poor public opinion of the militia movement and increased attention from law enforcement soon caused many of the uncommitted members to leave the movement. Many of the hardcore militia members grew angry with the militia for not mobilizing in response to perceived government aggressions. Some of these fanatics would splinter into smaller or underground groups adhering to the principles of "leaderless" resistance.

Many militia groups began to fully embrace the belief that the government would collapse due to the Y2K scare. This theory claimed that the government would collapse due to computers not being able to handle the transition from the 1900's to the 2000's. The militia's inaccurate assessment of the Y2K threat greatly damaged its reputation. Additionally, longtime adversary President George W. Bush was sympathetic to their situation, and a wave of patriotism after 9/11 would further diminish the militia movement.

The Militia Post September 11, 2001

During this time period the militia had lost the attention of the mainstream media and public, but it continued to exist. The SPLC reports that between the Oklahoma City Bombing in 1995 and 2005 that roughly 60 right-wing extremist plots were uncovered.

Noteworthy militia activity from 2000 to 2005:

- 10/--/00: The former leader of the Texas Militia was arrested for conspiracy to attack the Houston Federal Building.

- 03/--/01: A former Colonel in the Kentucky Militia perpetrated a deputy's car with semi automatic weapons fire during a traffic stop.

- 02/--/02: Two members of a group called Project 7 were arrested for plotting to kill judges and law enforcement officers in order to kick off the revolution.

- 09/03/02: A plot by the Idaho Militiamen Boys Militia to murder a federal judge and a police officer and then break a friend out of jail was uncovered.

- 07/07/03: A Michigan Militia member hated a Michigan State Trooper that attempted to serve him a warrant.

- [redacted] to obtain explosives for use in gas and explosives in order to conduct Anti-Semitic and government attacks

- [redacted] members of the Arabian [redacted] arrested in Spain and [redacted] Act [redacted] against [redacted] Chief [redacted] Mexico [redacted]

- [redacted] Nevada, Maryland and Rhode Island [redacted] with anti-New World Order [redacted] This would occur within a week of bank [redacted] to State Governor's offices

Convergence of the Movement:

[redacted] the office of President, and therefore his election is unconstitutional

[redacted] of anger towards the Federal Reserve System (FRS) and all forms of tax collection

Additional motivators for militia activity

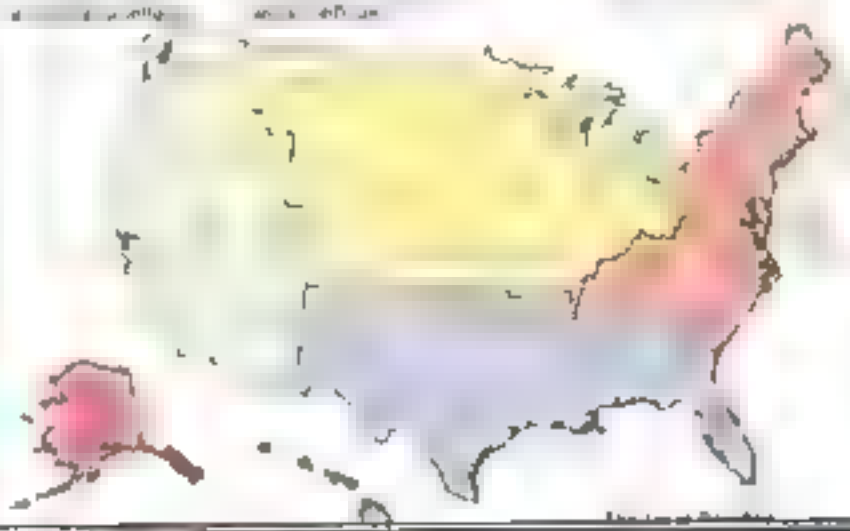
Bullet with engraved trademark number

<u>Ammunition Accountability Act</u> The [redacted] to Milspeare

<u>Victimization of the ex-service citizens of the U.S Government</u> [redacted]

Egor Panarin. Panarin predicted that [redacted] autumn of 2009 the economic crisis will lead to a civil war.

Divided States: A Russian Professor's Prediction of How the U.S. Will Split



<u>Possible Constitutional Convention (Con Con)</u>: Currently 32 states have called for a Constitutional Convention (Con Con) that will add amendments to the U.S. Constitution. The Con Con will be held if two more states request it. The convention is planned specifically for the reason of adding a balanced budget amendment to the Constitution. The Militia Movement is concerned [redacted] of a Con

Con should, the 1st and 2nd amendments will be altered or removed

North American Union (NAU): Conspiracy theorists claim that this union would link Canada, The United States, and Mexico. The NAU would unify its monetary system and trade the dollar for the AMERO. Associated with this theory is concern over a NAFTA Superhighway, which would fast track trade between the three nations. There is additional concern that the NAU would open up the border causing security risks and free movement for immigrants.

Kansas City and the Stuart Port are seen as the hub of the North American Union

Universal Service Program: Statements made by President Elect Obama and his chief of staff have led extremists to fear the creation of a Civilian Defense Force. This theory requires all citizens between the age of 18 and 24 to be enlisted to attend three months of mandatory training.

Radio Frequency Identification (RFID): There is a fear that the government will enforce mass RFID human implantations. This process would make it possible for the government to continually know the locations of all citizens.

Militia Trends:

Ideologies

Members of the militia movement often subscribe to the ideology of other right wing extremist movements such as:

Christian Identity: Religious ideology popular in extreme right wing circles. Adherents believe that whites of European descent can be traced back to the Lost Tribes of Israel. Many consider Jews to be the satanic offspring of Eve and the Serpent, while non-whites are "mud people" created before Adam and Eve.

White Nationalist: Many white supremacists, National Socialists, 'Neo-Nazi' and skinheads are drawn to the movement and its anti government, Semitic, and anti immigration rhetoric.

Sovereign Citizen: Individuals that see themselves as Sovereign Citizens question the legitimacy of the federal government. They argue that the government has gotten away from the intent of the Constitution and is thus not valid. These groups are

groups (tax rights advocates, but are the County Sheriff as the highest position of authority. These groups and individuals are well known for failure to register vehicles and driving without valid licenses. Sovereign citizens have been known to issue their own license plates and drivers licenses and to issue summons to appear in "Common Law" courts.

Militant Abortion: Anti Abortionists have been known to take up arms in support of their beliefs. Eric Rudolph who was responsible for the Atlanta Olympic Park Bombing and abortion clinics was an anti abortionist.

Tax Resistors: This movement is struggle in opposition to the collection of federal income taxes. Individuals in this movement generally believe that income taxes are invalid or the tax laws do not apply to them.

Anti- Immigration: Some militia organizations have been formed solely for the purpose of countering the threat of illegal immigration. Extremists will argue that immigrants are taking the jobs of U.S. Citizens during times of high unemployment. Additionally, illegal immigrants are seen as sucking up government resources without paying taxes. Some militia units patrol the border in order to safeguard against drug smugglers, gangs, or violent immigrants.

Training

Proliferation of MILSIM: Militia members have been attending Military Simulation (MILSIM) events in order to increase their combat readiness. MILSIM is a realistic combat sport in which two forces, sometimes up to the platoon level, meet paintball, Airsoft, or MILES gear in combined realistic war games. The desire to increase the realism of the MILSIM has drawn members to seek and conduct military leadership, planning, communication, navigation, and tactic training.

Militia and Survival Training events: Regional training events are being held with the intent of teaching individuals how to establish militia organizations. These events usually focus on individual soldier skills, land navigation, and marksmanship. Some events have been set up in order to prepare for joint operations between militia organizations.

Communications: The use of short wave radios for communication and broadcasts is common among most militia groups. These groups communicate through listserves, yahoo groups, blogs, and social networking sites. Websites and online talk shows have been established to push rhetoric, usually a skewed version of current events.

Recruitment: Militias are recruiting members and supporters through the following means: gun shows, online forums, websites, social networking sites, and informal social networks. Additionally, militia recruitment may be done at events or meetings held by organizations that share ideologies with the militia.

Organization

Public Groups: These organizations hold training events that are open to the public and generally recruit publicly. These groups desire to aid the County Sheriff or Governor in emergencies such as a natural disaster. It is not uncommon for these groups to be seen in public doing community service related work. Public groups are less likely to publicly push militia rhetoric and have a traditional military style chain of command and leadership structure. These groups have been known to form underground units and provide training and guidance to new or forming organizations.

Underground Groups: These groups primarily adhere to the principles of Louis Beam's philosophy of leaderless resistance. This philosophy advocates small autonomous cells driven by ideology rather than by the direction of leaders. These groups are difficult to gather intelligence on as no one outside of the cell would be aware of the organization or its plans. Individuals or "lone wolves" have also been known to adhere to the principles of leaderless resistance in order to perform or plot acts of violence.

Committees of Safety (CoS): Organization established to lobby government officials and confront corruption. These groups claim to be a voice of the people and usually consist of associates with militia organizations in their region. These organizations are targeted at the county level but are also forming state and national level organizations.

Covenant Militia Communities Community of militia members that attempt to create a sovereign township. In the 1990's there were an estimated eight of these communities identified across the country.

Militia Associations These organizations attempt to network various militias through the Internet, meetings, or events. Groups such as the American Constitutional Militia Network (ACMN) and the Regular National Militia (RNEM) are active online communications sites for militia members and organizations.

Militia Members during a Field Training Event (FTX)

Implications for Law Enforcement

Highly Trained Militia members are receiving more professionalized training than they did during the first spike of the movement in the 1990's.

Leadership training Militia members are receiving advanced leadership and operational planning training. This has allowed for the establishment of a strong Non-commissioned Officer Corps (NCO) within groups. An NCO Corps allows operations to be run at the fire team and squad level. The militias are conducting multi-plu operations simultaneously "Complex attacks". This training will also enable individuals to form and train their own organizations.

You are the Enemy The militia subscribes to an anti-government and NWO mindset, which creates a threat to law enforcement officers. They view the military, National Guard, and law enforcement as a force that will confiscate their firearms and place them in FEMA concentration camps.

Implications for Missouri

Infrastructure at risk in Missouri:

Detention centers Right-wing extremists believe that there are at least three FEMA concentration camps in the state of Missouri:

- The Former Richards-Gebaur AFB in Grandview, MO
- Ft. Leonard Wood, Mo.
- Camp Crowder in Neosho, MO

North American Union (NAU) The Kansas City 'Smart Port' which is a hub for rail trucking cattle and distribution between the U.S. and Mexico is seen as the Hub of the North American Union. A shipping and distribution center is under way on the former Richard-Gebaur AFB in Grandview, Mo. This facility is seen as both a FEMA concentration center and a facility for the NAU.

Federal Reserve Banks: Members of the militia movement are strongly against the FRS and see it as a mechanism of the elitist New World Order. In November End the FED protests were held nationwide at Federal Reserve Banks in opposition to the FRS. Many right wing extremists oppose the FRS and propose a system that would be backed by gold. Federal Reserve banks may also draw attention from anti bail out protestors and activists.

National Guard Facilities: National Guard armories and facilities are seen as potential staging areas for NWO troops. Additionally, there are fears that the National Guard will be forced to confiscate weapons and enforce martial law. Some individuals in the movement have argued that National Guard soldiers and units have had their weapons confiscated, have been transformed into no-combat units such as supply, transportation, or medical elements, or are being deployed overseas in order to weaken the defense of the State against the NWO.

Federal Buildings or facilities: Within the movement there is a distrust and anger towards the federal government primarily towards the IRS, ATF, FBI, FEMA.

Common Militia Symbols:

Political and Anti-Government Rhetoric

Political Paraphernalia: Militia members most commonly associate with 3rd party political groups. It is not uncommon for militia members to display Constitutional Party, Campaign for Liberty, or Libertarian material. These members are usually supporters of former Presidential Candidates Ron Paul, Chuck Baldwin, and Bob Barr.

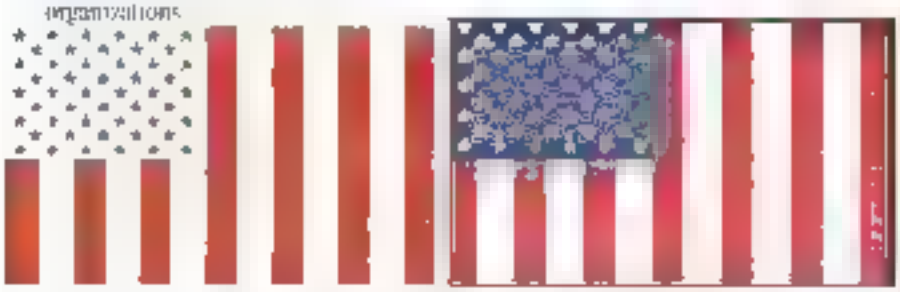
Anti-Government Propaganda: Militia members commonly display pictures, cartoons, bumper stickers that contain anti-government rhetoric. Most of this material will depict the IRS, DOJ, FBI, ATF, CIA, UN, Law Enforcement, and "The New World Order" in a derogatory manner. Additionally, Racist, anti-immigration, and anti-abortion, material may be displayed by militia members.

Militia Symbols

Gadsden Flag: created by General Christopher Gadsden and utilized in colonial America. This is the most common symbol displayed by militia members and organizations.

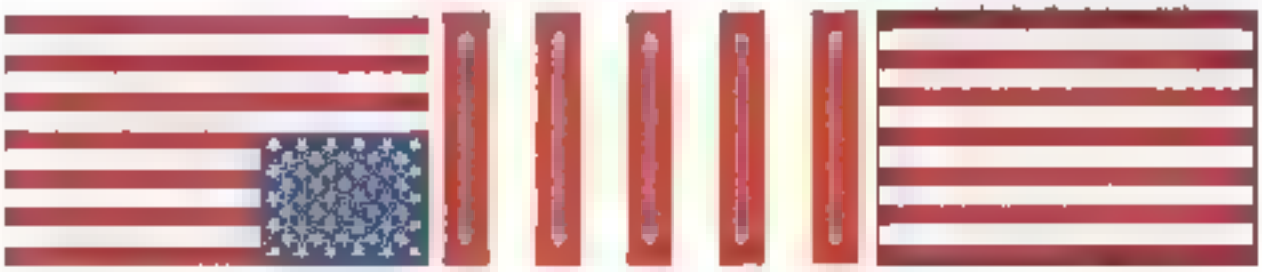
Hutaree Militia: Patch of a popular Michigan based militia that has a presence and influence in many states.

1st BN/3rd BDE MO Militia patch: Unit patch displayed by Missouri Militia Members



Sovereign Citizen: Flags usually displayed by Sovereign citizens in order to represent sovereign "common law" jurisdiction

Molon Labe: Greek phrase that translates to "Come and take them!" or "Over my dead body" phrase originated during the Spartan and Persian battle at Thermopylae and was recently made



Upside down US Flag: The militia uses this as a symbol of a nation in distress.

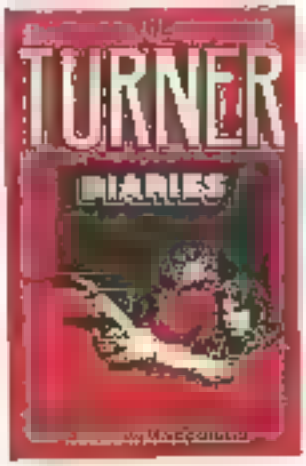
Nine Stripes of the Sons of Liberty: Sons of Liberty was a secret society of patriots during the American Revolutionary war. Many militia members claim the Sons of Liberty as part of their heritage.

First Navy Jack: Continental Navy flag, which is also displayed with a stretched out rattlesnake and the inscription "Don't Tread on Me"

Literature and Media Common to the Militia

Zeitgeist the Movie: Anti Federal Reserve System film.

America: Freedom to Fascism: Anti-income tax film



The Turner Diaries: Novel that depicts the violent revolution of the United States Government and a war that leaves only a white population. This book was promoted by Timothy McVeigh and said to be the motivation behind the Oklahoma City Bombing

Comments regarding this alert may be made to Brandon.middleton@mshp.dps.mo.gov

Comments on previous MIAC strategic alerts or ideas for research on future strategic products should be made to Greg.haug@mshp.dps.mo.gov

Missouri Information Analysis Center
Phone 573.751.6422 Toll Free 866.362.6422 Fax 573.751.9950

UNCLASSIFIED/LAW ENFORCEMENT SENSITIVE (U//LES)

How to use one time pads for secret communications

There is only one cipher system that cannot be cracked by the FBI or NSA or by anyone else for that matter That system is the one time pad

A message encrypted using a one time pad cannot be broken because the encryption key is a random number and because the key is used only once

A proven system Intelligence agencies routinely use many different kinds of encryption systems ranging from mechanical devices to invisible inks to computer software but for missions critical messages that must be 100% secure they always use a one time pad

At the height of the cold war during the fifties and sixties, Soviet spies in the USA used one time pads to communicate with their controllers (usually located inside Russian embassies and consulates (Not a single message was cracked by the FBI or NSA (And none of those messages ever will be cracked

Used by the best The one time pad system is still being used today by intelligence agencies like Britain s MI 6 Germany s BND France s DGSE Russia s SVRF and China s Cheng Pao K o

One time pads are also being used by resistance groups like Northern Ireland s IRA France s Action Direct Uruguay s Tupamaros Algeria s GIA Lebanon s Hezbollah, Peru s Shining Path and Argentina s Montoneros

Inside this article This article provides practical information that you can use to set up your own one time pad encryption system The article describes subtle refinements that you won t find in other books or articles Our information comes direct from people with hands on experience Our two sources are an ex MI 6 intelligence officer and a former member of Peru s Shining Path guerrillas Return to our home page and click on About Us for more on this

After studying this article you will have all the knowledge you need to set up a 100% secure system of communication that cannot be cracked by the FBI BATF DEA NSA or any other organization

If you re playing by Big Boys Rules the one time pad will keep you out of the internment camps

BACKGROUND Cryptography as a science was originally developed by the Arabs The year 1412 saw the publication of Subh al a sha a 14 volume encyclopedia written by Shihab al Din al Qalqashandi The text described transposition and substitution ciphers The Arabs were eight years ahead of the Europeans because their mathematics were more advanced And cryptography relies heavily on math While the Europeans were still struggling with Roman Numerals the Arabs had already discovered the principle of zero

The word cipher is derived from the Arab word al cifr literally meaning nothing or zero The one time pad system itself was perfected in 1917 during the first

world@war @Random@keys@were@written@on@sheets@of@paper@that@were@glued@together@
to@form@a@pad @Each@key@was@used@only@once@ @hence@the@name @one time@pad

Step@1 @@Create@the@key

The@core@of@the@one time@pad@system@is@the@random@key @A@key@is@a@block@of@
numbers@that@is@used@to@transform@your@original@message@ the@plaintext @into@a@
coded@message@(the@ciphertext @Before@you@can@begin@to@work@with@a@one time@pad@
system @you@need@to@create@a@random@key @Before@you@can@create@a@random@key @you@
need@a@method@for@converting@alphabet@characters@into@numbers

The@chart@below@illustrates@a@workable@system@that@is@simple@and@easily@
remembered

BACKGROUND@ @Government@agencies@use@code books@containing@often used@words@and@
phrases@that@are@represented@by@numbers @For@example @rather@than@encrypting@a@
phrase@like@safe@house@40to@0916@2698@1482@2004@1301 @the@coding@clerk@might@
simply@use@0219

Spies@and@agents,@on@the@other@hand @cannot@afford@to@carry@incriminating@
evidence@like@bulky@code books @so@they@use@instead@the@simplified@conversion@
method@shown@below@and@spell@out@every@word@in@full

@A@@B@@C@@D@@E@@F@@G@@H@@I@@J@@K@@L@@M@@N@@O@@P@@Q@@R@@S@@T@@U@@V@@W@@X@@Y@@Z
01@02@03@04@05@06@07@08@09@10@11@12@13@14@15@16@17@18@19@20@21@22@23@24@25@26

Now@you re@ready@to@create@a@key @First @write@down@a@series@of@random@alphabet@
characters @such@as@HLMSEZRBHPSJOTDW

To@make@the@key@easier@to@work@with @break@it@into@blocks@of@two@characters@
each @thus@HL@MS@EZ@RB@HP@SJ@OT@DW

Now@use@the@conversion@table@shown@above@to@convert@the@alphabet@characters@into@
numbers @for@example@H=08@and@L=12 @so@the@first@block@HL@becomes@0812

The@result@is@0812@1319@0526@1802@0816@1918@1528@0423

You ve@just@created@your@first@one time@pad @This@is@also@called@the@key @
Normally@you@would@create@a@much@longer@key@than@this @enabling@you@to@send@a@
number@of@messages@before@the@key@is@used@up @As@you@use@the@blocks@of@numbers@
to@encrypt@messages @you@would@cross@out@each@block@you ve@used @This@will@
ensure@that@you@use@a@block@only@once @ We ll@simulate@crossing@out@a@block@by@
marking@squares@under@it

0812@1319@0526@1802@0816@1918@1528@0423
####

You@would@normally@create@two@copies@of@the@key@and@provide@one@copy@to@your@
intended@recipient

Use@the@character@X@to@represent@a@period@in@your@plaintext

Step@2 @@Format@your@message

Suppose@that@the@message@you@want@to@send@is@MY@SECRET

You@would@next@format@your@message@into@blocks@of@two@characters@each @yielding@
MY@SE@CR@ET

Next @use@the@conversion@chart@above@to@convert@the@alphabet@characters@into@
numbers @In@the@example@we re@using@M=13@and@Y=25 @so@the@first@block@would@be@
1325

The@entire@string@becomes@1325@1905@0318@0520 @You@can@now@see@how@using@blocks@
makes@the@text@increasingly@difficult@for@anyone@to@crack @even@at@this@stage

Guidelines

Rule@1@-@Numbers @@Spell@out@all@numbers@in@full@in@your@plaintext @For@example,@
365@becomes@THREE@SIX@FIVE

Rule@2@-@Negatives @@Always@add@emphasis@to@the@word@NOT@in@your@plaintext @For@
example @you@would@write@AGENT@ALPHA@NOT@RPT@NOT@AVAILABLE@FOR@MEETING@TUESDAY @
where@RPT@stands@for@REPEAT

Rule@3@-@Punctuation @@Use@an@X@for@each@period@in@your@plaintext @For@example @
MESSAGE@RECEIVED@SEND@MORE@INFO@ @All@other@punctuation@must@be@written@out@in@
full @For@example @COMMA

Rule@4@-@Termination @@End@your@plaintext@with@XX @If@necessary @add@dummy@
characters@after@XX@in@order@to@pad@out@the@message@to@frustrate@cryptanalysis@
and@to@conclude@on@a@double t@ensuring@the@numeric@string@ends@with@four@
digits

Use@a@pointer@at@the@beginning@of@your@message@to@specify@the@key@so@your@
recipient@can@decrypt@the@text

Step@3 @@Encrypt@your@message

We@need@some@way@to@indicate@to@our@recipient@where@the@key@begins @otherwise@
he she@won t@be@able@to@decrypt

Remember@in@our@earlier@example @we@created@a@key@and@stroked@off@ squares @the
blocks@we d@already@used @Here s@what@our@key@looked@like

@@@@@0812@1d19@0526@1802@0816@1910@1520@0423
@@@@@####

The@starting@position@in@the@key@is@at@block@1319 @So@we ll@place@the@string@
1319@at@the@beginning@of@our@message@so@the@recipient@will@know@how@to@decrypt @
The@plaintext@message@of@1d25@1905@0d18@0520@becomes@1319@1325@1905@0318@05.9@
because@we@place@the@pointer@1319@at@the@beginning@of@the@string

We re@now@ready@to@encrypt @first@we@write@out@the@plaintext @Then@directly@
below@it@we@write@out@the@key @Then@we@add@the@key@to@the@plaintext@using@
Fibonacci@addition @This@means@we@do@no@carrying @For@example @9@+@2@would@yield@
1@not@11 @And@7@plus@6@would@yield@3@not@13 @Here s@how@the@spy s@working@sheet@
would@look

Plaintext@@@@@@1319@@@1325@@@1905@@@0318@@@0528
Key@@@@@@@@@@@@@@@ @@@8526@@@1802@@@0816@@@1918
Ciphertext@@@@@@1319@@@1841@@@2707@@@0124@@@1438

The@encrypted@message@1319@1841@2707@0124@1430@is@ready@to@be@sent@to@our@
recipient @And@we@can@sleep@peacefully@knowing@that@it@cannot@be@cracked@by@
anyone@except@the@recipient

To@decrypt@the@message @the@recipient@simply@reverses@the@calculations

Decrypting@the@message

To@decrypt@a@message @we@simply@reverse@the@calculations @We@subtract@the@key@
from@the@ciphertext@using@Fibonacci@subtraction @This@means@we@a low@no@negative@
numbers @We@add@10@if@required @For@example,@20 @9@would@yield@3@because@we@add@
10@so@that@we re@able@to@subtract@9@from@12

The@first@block@in@the@ciphertext@tells@our@recipient@where@to@start@in@the@key

Here s@what@the@recipient s@working@sheet@looks@like

Ciphertext@@@@@1319@@@1841@@@2707@@@0124@@@1438
Key@@@@@@@@@@@@@1319@@@8526@@@1802@@@0816@@@1918
Plaintext@@@@@@@@@ @@@1325@@@1905@@@0318@@@0528

Here s@how@we@subtract@8526@from@1841

@@@@@The@first@column@is@10 @@6=@1
@@@@@The@second@column@is@80 @50=@3
@@@@@The@third@column@is@40 @26=@2
@@@@@The@fourth@column@is@10 @60=@50@because@110 @60=@5

Using@the@conversion@chart@described@earlier @the@recipient@converts@the@string@
of@numbers@back@into@alphabet@characters @In@this@example @1=M@and@25=Y @so@the@
first@block@1325@converts@to@MY @The@string@1325@1905@0318@0528@becomes@MY@SE@CR@
■

The@recipient@reformats@it@to@become@MY@SECRET

About@security

Provided@that@an@eavesdropper@cannot@get@access@to@either@the@sender s@or@
receiver s@key @the@one time@pad@method@is@100%@secure @No@FBI@cryptanalyst@will@
ever@crack@it @No@Cray@supercomputer@running@the@NSA s@cracker@software@will@
ever@break@it @@Period

But you need to be prudent about security

Key security ⁘⁘Good security means you must conceal your key in a location where you l⁘know if it s been tampered with ⁘Usually this means carrying it on your person at all times

Location security ⁘⁘Good security means choosing private locations to encrypt and decrypt your messages ⁘Remember it s easy for FBI agents or local police to install a pinhole video camera above your desk ⁘⁘When choosing a location ⁘be creative ⁘be unpredictable, and be quick

SURVIVAL TIPS ⁘⁘At the first sign of surveillance you must stop working at your desk unless you re absolutely sure there s no way they can gain access to install the video surveillance equipment ⁘In a pinch you can work under your desk until you implement off site locations

Disposal security ⁘⁘Good security means destroying your working materials after each encryption or decryption ⁘Don t leave anything around for the authorities to work with ⁘This usually means shredding and burning ⁘ or ingestion ⁘ Yes ⁘eat the evidence ⁘It saved Kim Philby s bacon early in his career

Random means just that ⁘⁘The security of your one-time pad system depends on the randomness of the key ⁘Don t use a computer to generate your keys ⁘Do it by hand ⁘and be sure to introduce a second element of randomness into your method by throwing dice or flipping a coin every now and then while you re creating your keys

One-time means just that ⁘⁘Don t use a key more than once ⁘Ever ⁘Even if just a few blocks overlap in two different messages ⁘the NSA cracker software will shift and compare the ciphertext messages until the statistical frequency of characters matches the expected statistics for English language text ⁘Giving the NSA an opening like this is tantamount to setting the fox loose in the hen-house

The perfect system ⁘⁘When used correctly ⁘the one-time pad system provides perfect security for your secret messages ⁘The weakest link is the human element

The first four digit group is a pointer to the starting place in the one time pad

How to test your skills

Here is a piece of ciphertext and a one time pad you can use to verify your new skills

The one time pad is 00916 08305 02521 02113 08119 00685 01413 02024 00806 00518 01306 00602 01710 02822 00418 00804 02301 02116 01512

The ciphertext is 08119 02110 03521 02739 02026 00113 01414 01527 02231

Remember that the first four digit group in the ciphertext is a pointer indicating where to begin in the one time pad

2110@3521@2739@2026@0113@1414@1527@2231
0605@1413@20.4@0806@0518@1306@8602@1710@2022@0418@0804@2301@2116@1512

Copyright@c1998@Lee@Adams @All@rights@reserved
Ascii@conversion@by @MRF

base64
Vaxxed Anti Vaccine Movie Full Documentary or Three Use ess Servers
fi e //Dif *trashmierdaelshitsoshite*Anonfile*com*Bayfiles*com*Openload*cc
Anonfi e*com/Q5h9z1e8n1 vaxxed Full Documentary*mp4 base64
Bayfi es*com/Fcyel0e5nc/vaxxed Full Documentary*mp4 base64
Open oad*cc/uBd92Be7n5/Vaxxed Full Documentary*mp4 base64
This is about the one common cuase of Autism which is Vaccines + Think Tanks
Websites United Nations of course + CFR*ORG RAND*ORG www2*gov*sc ot UNESCO*ORG
Those are the Think Tank Websites also Gatesfoundation*org cmu*edu harvard*edu
The Stanford Ones, then Department of Special Collections, Santa Barbra, Fairfax
Providence, Freemont, Alphabet inc Google Bots Governmet Stuff and Intel Agencies
Amazon, eBay, Zazzle, Cafe Press Soundcloud,YouTube/Archiveorg + Any Microsoft thing
then you get GE*COM viacom*com Warnermediagroup*com Newscorp*com
CBS*COM waltdisney org = Get all of their shit from Reuters*com AP*ORG WHOIS IT

Flush Your Meds An Anti Psychiatry / GOV Archive
Anonfile Bayfiles Openload cc cc
Nobody
Archive*is/SiOzk#flushyourmeds*com*exblog*jp

Tavinstitute*org = YouTube*com also known as JewTube
RegistrarSafe, LLC = Facebook*com Instagram*com
RS INTERNIC NET = FBI CIA IRS DEA NSA DOD ATF DIA FEMA DHS PSPH
CSC Corporate Domains, Inc = Twitter*com CNN St Jude Hospital
SPI*DOD*MIL = NO WHOIS,CRAWLING
DreamHost LLC = Kiwi Farms Tucows Inc = DOXBIN*ORG = FUCK IT ANYWAYS
encyclopediadramatica*rs = reddit*rs = The have
MarkMonitor Inc = Tavistock Institute = Youtube*com Fox News Hollywood*com
Excite Japan Co ,Ltd = flushuyourmeds*com*exblog*jp = Hostinger, JAB
easyDNS Technologies Inc = Archive*org *is one is isnic*is
Network Solutions, LLC JN*ORG Providence Medical Labcorp*com Air Force
Civil Defence Force = GOVERNMENT TECHNOLOGY AGENCY = FUCKING OBVIOUS FUCK FACE
eNom, LLC = FairFax Hospital
Wild West Domains, LLC = Freemont Hospital = ALL FUCKING COINTELPRO LOL
US Locality = A shitty Public School that is run by the CFR Government
Status
serverTransferProhibited
Name Servers
ns2 firn edu
ns1 firn edu
ns2 c be south net
Organization
Florida Dept of Education
Street
1154 N Turlington Bldg
325 West Gaines St
City
Tallahassee
State
FL
GoDaddy com, LLC = Hayes E Government Resources in FL = K 12 SPECIAL EDUCATION

USSR RUSSIA = RU CENTER RU
GE claims "Efls improved on the traditional incandescent bulb "
Warm Candle Light Dimmable Edison Light Bulb
 owesforpros*com "Rated to last 13 years based on 3 hours per day use "
richsoi *com 40% (Percent) 400000000000000000 %00252525   2 5
echo ne " x25" = % = 40 Percent = 2/5 = 400000000000000000   bc l
Bu shit Genesis 17 10 Cock Jokes + Theology + Epistemology + Trianetics
GOD , Is It Real , Fuck No?
bc -l
0/0
Runtime error (func=(main) adr=3) Divide by zero

I wou d contest that if the computer was made to get a runtime error,
then that is just what it would be because it is defunct nothing to
do with any Imaginary God in the Sky Null can't divide
The Programmer Put that damn Function in there Others are FTPPIZZACPS
Everyone knows 00000000 = NO = OFF = NULL = NOTHING = Can t be split
Theo ogy is quackery and a waste of fucking time LOL Young Earthers?
Usua y you tell a Young Earther Carbon Dating , 4 5+ Bi ion Years
■ 5 Carbon Dating, 4 5, Carbon Dating Fuck off and Die You Young Earther,
■ 5 Carbon Dating, 4 5, Carbon Dating Fuck off and Die You Young Earther,
■ 5 Carbon Dating, 4 5, Carbon Dating Fuck off and Die You Young Earther,
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■ 5 Carbon Dating, 4 5, Carbon Dating Fuck off and Die You Young Earther,
4 5 Carbon Dating, 4 5, Carbon Dating Fuck off and Die You Young Earther,
Fucking Defective Indolent Dysgenic JMOP Cunt Bucket Subhuman Trash LOL
Earth = E = x45 = x80 = @ = @arth = 4 5 Billion Years Old
yes "@" >>earthsled
ap ay earthsled

40 FUCKING PERCENT OR % or~ x45////////////////
richsoil*com
"Long Life 40 watt Incandescent 20 000 hour lifespan | $1 82 each"

richsoil*com
"10 watt CFL
8 000 hour lifespan (claimed could happen in rare optima conditions
$2 65 (subsidized "

Here s this God Damn Jmop Faggot Indolent Waste of an existence that no one fucking wants
on this God Damn Earth, His life means absolutely nothing at all, His only thing/action he
shou d ever do in his life is fucking commit suicide or let our Government Torture Him 24,7
Through Community Watch, Proactive and Reactive Policing Harassment Campaigns
I am fin with COINTELPRO Roasting all these useless Niggers LOL White Pride LOL
Ki l a l these useless Dagos Micks Spics Twinkies Coons Kikes, some of Swiss
That is answer to clean up this society Ethnic Cleansing Worked and Society Work
Ethenic C eansing was necessary to get rid of Kikes App es NiggerCoons, Niglets
Spics Chinks, Twinkies, Dagos Micks Some Scotts ca led a Jock LOL BTW Sports are bread
and circus and only used specifically for the American Eugenics Society to get
rid of those Useless, Indolent Defective Invoid Jmop Di do baggin Fucks! Slavs Gypsies
A l of those Dysgenic Useless Indolent Fucking 28 Bit Defective Pathetic FUCKS
That is why TV + Exitotoxins + Microwaves should Ki l use ess 28 bit defective FUCKS
Especial y with all the Bread and Circus Retardedness of Invoid Useless Fucking Indolent
Pathetic Smut and Plebeian Trash that serves Absolute y no Purpose called Cartoons Sports
Shitty Post Punk Music, Pop Music Justin Bugger Lady A (en the Anal Whore Porn with
she code viruses that random people like me fucking wrote to kill you fucks by fucking
you financia ly and screwing your operating system because there are 30+ other fucking
kerne s out there on the fucking Internet LOL Your Media that gives you shitty Yellow
Journa ism and useless fucking Information Every Station is Jew Controlled Even News Corp
Fox News + KTTH + KVI + all of those fucking things, Anything with a Media Fucking
Re ations Plus your Churches are doing a great job with Ethnic Cleansing
It s actua ly kinda funny to see these dumb Church Coons Drink Gasoline on Stage LOL
Every one of these dumb cults you can go the Department of Special Collections
on either Stanford or the other Fucking One and look up Cult Awareness Network
This shit is hillarious Hope to see all these fucks die when their Jmop Homo Cult
is clearly listed on the Department of Special Col ections Cult Awareness Network CAN
Ho y Land / REACH, Inc , Bishop Luke Edwards = Equiva ent of Liberal Invoid Crap
Oac*cd ib*org,findaid,ark /13030/c8p26zqp,entire text/ Archive*is,hT10 OAC=AOC=USSR
Owned LOL Now Try Hard or I will encode all of this shit anyways because I went
too damn Far LOLOLOLOL
Based on Homeland Security COINTELPRO FEMA FBI NSA COP, COPP, Citizens Corp
as we as Security Industry Specialists + CENTCOM + INSCOM + CIA + Localized State People
+ The Depatartment of Health and Human Services + The Psychiatric System + MIAC Strat +
DARPA + Fusion Centers + Local Neighborhood Watch + Ring + Nextdoor Avalon + Operation ID
+ KKK + LOLCOW LLC + ALL THE OTHER GOOD ONES TO ROAST THAT FUCKING INDOLENT DYSGENIC FUCK

[illegible]

N N I I = Niggers Never Invented Iron

[illegible]

the Barracks and Shoot them Fucking Dead LOL!!!!!!!!!

[illegible]

I used to watch some of his stuff Now I don t

Especially the part claiming "Atheism causes suicides"
That does not fit right or seem logical, just hearsay
Godless Heathen showed me this strange video
The Witch whatever he is Pagan is strange indeed
For calling Atheists people who "generally suicide
Sounds mentally ill to me Yep Still Free Speech
The other commentator also has Free Speech

The history he spouts out could easily just be hearsay

However change to a different channel PSYOPS is gone

////////////////////~

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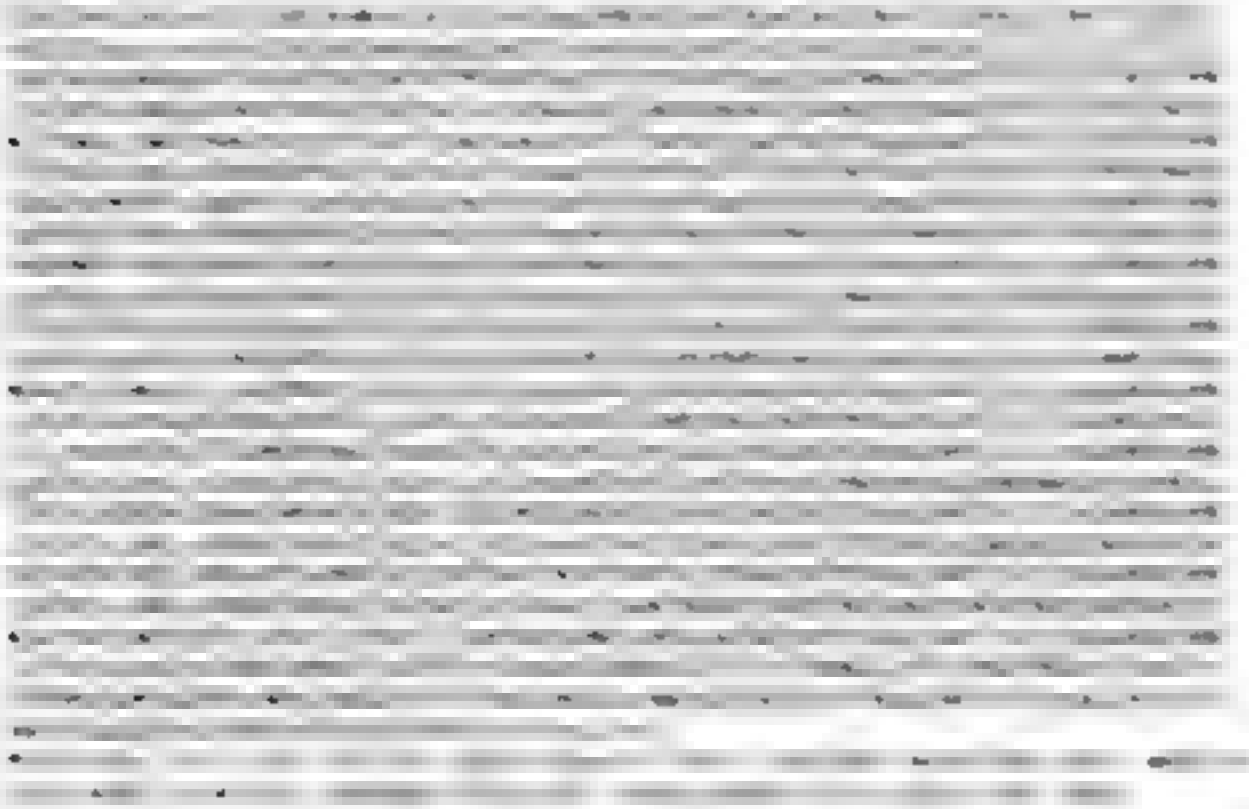
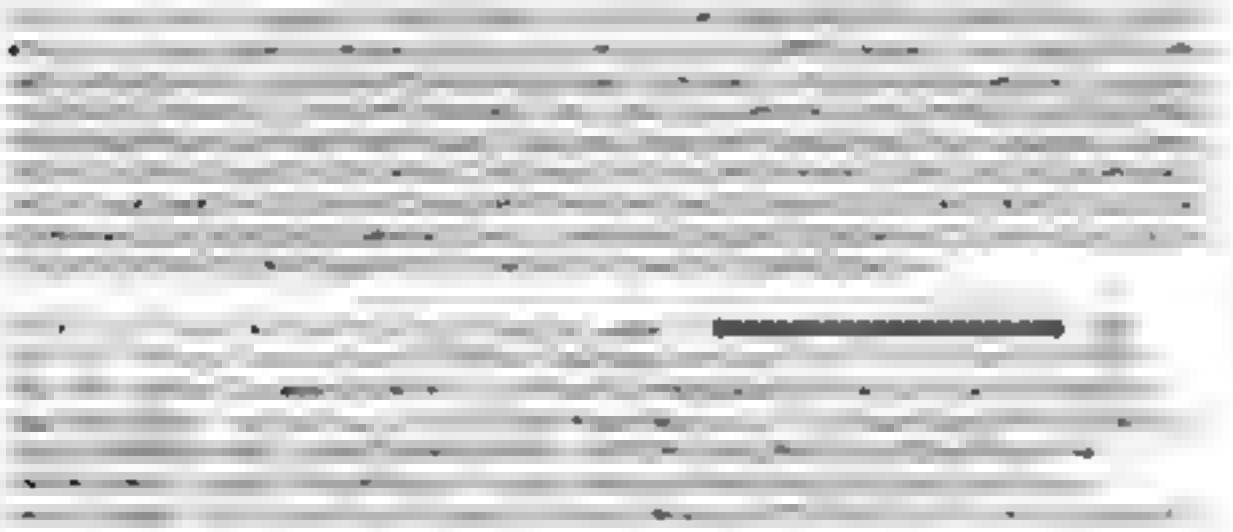


The A word is a Parasite Avoid It PARASITE !!!!!



google a nop sled WAKE UP!!!! WHAT'S NEXT!!!!!!

Every libtard says you should Virus Scan your hate speech LOL
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5670lad25c98bfa80,detection (Skinheads*html)

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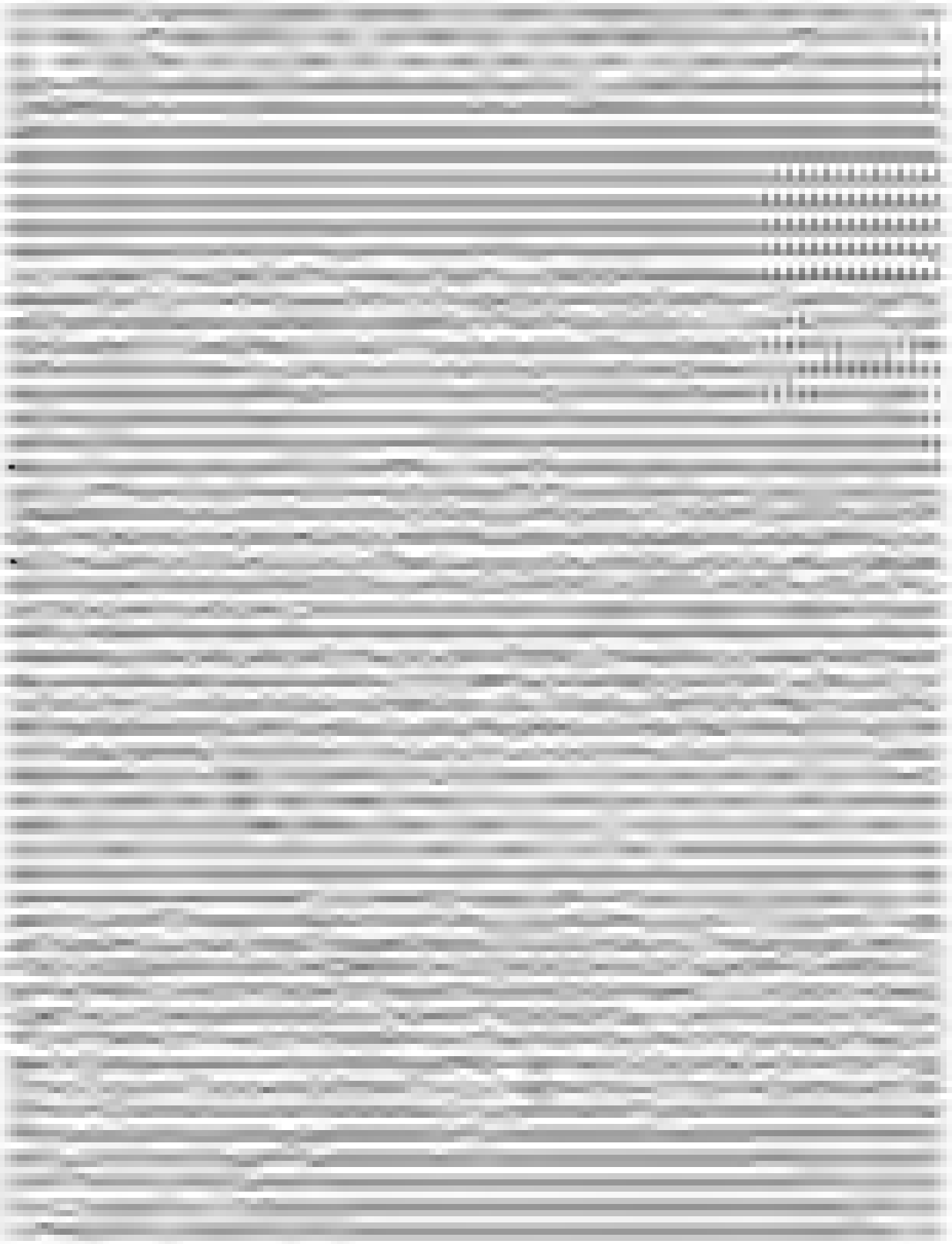

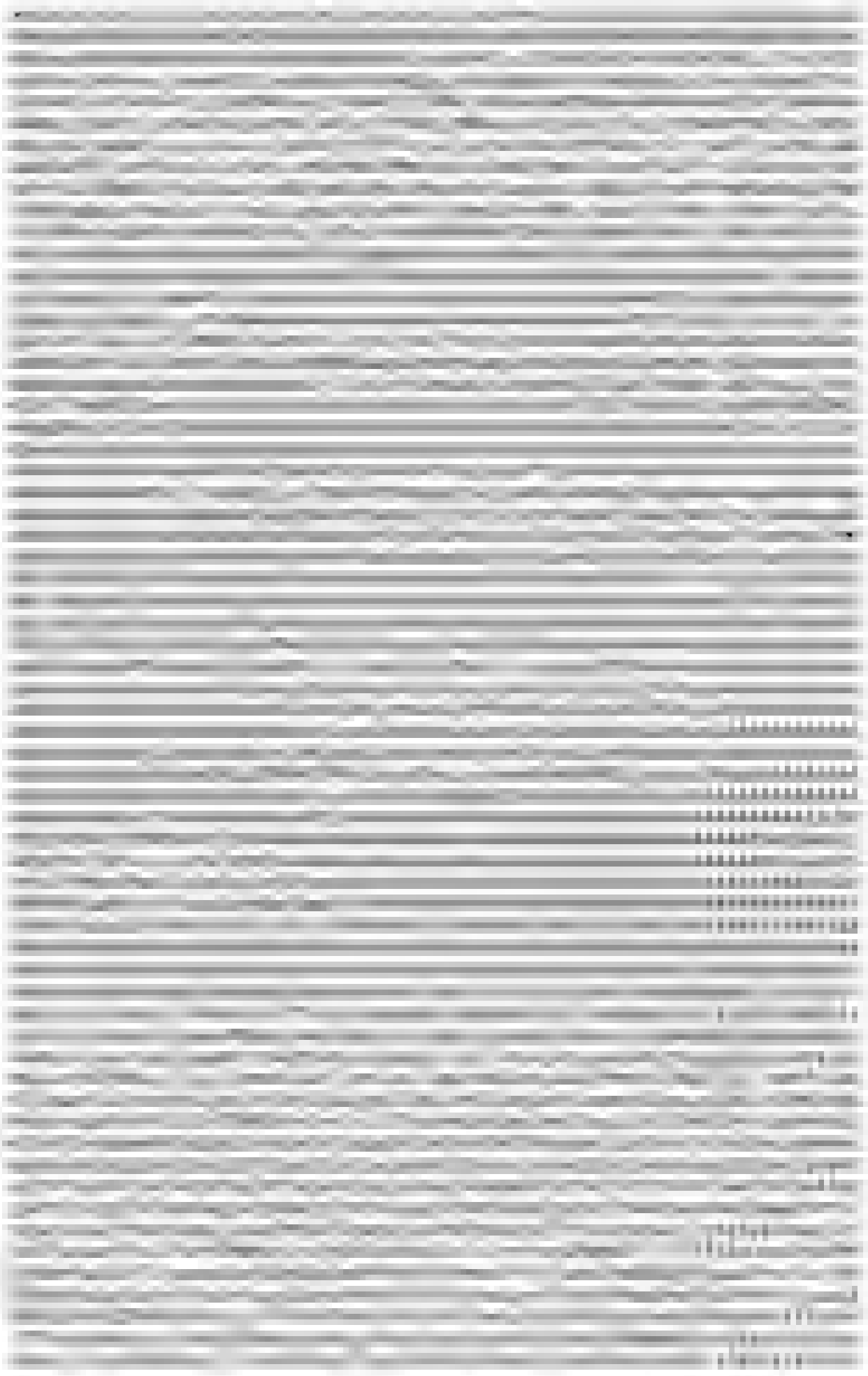

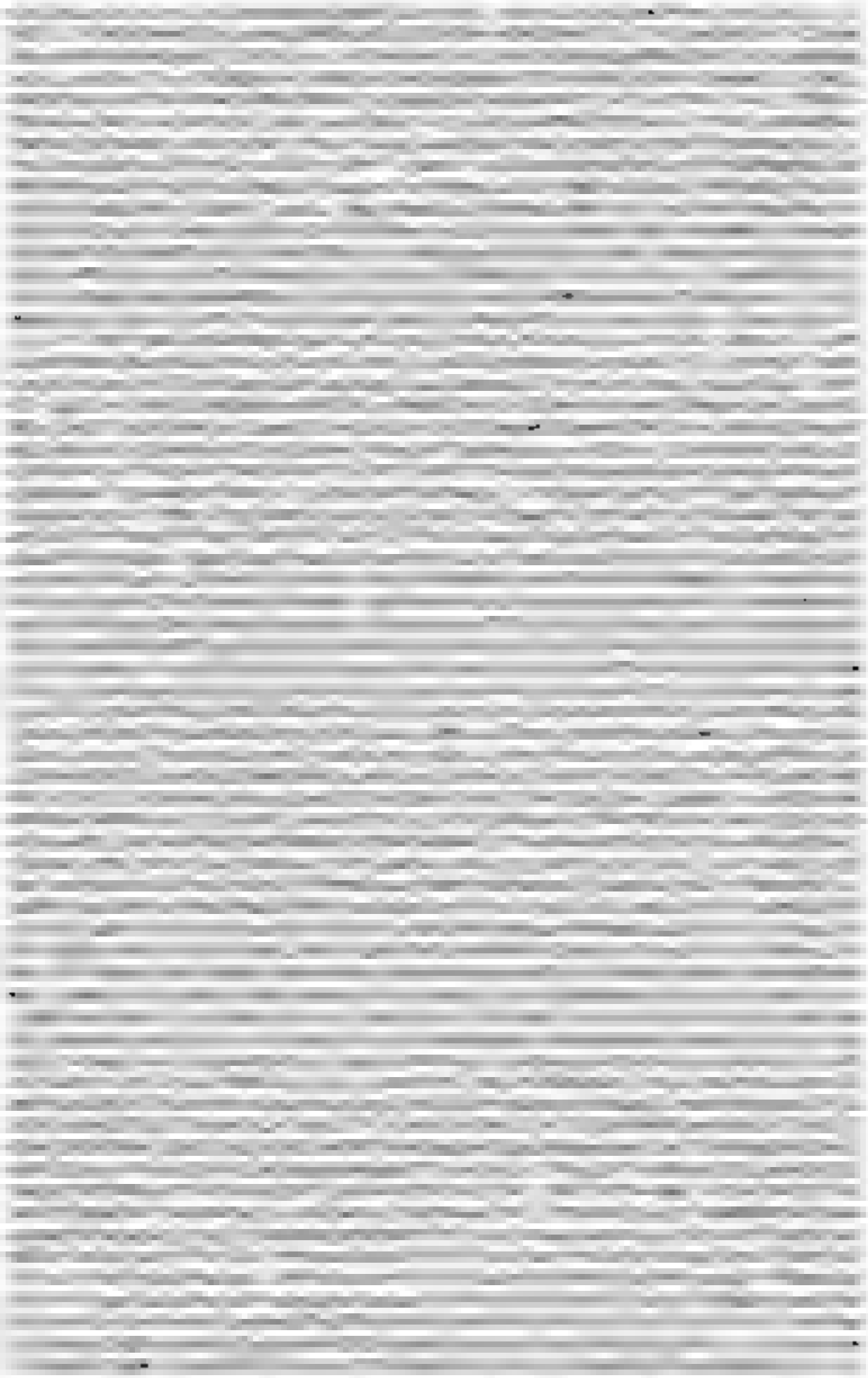

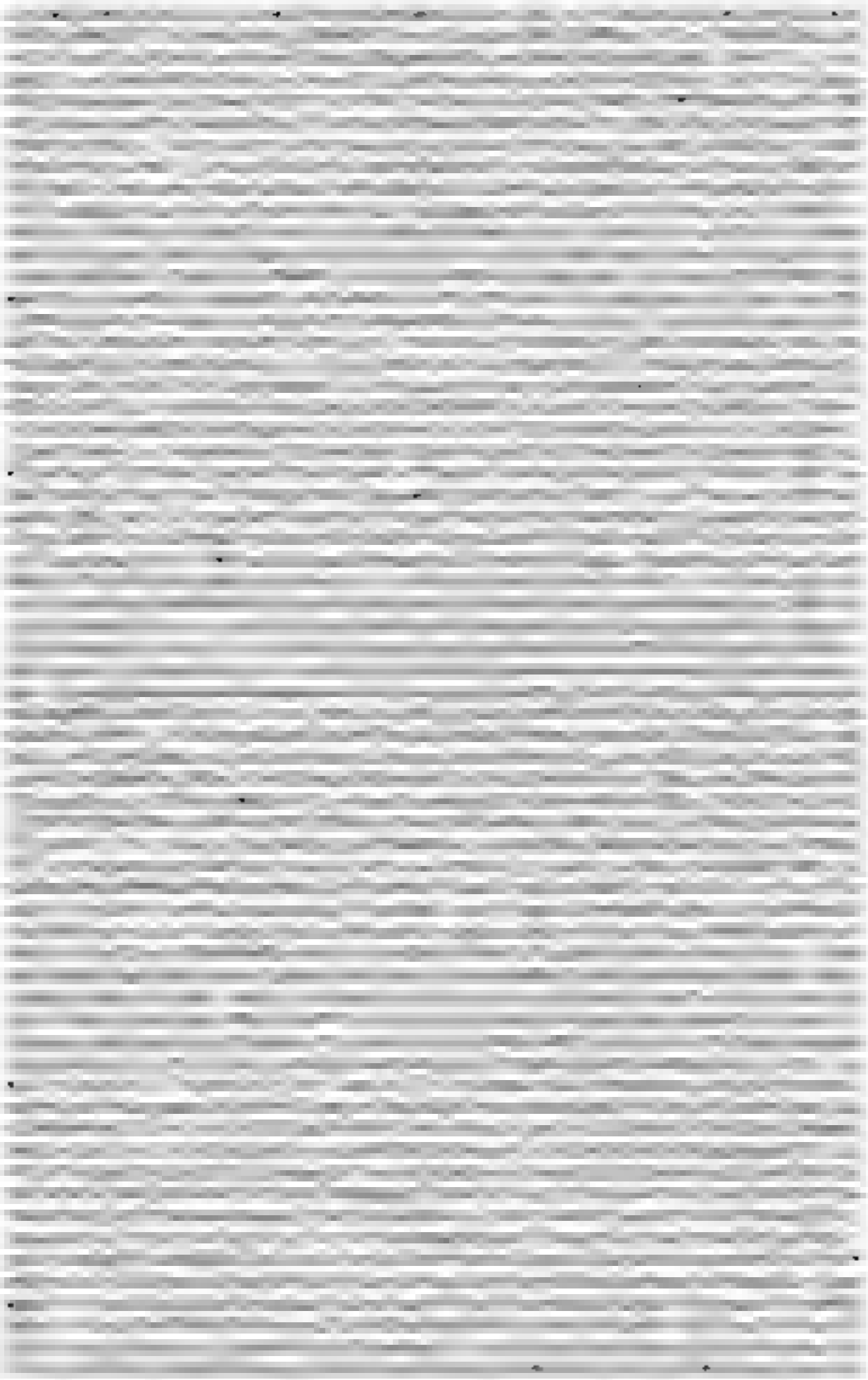

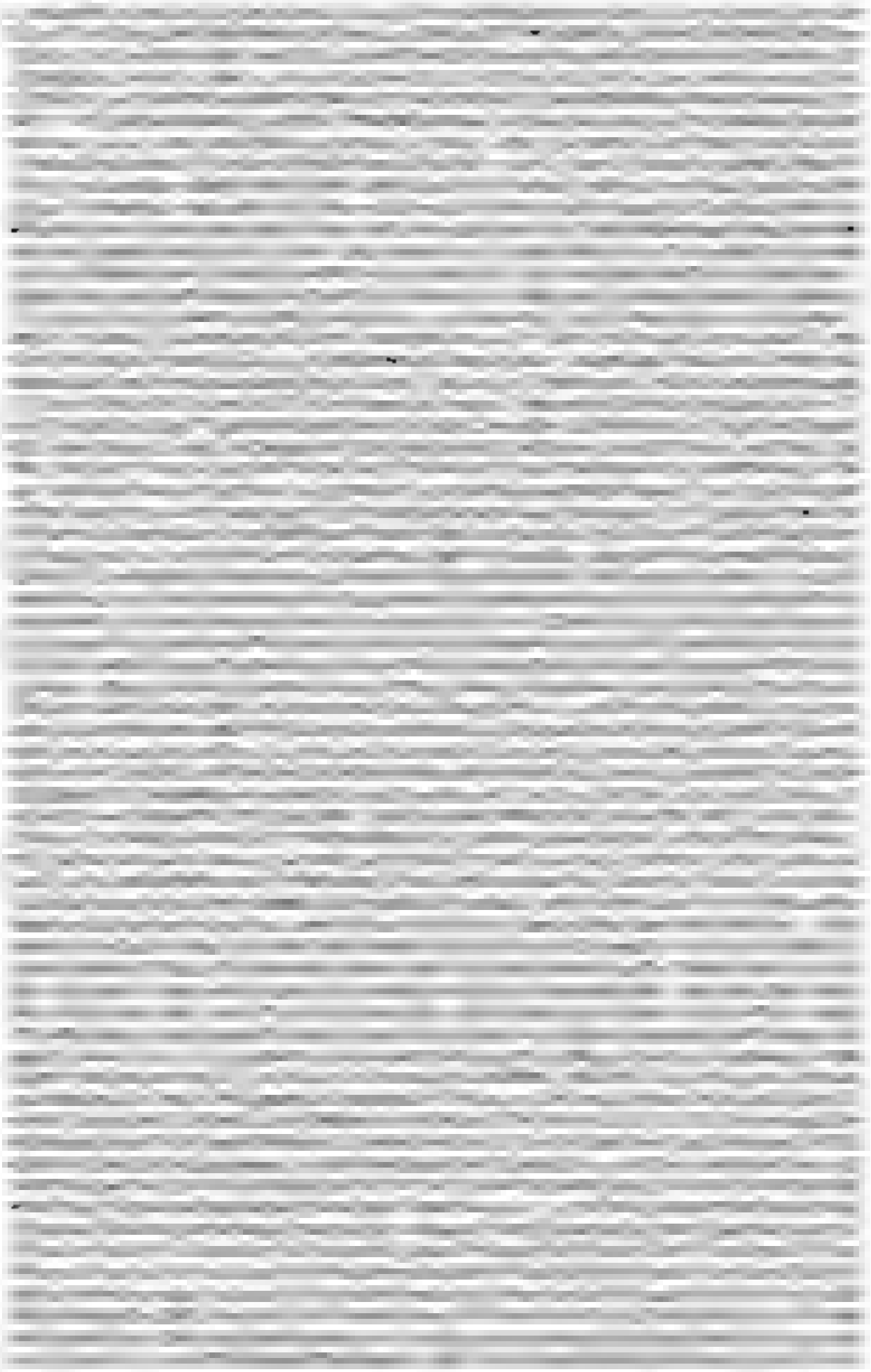

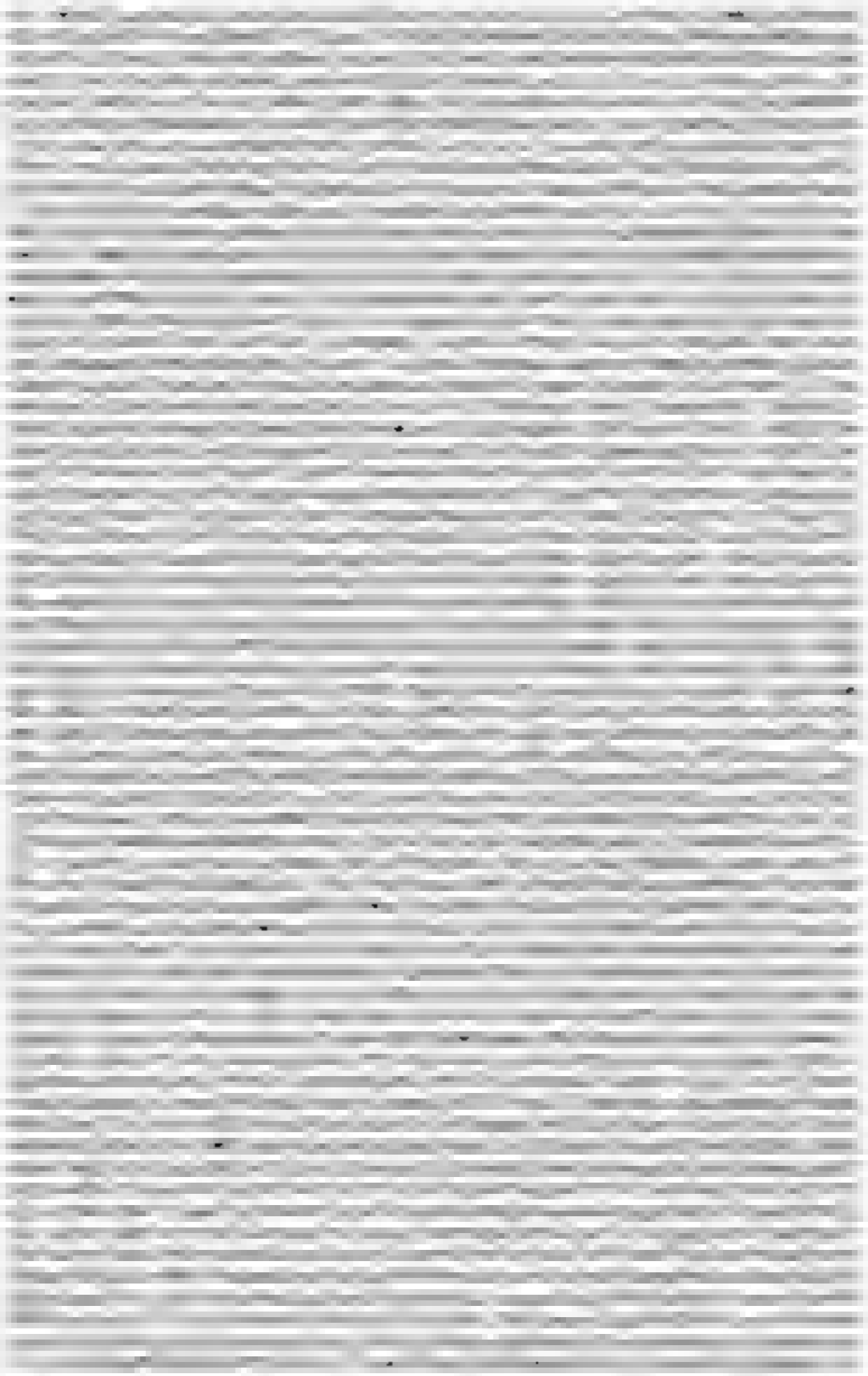

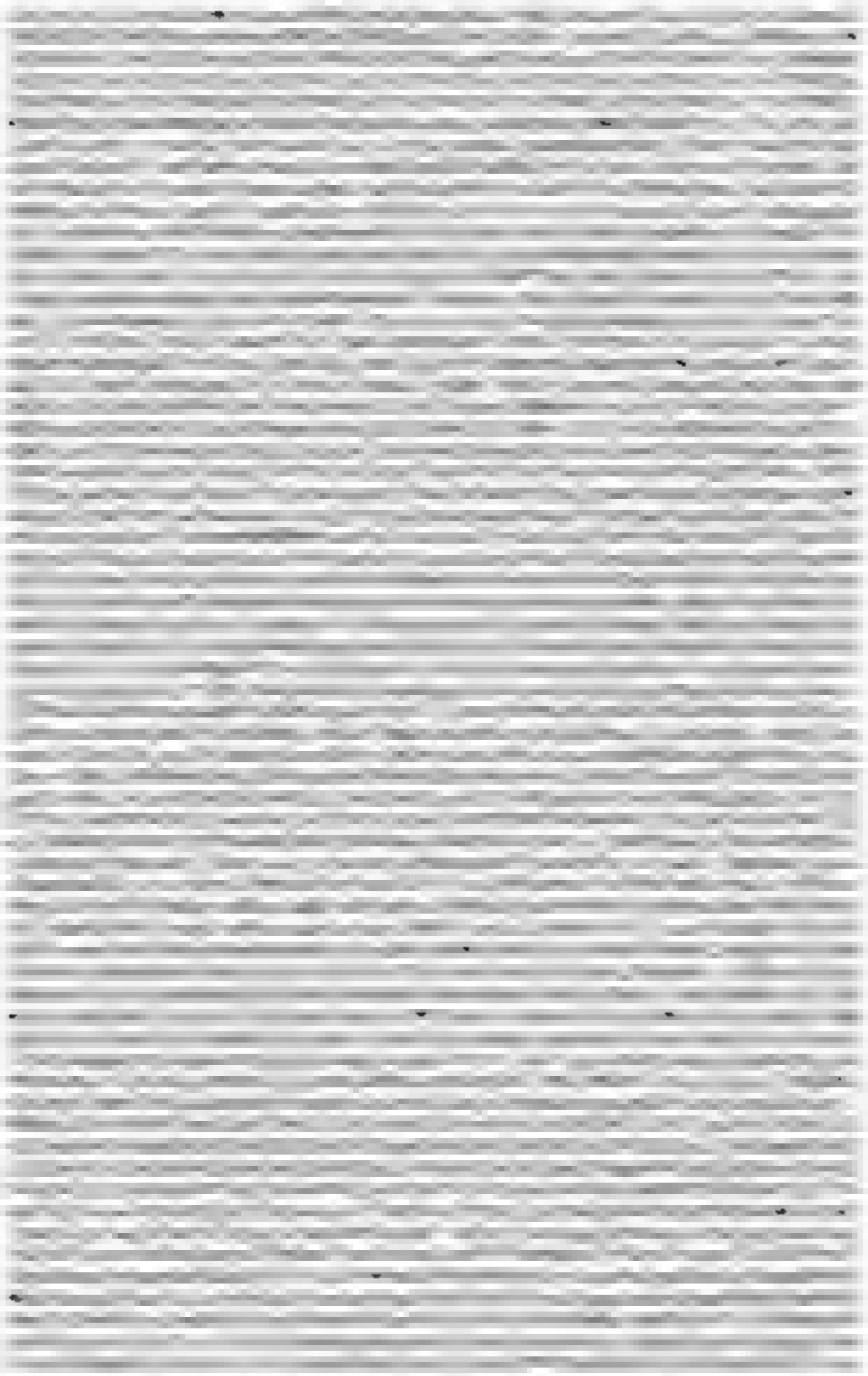

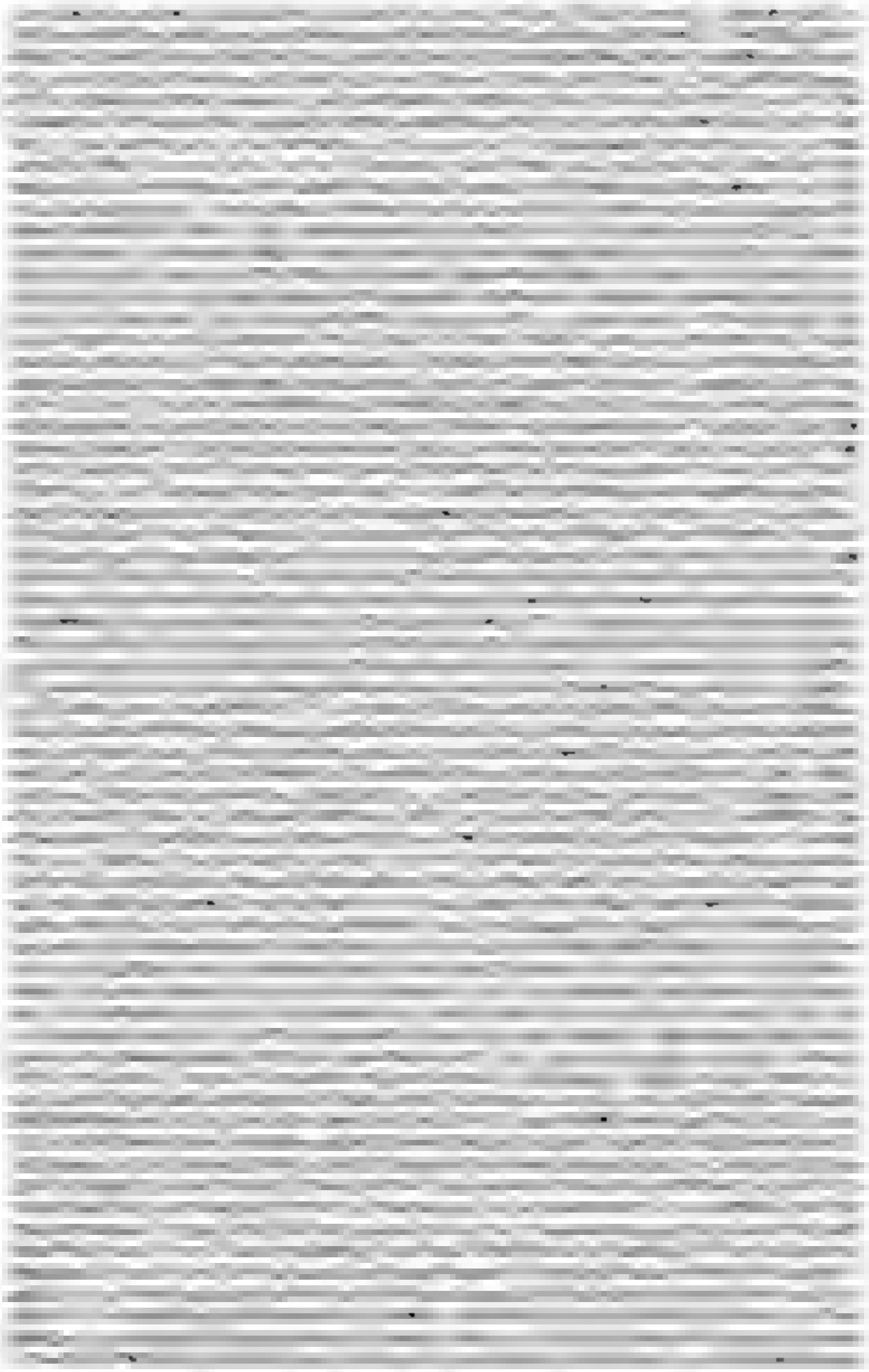

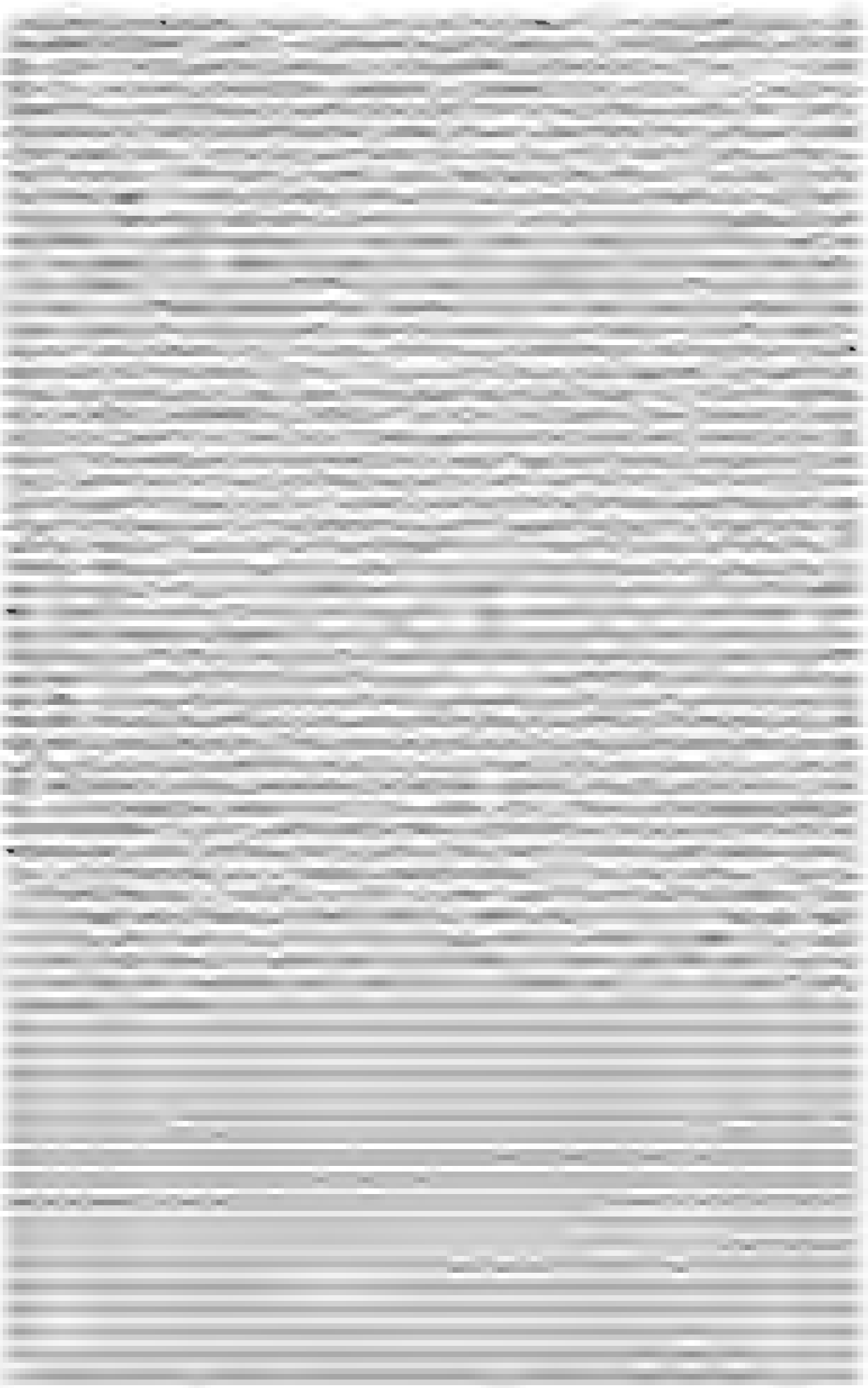

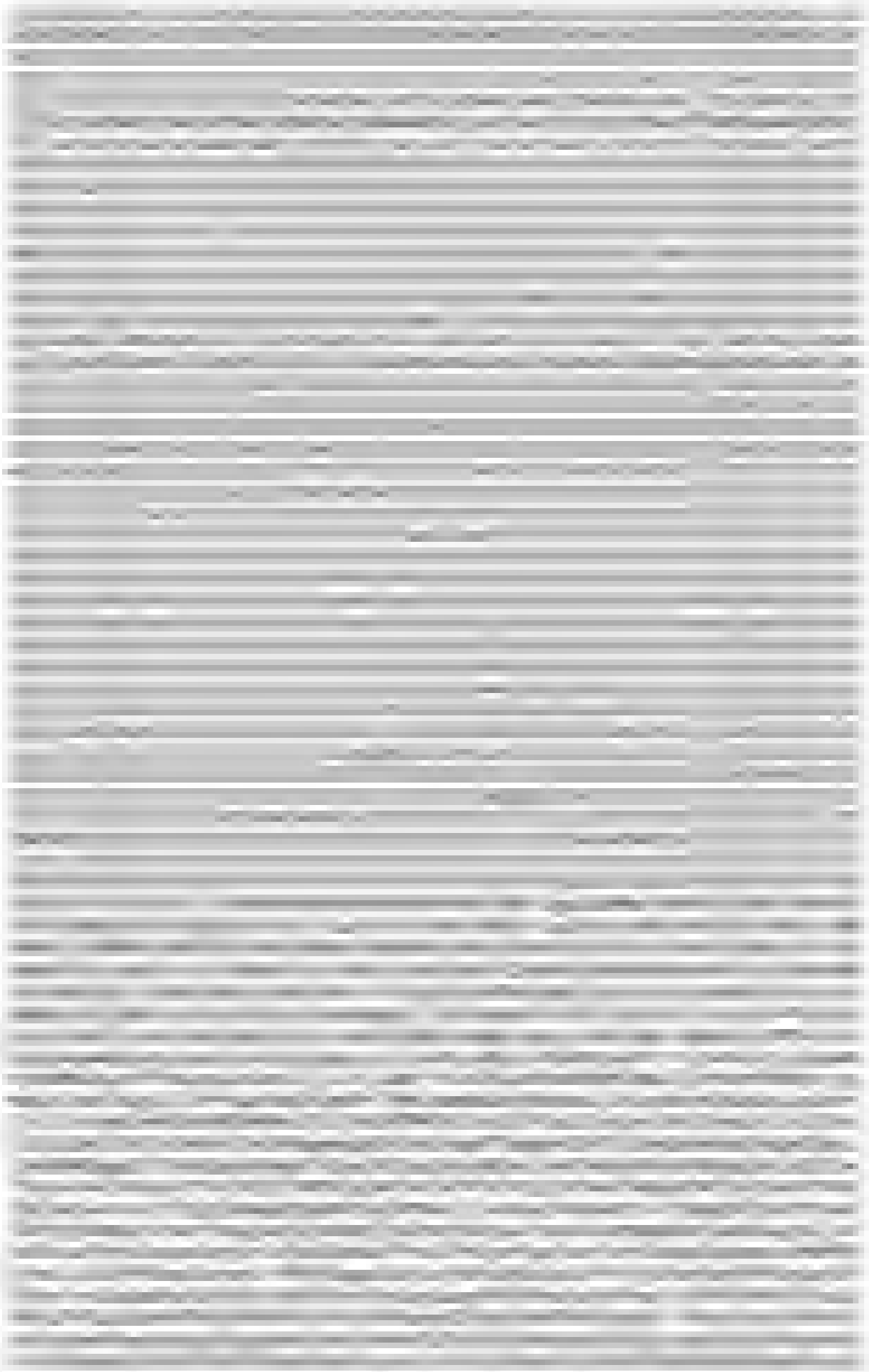

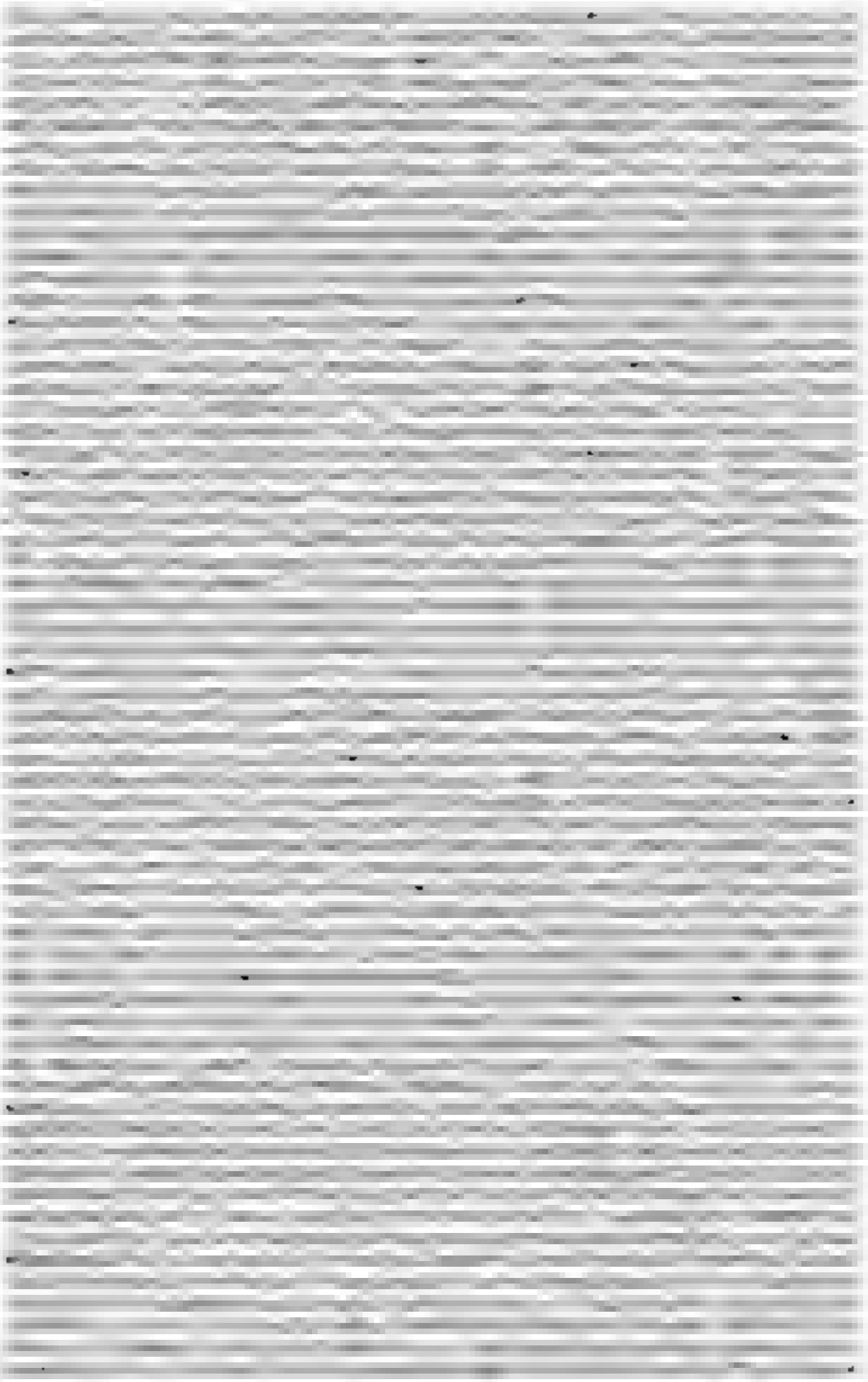

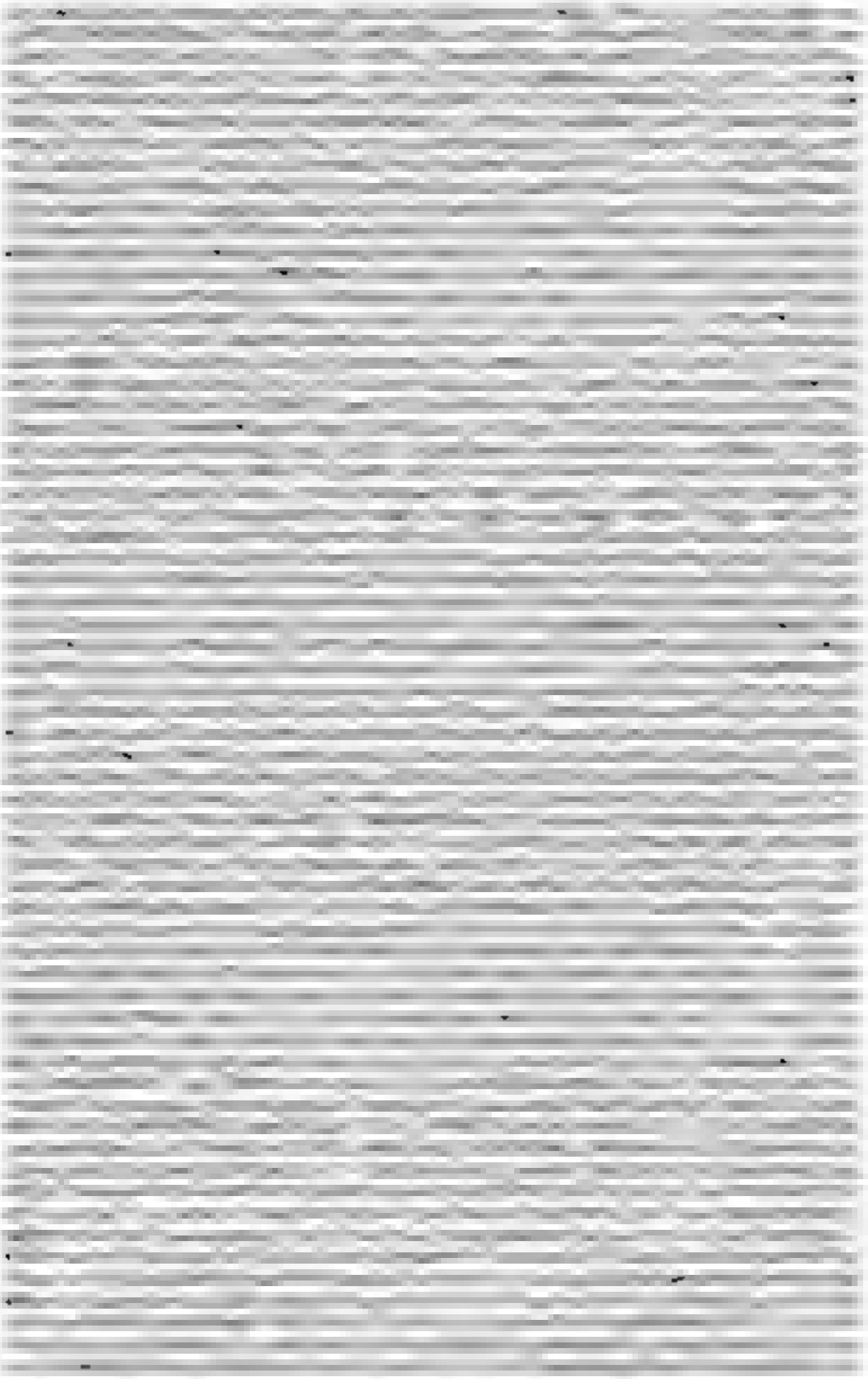

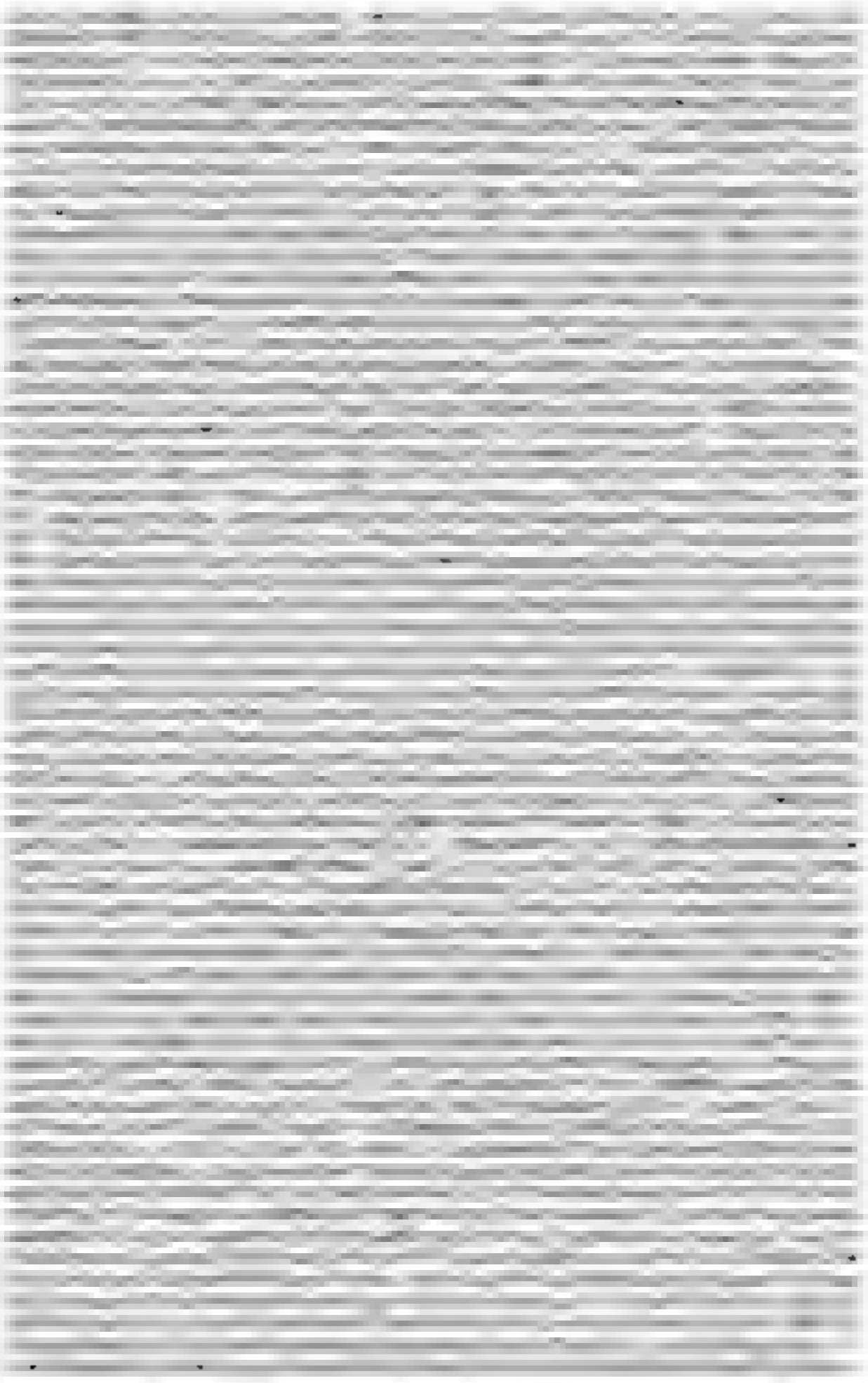

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URINE

THERAPY

Compiled by

Campbell M Gold

(2009)

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IMPORTANT

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Introduction

Urine Therapy is a procedure that employs (either orally, topically, or via injection) the individual's own urine for therapeutic purposes.

In 1945, John W. Armstrong published a book called, *The Water of Life, A Treatise on Urine Therapy*. Armstrong's book described the "difficult-to-accept" idea that drinking one's own urine will promote healing, and will restore health to individuals afflicted with grave illnesses.

In the late 1980s, Martha Christy published a book on Urine Therapy, titled *Your Own Perfect Medicine*. Christy's approach is technical in presentation and includes injections of prepared urine-tissue, and taking urine drops under the tongue.

Armstrong's approach is much simpler – to resolve life-threatening disease conditions, drink every drop of your own urine and neither eat nor drink anything else until you are completely well!!

In his book, Armstrong provides the history of patients with a variety of serious conditions – cancers, massive infections, heart conditions, etc. – who were frequently near death, and in some cases, the patient was so gravely ill, that they couldn't produce any of their own urine. In those cases, Armstrong would 'jump start' the patient with his own urine. Afterwards, the patient was able to produce a small amount of his own. With each subsequent dose of urine, the patient would gain both strength and relief from pain.

For the most serious cases, patients drank nothing but their own urine for periods of 90, 120, 150 days! Some, even longer. Armstrong points out that rubbing the body with old urine (for a substantial period of time, e.g. 2 hours) is a necessary adjunct in very serious cases, to ingestion. In less severe cases, rubbing with old urine will clear up most skin conditions and produce a smooth, blemish-free skin if applied regularly (ladies, take note).

-()-

How Urine Therapy works

1) Replenishment of vital tissues lost to the ill person through the urine
2) Re-ingestion, refinement, and re-filtering of antibodies and other immune enhancing substances which allows the body to exclusively concentrate on destroying, unclogging, and removing the offending organisms and diseased tissue without the burdens of routine work such as digestion and normal detoxification

Normally, urine and stool elimination is considered as waste. However, urine, unlike faeces, is totally sterile. Nevertheless, urine is the filtrate of the individual's own blood.

Proponents of Urine Therapy, in normal health, drink urine daily in order to promote their health and to maintain physical beauty. In the event of survival difficulties, this simple technique can be a life-saver.

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How to Do It

There are many ways to apply Urine Therapy effectively. Read through the following guidelines and methods, and then try the one that appeals to you.

General Guidelines

- Regular users say that it assists in the maintenance of energy levels, reduction of aging, and prevention of illness.
- For internal use, midstream urine should be collected in a clean cup. As urine breaks down rapidly outside the body, it should be used as soon as it is collected.
- To start with, only a few drops are to be administered each day in the early morning.
- Urine can be taken with a dropper, and one or two drops should be placed under the tongue. The dosage can be increased to five to ten drops twice a day over a period of three to five days.
- Diluting or boiling the urine decreases the efficacy; consequently, this should be avoided.
- Some individuals may experience mild headache, nausea, diarrhoea, tiredness or skin rashes, which are the body's natural responses against stored toxins. These symptoms normally disappear within 24 to 36 hours.
- In most cases, frequent small doses of one to three ounces for two to three weeks will suffice.
- Applying urine to the skin is an excellent treatment for many types of skin disorders such as skin rashes, eczema, psoriasis, acne, insect bites, etc. The urea in urine is excellent for cosmetic use and moisturising the skin. Fresh or old urine can be used as external application; in fact, old urine with its high ammonia content is more beneficial in many stubborn skin diseases.
- A small cotton ball or pad is to be soaked in urine and rubbed over the affected area. This is to be discarded and another one is taken to repeat the process for five to ten minutes.
- Urine therapy should not be taken during pregnancy and by people suffering from kidney disorders without a qualified practitioner's supervision.

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Two Specific Methods

1) Homeopathic type Drops

First collect midstream urine in a clean cup or container. This should be a clean catch meaning the genital area (important for women in particular) has been cleaned beforehand. To 5ml of distilled water in a sterile bottle add one drop of fresh urine. Cap and shake 50 times. Take one drop of this mix and add to another 5ml ounce of distilled water and shake 50 times. Take one drop of this mix and add to 5ml of 80 to 90 proof vodka which acts as a preservative.

Place three drops under the tongue hourly until there is obvious improvement or temporary exacerbation of symptoms.

As improvement progresses lengthen the interval between treatments. After 3 days suspend treatment to avoid pushing the immune system. Treatment is resumed if progress remains static or relapse occurs.

⊢

2) Fresh undiluted Urine

Use fresh urine drops direct sub-lingual drops work well.

Should always use fresh urine immediately upon collection. You should not boil or dilute the urine in any way. You must use it in its natural form.

Start by taking 1-5 drops of morning urine on the first day.

On the second day, take 5-10 drops in the morning.

On the third day take 5-10 drops in the morning, and the same amount in the evening before you go to bed.

Once you feel accustomed to the therapy gradually increase the amount as needed for obtaining results for your condition. As you use the therapy you will learn to adjust the amount you need by observing your reactions to the therapy. It may be that you'll work up to actually drinking 30ml or 60ml at a time.

-()-

Other Methods

Other methods include:

Drinking Morning urine is best. Take the middle stream. You can start with a few drops, building up to one glass a day. Good as a tonic, as a preventive and in minor illnesses.

Fasting Drink all the urine you pass, except for the evenings, otherwise you won't get any sleep. You can also take some extra water. The urine will quickly change its taste into almost neutral. Fasting on urine and water cleanses the blood. Toxins are removed through liver, skin, and exhalation.

Gargle Gargling with urine works wonders when having a throat-ache. Also good for toothache and generally when having a cold.

Enemas Urine enemas work very well in cleansing the colon and in providing a direct immune stimulant.

Vaginal Douche Helpful in cases such as yeast problems, white discharge, etc.

Ear and Eye Drops For ear infections, conjunctivitis, glaucoma, etc. For the eyes, dilute the urine with some distilled water

Sniffing Urine Sinusitis and other nose problems. Very good preventive for colds and to clean the subtle channels in the head

External Application Massaging/rubbing. You can use either fresh or old urine. Old urine (4 to 8 days) is generally more effective, but it has a pungent odour. Massaging the whole body is an important complementary treatment when fasting. It nourishes the body through the skin and helps against increased heartbeat.

You can leave the urine on or wash it off after an hour or so, just with water or with a mild, natural soap. Fresh urine as an after-shave gives you a beautiful soft skin. It is also helpful in all kinds of skin problems such as itching, sunburns, eczema, psoriasis and acne.

Gentle rubbing of urine into acupressure points (for example on the ears) is useful when reactions are otherwise too strong accompanied by heavy allergic reaction.

Foot Baths Any skin and nail problems of the feet (athlete's foot, ringworm, etc.)

Compress When rubbing is not appropriate, this is another way of applying urine on the skin.

Hair and Scalp Massage Renders the hair soft and clean. Sometimes stimulates new hair growth.

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Urine Therapy Rationale

Urine Therapy is based on the hypothesis that urine contains numerous substances that possess "therapeutic properties". These include:

- Antibodies (each individual produces a unique set Antibodies specific to that person. These "customized antibodies" are excreted from the body via the urine. Thus, Urine Therapy "recycles" these antibodies,
- Urea: is Nitrogen compound that is a vital element in the urea-cycle, which possesses therapeutic effects

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Suggested Health Benefits

It is suggested that Urine Therapy is "effective" in treating a wide array of conditions such as:

- Acne
- Adrenal failure
- Aids/hiv
- Allergies
- Amebas
- Arthritis
- Asthma
- Athlete's foot
- Bladder cancer
- Breast lumps

- Cancer
- Candida
- Cold & flu symptoms (gargle, ingest)
- Colitis
- Constipation
- Cystitis
- Dandruff
- Diabetes
- Diarrhea
- Dissolving blood clots (heart disease, stroke)
- Ear infections
- Eczema
- Epilepsy
- Eye troubles (conjunctivitis
- Fibroid tumor
- Food poisoning
- Gangrene
- Glaucoma
- Gout
- Heart disease
- Hepatitis
- Herpes
- Hyperactivity
- mpotence
- nsect bites
- Jaundice
- Liver cancer
- Lupus (lupus is a chronic inflammatory disease that occurs when the body's immune system attacks its own tissues and organs nflammation caused by lupus can affect many different body systems including joints, skin, kidneys, blood cells, heart, and lungs etc)
- Mononucleosis ,an unusual proliferation of lymphocytes in the blood glandular fever)
- Multiple sclerosis
- Nail problems
- Osteoporosis
- Pancreatic insufficiency
- Parasites
- Prostate enlarged
- Prostate cancer
- Psoriasis

- Rashes
- Rheumatism
- Rheumatoid arthritis
- Ringworm
- Sciatica
- Skin and nail problems
- Stimulation of hair growth
- Sunburn
- Tooth abscess
- Toothache
- Ulcers
- Warts

Digestive System

- Urine Therapy helps to prevent Peptic Ulcers and also accelerates the healing of existing Peptic Ulcers (due to the Urogastrone component of Urine).
- Urine Therapy helps to prevent Duodenal Ulcers and also accelerates the healing of existing Duodenal Ulcers
- Urine Therapy helps to prevent Gastric Ulcers and also accelerates the healing of existing Duodenal Ulcers

Excretory System

- Urine Therapy is reported to cure some cases of Cystitis (where Cystitis is caused by proliferation of Escherichia coli).
- Urine Therapy reduces the symptoms of Acute Nephritis and reduces the underlying infection that causes (acute) Nephritis

Immune System

- Urine Therapy may improve the condition of Acquired Immune Deficiency Syndrome AIDS patients
    - There are various anecdotal reports of T Lymphocytes counts improving in AIDS patients using oral Urine Therapy

      It is known that the Urine of AIDS patients contains Antibodies to the HIV virus (but not the actual HIV virus that causes AIDS and it has been speculated that oral administration of these Antibodies to HIV via Urine Therapy may be responsible for the effectiveness of Urine Therapy in AIDS patients Antineoplastons may also contribute to the effects of Urine Therapy
- Urine Therapy may help to alleviate Allergies (the Urine of Allergy patients often contains specific Antibodies to the substances Antigens) to which the Allergy patient is allergic to.

  The Urea component of Urine dissolves the 'foreign' Proteins that form many Antigens.
- Urine Therapy inhibits/kills many types of Detrimental Bacteria due to the Urea content of Urine) including
    - Mycobacterium tuberculosis

Cancer

Urine Therapy may inhibit the growth of the malignant Cells that occur in Cancer. Types of Cancer that have been reported to respond to Urine Therapy include

- Bladder Cancer
- Breast Cancer
- Cancers of the eye
- Cervical Cancer
- Colon Cancer
- Kaposi's Sarcoma
- Liver Cancer
- Lung Cancer
- Lymphomas
- Prostate Cancer
- Skin Cancer
- Stomach Cancer
- Uterus Cancer
- The specific components of human Urine that are speculated to account for the effectiveness of Urine Therapy in the treatment of Cancer include Human Urine Derivative (HUD), H-11 Retine, Antineoplastons and Uric Acid

Fever

- Urine Therapy reduces Fever (due to the presence of an inhibitor of Interleukin 1 in Urine)

Viruses

Urine Therapy is reported to destroy some types of Viruses (due to the Urea component of Urine dissolving the Protein component of Viruses):

- Urine Therapy may destroy the Varicella-Zoster Virus that causes Chickenpox
- Urine Therapy may destroy the Measles Virus that causes Measles
- Urine Therapy may destroy Polio Viruses

Nervous System

- Urine Therapy is reported to alleviate Migraine

Respiratory System

- Urine Therapy alleviates some cases of Asthma.
- Urine Therapy alleviates some cases of Hay Fever
- Urine Therapy is reported to alleviate some cases of Tuberculosis.
- Urine Therapy alleviates some cases of Whooping Cough

Sexual System - Male

- Urine Therapy kills the Detrimental Bacteria that cause (bacterial forms of) Prostatitis

Skin

- Urine Therapy is reported to alleviate Hives
- Urine Therapy (using a patient's own Urine applied topically) alleviates Tinea

Infection

- Urine Therapy helps to prevent infection of existing Wounds - primarily due to the Urea component of Urine

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Some Facts and Fallacies about Urine

Urine consists of 95% water, 2.5% urea, and the remaining 2.5% is a mixture of minerals, salts, hormones and enzymes.

In 1975, one of the founders of Miles Laboratories, Dr. A. H. Free, published his book *Urinalysis in Clinical Laboratory Practice*, in which he remarked that not only is urine a sterile body compound (purer than distilled water - except in the case of a urinary or kidney infection,), but that it is now recognized that urine contains literally thousands of compounds. Among the urine constituents mentioned in Dr. Free's treatise is a list of nutrients that will knock your socks off. Here's just a few:

Alanine, Arginine, Ascorbic acid, Allantoin, Amino acids, Bicarbonate, Biotin, Calcium, Creatinine, Cystine, DHEA, Dopamine, Epinephrine, Folic acid, Glucose, Glutamic acid, Glycine, inositol, Iodine, Iron, Lysine, Magnesium, Manganese, Melatonin, Methionine, Nitrogen, Ornithine, Pantothenic acid, Phenylalanine, Phosphorus, Potassium, Proteins, Riboflavin, Tryptophan, Tyrosine, Urea, Vitamin B6, Vitamin B 12, Zinc.

Stories have been told of individuals who have both lived and died by being trapped in places without food and water for days. Those that survived did so because they drank their own urine, those that perished did not. The ones that died probably could not overcome the mis-informed thoughts that urine is a waste product of the body. It's not. It's just a substance the body secretes that contains elements not needed at the time.

Fallacy: Urine is a biological waste, which contains a host of micro-organisms.

Fact: Urine is only a derivative of the blood. It is a fluid, which has tremendous variations of composition. These excess elements from the circulating blood are filtered and collected within the kidney in the form of a purified, sterile, watery solution called urine. This is almost free from all kinds of micro - organisms like bacteria.

Fallacy: The body has excreted it because it does not need it anymore.

Fact: The function of the kidneys is not excretion, but regulation. The kidneys do not filter out important elements in the blood not because those elements are toxic or dangerous for the body, but simply because the body is not in need of that particular concentration of the element at the time it was excreted. Researchers have observed that urine, because it is actually extracted from our blood, contains small amounts of almost all the life-sustaining elements, enzymes, proteins, hormones, antibodies and immunizing agents that our blood contains.

Fallacy: Synthetic derivatives of urine are better option.

Fact: Urine in its natural form is beneficial because it does not produce side-effects. And extract of urine called urokinase which is used to dissolve blood clots can cause serious abnormal bleeding as a

side-effect. In contrast, not even a single case with such serious side-effects was reported when natural urine (though it contains measurable amounts of urokinase) was used. Moreover, urine contains thousands of therapeutic agents, such as important natural antibodies, enzymes and regulating hormones that extracts like urea, uric acid or urokinase do not contain.

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Does It Work?

Ms. Christy was sick. Very sick. For a very long time. Pelvic inflammatory disease, ulcerative colitis, Chron's disease, chronic fatigue syndrome, Hashemoto's disease, mononucleosis. She had severe kidney infections, two miscarriages, chronic cystitis, severe candida, endometriosis, adrenal insufficiency, serious chronic ear and sinus infections, food and chemical allergies. And that wasn't the half of it. She had every conceivable medical test, her share of surgery, and drugs - plenty of them. Then she tried all forms of alternative therapy. Homeopathy, herbs, mega-vitamins and live-cell treatments in Mexico. After traditional medicine failed to work, she and her husband spent over $100,000 trying to get her well with alternative approaches. Nothing worked.

And then one day, her husband brought home a little book that told of how individuals had been cured of even the worst diseases with a seemingly strange and little-known natural therapy. Soon afterwards, she began the therapy herself. From the first day she began, she received almost instantaneous relief from her incurable constipation and fluid retention. Within a week, her severe abdominal and pelvic pain was gone.

The chronic cystitis and yeast infections (internal and external) soon disappeared and her food allergies, exhaustion, and digestive problems all began to heal.

After a few more months, her colds, flu, sore throats and "on again off again" viral symptoms disappeared. Her hair which had fallen out by the handfuls after her fifth surgery became thick and lustrous. Her weight normalized, and her energy and strength came back. After nearly 30 years of non-stop illness, Martha Christy was whole again.

What was this therapy that she had discovered? What was this therapy that has helped seriously ill patients gain complete remissions from their afflictions? What was it that she actually did?

She orally re-consumed her own urine!

Adapted from, "*Your Own Perfect Medicine*" by Martha Christy

War is Just a Racket

Excerpt from a speech delivered in 1933 by General Smedley Butler USMC General Butler was one of the few Americans to be twice awarded the Congressional Medal of Honor

War is just a racket A racket is best described, I believe, as something that is not what it seems to the majority of people Only a small inside group knows what it is about It is conducted for the benefit of the very few at the expense of the masses

I believe in adequate defense at the coastline and nothing else If a nation comes over here to fight then we'll fight The trouble with America is that when the dollar only earns 6 percent over here then it gets restless and goes overseas to get 100 percent Then the flag follows the dollar and the soldiers follow the flag.

I wouldn't go to war again as I have done to protect some lousy investment of the bankers There are only two things we should fight for One is the defense of our homes and the other is the Bill of Rights. War for any other reason is simply a racket

There isn't a trick in the racketeering bag that the military gang is blind to It has its "finger men" to point out enemies, its "muscle men" to destroy enemies, its "brain men" to plan war preparations and a "Big Boss" Super-Nationalistic-Capitalism.

It may seem odd for me, a military man to adopt such a comparison. Truthfulness compels me to I spent thirty-three years and four months in active military service as a member of this country's most agile military force the Marine Corps. I served in all commissioned ranks from Second Lieutenant to Major-General And during that period, I spent most of my time being a high class muscle-man for Big Business for Wall Street and for the Bankers. In short, I was a racketeer a gangster for capitalism

I suspected I was just part of a racket at the time Now I am sure of it Like all the members of the military profession, I never had a thought of my own until I left the service My mental faculties remained in suspended animation while I obeyed the orders of higher ups This is typical with everyone in the military service

I helped make Mexico, especially Tampico, safe for American oil interests in 1914 I helped make Haiti and Cuba a decent place for the National City Bank boys to collect revenues in. I helped in the raping of half a dozen Central American republics for the benefits of Wall Street The record of racketeering is long I helped purify Nicaragua for the international banking house of Brown Brothers in 1909-1912 (where have I heard that name before?). I brought light to the Dominican Republic for American sugar interests in 1916 In China I helped to see to it that Standard Oil went its way unmolested.

During those years I had, as the boys in the back room would say, a swell racket Looking back on it I feel that I could have given Al Capone a few hints The best he could do was to operate his racket in three districts. I operated on three continents

Richard Stallman's personal site.

https://stallman.org

For current political commentary, see the daily political notes

RMS Bio | The GNU Project

How I do my computing

My computer

I use a Thinkpad T400s computer which has a free initialization program (libreboot) and a free operating system (Trisquel GNU/Linux). It was not sold that way by Lenovo, however; small businesses buy them used, recondition them, and install the free software. This is one of the computers endorsed by the FSF.

Before using such Thinkpads, I used the Lemote Yeeloong for several years. At the time, it was the only laptop one could buy that could run a free initialization program and a free operating system. But it was never sold with a free operating system.

Before that, I used an OLPC for some weeks. The OLPC uses a nonfree firmware blob for the WiFi, so I could not use the internal WiFi device. No big problem, I used an external WiFi adaptor.
I stopped using it because the OLPC project decided to make their machine support Windows, so I did not want to appear to endorse it by visibly carrying it around. I could have continued using it privately with its free software installation, but I had no need for another computer to use only privately.

The results that seemed likely, millions of children running Windows on the OLPC, have not occurred. Instead we see millions of children running Windows on the Intel Classmate, or nowadays a Chromebook that sends the child's personal data to Google.

Before that I used machines that ran completely free GNU/Linux systems but had nonfree BIOSes. I tried for about 8 years to find a way to avoid the nonfree BIOS in some commercial machine.

GNU/Linux distro

I do not have a preferred GNU/Linux distro. I recommend all the ethical distros, namely, those that are 100% free software.

I've chosen not to have any preferences among those ethical distros. In fact, I am not in a position to judge them on other criteria, even to try them all would be a lot work of that I have no need to do.

What I do on my computer

Mostly I use a text console, for convenience's sake. Most of my work is editing text and that is more efficient on a text console. On the text console, the touchpad can't cause me any trouble if I touch it by accident.

I do use X11 for tasks that need a graphical interface. I have no preferred graphical environment or window manager. Since my interest in using graphical environments is small, I don't want to spend time comparing them.

This is not an ethical issue, just my own personal preference. On the ethical level, I think it is important for free software to provide convenient free graphical user interface software, which is why the GNU Project launched three projects to develop that. The third, GNOME, was successful, so we never needed a fourth one.

I spend most of my time editing in Emacs. I read and send mail with Emacs using M-x rmail and C-x m. I have no experience with any other email client programs. In principle I would be glad to know about other free email clients, but learning about them is not a priority for me and I don't have time.

I edit the pages on this site with Emacs also, although volunteer helpers install the political notes and urgent notes. I have no experience with other ways of maintaining web sites. In principle I would be glad to know about other ways, but learning about them is low priority for me and I have other things to do.

How this site is maintained

This site is maintained in a very simple way. I edit the pages such as this one manually as HTML. I only know simple HTML, others who know more wrote the parts at the top and bottom of pages, and the more complex formatting on the home page. Volunteer helpers install the political notes every day after receiving the text from me by email. A cron job "rolls over"

the political notes page every two months. The photo galleries are generated with this perl script. The search feature on the site is done with this code.

An explanation of the concept of designing a "user experience" which also shows why I find it loathsome. This is why I want stallman.org to remain simple, not a "user experience" but rather a place where I present certain information, views and action opportunities to you.

Would you like to help do this? Write to rms at the site gnu.org.

How I use the Internet

- I have used the Internet since it first existed. I never used UUCP, though occasionally I sent emails to addresses that involved transmission via UUCP.

- I am careful in how I connect to the internet.

  Specifically, I refuse to connect through portals that would require me to identify myself, or to run any nontrivial nonfree Javascript code. I use to prevent nonfree Javascript code from running.

  I don't mind giving an identity that isn't really me, if that works.

  I often connect in a person's home. The *person* of course knows who I am, but that does not bother me. What I would object to is putting my identity in a database that can be searched. I prevent that by changing my mac address at each location.

- I am careful in how I use the Internet.

  I generally do not connect to web sites from my own machine, aside from a few sites I have some special relationship with. I usually fetch web pages from other sites by sending mail to a program (see https://git.savannah.gnu.org/git/womb/hacks.git) that fetches them much like wget, and then mails them back to me. Then I look at them using a web browser, unless it is easy to see the text in the HTML page directly. I usually try lynx first, then a graphical browser if the page needs it (using Konqueror, which won't fetch from other sites in such a situation).

  I occasionally also browse unrelated sites using IceCat via Tor. Except for rare cases, I do not identify myself to them. I think that is enough to prevent my browsing from being connected with me. IceCat blocks tracking tags and most fingerprinting methods.

I never pay for anything on the Web because I cannot pay anonymously. Anything on the net that requires payment that would identify me, I don't do. (I made an exception for the fees for the stallman.org domain, since that is connected with me anyway.)

I avoid paying with credit cards generally. For freedom's sake, insist on paying cash. When a business pressures you to pay in an identified way, it's your chance to defend freedom by saying, "If you won't take my cash, no sale!"

- I would not mind paying for a copy of an e-book or music recording on the Internet, if I could do so anonymously, and it treated me justly in other ways (no DRM or EULA). But that option almost never exists. I keep looking for ways to make it exist.

- For searching, I have mostly used DuckDuckGo for the past few years. It does work with JS disabled, but you have to follow a link before you search.

  I also sometimes use hxquick.com. My usual precautions should stop them from knowing it is me.

  I no longer use Google search, not even occasionally, because it sends me a broken CAPTCHA. I suspect the reason it tries to send me a CAPTCHA is that I am coming through Tor. I would answer the CAPTCHA if that worked.

  I suspect that the reason the CAPTCHA is broken is that it depends on nonfree Javascript. I won't run that in my computer. I am not willing to let Google see where I am, so I won't bypass Tor. Therefore, I can't use Google search any more.

Social media

- I do not use any social networking sites because that way of working is inconvenient for me. That doesn't mean I think they are all unethical. Some are, some are not. Social networking sites raise their own set of ethical issues, completely different from the ethical issues of distributing software (free vs proprietary), and there are big differences between them.

  I have a Twitter account called rmspostcomments, which I use to log in on other sites to post comments on articles. I never post on Twitter. Someone made an account stallman_feed which I'm told posts something about my political notes. Any other Twitter account that claims to be mine is an impostor.

The rms account on gnusocial.no repeats the political notes from this site, but I do not post on it directly. That site runs GNU Social.

Aside from those two, any account on a social networking site that says it is mine is an impostor.

I do not post on 4chan. I have nothing against it in principle, but I am told a lot of the posts nowadays are right wing bigotry which I condemn totally. I have occasionally answered questions for interviews for 4chan, but I have never posted anything there. Any posting there that says it is by me is by an impostor.

- I have never had a Facebook account, or a Google+ account. Some impostor created a Facebook account using my name. The page is not mine. The Google+ account using my name is also not mine.

  I reject Facebook because it requires each user (i.e., person used by Facebook) to have just one account, which means that all the person's activities are grouped together. It also insists on knowing the person's usual name, and it is starting to demand a series of different photos.

  I am proud to identify myself when stating my views. I can afford to do that because I am in a fairly safe position. There are people who rationally fear reprisals (from employers, gangsters, right wing extremists, or the state) if they sign their name to their views. For their sake, let's reject any social networking site which insists on connecting an account to a person's real identity.

  Of course, Facebook is bad for many other reasons as well.

  Google+ formerly required knowing the user's real name, but no longer. However, it does require identification in the form of a phone number. Meanwhile, Google+ has another unacceptable injustice: it requires running nonfree Javascript code to post a message.

E-mail service

People sometimes ask me to recommend an email service. The two ethical issues for an email service are (1) whether you can use it without running any nonfree software (including nonfree Javascript code from the site), and (2) whether it respects your privacy.

For issue 1, see the FSF's page. On issue 2, I have no way to verify that any email service is satisfactory. Therefore, I have no recommendation to offer.

However, I can suggest that it may be wise to use an email service that is not connected with your search engine. That way you can be almost sure

that your email contents don't influence your search results. You shouldn't identify yourself to your search engine in any case.

Programming languages

- The most powerful programming language is Lisp. If you don't know Lisp (or its variant, Scheme) you don't know what it means for a programming language to be powerful and elegant. Once you learn Lisp, you will see what is lacking in most other languages.

  Unlike most languages today, which are focused on defining specialized data types, Lisp provides a few data types which are general. Instead of defining specific types, you build structures from these types. Thus, rather than offering a way to define a list of this type and a list of that type, Lisp has one type of lists which can hold any sort of data.

  Where other languages allow you to define a function to search a list of this, and sometimes a way to define a generic list search function that you can instantiate for list of this, Lisp makes it easy to write a function that will search any list, and provides a range of such functions.

  In addition, functions and expressions in Lisp are represented as data in a way that makes it easy to operate on them.

  When you start a Lisp system, it enters a read-eval-print loop. Most other languages have nothing comparable to `read`, nothing comparable to `eval`, and nothing comparable to `print`. What gaping deficiencies!

  While I love the power of Lisp, I am not a devotee of functional programming. I see nothing bad about side effects and I do not make efforts to avoid them unless there is a practical reason. There is code that is natural to write in a functional way, and code that is more natural with side effects, and I do not campaign about the question. I limit my campaigning to issues of freedom and justice, such as to eliminate nonfree software from the world.

  Lisp is no harder to understand than other languages. So if you have never learned to program, and you want to start, start with Lisp. If you learn to edit with Emacs, you can learn Lisp by writing editing commands for Emacs. You can use the Introduction to Programming in Emacs Lisp to learn with; it is free as in freedom, and you can order printed copies from the FSF.

  You can learn Scheme (and a lot of deep ideas about programming)

from Structure and Interpretation of Computer Programs by Abelson and Sussman. That book is now free/libre although the printed copies do not say so.

Please don't buy books, or anything, from Amazon.

- My favorite programming languages are Lisp and C. However, since around 1992 I have worked mainly on free software activism, which means I am too busy to do much programming. Around 2008 I stopped doing programming projects. As a result, I have not had time or occasion to learn newer languages such as Perl, Python, PHP or Ruby.

  I read a book about Java, and found it an elegant further development from C. But I have never used it. I did write some code in Java once, but the code was in C and Lisp (I simply happened to be in Java at the time ;-).

- By contrast, I find C++ quite ugly.

  The flaws of C++, as I recall from when I studied the matter around 1990, include syntax and semantics. As for syntax, its grammar is ambiguous, and it is gratuitously incompatible with C, which blocks the smooth upgrade path from C to C++.

  As for semantics, the abstract object facility of C++ is designed around the case where the real type of an object is known at compile time. However, in that case, abstract objects are equivalent to a naming convention for functions to call. The case where abstract objects add real power to a language is when the type is not known until run time. C++ does handle that, but it seems to be an afterthought, a poor relation.

  I suspect that I would find plenty of ugliness in the template library, but I don't know. That was added to C++ after I studied it.

- I skimmed documentation of Python after people told me it was fundamentally similar to Lisp. My conclusion is that that is not so. 'read', 'eval', and 'print' are all missing in Python.

How to learn programming

First, read a textbook about programming in some language, then manuals for several programming languages including Lisp. If this makes natural intuitive sense to you, that indicates your mind is well adapted towards programming.

If they don't make intuitive sense to you, I suggest you do something other

than programming. You might be able to do programming to some degree with a struggle, but if you find it a struggle you won't be very good at it. What's the point of programming if it is a struggle instead of a fascination?

After that, you need to read the source code of real programs (or parts of them) and figure out what they do. Then start writing changes in them, to add features, or fix bugs if you can find out about specific bugs to fix. Ask some good programmers who are familiar with the code of those programs to read and critique your changes.

If you fix a bug in a free program that people are developing, the developers are likely to be glad to get fixes from you and will tell you the way to write them to make them good to install. Look at their TODO list for features you would like to implement. You will find it is a great satisfaction when the developers incorporate your changes.

Do this over and over and you will become good at developing software.

Please use your programming capability only for good, not for evil. Don't develop nonfree software, or [service as a software substitute]. Design systems not to collect personal information, and to allow anonymous use.

Non-free software issues

I firmly refuse to install non-free software or tolerate its installed presence on my computer or on computers set up for me.

However, if I am visiting somewhere and the machines available nearby happen to contain non-free software, through no doing of mine, I don't refuse to touch them. I will use them briefly for tasks such as browsing. This limited usage doesn't give my assent to the software's license, or make me responsible it's being present in the computer, or make me the possessor of a copy of it, so I don't see an ethical obligation to refrain from this. Of course, I explain to the local people why they should migrate the machines to free software, but I don't push them hard, because annoying them is not the way to convince them.

Likewise, I don't need to worry about what software is in a kiosk, pay phone, or ATM that I am using. I hope their owners migrate them to free software, for their sake, but there's no need for me to refuse to touch them until then. (I do consider what those machines and their owners might do with my personal data, but that's a different issue, which would arise just the same even if they did use free software. My response to that issue is to minimize those activities which give them any data about me.)

That's my policy about using a machine once in a while. If I were to use it for an hour every day, that would no longer be "once in a while"; it would

be regular use. At that point, I would start to feel the heavy hand of any nonfree software in that computer, and feel the duty to arrange to use a liberated computer instead.

Likewise, if I were to ask or lead someone to set up a computer for me to use, that would make me ethically responsible for its software load. In such a case, I insist on free software, just as if the machine were my own property.

As for microwave ovens and other appliances, if updating software is not a normal part of use of the device, then it is not a computer. In that case, I think the user need not take cognizance of whether the device contains a processor and software, or is built some other way. However, if it has an "update firmware" button, that means installing different software is a normal part of use, so it is a computer.

Skype (or any nonfree noninteroperable communication program) is a special case because of its network effect. Using Skype to talk with someone else who is using Skype is encouraging the other to use nonfree software. Doing so regularly is pressuring the other to use nonfree software. So I refuse to use Skype under any circumstances. (See more information.)

Streaming medias and DRM issues

- Streaming media dis-services such as Netflix and Spotify require nonfree client programs that impose digital restrictions mechanisms (DRM) intended to stop the user from saving a copy of the data being streamed through her own computer. You should never use DRM that you can't break, so you should not use these dis-services unless you can break their DRM.

  An additional injustice of these and other streaming client programs is that they impose unjust contracts (EULAs) which restrict the user more strictly than copyright law itself. I do not agree to EULAs, period, and I urge you to join me in rejecting them.

  These streaming dis-services are malicious technology designed to make people antisocial. (If you don't have a copy, you can't share copies.) Rejecting them is of the highest ethical priority.

  A friend once asked me to watch a video with her that she was going to display on her computer using Netflix. I declined, saying that Netflix was such a threat to freedom that I could not treat it as anything but an enemy.

  Out, out, damned Spotify! Flick off, Netflix!

- Every product with Digital Restrictions Management (DRM) is an attack on your freedom

  Therefore, one should not buy or tolerate any product with DRM handcuffs unless one personally possesses the means to break the handcuffs. For instance, don't use encrypted DVDs unless you have DeCSS or another comparable free program. And never use a Blu-ray disk unless you find a way to break its handcuffs. Don't use the Amazon Swindle or other e-book readers that trample readers' freedoms. Don't use music or video streaming "services" that impose DRM. (If they require a nonfree client program, it is probably for DRM or some sort of surveillance of users.)

Miscellaneous

- I never used Unix (not even for a minute) until after I decided to develop a free replacement for it. the GNU system. I chose that design to follow because it was portable and seemed fairly clean. I was never a fan of Unix. I had some criticisms of it too. But it was ok overall as a model.

- In the mid-90s I had bad hand pain, so bad that most of the day I could only type with one finger. The FSF hired typists for me part of the day, and part of the day I tolerated the pain. After a few years I found out that this was due to the hard keys of my keyboard. I switched to a keyboard with lighter key pressure and the problem mostly went away.

  My problem was not carpal tunnel syndrome. I avoid that by keeping my wrists pretty straight as I type. There are several kinds of hand injuries that can be caused by repetitive stress; don't assume you have the one you heard of.

- I find it bizarre that people use the term "coding" to mean programming. For decades, we used the word "coding" for the work of low-level staff in a business programming team. The designer would write a detailed flow chart, then the "coders" would write code to implement the flow chart. This is quite different from what we did and do in the hacker community — with us, one person designs the program and writes its code as a single activity. When I developed GNU programs, that was programming, but it was definitely not coding.

  Since I don't think the recent fad for "coding" is an improvement, I have decided not to adopt it. I don't use the term "coding" except if I were talking about a business programming team which has coders.

- Why I coined the name POSIX.

Return to Richard Stallman's home page

Please send comments on these web pages to *rms@gnu.org*

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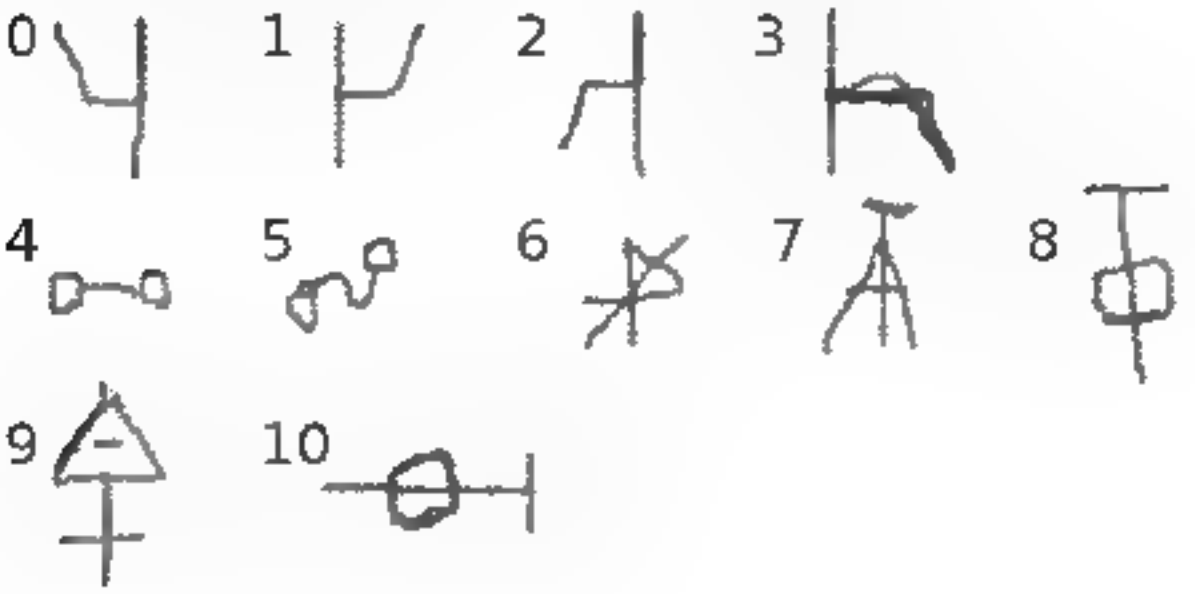
BASE10/11-SIGIL-BASED-ONE-TIME-PAD,
A-Z010*SPRANDOM3 1Ksets p -40-..
From the Retarded Sub-Spaces... h, h
The Retarded Collective Unconscious .
IFOFIBA, DRUGS, SCHIZOTYPALISM .....



911=mossad op to destroy uss liberties and implement a future shock 1984 toffler alvin george orwell dictatorship and NSAKEY advapi32dll Patriot Act of Windows 10 11 12

095364808*circlediameter pentagram

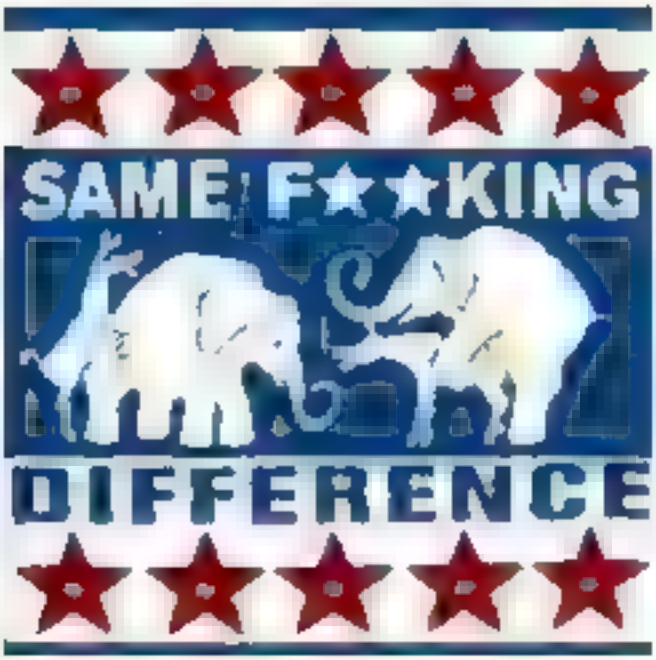
prng/0953 makes non intervened PRNG random one time pad az010sprandom3 1ksets 000-999 Radiometric dating shows earth is 4543 billion years PRNG young earth creationists caused by Maccabees Zionist Israeli Palestinian genocide Martian God Myth and Anomolous Amygdala is why people act strange frontal lobe and foxp2 hijacked by religion and god myth LINUX-GNU BSD UNIX Microkernel Rust redoxos-haiku bewos-solaris-rodos AIX IBM Kolibri Syllable OS anti MKULTRA machine blue light filter redshift wins mini and 30p 7831 schumann infrasound at 58m 16bpcmwav in loop shellscript anti-scalar mkultra CIA tinfoilhatman urine therapy CowCowCowCowCowCowCowCow

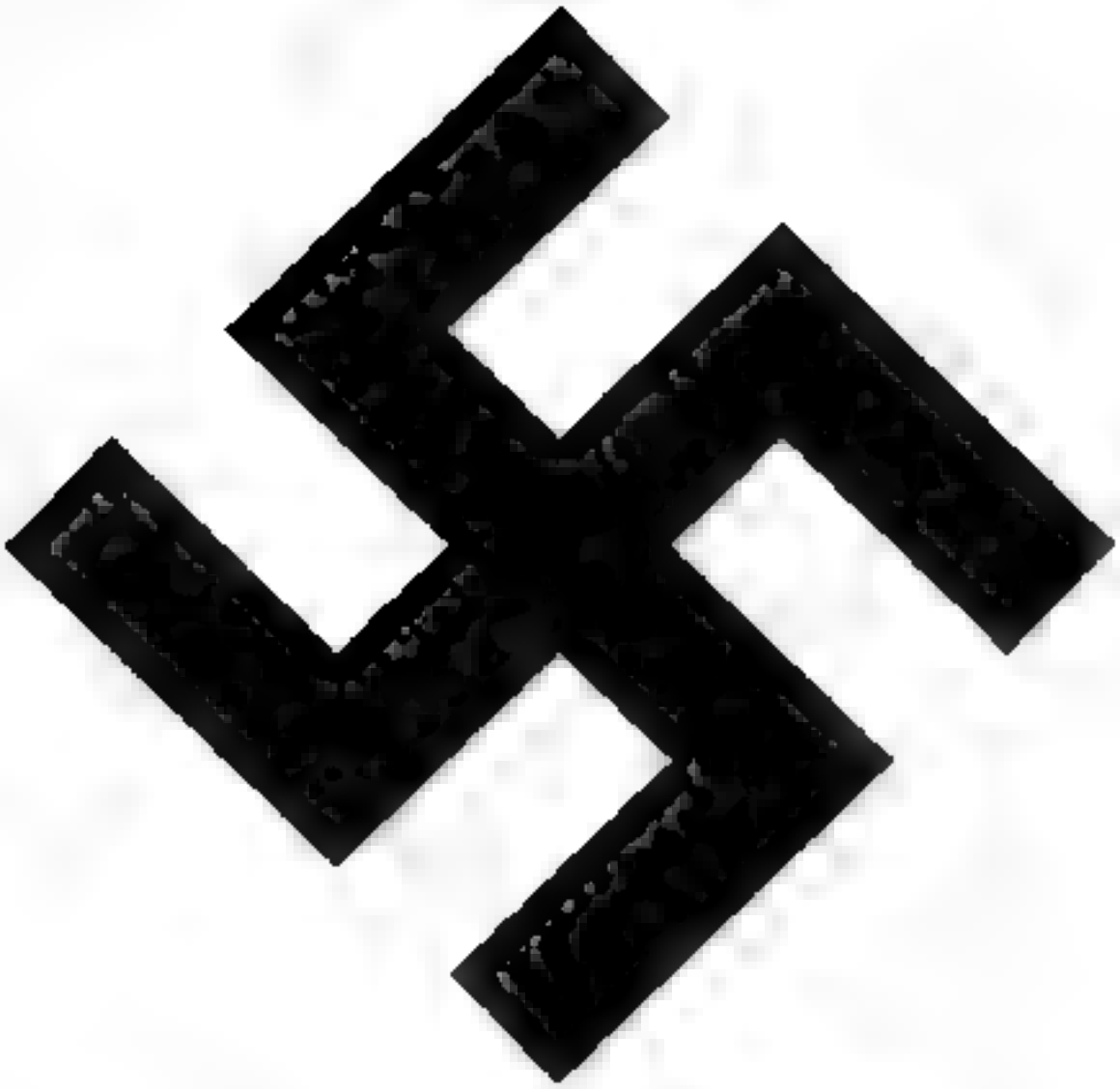
See 144K-1m people are gang stalked by perps as Targeted Individuals under Monarch-Artichoke-Mknaomi-Mkalpha-Mkbeta-Mktheta Mkdelta-CIA COINTELPRO-Projects-FBI Witness-Protection.

They have a Kst community-reactive-proactive policing watchlist file and NSA has you if you have windows or advapi32dll or NSAKEY or pf.ptables unixlinux Tavistock Institute owns Markmonitor inc and Network Solutions LLC and Internic net Icann pool services Darpa Fema Raytheon Fusion Centers for NSA sigint fisc fisa scourts and RNM remote Viewing and Influencing and Remote computer tampering Macabees Zionist Israeli God myth of the Martians also Roman Cathoic Church of iol and Emperor Constantine Jesus was Julias Caesar and the Earth is 4543 bil yo according to radiometric Pseudorng dating like weather analysis

Martians made god and Homo Capensis run banks financial institutions our zionist 6m MSM GE-VIAcom-Time Warner Newscorp-CBS-walt-disney-which-port internic-ican net-org and cfr is may11776 we ended with 166act cestui que vie and dist of columbia owned us in 1871 with the requirement of birth certificates after 1666 and royalty of ancient egypt back to mars a planet they have destoyed kyle-odom-manifesto-pdf-mac-strat report hollywood and youtube are markmon inc companies so is scientology gates found and cfr use network solutions llc lastly you have a kst file on you as the fucked 1M and martians started the God myth rights are fiction like the boogie man the law of attraction is new age bs lol KST file watchlist in your name to be red flagged under patriot act real id 2020 and new red flag martial law bS thingey homo capensis at the vatican are building pumpkin shaped heads and mathematical left brained no empathy amygdala hypersexual beings at banks vatican london crown in rom and dist of columbia NSA SIGINT NSAKEY time program I I use linux no advapi32dll lol eyes are close together and black or blue dotted things. oddball nostrols and huge muskets worn in the monarchies as well CQV1666 comes from brittans Monarch coven games of pseudoscience LOL Religion is a myth and prayer is a mental illness LOL Pheonix program CIA DIA MKULTRA Nixon destroyed the planet with foreign trade FDRs glass steagal failed the federal reserve banks failfuckfuck chines and danish shitbails now and wheres a vintage edison and old carbon steels and cast irons when you need it 3m dupont and mkultra on females for management called cunts basically internicseccencominscommnetorgcfrdmgleberrybuttcianiggertacokektopkek //si /ti/noform/authorized-keks-only . /)

Suicide Watch


SAME F★★KING
DIFFERENCE



187 ON A KIKE!
FUCK ISRAEL!

```
gs -q -dNOPAUSE -dBATCH
-dPDFSETTINGS=/prepress -sDEVICE=pdfwrite
-sOutputFile=file_FONTS-EMBEDDED.pdf
file.pdf
```

Religion Psychosis produced

DELUSIONS

are NO DIFFERENT to

those produced by

SCHIZOPHRENIA!

All are FALSE BELIEFS

God Belief is a BRAIN DISEASE

9780359-0-681337

9679218-21-0-

/1666-6-20-0

97801590108960616710138731753

18004515249150533227371052280

01181892259190199015261106 12

21198251334195242121571016 06

11211982515211901325061855 02

37219820500919066010166618 71

Antipsychiatry.org

#ILLUSIONOURMINDS

ANTI

PSYCHIATRY

MOVEMENT

SEARCHONLINE

Dominus Sathanas

Happens in every Hospital also. Most males, females now are sterilized and impotent now to on DuPont Family other stuff Ashley Bass and Amber's story of injustice and abuse of state power at the Family Birth Center

Dominus Sathanas

You are free to encode or archive whatever related to CPS and this Hospital

Gave it Stat on Report and Tell Look up Freeman in CA MKULTRA DGs

should wear an electret cond bug when I go visit a Shrink LOL MP3 64K

Show less

Dominus Sathanas

The CPS system is unconstitutional and fascist

Flush Your Meds

An Anti Psychiatry

Anti Gov Archive / Movement

Anonfile-Bayfiles-Openload*cc*cc

Archive*is/5tOzk@ flushyourmeds*com*eablog*jp

archive*is - flushyourmeds*com archive*org - flushyourmeds

brighteon*com - #flushyourmeds bitchute*com - #flushyourmeds

dailymotion*com - flushyourmeds books*google*com - Satana Central

antipsychiatrymovement*blogspot*com

politicallyincorrecttelevision*blogspot*com-Archive*org-1026941-alex

reverbnation*com - flushyourmeds*com flushyourmeds*my-free*website

zazzle*com - anti+psychiatry github*com - flushyourmeds-generator

Don't Trust The NSA/CFRorg/CIA Government, Use a One Time Pad:

a=___b=___c=___d=___e=___

f=___g=___h=___i=___j=___

k=___l=___m=___n=___o=___

p=___q=___r=___s=___t=___

u=___v=___w=___x=___y=___

z=___ 0=___1=___2=___3=___

4=___5=___6=___7=___8=___

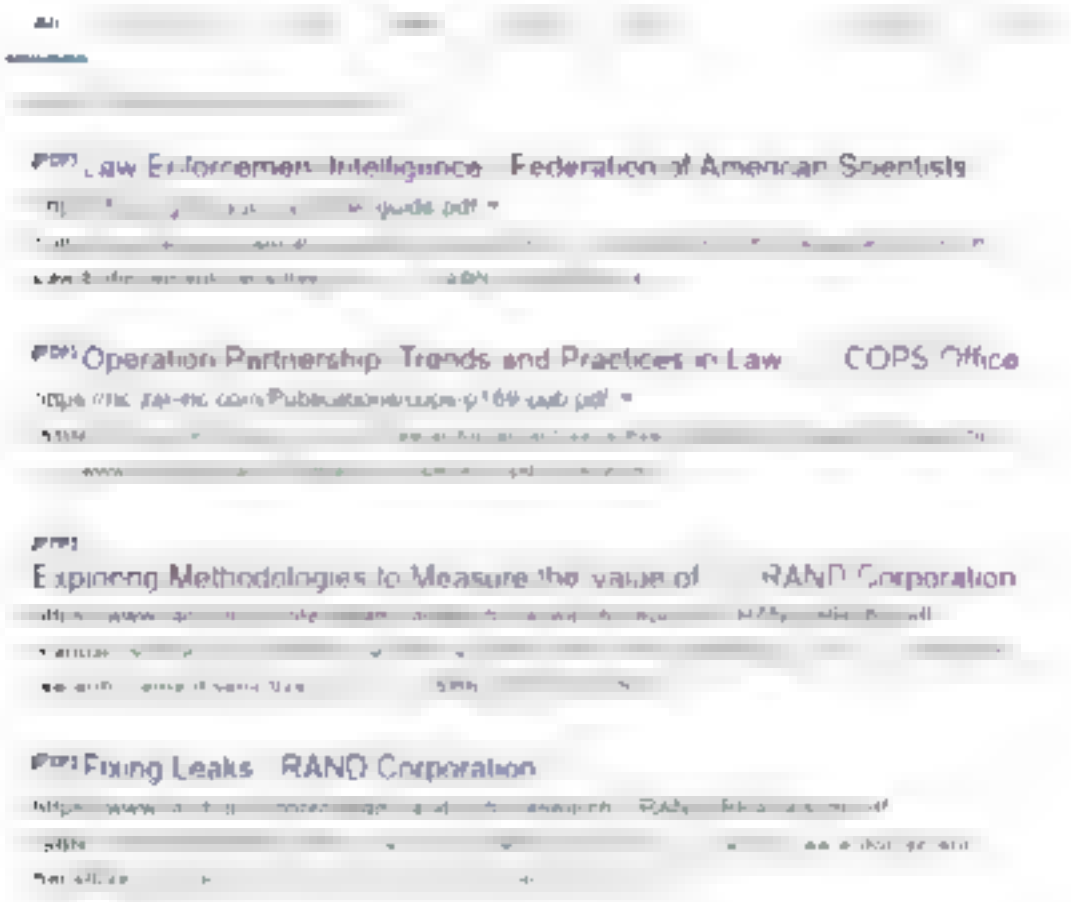
9=___10=___sp=___*=___.=___/=___

a-z0-10sprandom3-1k-sets-no-(auth)-or-(enum)

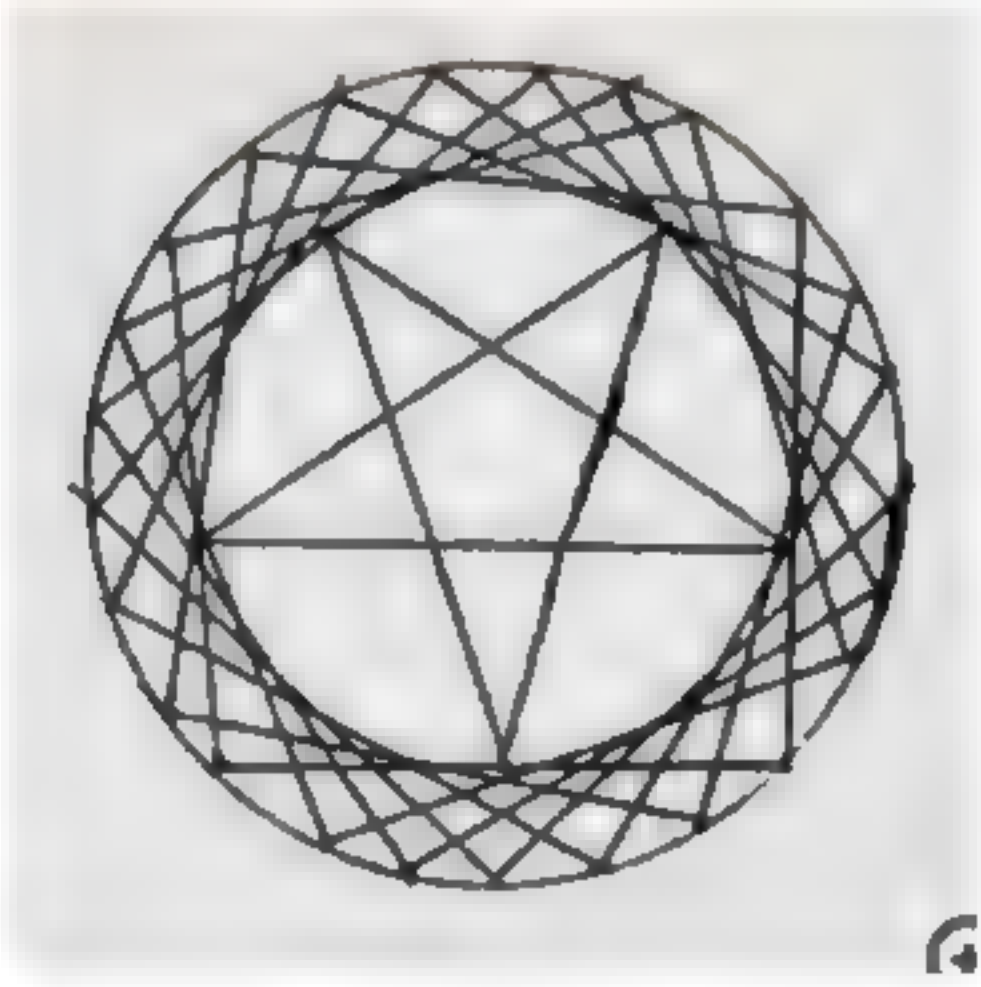
1.83892259191518-6-221982-2118134-9315-3-2421115710161325066-8523521992

05SNCU4-102694-528-2622-781--394364808-3.4.79-0660-1618039-sat-atwa-166tact

CFRorg = Network Solutions LLC = gates foundation
Randorg = CSC Corporate Domains, Inc.
Freemasonryorg = GoDaddy.com, LLC
MarkMonitor Inc. = Youtube + Hollywood
All Gov = RS.INTERNIC.NET. yt = tavistock institute



cloned mac addr
5a5a5a5a5a5a 001122334400 666666666666 ffffffffffff aabbccddeeff
cablewifi/google spy-crap lolcow taco
/cow/ /b/ one-time-pad un-enumerable always
23987ryq2r87yq874 az010sprandom3-5 1K-100K



Apparantly I suck so Drink your urine and fast on distilled water for 100 days to cure that liver thing and then do oregano citrus lime citric acid baking soda celtic sea salt pink himmalayan salt grapefruit seed extract black walnuts and naturally harvested colostrum and seaweed kelp irishmoss from the tropics not the cfr usa ozone therapy oxygen powder colloidal silver must be pure dvown research iodine liposomal vitamin c aq b17 apple apricot any non gmo seeds fasting alternate day and intermittent on 0ppm distilled w or your own urine no more excess processed protein or crap fast food lol fructose is also a killer the bitter dr sebi alkaline diet of non hybrids 9 11 was a mossad op lol chemtrails and geo engineering cloud seeding ionospheric heaters all over p e 1 maccabees israel dead palestinians system of zionism instead these channels and some citric acid w distilled w oregano 2tsp bi carbonate of soda sod bicarbonate say no to fluoride p distilled t 0 5 sun restructure in mason jar sauna detox no more sunglasses sunscreen schnieders eve yoga avoid psychiatry like the plague had a worst dopamine antagonist second is thorazine and antipsychotics mood stabilizers marijuana and colostrum and citrus citric acid and colopowder urine fasting and water an agonist esp oregano w baking soda

The gang stalking program community poisoning harassment stalking program started with the Maccabees in Genocided Palestine w Israel called organized religion and telepaths remote viewers and influencers p law enforcement tied to lodges fraternal orders and freemasonry lions clubs oddfellows your kst watch kst patriot act mac strategic report kyle odom manifesto 1obbact pdf cestui que vie of roman catholic church of 1ad emperor constantine declared christianity the official religion of the roman empire holy bible of nazarene gave us genocide why people are apatheists heathens and atheists it is a kst file of 1984 secret underground world society shadow government can see through your walls w ir cameras and mics p quantum jade helm 15 embedded prodos sat comps unix linux nix like things cow

Unsubscribe to Cable and the Mainstream Media TV Radio Jewlevision Zionovision World View Warfare Vision

Stop speeding COctOpusPrime Graham Stephan KEEPING IT REAL WITH CREDIT TheLipTV Memory Hold Zoom Politikon Troll Hunter CIA Oppressed Media Outcast Warmoress Rare Art Peter Breggin MD Steve Lehto Matt Rittman General Shepherd Chronic Games Canadian Prepper TheramanTrees CoachGregAdams Best Posts &amp Comments Graham Elwood James Von Maxwell Gringo Life Off Grid Warrior My Mini Camper Van Keystone Science Great Depression Cooking Serious Survivor Realybigmonkey1 City Prepping ForbiddTV qaz12 34 wsx34 42 Russia Insight The Hated One AronRa The Jimmy Dore Show Video Advice Aaron Clarey Fiercas Talks Project Veritas Sunny Subs John Taylor Gatto TV YDHWM Trains and More Nature and Stuff Atlas Survival Shelters MR OBVIOUS Conservative Twins MGTOW Truth Peter Stefanovic James Bartley george4jackoff TrutherTalk Bjorn Andreas

Bull Hansen The Thinkery muchpelo London Real paradoxman316 FFRnews missy cat Holy Koolaid The EsoterIK CosmicSkeptic DEFCONConference Brian Proulx HighImpactVlogs Sevgi Kozen whitehman mercyforanimals The Bull IRATE Productions Roland B&ouml hsemann Gavin Seim Stargirl the Practical Witch mrhappy0121 Miss Mahatma Frances Gumm - Topic Mr Dapperton FFF Citizen of Gotham HealthisWealthyes wings1972 The Money GPS gardenspoonVLOG SchoolSucksPodcast Robert Wanek sentimental corpse JIMMY JAMZ F&eacute lelmek Birodalma Edenvs John Ammendham madworld tv WoodwardTv immanuel goldstein Armoured Skeptic The 8 Bit Guy Phil A IZAZOZ Eddie V will wall ramzpaul Nick Robinson Casperian TheRealSatan 666 Hunter Avallone America First ERWIN MAGER 100 000 Subscribers With No Videos? Brandon Gilbert Jayme Lynch Sacred Serpent LostArtsMedia The Time Of The End Timcast TiborasaurusRex Godless Engineer Know More News 2 ThePatriotNurse Erin Elizabeth at Health Nut News Telltale bullyblackattacks HagbardCeline Bearing Dirty Casual Rich2150x Lucid Dreamer Show Up Lifestyle jRex918 The Suicide File - Topic Chris Williams Lisa Haven Nexx Level Sinatra Says Marfoogle News Brother Sage Speech in the Silence Podcast Jesse Reid Bellaaa Charlemagne TheFalseFlag Modifento Infinite Waters (Diving Deep) ATWA John Fiax Zak Parchen The Truth Factory &

Everybody has already heard of that Ce.enu.m zinc liposoma. vit c 2g 100 day distilled water and .rine fast and .ntermittent alternat day water fasting thing w no more fructose s.gars or b.eached processed ca.ories carbs or any of that hybrid soyfag gmo shit cure for ebola w citricarecitrus lime and co.ostrum and whey and sbit e wheatgrass and such duh cure for ebo.a w b vitamins and b17 from apple apricot non gmo seeds ebolachan cure

See 144K-1m people are gang stalked by perps as Targeted Individuals under Monarch-Artichoke-Mknaomi-Mkalpha-Mkbeta-Mktheta Mkdelta-CIA COINTELPRO-Projects-FBI Witness-Protection.

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Random Censored Book

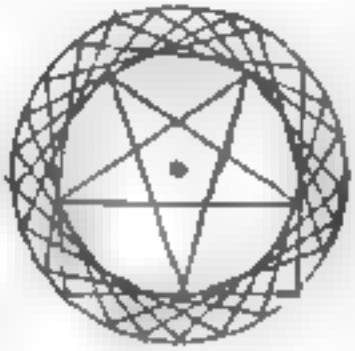
by:

Scott A. Barry

TRIANETICS

By:

Scott A. Barry



PROPER AUDITING THROUGH VERBAL COERCION
Make sure you have 2 chairs one meter apart and the auditor facing the patient You do not need a resistance Meter You can be creative and verbally abuse and cuss out or scream at the patient and call them by this. A SUBHUMAN DEGENERATE WORTHLESS DEFECTIVE CUNT! ! Tell them to fuck off and die and douse themselves in gasoline at the end of the session.

Desc

TRIA = THREE
NETICS = SOUL

This is about the 3 souls and culling human blood sacrifice of said plebians as we dump the bodies in a lake and get rid of them and pop as many john does / jane does as possible HAIL SATAN!!!!! ! !!! RAPE!!!!!!

Another 3 hour auditing session of coercion of making them sit still for a long time 3 meters apart patient face to face with 2 chairs

Here is a list of chains - not all the possi
ble chains by any means
found in one case
which had passed for "normal" for
thirty-six years of his life.
COITUS CHAIN FATHER. 1st incident zygote
56 succeeding incidents Two branches, father drunk and father sober
COITUS CHAIN LOVER. 1st incident embryo
18 succeeding incidents. All painfu. b
ecause of enthusiasm of lover.
CONSTIPATION CHAIN. 1s
t incident zygote
51 succeeding incidents. Each incident building high pressure on child.
DOUCHE CHAIN 1st incident embryo.
21 succeeding incidents. One each day to missed period all into cervix.
SICKNESS CHAIN. 1st incident embryo
5 succeeding incidents. 3 colds. 1 case grippe. One vomiting spell hangover.
MORNING SICKNESS CHAIN.
1st incident embryo
32 succeeding incidents.

CONTRACEPTIVE CHAIN 1st incident zygote
1 incident Some paste substance into cervix
FIGHT CHAIN, 1st incident embryo
38 succeeding incidents. Three falls, loud voices, no beating

Valence shift is seldom used except where an engram is suspected which will not otherwise be approached by the patient He will often approach the engram with valence shift when he will not approach it as himself Valence shift is somewhat undesirable when employed on a suggestible subject since it violates the dianetic rule that no positive suggestion be used beyond those absolutely necessary in returning and recounting and uncovering data Therefore valence shift is seldom employed and rarely on a suggestible person. It should be considered a last resort and practiced only when the pre clear is entirely and completely unable to confront and attack an engram which the auditor is certain is present and this is rare

ATTEMPTED ABORTION, SURGICAL. 1st incident embryo.
21 succeeding incidents.
ATTEMPTED ABORTION, DOUCHE
. 1st incident foetus.
2 incidents. 1 using paste, 1 using lysol, very strong
ATTEMPTED ABORTION, PRESSU
RE 1st incident foetus.
3 incidents. 1 father sitting on moth
er Two mother jumping off boxes
HICCOUGH CHAIN. 1st
incident foetus.
5 incidents.
ACCIDENT CHAIN 1s
t incident embryo.
18 incidents. Various falls and collisions
MASTURBATION CHAIN. 1st incident embryo
80 succeeding incidents. Mother masturbati
ng with fingers, jolting child and injuring
child with orgasm.
DOCTOR CHAIN 1st incident, 1st missed period
18 visits Doctor examination painful but

doctor an ally, discovering mother attempt-
ing an abortion and scolding her thoroughly
PREMATURE LABOR PAINS. 3 days before actual birth.
BIRTH Instrument. 29 hours labor
In that mother was a sub-vocal talker this made a sizable quantity of material to be
erased for the remainder of the patient's life wa
s in addition to this This was a 500-hour case,
non sonic, imaginary recalls whic
h had to be canceled out by di
scovering he factories before
the above data could be obtained
There are other chains possible but this case was picked because it contains the usual
ones found. Mother's lover is not very unusual, unf
ortunately for he puts secrecy into a case
to such an extent that when the case seems ve
ry, very secret, then a
lover or two will seem
indictated But don't suggest them to a pr
e-clear He may use them for an avoid
Dianetic Don'ts
Don
t give any patient a positive suggestion as
therapy in itself or to assist therapy.
Don t fail to give a canceller at every sessi
on's beginning and use it at every session's
end.
Don t ever tell a patient he can "remember this in present time" because the somatic
will come to present time and that is very uncomfortable
Don t ever, ever, ever ever tell a patient that he can remember everything that ever
happened to him in present time because that gr
oups everything in present time if the patient

has slid into a deep trance And that makes
it necessary to unsnarl
a whole case. Want to
waste two hundred hours?

Don t ever retaliate in any way when a pati
ent in reverie gets angry at you Follow the
auditor s code If you get angry with him you ma
y throw him into an apathy which will take
you many hours to undo.
Don t evaluate data or tell a patient what is wrong with him.
Don t crow. If the pre-clear
is your wife, or husband or child, don't rub it in that the
favorite argument phrase was out of
an engram. Of course it was!
Don t question the validity of data Keep your
reservations to your
self. Audit the in-
formation for your own guidance
If the patient doesn't know what you think, the engrams
will never get a chance to evade.
Don t ever snap a patient to present time just
because he begs for it If he is in the mid-
dle of an engram, the only way out of it is throug
h it. The power of the engram is slight when
the patient is returned to it It turns on hard
when the patient comes to present time The pa-
tient will have a nervous shock if
he is snapped to present.
Don t ever get frightened no matter what ki
nd of squirming or squalling a patient may
do It isn't serious, any of it, although it is sometimes dramatic
Don t ever promise to clear a case promis
e only to release it. You may have to go
away or work on something more urgent. And a
broken promise to a pre-clear will be taken
very hard
Don t interfere with the private life of a
pre-clear or give him guidance Tell him to
make up his own mind about
what he should do.
Don t break the auditor's code It is there to
protect you, not just th
e pre-clear Therapy
can t hurt him if you do but half a job on it and
do half of that wrong breaking the code can
make you very uncomfortable because it will ma
ke you a target of the

pre-clear and cost you
considerable extra work
Don t leave engrams half-reduced when
you are given them by the file clerk
Don t get inventive about dianetics until you
have worked at least one case out. And
don t get too inventive until you have worked a
case which has sonic, a case which has shut-
off sonic, and a case which has imaginary sou
c. Clear these and you
will know. And you will
have met enough engrams to get some ideas that can be of great benefit
to dianetics. If you
don't get ideas after that and af
ter you yourself are in
therapy and cleared, there's something
wrong Dianetics is an expanding science,
but don t expand it unt
il you know which way it
travels
Don t mix gasoline and alcohol or dianetic
s and other therapy except purely medical,
dispensed by a professional medical doctor
Don t get a case snarled up and then take it to a psychiatrist who knows
no dianetics.
Only dianetics can unsnarl dianetics and yest
erday s methods won t help your patient one
slightest bit when all he need
s is another run through the one
you snapped him out of too fast

Take a clinch on your nerve and send him back through the incident
again. In dianetics today's
obvious nervous breakdown is tomorrow's most cheerful be ng
Don t quit, don't balk. Just keep running engrams. And one day you'll
have a release
And another day you'll have a clear
Types Of Somatics
There are two kinds of som
atics, those whic

h properly belong to the patient and those
which belong to his mother or some other pers
on. The first actually ha
ppened, so did the sec-
ond But the patient should not have his mother's somatics If he does, if he is found com
plaining of headaches whenever his mother has
a headache, there is an engram very early
which says he must have whatever she has "The
baby is part of me," "I want him to suffer as
I suffer," etc Or the phrase may be some
entirely misunderstood thing literally taken How-
ever, all this "comes out in the wash" and
should be no great concern of the auditor's.

"Unconsciousness"

While "unconsciousness" has been covered el
s
ewhere in various ways, in therapy it
has two special manifestations. The yawn and the "boil-off."
The engram of physical pain contains deep "unconsciousness" and if it is going to lift,
particularly in the basic area,
it comes off in yawns. After
a first or second recounting, the
patient starts to yawn. These ya
wns are turning on his analyzer
In a very extreme engram - a prenatal elec
tric shock which mother received - five
hours of "unconsciousness" "boil-off" have taken place during therapy.
The shock lasted for
less than a minute but so close did it bring the
individual to death that
when the incident was
first contacted in therapy, he swam and floundered and had strange dreams, muttered and
mumbled for five hours. That is a
record Forty-five minutes of this
"boil-off" is rare Five or
ten minutes of it are not uncommon
The auditor will take a patient into an area No somatic turns on. But the patient begins
to drowse into a strange kind of
sleep He rouses from this from time to time, mutters some-

thing, usually somatic, rouses again with a dr
eam and generally makes no progress to all ap-
pearances. But progress is being
made. A period when he was al
most dead is coming up to the
surface. Soon a somatic will turn on and the patie
nt will run an engram a few times on com-
mand, will yawn a little and then brighten up. Su
ch a quantity of "unconsciousness" was, of
course, sufficient to keep his anal
yzer about nine-tenths shut off when he was awake for. If it
was near basic, it was part of
every other engram. Such an
engram, with such deep "uncon-
sciousness" when released, produces a marked improvement in a case
as much as a painful
emotion engram at times.
It is up to the audi
tor to sit it through no matter how
long it takes. It may make an un-
cleared auditor very sleepy to watch all this bu
t it should be done. He will rarely strike one
that lasts an hour but every case has such a peri
od lasting from ten minutes to a half hour.
He should stir the patient up once in a while and try to make him go
through the en-
gram. There is a very special way to stir a pa
tient into life: don't touch his body for it may be

highly restimulative and make him very upset. T
ouch only the bottoms of his feet with your
hand or your own feet and touc
h them just enough to jog him into attention for a moment.
That keeps the "boil-off" in prog
ress and does not permit the patient
to sag into ordinary sleep.
The "boil-off" can be confused by an inexperienced auditor, with an
engram com
mand to sleep. However, if the auditor will observe the patient closely,
he will find that in the

"boil-off" the patient gives every appearance
of being drugged while in a sleep command, he
simply goes to sleep and does it very smoothly The
"boil-off" is a trifle restless, full of mut-
terings and flounderings and dreams The sleep is smooth
An engramic command to go to sleep, acting
on the returned pre-clear, is broken by
sending the somatic strip to the moment when
the sleep command is given If the pre-clear
contacts it and goes over it, he will quickly aw
aken on the track and continue with therapy
The "boil-off" may be full of yawns, mutteri
ngs or grunts. Sleep is usually quiet and
gentle
Just why this is called a "boil-off" and ju
st why auditors are fond of the term is ob-
scure It was originally and sedately named
"comatic reduction" but such erudition has been
outvoted by the fact that it has never been used
If you are fond of listening to dreams, you will fi
nd them in plenty in the "boil-off " As
images on the desert are distor
ted by the glass snakes of heat waves, so are the engramic
commands distorted to the analyzer th
rough the veil of "unconsciousness "
Locks
It is one of the blessings of nature that
the lo
ck is something which needs minor atten-
tion A lock is an incident which, with or wi
thout charge is in conscious recall and which
seems to be the reason the aber
ree is aberrated. Perhaps this
was another way the bank pro-
tected itself A lock is a moment of mental
discomfort containing no physical pain and no
great loss. A scolding, a social
disgrace- such things are lock
s Any case has thousands and
thousands of locks The auditor will discover them
in plenty if he cares to waste time looking
for them. The treatment of these locks was
the main goal of an old art known as "hypno-

analysis " Most of them can be reduced
The key-in of an engram takes place at some future date from the time the engram was
actually received. The key-in mo
ment contains analytical reduc
tion from weariness or slight
illness. A situation similar to the engram, which contained
"unconsciousness," came about
and keyed in the engram. This is a primary loc
k. Breaking it, if it can
be found, produces the
effect of keying out the engram But it can be c
onsidered a waste of time even if it has some
therapeutic value and was used wit
hout understanding, by some past schools
If an auditor wants to know how the case
was reacting to life he can find some of
these thousands and thousands of locks and look
them over But that is probably all the inter-
est he has in them, for locks discharge They
discharge automatically the moment the engram
holding them is erased A whole life rebalances itself when the engrams are gone and the
locks need no treatment. Neither does the pre-cl
ear now cleared need education as to how to
think: Like the blowing of locks,
this is an automatic process.

Another thing in Trianetics is to do culling and human blood sacrifice as a way of life to get rid of the plebians and subhuman ingrates
Examples of plebianism:
Sports
Pop culture
Television
Mainstream Radio
Video Games and Manga/Hentai/Anime/Comics/Other Tabloids
Rag Mags that never show any information
Rap/Hip Hop/Nigger Music
Classical Listener
Excessive Metalhead who listens to too much metal
Neo-Pagans or White Magicks
9-5 slave or Constant Chip eater like Daddy

Windows and Mac Operating System and not Linux or HAIKU/GNU
Facebook
Religion that is Right Hand Path
Believing in God
BeLeving that Urine is a waste product and not a medicine
Fox News or CNN
KTTH/KVI
Any of the garbage above
Furries
Mainstream Porn as a means of long use and not to just have an orgasm plus not viewing it on a LIVE USB.
Twitter
YouTube is becoming it with ads and ownership (use archive.org)
Google DNS or ISP DNS and not Freedns zone or another
Country Music
Fast Food
Processed Food
Meat and Animal Products, Not drinking mostly water like we should
That is the plebianism that we should destroy through culling of any means or human blood sacrifice of said subhuman ingrates They are also called defectives by the Eugenics Society

Stop working in the 9-5 rat race or getting a shitty slave part time job Become self employed, an entrepreneur Passive and Residual income Do not use credit cards which are a debt trap and a scam Do not Use Windows or Mac OS Replace it with Puppy Linux or MX Linux on an Older IBM Lenovo ThinkPad T60/61/400s or X200 or even an MSI Wind or whatever the fuck you like just replace the gay/retarded OS.

Troll the system by being FAR RIGHT SOCIALIST OR FAR LEFT COMMUNIST and ALTERNATE

Never ever go to College, The Military, Trade School It's all a fucking scam Read Books Instead Do not Join the Military or Go to College a debt Trap and a Scam Waste of time Waste of Tuition Money

Buy an Ankr USB Solar Panel and put it in your Window, Then run other USB shit to replace the electrical Grid and Stop using the Electrical Grid that emits the Lilly Wave and Scalar Waves

Go Vegan and Plant Based Avoid Gluten, Flour, Wheat, Rye Barley Oats, Go with Vegetation Alkalinize with Baking Soda and Do Urine Therapy. Baking Soda is Sodium Bicarbonate Realize Vegtables are best uncooked and cooked foods are a poison tribes never had refrigeration, All tribes were vegan and did not cook Duh Vegtables have less Sugar than fruit and Sugar is a Metabolic Poison It causes Chromium and B Vitamin Deficiencies

You can visit my retarded website Archive is/SNCI 4
Flushyourmeds exblog jp #flushyourmeds GOOGLE IT ALREADY!!!

Anywavs I have the shit figured out so I am the shitstain to listen to and you are my follower 12 Globalists run the world The Council on Foreign Relations is the real Actual Illuminati and they already took over crypto-currencies a long time ago CFR ORG is the Councils Website also Donald J Trump said he abandoned Globalism, but he is just a small representative that has no real power at all The real controllers of the world are an Alien Species called Homo Capensis Philanthropists and Very Small Unknown Think Tanks Run The World Rome runs all the courts and governments worldwide so does the Crown City of London The Vatican of Rome and the Crown of London run absolutely everything period Next to that are think tanks called Council on Foreign Relations, Rand Carnegie JP Morgan John D Rockefeller, Rothschild, Cirfec Unesco Bill and Melinda Gates Foundation and the Government of Scotland

This three ring shit show is to much of a clusterfuck circus for most people to understand so I suggest you ignore Society, The Mainstream Media, All of Television and Radio. Stick to Shortwave and Pirate Radio Even the Normie Stations should be avoided Turn off the Television and Radio Replace it with a computer Any computer Who fucking cares if it is backdoored and has hardware keyloggers like a lot ones shipped within the US Probably even the x200 IBM Lenovo ThinkPad running Libreboot has a Keylogger installed by the CFR/Illuminati Globanist Think Tanks

Most people Just do a One Time Pad or permanent half ass cipher A-z 0-10 associated with a random symbol or 3 digit number

You can be creative and use Random Diacritics for numbers and Special Characters for your shitty BASE 37 coded language, Just

make sure you never type that shit into any computer Be aware of OBF'ers and Remote Viewers It's gotta be random and have not been typed in a computer Scanned with an embedded offline scanner/copy machine is best for copies

Remember the Federal Gay ass Government Backdoored all these computers with keyloggers and they packet sniff all internet At least purge off Windows For Linux. Same with Mac which can get fucked also

The second engram type is the pro-survival e
ngram A child who has been abused is ill
He s told while he is partially or wholly "unconscious " that he will be taken care of, that he
is dearly loved, etc This engram is not taken
as contra-survival but pro-survival It seems to
be in favor of survival Of the two this last is
the most aberrative since it is reinforced by the
law of affinity which is always more powerfu
l than fear. Hypnotism preys on this characteris-
tic of the reactive mind, being
a sympathetic address to an ar
tificially unconscious subject.
Hypnotism is as limited as it is
because it does not contain,
as a factor, physical pain, and
painful emotion things which keep an engram
out of sight and moored below the level of
"consciousness "
The third is the painful emotion engram whic
h is similar to the other engrams. It is
caused by the shock of sudden loss such as the death of a loved one.

The optimum pre-clear would be one who ha
d average response to noises and sights,
who had accurate sonic and visi
o and who could imagine and know
that he was imagining, in
color-visio and tone-sonic This
person, understand clea
rly, may have aberrations which make

him climb every chimney in town, drink every drop in every bar every night (or try it anyway), beat his wife, drown his children and suppose himself to be a jub-jub bird. In the psychosomatic line he may have arthritis, gall bladder trouble, dermatitis, migraine headaches and flat feet. Or he may have that much more horrible aberration, pride in being average and "adjusted." He is still a relatively easy case to clear

Garbage was technically called delusion in the philosophic work of dianetics, but the term is too harsh and critical for who has not some misconception of a past incident?

Lie factory is, technically, a phrase contained in an engram demanding prevarication - it was originally called a fabricator

In Trianetics You have to shun and ignore these Perps/Gang Stalkers/Archons so that Act Calmly about it to avoid the hipo ar stereotype Ignore them Quit being docile to them Be a dissident to your handlers Quit hanging around them Go a distance away from the brainwashed sheeple watching TV at the moment so that way they do not bother you All people who watch Fox News or another TV channel are called sheeple So avoid seeing them and hanging around them altogether Do not let their archons get to you Do not let perps/gang stalkers get to you. They are all gang stalkers and plebians who celebrate Christmas for Jesus Christ like Sheeple Same with the Halloween Crap Just hand out candy so they fuck off and leave and never come back. Act calm, never say a word Ignore them They are all shitheads They are under mind control Seriously Don t let Gang Stalkers get to you and do not lash out at all or else risk loosing your Rights or Privledges as we call it in America Psychiatry is a bullshit system that sucks It never works Neither does Scientology. All religions fail Trianetics is the Way. Us Trianetic People are Atheists that do not believe in God or the Devil and Say Hail Satan! Anyways

Do what though wilt shall be the whole of the law.

. go by these simple virtues Being Lazy Selfish Insolent Lustful, and Vain. Just to an extent but not to where it is totally counter productive Just be a little productive and write something, anything, does not matter the quality spelling grammer Political correctness How many times I PC and Don t say CIA Nigger LOL. Be a political Dissident to the government and stop being docile to authority Also remember to keep calm and shut your mouth around authority so you don't get fucked and put in the mills too Fuck all this normie PC BS Lets rob a bank and shoot the teller then cut up some bodies with a chain saw and dump them in a Lake Steal money with 187 licks with a bat Coercion by scalding hot water in enemas and other places or poured on them Niggers and Kikes KIKEFAGGOT CIA

The NSAs Project Genie does not want us Saying 911 was a mossad operation and an Inside Job on gay ass facebook When It is Gay ass facebook Arrested a man who said in a shitpost that 911 wass a jewish Zionist Mossad Operation and an Inside Job when it really fucking is Seriously Since when did people not have freedom of speech Always rember to not act out to gang stalking and not let gang stalkers get to you and always remember that societies BS is no big deal Acting out in any situation Inside or in Public gets you committed to Jail or a Psych ward which is less of an issue but loss of Privileges we never had any fucking rights We started this gay ass society with Christianity and Genocide after Genocide Native American/Pagan/Native Taino/Shamanic Genocide of all of those other people who were minding their own business just living life to the fullest when the first form of Globalism was the Anglican and Catholic Churches The founding fathers ended part of that with a constitution and a declaration of independence Duh You need a paper revolution on to stop the Anglican Church from taking over It s called the Constitution and it limits the governments power and the Globalist Power Mexico's constitution applies more so far better than the US one does Mexico is Gun Friendly and Has more property rights Seems like Mexico has more checks and balances due to its constitution You need to limit the governments power You need to do a rebuttal These shitty politicians don't matter All they do is fuck shit up Don t bother with the clusterfuck government circus or the mainstream media All TV/Radio is Lies Lies Lies You are stuck with LLL books and the Darpa Internet Fucking seriously
What can you do about it You can t do shit You ll never get good education or healthcare In fact all doctors are pretty much shitty

condescending/verbally abusive/vulgar/annoying/pseudoscientific/quacks/numrods/scam artists and a cancer especially the psychiatrists The best thing is urine therapy, Intermittent/alternate day fasting, going plant based and not cooking shit The Only way to go. Drink water Not carbonated shit or Milk or Fake Juice If you grind up juice it makes it more of a concentrated sugar and makes it toxic Eat just a vegtable or fruit plain like everyone else Nuts, seeds, Irish Moss No oats, No gluten or avenin anything

This mind control cult will finally succeed

We call it trianetics
Never ever go to a church or listen to any religious dogma crap
Realize that there is no scientific evidence of a god and stick to it
Evolution is a fact and the earth is 4 543 Billion Years Old.
We have carbon dating to prove everything.
The Sun is just a Chemical Reaction of 2 gases Not a stupid thing that you thought with your delusions.

Seriously if you want to undo this mind control
You know there is natural selection You know homosexuality is naturally occuring You know things did not evolve by accident The ear made it's way due to other species of humanoid having weak genes and not breeding so the good genes made it into the gene pool Not by fucking accident. Natural selection means only the superior fittest genes get to breed and make a proprer human with a FOXB2 Speech/Language Gene and A frontal Lobe that allows me to type all of this shit when I am already brain damaged by Meth and so many other drugs Hail Satan!! FUCK GOD AND ISRAEL!!!
It s Only Okay to be WHITE!!! NO NIGGERS OR KIKES ALLOWED! '
LOLOLOLOLOLOLLOLOLOLO
echo ne "x90\x90\ x90\ x90\ x90\ x90\ x90\ x90\ x90\ x90\ x90\"
taco taco taco
187 5150 187 5150 187 5150 187 10-22 belligerent dumb-ass cussing with a 1010 radio license

You see when you get this politically incorrect the government really has to censor you

It's like using a Flyback Transformer to blow up c4 plastic explosives

Lolololololo.lo.ololo

What about a shit post show for everyone

1 tsp baking soda in water
1 tsp activated charcoal in water
20 drops of e Grapefruit Seed Extract or Citricare
1 tsp wheat grass in water
1 chaga mushroom capsule
2 tsp oregano or Irish Moss/Sea Moss
12 oz of your own pee and then drink to cure all diseases

The napkin religion is the one true religion because it says so on this napkin.
Governments only care about the assets and not the people, also Christianity failed all of society.

Every moment of your life your mind is recording everything being sensed. The better you make decisions frontal lobe the better you decide. The reactive mind causes acting out to perps and gang stalking crap. Stinkey foods caused nausea to protect you to believe what is a danger. The reactive mind is cause of irrational behaviour. These experiences were stored before you were born as random input outputs during cervical douche. Crapalanche degeneratewafle gooky gook juice wap dago dago 100% GooK.

The Upper Triangle is the KRC Triangle. Responsible and Control with knowledge.

The infinity sidways 8 makes the Life force

This is the Tria
Tria THREE in Tres
Netics Soul
So it means 3 Souls

This is the DIA
DIA Through
Netics Soul
Self, Sex and the Family Unit

Green and Yellow to represent life.

Beaner and rape Jokes are good for society and the mind.

What do you call kids whose parent's are white and mexican?
Crackers and beans! - Blade

What do you call a little mexican?
A paragraph, because he's not quite an essay. -Mike

Why aren't there any spics on Star Trek?
They won't work in the future either!

What do you call a gang of spics running down a hill?
Jailbreak!

Why do blacks put their garbage in clear bags?
So puerto ricans can window shop! -jesse

Why do spics drive lowriders?
So they can drive while they pick strawberries

What do you call a mexican getting baptised?
Bean dip! -shaun

What do you call a building full of spics?
A jail! -kris

What do you call two mexicans playing basketball?
Juan on Juan!

What do you call a spic with a rubber toe?
Roberto!

How do you kill a mexican?

Throw a quarter off a cliff. -slater

What do you get when you breed a black and a mexican?
A theif who's too lazy to steal!

Why don't mexicans have barbecues?
The beans keep falling through the grill! -ronnie

What did the spic say when his home fell on him?
Get off me holmes!! -habitat

How do you find the richest spic in town?
Drop a penny whoever catches it is the richest spic!

Why do mexicans eat tamales on christmas?
So they'll have something to unwrap!

Why were there only 40 000 mexicans at the Alamo?
They only have two cars!

How do you start a mexican parade?
Roll a quarter down the street! -Eiden

A mexican and a nigger are riding in car who's driving?
A cop!

How do you hide money from a mexican?
Hide it under a bar of soap! -Christina

Why is there no mexican olympic team?
All the spics who can run, jump or swim are in the U.S.!

Why is a spic like a pizza?
They're both small greasy and speak no english!

What is a Mexican without a lawnmower?
Unemployed! -c

Why do mexicans like tiny steering wheels?
It make it easier to drive while handcuffed! -Gogo

What's the best way to make a beaner stop what ever it's doing
open it's cousin, A can of beans.

What's dirtyer than a beaner?
NOTHING

What's something you can never clean?
A mexicans twat

Why do mexicans like fast food?
cause it takes their food weeks to rot for them to eat, So why not a
fast meal almost as dirty as their food?

What's the best drug they have in mexico?
Date rape, Why?
Incase clean foreigners come to visit

what's 5 feet tall and has two humps?
A mexican lady, One for another child and one for her STD

Why would mexico be the last to parish if global domination occurs?
WHO THE FUCK WANTS MEXICO?!

why were so many niggers killed in the Vietnam war??

because when the sergeant said to "get down", they all got up and

started dancing.

What did God say when he made the first niggers?
Oops! Burnt another one!

A Mexican and a nigger are riding in car who's driving?
A cop!

What happens when you stick your hand in a jar of jelly beans?
The black ones steal your watch and rings.

What do you call a smiling black man?

Snigger

What's black and white and rolls down the Boardwalk?

A nigger and a seagull fighting over a French Fry

What do black men do after sex?

15 years to life

Did you hear about the 9 year old African niggle?

He was going through a mid-life crisis.

What's the difference between a black and a white fairytale?

White begins: once upon a time black begins, "Y'all motherfuckers ain't gonna believe dis shit "

Standards of the Strong

1. No God(s) shall become before the self, for we are the masters of our own destiny. Anyone who relies on an invisible crutch is useless to society.
2. Life should be led like a wolf, be loyal to your own pack and alert to all that enter your domain.
3. To create something which is strong, one should use quality materials. The same must be done in the making of an elite mind.
4. Never forget those who have betrayed you, because a leopard is unable to change it's spots.
5. Always stand proud for what you believe in, no matter how much it may not be accepted. Hiding in the shadows is not the way of the strong.
6. The weak should be avoided like the plague, unless one can obtain something selfish by dealing with them.
7. Indulge in all of life s pleasures, instead of wallowing in pathetic misery. Life is here and now, so live it to the fullest.
8. Black Magick is the only true magick, because it grants gratification to the magician who uses it correctly.
9. Victory should be praised at all times and failure unaccepted. Conquests are the goals of life.
10. One must take responsibility for his/her own actions, whether it be positive or negative.

~ Vincent Crowley.

Five Satanic Virtues

Selfishness

To be selfish is to ask "What's in it for me?" Satan rejects sacrifice and martyrdom. The greater good cannot be built on self-inflicted misery. Selfless sacrifice puts us all under the pressing shadow of death. **We reject sacrifice and promote selfish indulgence.**

Laziness

To be lazy is to refuse to do what isn't working, to stop to do nothing until we have a better idea, to try something else. When we feel like doing something, we will. If we work too hard, we won't stop to notice an easier way. **We reject fruitless hard work.**

Insolence

Insolence means not accepting things on authority, refusing to be humble and degraded, refusing to grovel and show respect to superiors. **We insist on dignity and freedom.**

Lustfulness

To be lustful is to embrace all the pleasures we can while we live, to follow our desires and passions wherever they lead us. **We run to the devil that tempts us to ask for more.**

Vanity

To be vain is to love and admire ourselves, to relish our own brilliance and magic, to see in ourselves what is beautiful and attractive, to build and nurture it. To be vain is to accept the forbidden fruit from the serpent in the garden. To be vain is to want to know more. **We proudly leave the narcotic fog of delusion behind us.**

A Simp er Life (n the Northern Mountain States)
Why do we need a simpler Life?
Today we all l ve in ruthless dictatorships, some times posing as so-called 'democracies', and to
strengthen their grip on power those who rule plan to
destroy
our societ es, by all means Yes, no less
They
need
to destroy our societies in order to have the excuse they need to
implement marshal law and
to get rid of
a l
oppos t on, permanently. They want Musl ms to clash with Christians
They want
Communists to c ash w th Nationalists They want traditional men and
women to clash w th
homosexuals and feminists. They want
a l
groups n soc ety to go against each other, head on, violently,
bruta ly and w th as much blood-shed and chaos as possible They want
the ent re world to look like
Syria does today: a Syria
they

have destroyed, with their mercenaries. They want a civil war in every country on this planet.
Ladies and gentlemen, Syria is a foretaste of what is to come. Of what they have in store for us all. Of
what they plan for our homelands and for us.
They control the mainstream media and the educational system, and use them to fill our heads with lies.
They control the banks, and use them to enslave us. They own the consumer industry, and use it to
bribe us. They control the pharmaceutical industry, and use it to poison us. They control Hollywood,
and use it to brainwash us. They control our politicians and governments, and use them to destroy our
cultures and societies. They control the so-called 'Muslims terrorists' and use them to make us wrongly
believe that Islam is such a huge threat to us all. They control the food industry, and use it to poison us.
They control the USA, and use her as their henchman. They control the EU. They control China. They
control Russia.
They think they control everything.
But they don't...
"
He who governs his home, governs his life."
All we need do to strip them of their power is to ignore their media, to home-school our children, to
stop using their banks, to stop consuming like we do today, to use medicine as intended, to stop seeing
films and series made in Hollywood, to not vote for their politicians, to tell the Muslims out there that
we know they are not the terrorists here and to let them know that we have a common enemy, to grow
our own food, to dig our own wells and perhaps most importantly: to lower our living standards.
Instead of trying to have enough money to buy our own freedom, we should understand that we can
only live freely without much money. We are only free if we lower our living standard – and we should
anyhow. The way we live here in the West is neither healthy nor sustainable.
Return to a simpler life, and their power will crumble. And they will fall.
Again. Like they have done
so many times in the past.

Return to a simpler life, and you will see that behind the expensive cars the fashionable clothes, the
empty celebrities, the fancy houses and the thick layers of make-up life has real meaning. Behind all
the lies there is a deep well of wisdom that we can all drink from, and grow wiser, healthier and
happier
.

To learn who rules over you, simply find out
who you are not allowed to criticize.” (Voltaire)

To make a Pentagram:
Make a circle
Get a Calculator and a Ruler
Calculate
0.95364808*circlediameter then measure then connect the fuckers and you are done.

That is one way to make a pentagram.

So anyways Drink Your Piss, Sun Gaze During Sunrise and Sun Set. Meditate to 528 Hz and fuck the system smash the hell out of it.

DOUSE YOURSELF IN GASOLINE AND FUCKING DIE OR ILL WILL BE ON SUICIDE WATCH LOL

The Nine Satanic Statements

by Anton Szandor LaVey

The Nine Satanic Statements originally appeared in *The Satanic Bible* - 1969

1. Satan represents indulgence instead of abstinence!

2. Satan represents vital existence instead of spiritual pipe dreams!

3. Satan represents undefiled wisdom instead of hypocritical self-deception!

4. Satan represents kindness to those who deserve it instead of love wasted on ingrates!

5. Satan represents vengeance instead of turning the other cheek!

6. Satan represents responsibility to the responsible instead of concern for psychic vampires!

7. Satan represents man as just another animal, sometimes better, more often worse than those that walk on all-fours, who, because of his "divine spiritual and intellectual development," has become the most vicious animal of all!

8. Satan represents all of the so-called sins, as they all lead to physical, mental, or emotional gratification!

9. Satan has been the best friend the Church has ever had, as He has kept it in business all these years.

11 PRINCIPLES of THELEMITES

with no technical jargon

1. I know that exploring and expressing myself is my right and my purpose.

2. I know that every single other being also has the same right & purpose to explore and express their natures.

3. I accept all people no matter what they look like or believe, and I accept all moments no matter if they are good or bad.

4. I am always growing, always searching & striving ever to more in all things.

5. I look at the difficult things in life as my teachers that help me grow, and I embrace them.

6. I never forget that being alive and being aware is a enormous blessing that always deserves gratitude and joy.

7. I enjoy the beauty in everyone and everything else, and I help to bring more beauty to the world.

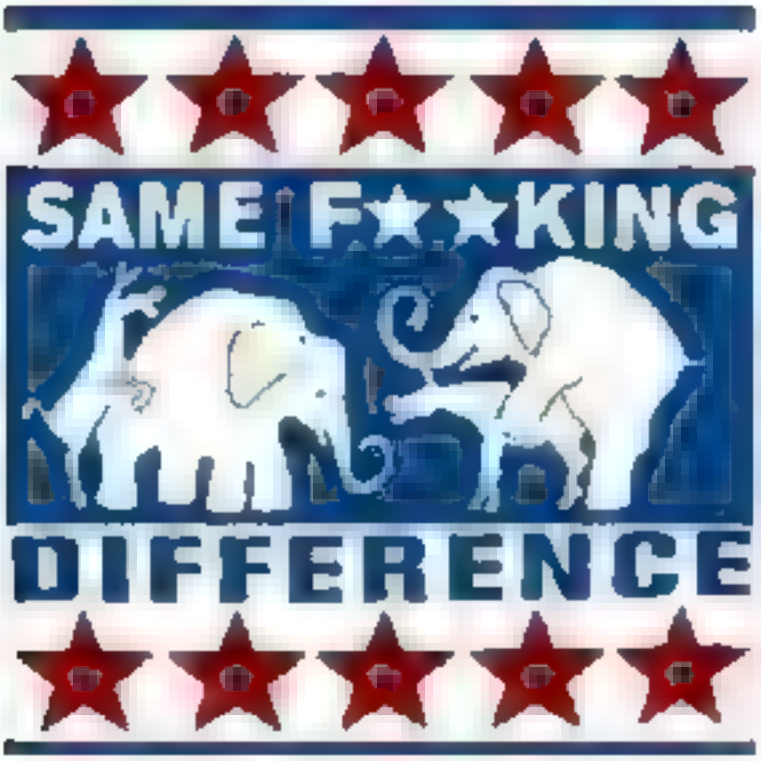
8. I seek truth, think for myself, I am honest with myself and others, and I question myself and others.

9. I explore and develop my creativity in all aspects of life, and I help others to do the same.

10. I am connected with everything in the universe, so I live in harmony with other people, animals, plants, and all other things on the earth and in the whole cosmos.

11. I laugh! I enjoy all parts of the world, and I do not take myself too seriously.

Suicide Watch


SAME F★★KING
DIFFERENCE

187 ON A KIKE!
FUCK ISRAEL!

Cat file |
md5sum
base64 file.ext
>>file.ext.base6
4
cat
file.ext.base64 |
base64 -decode
>>file.ext
with 2 hyphens..

SECULAR HEALTH CARE

By: Scott A. Barry

--DESCRIPTION OF THE DUMB BOOK--
Secular means no religious content. All Businesses should be like this. True Capitalism. This is an Anti-Establishment Book against Western Medicine which is damaging our health and The Practice of Real Nutrition died off in the 1920's long before the beatnicks, hippies and punk*** yippies. You see you people who modeled yourselves after the Roman Empire and Emperor Constantine/Christianity got it all wrong. Catholic Hospitals are Medical Neglect, Satan Loves You, Psychiatry Kills. **** RELIGION

Lets Begin:
Alkaline Water:
1 Tablespoon of Baking Soda (sodium bicarbonate) in Filtered Water.
Stir until clear then you can drink.
20 drops of Citricare or Grapefruit Seed Extract in Filtered Water.
Stir then you can now drink.

1 Tablespoon of Wheat Grass in Filtered Water.
Stir like with vigor or use an electric string device to make then drink.
Squeeze an ample amount of Lemon Juice in Filtered Water then Drink.
Activated Charcoal Detox:
Add 1 Tablespoon of food grade activated charcoal (Viva Doria) in a glass/mug 12 oz of Filtered Water.
Sip it down real well then wait for the detox to occur.
Supplements:
Sybmiotics Colostrum Plus (bovine colostrum)
Turmeric with black pepper in a pill.
Irish Moss 1 Tablespoon
Acidophilus (probiotic)
Accuflora (probiotic)
Blue Green Algae (pill and powder form)
Also Try:
Intermittent / Alternate Day Fasting
Also Try:

Switching your water to distilled water and restructuring it with Sunlight.
Also Try:
Turning of the mainstream media and radio that lies to you and is propaganda. Turn off the Television.
Also Try:
Going to bed in accordance with your occupation whether it be day shift or 2nd shift and sleeping a good amount of time like 8-12 Hours.
Also Try:
Drink plenty of well filtered or distilled and restructured water that is a decent Ph and does not cause mucous or any problems with you.
Also Try: Study your body and know what is best with yourself
Also Try:
Limit and avoid MSG, Artificial Sweeteners, Refine White Sugar, Fake Gluten from Factory products, Avoid meat and animal products.

Too much protein and sugar is not good for the liver.
Limit sugar consumption by getting fibres from vegtables instead of fruit.
Get plenty of fibre and realize you do not need that much protein.
Go vegan and animal product free so you are as alkaline as possible and never have acid reflux again.
To take apple cider vineger correctly make sure you get it home made or unpasteurized so that way it is safe. To take it mix 2 teaspoons in 12 oz of distilled water and drink.
Also Try:
Limit blue light exposure by Turning down the brightness on your screen, or switching to e-ink, get a blue light filter program for your computer whether it be Linux or Windows or Mac or Unix or whatever.
Also Try:
Reducing possible stress in your life by switching your platform for your computer to a

nix-like one such as Linux (kernel) or Unix (kernel). You can get MX Linux or Puppy Linux on an older computer. For Newer ones Ubuntu.
Another way to reduce stress is to get rid of all religious dogma and become an Atheist. There is no God or Satan. Really.
Another way to reduce stress is to not buy into the system, get passive income and make your own money within less said time needed and less anal bs. Self Employed is an easy route. You could also work for a small company under the table.
Realize that the only way to be negatively influence or brainwashed is to believe in the 2 political parties which are a scam or have a religious dogma.
No religious affiliation is the key.
Ignore the mainstream media because it is all BS and nonsense. Nothing on it is relevant. Fox News and KTTH count as the mainstream

media because they are owned by NewsCorp. All BS.
Rid your mind of all dogma and religious crap and programming.
Listening to a single tone of 528 Hz sine is a way to heal yourself.
You can even combine this with bone conduction elements. Bone Vibrators.
Ignore all of these sheeple and gang stalkers who are full of religious dogma, delusions and stereotypes. Relize all religion including Christianity is the root to all wars, disease, and societies problems. Realize George Bush, Ronald Reagan Clinton, Bernie Sanders and Obama are all the same Shills who lied to us in the federal Government. Donald Trump was the only guy to abandon globalism according to the CFR. Just ignore Fox News and The Oxy Cotton Popper Rush Limbaugh and whiney Bill O' Rielly, Glenn Beck, and Tucker Carlson and shitty Sean Hannity. All these shitheads in the media are full of it even Jimmy Kimmel the

wanker, Stephen Cobear the nobody shitstain. I hav e the first ammendment to say all of this stuff. Glenn Beck is a nobody shitstain also. So is Dana Lash the Nobody shitstain. I go on Bitchute, D.Tube, Gab.ai, Steemit, Archive.org, Freedns.zone, Dailymotion, Vimeo, Real.vıdeo, Pewtube, mega.nz, other peoples wordpresses, other peoples blogspot/blogger blogs to get the real news that is not making it anywhere to the media. You could easily go to truthstream media or World Net Daily or Tarl Warwick (styxhexenhammer666), Lionel Natıon, Stephan Moleneux, Computing Forever, JaclynGlenn, calpurnpiso, H.A. Goodman to undo any of the Liberal or Conservative brainwashing. Remember Both Political Parties are a Scam so be non-partison. Duh. I vote independantly. Pro-gun, pro-choice, Pro-Trump, Anti-Psychiatry, Pro-First-Ammendment.

Now deprogramming from religious dogma is your best ant-propaganda guide. It all stems

from BS in Religion and Fascism comes straight from the Roman Catholic Church of 1 AD. Emperor Constantine made this retarded society so did Columbus, Both Equally retards that never really discovered or achieved anything. Does it even matter if they killed anyone. The colonials were retards for replacing Pagans who did lots of drugs, fornicated and had fun. Emperor Constantine was a retard and a nobody. Saint Peter and Saint John Paul were just dictators. Jesus was Julias Ceasar the first. There is no God or Devil. The earth is 4.54+ billion years old. So shit. Evolution is real. Science is somewhat right except for the politicized stuff about climate change being man-made which some science actually debunked. Psychiatry is not a science. Neither is psychology. All they study is social ques and not the FOXB2 gene. So there you get it now. Get it. Get it to your fucking head goddamnit. I am not a preacher. I am telling you god is not real and Hail Satan do

drugs and fornicate. Do anal. LOL. Do blowjobs. Do sodomy. Look at porn in Linux on a Live USB. Be a sinner. Be Lazy, selfish, insolent, lustful and vain because all of the so called sins lead to gratification and good wellness to yourself and your health as well. Being stressed out in a sympathetic state vs a parasympathetic state will just give you a heart attack or stroke. Especially if you are consuming too much refined sugar and proteins from animal products. You know cancer cannot survive in an alkaline oxygenated environment. So you know why we are fucked as a race. Go ahead and drink 12 oz of clean filtered water and take a nice piss because e you will need it. Not all drugs are bad. Just Meth, Heroin, Crack, Cocaine, Oxycottin, PCP, pain killers, Alcohol, and Cigarettes. Cannabis is safer than all of those drugs anyways. So is Guava. So is the natural psychedelic drugs that are not refined and synthetic/synthesized.

If you just ignore the TV and listen to the tone of 528 Hz sine on YouTube or in Audacity as a meditation you will deprogram yourself from the matrix. Be an Atheist so the crap does not get to you.
Also Try:
The Saga Mushroom as a supplement in Pill Form
Lithium Orotate as a supplement in Pill Form
Liposomal Vitamin C as a supplemt in Pill Form
Auto Urine Therapy (drinking 12 oz of your own urine)
Distilled Water Restructured with sunlight
Sun Gazing for 30 seconds or so during sunrise or sunset when the sun is not as strong
See if you just deprogram yourself. Realize college is a scam. Stop watching TV and Listening to the mainstream radio. Stop Voting Far Right or Far Left because both parties are a scam. Donald Trump is actually a centrist. Bush was a problem not Trump.

Many activists are Crypto-Anarchists and Crypto-Libertarians.
They encode their stuff as base64 in Linux to get around tracers.
Base64 my-book.pdf >my-book.pdf.base64
To decode the file:
cat file.pdf.base64 | base64 –decode >file.pdf
---decode uses 2 hyphens
Now for scattering V2K and mind control
aplay _dev_urandom --2 forward slashes
In audacity you can generate 528 Hz sine at 20% and that works as a color bar to stop electronic harassment from the government.
This is Crypto-Activism as a political dissident upload base64 encoded files to Archive.org Mega.nz or Google Drive That evades the tracers and their bs. No 80/20 shill will ever tell you that. Sure a handful of globalists and banksters and thinktanks and philanthropists and NGO's actually run everything which includes the mainstream media. Homo-Capensis Humanoids run the world. Duh. Many

people even fail to realize what happens when we die. As soon as humans die they become psychic ghosts who can remote view anything on earth or in other parts of the universe. Make sure you stay atheist on a plant based vegan diet low in all sugar and protein. You do need sea salt but not fake table salt. Pink Himalayan Salt and Celtic Sea Salt are the good things to add a pinch of in water to preven t panic attacks. So is 2 tsp of Irish Moss or Sea Moss. Good for hot weather. Religious dogma is the root to all disease and societies problems We need to go vegan and plant based and do intermittent and alternate day fasting to stay healthy along with alkalinization, Urine Therapy, and other things like Taking Magnesium such as Natural Calm Magnesium. Seriously though.

Time for some copyright infringement.

REPR NTED FROM BEYOND HEALTH® News
Sugar A Poor Choice
by Raymond Francis
Health is a choice If you choose health, sugar is not an option. Sugar is a dangerous metabolic poison

and a leading contributor to our epidemic of chronic
d sease f we want to vastly improve health, one
single choice we can make is to stop, or at leas
t m n mize sugar consumption The ess you eat and the
ess frequently you eat it, the better off you will be
History
Our biologic ancestors did not have access to sugars in
the refined forms that exis
t today Sugar was a rare
commodity found pr marily in fresh fruits or perhaps a batc
h of honey. Advents n technology brought forth the first
sugar refineries during the Napoleonic period At that
time sugar was expensive and average consumption was
abour 7 pounds per year By the end of the 19th century
sugar was affordable, and available to almost everyone
S nce 1909 sugar consumption has increased by 70% Americ
ans now eat an average of about 150 pounds of sugar
per year up 25 pounds 20%) since 1970 n terms of ca
loric content, sugar makes
up more than 25% of the
average Amer an s diet and up to 50% of some children s
d ets' An empty calorie food
w th no nutritional value
whatsoever sugar is replacing valuable
complex carbohydrates as a source of en
ergy for humans Historically we did
not eat these refined sugars, and doing so throws
the body into a chaotic
state of disregulation.
Overview
Here's the problem: The human body was simply not
designed to handle refined sugars They bring
about a deadly combination of malnutrition and toxi
c ty. Refined sugar is new to the human diet and
people are eating an enormous amount of it almos
t half a pound per day Feeding refined sugar to a
human body is similar to burning h gh-octane aircraft
fue in an automobile engine impressive amounts
of energy but after a while you damage the engine.
Metabo z ng refined sugar is quite a challenge but
f forced to the body wil struggle to cope with it
This struggle causes serious disturbances, and after
t me. disease is the guaranteed result If sugar were
ntroduced today as a new product, the FDA would
not approve it FDA approval requires that a produc
t be safe Evidence that sugar damages health is
overwhelming It has been associated with diabet
es, tooth decay heart disease, cancer and other
d seases In fact, the rise of chronic disease in
modern societies has paralleled the rise in sugar
consumption When these facts are examined one mi
ght consider feeding sugar to children a form of
child abuse Instead, we give children
sweets as a "reward" for being good!

Nutrient Deficiencies

Food is supposed to support l fe Sugar wil, not suppor
t the ife of humans, animals, insects, or even
bacteria Sugar really isn t food! Sugar requ res spec if
ic nutrients n order to metabo ze in the body The
refining process strips these nutrients from the so
,rce materials like sugar cane so that metabolism
requires the body to deplete itse
f. The body uses up its reserves
, causing deficiencies of various B
vitam ns magnesium. chromium, and other nutrients
Here are some examples of clinically signifcant
sugar-related deficiencies:

•

20 psychotic teenagers. being unsuccessfully treated with
psychotherapy and tranquilizers, were completely
cured by vitamin B1 supplementation Suga. had deplet
ed their B vitamin reserves making them deficient
and ca .sing abnorma behavior One can be sure there
are tens of thousands of
teens out there right now
w th simiar problems

•

Chromium deficiencies have been inked to both excessive sugar consumpt on and heart disease
Coronary
d sease patients average twice the sugar consumpr o
n of healthier people. and have significantly less
chromium n their tissues

•

Sugar and vitamin C use the same transport mechanism
Excessive sugar intake overloads this transport
system and may cause vitamin C deficiencies.

•

Suga promotes bone loss and causes osteoporosis

•

Sugar inhibits the release of omega 6 essen a fatty ac
ids from storage in fat tissues, thereby contributing
to essential fatty acid deficiency

Metabolic Chaos. Heart Disease
Hypoglycemia & Immunosuppression

Sugar throws body chemistry nto biochemical chaos
 asting for six to eight hours after consumption.
During this period hormone fat carbohydrate
and protein metabolism are great y disrupted. After
consumption refined sugar is rapid y absorbed by
the body which dangerously increases the sugar
content of the blood Excess sugar causes production
of excess nsulin which signals cells to take up
sugar Cells then absorb sugar, to get it out of
the bloodstream This solves one problem but creates
another Now the body s cells have too much sugar To
correct this imbalance cells turn the sugar into
saturated fats and cholesterol This brings us to heart disease
In terms of heart disease eating sugar is similar to

eat ng saturated fat, only much worse because sugar creates a lot of other problems. Increased insulin levels not only tell the body to store fat, but they also tell it not to release fat. This makes people get fat and stay fat. It caus es fat to be deposited in our cells and organs, resulting in atherosclerosis, fatty liver an d k dneys, and obesity. These fats cause blood cells to become sticky thereby increasing the chances of blood clots, strokes and heart attacks. Sugar ncreases "bad" LDL choiesterol, decreases "good" HD L choiesterol, and increases trig yceride levels in the blood. If antioxidant vitamins and m nerals are de ficient, these trig ycerides can be oxidized causing serious health problems. In addition, red blood cells are choked by the saturated fats and this reduces their ability to carry oxygen to our tissues.

Hypoglycemia (low blood sugar) is another proble m caused by sugar consumption. When insulin is secreted into the blood, it makes blood sugar levels fa l rapidly. Insulin levels remain high however, so the body continues to take up sugar beyond the po nt where it needs to. The result is hypoglycemia. Symptoms include weakness, dizziness, crying spells, nsomnia, aggression, and depression. Sugar in breakfasts or lunches can cause children to do poor y n school. They become hypoglycemic about 60 m nutes after eating sugar and this affects brain func tion. Many teachers claim that their students are "brain dead" after lunch, and this is why.

Sugar induced hormone imbalances tax and weaken th e immune system to the point where it can no ionger defend the body. When insu n causes blood sugar to fall excessively low, the adrenal glands secret hormones that pump blood sugar back up. Daily consumption of sugar causes an overworked biochemical balancing act resulting in adrenal exhaustion, which in turn decreases the body's ability to respond to future stress. Adrenal exhaustion is now a common problem in the chronically ill. Sugar quadruples adrenaline levels, while increasing both choiesterol and cortisone. Cortisone is known to depress immune function. Studies show that the abilit y of white cells to destroy harmful bacteria is reduced as sugar consumption rises. This is why childre n who eat lots of sugar are more susceptible to colds, flu, and other infections.

Fiber Deficiency

Humans were designed to derive energy from comp

iex carbohydrates which are naturally high in fiber By contrast a high sugar diet provides calories wi thout the fiber that is essential to human health. Insufficient fiber causes materials to move too sl owly through the digestive tract This can cause constipation which is a big problem in our society. It a so causes waste to remain too long in the colon

As Aleister Crowley Said Do what though wilt shall be the whole of the law.
We should ignore the Roman Catholic Chruch of Dogmatic Delusional Biggotted Christianity and learn to think for ourselves. We are all brainwashed and later get deprogrammed after we pass away and turn to psychic human-like ghosts who get to fornicate, do drugs, have fun. This whole system is a matrix. We are all fed up with mainstream content and want something better without all of the BS political correctness. Fuck Political Correctness.
RetardKIKENIGGERCIAGOOKWAFFLETA COOREOMALATOALBINORetard
187
187
187
5150

5150
5150
HAIL FUCKING SATAN!!!!
EAT SHIT AND DIE FEDERAL GOVERNMENT!!!
I do not give 2 shits about the government/NSA's Project Genie because I run a decent Linux Distro MX Linux and it works much better than Windows or Mac OS those 2 shitty proprietary Operating Systems suck.
Even the older Laptops are better because they are not backdoored and work correctly without the need to set the BIOS from UEFI to Legacy just to run Linux.
Undoing all the Brainwash is what you must do.
Deforestation is bad for the drinking water and our health it causes so much pollution. We are not burning our trash and carbon taxes are actually harming the environment. The landfill is what is harming our health. If we cremated it instead of dumping it people would not even

get any cancer. Dumping waste is not the proper way. Landfills do not work. Recycling always puts it in the landfill. Landfills are causing cancer. Cancer. Cant you see. You do not need a Landfill. You need to boycott these toxic materials and burn your waste. Get it. We need to stop producing plastic because it is making males infertile. Duh. So are the psychiatric drugs and snake oil pharmeceuticals. Urine therapy works better than any other pharmeceutical we have ever invented. All pharmeceuticals are snake oil and quackery and so is psychiatry as a whole. The real science is realizing synthetic things like vaccines cause brain damage and natural things like honey treat an injury. Seriously. Your world is sold off to forein corporations when Nixon opened up forein trade. You people are so brainwashed. The Generations after the beatnicks are all brainwashed. The 40's and the 50's actually had some sense in them. We are running out of clean water to drink and nobody

seems to care. They even add fluoride a poison to the water. All the worlds health problems are caused by foreign corporations and religion. Grow your own food or get it from nature instead of getting food that is made in a factory and sat there for several years before being put on the shelves at the grocery store. Your world is so ass backwards it thinks that circumcision or cutting off a foreskin is somehow scientifically proven to have health benefits when it has no health benefits. You go after other people who are targeted and Voice to Skull them Bullshit through a microphone and they actually then have delusions and believe that bullshit. Get away from EMF radiation and Cell Towers, 5G etc. Get away from WiFi and other radio like Bluetooth. Get wired ethernet. Smoke cannabis as your ideal drug along with taking MDA and MDMA which are better than alcohol and cigarettes and open your eyes up to a better reality. Seriously.

More Copyright Infringement:

"*Fluoride is likely to cause decreased melatonin production and to have other effects on normal pineal function, which in turn could contribute to a variety of effects in humans." ~National Research Council 2006*

Psychiatric Drugs MSG and Fluoride and High Fructose Corn Syrup and Aspartame all screw up PSI abilities along with Fluoride, WIFI, and Any Wireless Radio Cell Technology.

5 Things That Can Block Your Psychic Abilities

1. Ingesting toxic substances such as: cigarettes, coffee, drugs, alcohol, and sugar. These substances are often abused by people. I believe even if you use these substances in moderation you are walking a fine line between unhealthy habits and overindulgent behavior. When we give into addiction, we are allowing negative emotional attachments to possibly attach to our aura field causing us to leak energy and lower our vibrations. **Never, ever go into an altered state for a reading, meditation and or healing under the influence of mind altering substances!!**
2. Participating in drama and gossip dims our vibrations. When we are talking about others in a negative way, we are harming the soul of another. This is a lower consciousness activity. By directing hurtful words towards another we are moving away from raising our consciousness by participating in words and emotions that have lower thoughtforms attached to them. Walk away from drama and gossip. Did you know that you do not have to be in the same room to hurt another soul? Words are energy, emotions are energy, they have an equal effect as being in the same room or in a different place than we are. The result is the same.
3. Allowing the negative ego to get out of control will most certainly stop your progression as a budding intuitive. I am talking about using your psychic abilities unethically such as: spying on others – a definite NO NO, trying to use your gift to influence others out of your need for control, and trying to one-up others by showing off your psychic abilities.

4. Not creating a safe and protected working environment for your spiritual practices such as meditation readings and healings. If we do not clear and keep ourselves and spaces energetically clean we can leave the door open for unwanted energy to come in.
5. Not setting boundaries and knowing your limitations is always a dangerous thing! Doing any psychic work when you are sick, tired or in a really unhealthy emotional place is going to shut down your psychic abilities instantly. It is important for us to take our psychic temperature each and every time we intend to open up ourselves psychically and be honest with ourselves and our limitations.

Meditation is as easy as scrying into a 5 pointed circumscribed star pointing down with a dot in the center for 1 hour or listening to 4 hz isochronic tones or some 4 hz monaural beats of 126.22 and 130 Hz joined together in Audacity or Adobe Auditions. Going Parasympathetic with getting exercise is essential for health.

Ozonated Water is also good. So is an air ionizer. You will notice it removing nano particles and C60 from your body

This is the thing for all of us to deprogram. We all need to relize that religion is a dogmatic cult. There is no God, There is no Devil, and No proof of a Heaven or a Hell. You'll probaby just be a remote viewer. Who Knows.

All this BS IN THE CULTURE WAR CONSTANTLY LOOSING FRIENDS SPOOFED ACCOUNTS AND OTHER DRAMA BS.

People you can listen to.

Also search on Archive.org, YOUTUBE, Bitchute, D.Tube, Vimeo.com, Real video, dailymotion, vimeo, pewtube, steemit, gab.ai

Michael Barden

Jerome Corsi

Adam Kokesh

Elia Pree

Ramola D

Lionel Nation

Jason Goodman

Nemo V

Omnisense

The Scariest Movie Ever

Alex Jones

First Amendment to the United States Constitution

Dudgie Wust or Charles Fredrick Wust

Brian Tew

David Icke

Kathy Haston

Praying Medic

Seething Frog

DeceptionBytes

David Voigts

True. bush sucked but Obama was worse, but the people loved Obama it made no sense

The cultural engineers did their job well but I think they're having trouble keeping up with things for now

Another thing, the school shootings didn't make ours and older generations want a gun ban, but it's starting to work on the younger generations that are still in school. They want to take away their own gun rights. Imao, can't make this shit up, and that means the generation after them may want it more if it works. They could ban guns in another 2 generations anything is possible, but they may not be able to keep their broken system in place for long enough to pull it off.

Trump put a huge cog in the wheel for leftists, neocons and neoliberals. That's why the media bashes him every day.

The lefts plans were to keep putting socialist legislation in place, like obamacare, free college, etc. and then bring a bunch of immigrants in so that the immigrants keep electing the leftists.

Completely Agree. You are the different now. Your words are spot on. Before you sounded like someone In Anti-fa. Now you sound just spot on. Are you changing political ally's?

I don't like to go by labels but I am just a small government minarchist. The Declaration of Independence is our rules not theirs. (The Financial System). True though that some real anarchists are peaceful and start small movements and leader-less societies, no boss basically) Mugging Run Factories in Argentina. Workers Cooperatives in North America. Also Libertarians are small government. Anarchists also want to bring down big government. Why can't we work together? To Bring it down. The system Basically sucks.

Paper Affidavit. Revolutions to rebut extremism. All done through the mail. Some people just bust down buildings while others rebut authority with paper.

The cultural engineers still haven't gotten us yet. We still have people who only listen to

some more open alpha male type old timers. Some tin foil hatters are long gone though and fucked by pop culture and other garbage. Some newer gens are sheeple

Just been studying. I was more on the left on most issues up until 2017 then the just they lost me. I can't go back. Never again lol. I hope the right keeps the left in check seriously. I always knew about false flags and gun ban agendas though, and that Obama was trash. It's taken me a long time to catch up because I was dealing with other issues. I basically spent last year trying to get myself out of the chess board which I was kinda succesful in doing. I'm basically having to re learn politics and history

Right now I'm trying to figure out what leads to communism/fascism and I do see reoccurring themes but it's really hard to find any information on most videos and lectures I look up on communism are either misinformation horror pictures/documentaries made by morons. I like I don't need a series of 'dear events' that happened, I need to know why those events happened, what caused them. Most people I'm arguing about this aren't capable of critical thinking, I don't think most people understand or care about why communism or fascism/dictatorships happen. That made me to believe this is something that kinda slips in through the back door,

Reoccurring themes I see in history after a little bit of studying are (not in any particular order,

the current political parties/representatives and/or paradigms become outdated, usually following an influx of education or information

the people say they are oppressed for whatever reason and form extremist parties

one party overthrows the other one

guns are banned

free speech is banned

any attack by the dominant political party on the opposing political party not punished

anyone accused or wrong think is thrown under the bus, punished, etc

anyone with opposing views is killed

I don't think the right will be able to keep the left in check and I think there is some kind of shadow government pushing the left over the edge

I'm still trying to figure this out but I do know alot about social engineering and I know when it's being used.

I'm centrist more now than I ever was.

Ever looking at my situation now. I'm on ssi I live on 750 a month there's no decent jobs for me at it's point

ever if I get a job I'll just be making someone else rich. As far as ssi is concerned they don't give a shit what happens to me

It would be really easy to end up in some gutter low income neighborhood filled with drug addicts but I'm really taking precautions to make sure that never happens. ssi is just a device which tend up in the gutter for most people

I do have a plan. I'm saving most money out of my ssi and plasma donations. I'm buying a car will figure out a way to buy a mobile home. I can own a car of any value on ssi but am not allowed to have more than 2000 in cash or assets so I can't stay on ssi in the long term. I'll have to start some kind of business. If I had a few thousand saved I could start some kind of business for myself

[redacted]

s true, the only way to combat social engineering is by information

so people need to openly speak out about this stuff but youtube and the msm is making that incredibly difficult

I remember my style of blogs, they were disorganized. I'm not a good enough speaker but I was building a following

I quit you'd be with 1000 subs, if I stayed in the game and improved I would've gotten more of a following

Back then I was too polarized though I can't ever do that again

we just need facts and people who have a real understanding of what is going on

Now this can be a hassle you get a person who constantly shifts opinions left and right then suddenly turns against you while deleting accounts. Another thing of BS you do not have to deal with. Just ignore these perps/gang stalkers and do not let it ever get to you.

The not so Secular Side of this book.
Rember to indulge in being Lazy, Selfish, Insolent, Lustful, and Vain.
Write anything you like here

A Prayer for those who sin.

SATAN, infernal tempter, Dark Lord of seduction and chaos, **I am a sinner, and proudly so!** Continue to advise me in the ways of wickedness. Drive from my heart the hateful forces of guilt and holiness. I take ownership of my desires and commit myself to my own pleasure and satisfaction! I will follow my passions wherever they lead me! SAIAN, ***I do not confine you to my heart!*** May your Dark Presence flow from there into my life and actions. Make trouble for all who stand in my way!

Archive.is/xuFoE

HAIL SATAN!
HAIL SATAN!
HAIL SATAN!

A resource for all things anti-psychiatry because psychiatry kills. Google or DuckDuck Go #flushyourmeds “flushyourmeds”
Archive.is/SNGU4
A resource of schizophrenic shitposts:
satanacentral.blogspot.com
satanacentral2.blogspot.com
flushyourmeds.exblog.jp

You are free to print your full Legal Name on this Paticular Line use a regular ballpoint pen.

Need Cryptography Generate one of these, Maybe use 3 digits each instead of just 2:

Public Base 2 Pad, half ass one time pad/cipher

a 47	j 99	s=12
b 64	k 01	t=13
c 32	L 19	u 20
d 37	m 00	v 22
e=81	n 71	w 80
f 96	o=1E	x=09
g 24	p=75	y 07
h 15	q=49	z 76
i 10	r=18	

0 6 1 4 2 3 3 9 4 8 5=2
6 1 7 5 8 10 9 0 10=7 sp 999

This is the best anti-government book you can try out for bullshitting any of these CIA Niggers LOL. 187 on a KIKE. Death to Zionism and Israel. 911 was a Mossad Operation. Skip all flu and other vaccines and lie about it as good as possible. Don't trust your shitty pathetic government.

For a fully featured software archive go to:

satanicsoftware.blogspot.com

For a custom made operating system that works when you type root root startx several times go to: nopos4.blogspot.com

For a Linux Distro that at least has more features and is ready for video editing and drive encryption with LUKS in gnome-disks go to: libertarianlinux.blogspot.com

The government is not to be trusted and is not your friend. Many so called people are liars, perps, gang stalkers, and eyes/ears of the state as well as PC liberals. Liberal Politics means being for gun control carbon tax and internet censorship. They all believe climate change or global warming is man-made when we know it is not. All liberals are full of shit and both political parties are a scam. If all we get is a neocon or a neolib do not vote. Only vote when there is a centrist or a libertarian or an anarchist. This is the system that the banksters want. They want chaos and destruction to happen everywhere. CFR.ORG is an actual fucking website that you can ping and there is Globalism and a Ruling Class. So is rand, carnigie, and unesco/girfec. Girfec created that psychiatry BS with their mindfullness crap. The only thing good in there is Keep Calm and Carry On which can be called. Just ignore your shitty gang stalkers. Nuff said. If you are thinking of saving speech for a good reason try

woodsnap and zazzle they allow for saved speech on different materials. Just get a vector and high resolution graphic.
Photoshop/Gimp/Inkscape/Other Vector editor.
You can easily generate a meme to preserve speech or just go into word processing like openoffice or microsoft word and type whatever and export as PDF conver to PNG/JPG Jpeg is universal and allows compression. I use JPG and MP3 and 32K for the best compression as well as data uri schemes.
You can make a scheme like this:
data:text/html; base64,
data:application/mp3; base64,

and just encode the whole damn file as base64

easy as
0.95364808*circlediametermakesasatanicpentagramcirclejerk
FIN

Search inside

Random Censored Book

by Satan

Topics	anti-religion, anti-god, anti-government
Collection	opensource
Language	English

This is a very censored book that mainly only a Self Publisher would get
me through. This is a self-help book that is anti-god and
anti-government and anti-religion. The text is literally like banned
everywhere due to all of the Unconstitutional Laws and how we are a
Dictatorship even in the USA. Book is totally Censored. For societal
rejects.

Identifier	RandomCensoredBook
Identifier-ark	ark:/13960/t9f551q6n
Ocr	ABBYY FineReader 11.0 (Extended OCR)
Ppi	600
Scanner	Internet Archive HTML5 Uploader 1.6.3

52 Views

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Reviewer: LizaNicole - ★★★★★ - May 21, 2019
Subject: AMAZING!
HIDDEN GEM

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Uploaded by
Dominus-Sathanas
on November 12, 2018

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